

Note for doc editors: Please check in first with the research team before adding or editing resources. We ask that particularly white volunteers or people new to E4F to please be aware that the research is POC-led and aimed primarily at POC New Yorkers. We ask that white folks please consult about the changes before making them. If you want to help with something already in progress, please talk to the organizers. Thank you so much! GO TEAM!

PLEASE USE SUGGESTION MODE TO ADD OR MAKE CHANGES

[Video on how to find & use "Suggestion Mode"](#)

PLEASE MAINTAIN THE LIST'S FORMATTING

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#BrooklynShowsLove COVID-19 Resource List **as of 9/1/20**

Created by [Equality for Flatbush \(E4F\)](#) and [The Brooklyn Anti-gentrification Network \(BAN\)](#)

To sign up to volunteer: <http://bit.ly/bkshowslovevolunteer>

To donate to the Emergency GoFundMe page:

<http://bit.ly/BKshowsLoveGOFUND>

To contact us with other material needs and resources people can text, call, or email us at:

- English: (646) 820-6039 + (929) 277-1490 or bkshowslove@equalityforflatbush.org + b4g@equalityforflatbush.org
- French: enfrancais@equalityforflatbush.org (929) 314-0222
- Kreyol: EnKreyol@equalityforflatbush.org or (646) 801-3032
- Mandarin: mandarin@equalityforflatbush.org or (929) 314-1292
- Spanish: EnSPA@equalityforflatbush.org or (862) 438-5060

#BrooklynShowsLove : <https://bit.ly/BKshowslove>

City/State Assistance

COVID-19 Testing

- ★ *Location: NYC-wide, Internet: Not Needed, Car: Not needed, Free: Yes, Delivers: No*
- ★ There are over 700 locations where New Yorkers can get diagnostic testing for COVID.
- ★ Visit coronavirus.health.ny.gov/find-test-site-near-you — and enter your address to view a list and a map view of the nearest testing sites.
- ★ Search "COVID testing near me" on Google Maps to easily find the nearest testing sites.
- ★ Individuals who have questions regarding eligibility or access for testing should call the New York State COVID-19 Hotline at **1-888-364-3065**
- ★ **Please call the testing site or your health care provider before you go for testing.**
- ★ If you go to a test site run by New York State, there is never any charge for your test.
- ★ If you go to a test site operated by local governments, private companies including pharmacies and medical practices or not-for-profit organizations, you are advised to check with the testing site and your insurer in advance of being tested to confirm you will not be responsible for any fees associated with your test.
- ★ [Online assessment](#) to see if your systems match Covid-19
- ★ Some Local Free Testing Sites:
 - ★ **Sunset Park**
 - Mobile testing unit at Rainbow Playground, 5523 Sixth Avenue (Monday-Friday, 10am-4pm)
 - Brooklyn Army Terminal, 140 58th Street (everyday, 9am-7pm)
 - ★ **Flatbush**
 - Mobile testing unit at Flatbush SDA, 261 East 21st Street (Monday-Friday, 10am-4pm)
 - NYC Health + Hospitals/Kings County, 451 Clarkson Avenue (Monday-Saturday, 7am-6pm and Sunday, 9am-1pm)
 - ★ **Brownsville/New Lots**
 - Hope City Church, 369 New Lots Avenue (Monday-Friday, 10am-4pm)

COVID-19 Food Assistance Resources

- ★ Resources for NYC: food pantries, SNAP and other cash assistance, to donate food, supplies and cash, [food delivery assistance](#).

[Childcare for First Responders, Healthcare Providers, or Transit Workers](#)

- ★ NYCDOE Regional Enrichment Center Enrollment Form - If you are a first responder, health care provider, or transit worker whose child is a New York City resident, and you have no other child care option, please complete this survey to begin your enrollment process. You will then be contacted about assignment to a site near your home.

Eviction Proceedings are Paused Until August 20th

- ★ [State Order](#)
- ★ Met Council has a tenants' rights hotline in English and Spanish, Mondays and Wednesdays from 1:30 - 8pm, Tuesdays 5:30 - 8pm, Friday 1:30 - 5:00pm:
(212) 979-0611
- ★ [Eviction Moratorium FAQ](#) from Right to Counsel Coalition
- ★ **Some evictions are paused until August 20th** - these are for tenants who are on unemployment or can claim financial hardship due to COVID-19. It is unclear how tenants will prove this hardship - please consult a tenants' rights organization (like us!) for help.

[Freeze on New York State student and medical loans](#)

- ★ This **only** applies to New York state, it is not a federal order.
- ★ Fees and interest on loans in collection by the state are suspended
- ★ Extended until July 16

[Free Meals at NYC Schools](#)

- ★ Three meals a day, including breakfast, will be available to all, including adults
- ★ Pick-ups for children and adults with children are Monday through Friday, 7:30 am to 1:30pm at locations across the city.
- ★ Pick-ups for adults without children are Monday through Friday, 11:30am to 1:30pm at those same locations.
- ★ Locations can be found at <http://bit.ly/nycschoolfood>, or call 311 or search "free meals" on www.nycschools.com. You can also text NYCFOOD to 877-877 to find a location near you.
- ★ No registration, ID, or documentation required.
- ★ All three meals a day may be picked up at the same time.

[Meal Deliveries](#)

- ★ For those who cannot leave their homes and cannot afford grocery deliveries, NYC will deliver two days worth of meals, up to eight meals.
- ★ Orders placed before 11:00am will be delivered within two days; orders placed after 11:00am will be delivered within three days.
- ★ Orders can be placed every two days.
- ★ Orders can be requested at [NYC.gov/getFood](https://nyc.gov/getFood) or by calling 311.

Medical Hotline

- ★ New Yorkers with symptoms or questions about COVID-19 can call 1-844-NYC-4NYC to connect to a medical provider free of charge 9 am - 9 pm.

New York State of Health Special Enrollment Period

- ★ Special enrollment period is open through May 15th for uninsured individuals and families.
- ★ For those without internet access, call: (855)355-5777 TTY:(800)662-1220

NYC Employee Retention Grant Program

- ★ To help small businesses deal with the impact of COVID-19, the City has launched the Employee Retention Grant Program to help retain employees as businesses face decreased revenue.

Text COVID to 692692 to stay informed on closures/resources from New York City government

Education/Youth/Childcare

CHANGES IN SCHOOL POLICIES/PROCEDURES

School Closure

- ★ **NYC public schools are still in the process of determining fall reopening plans, which are likely to vary for each school.**
- ★ [New York City Dept of Ed. updates on school closure and remote learning](#)
- ★ [New York State Education Department Coronavirus Guidance](#)
- ★ Contact 311 or your school staff for more details

SCHOOL FOOD & MATERIAL RESOURCES

Baby Diapers & Formula

- ★ Recovery House of Worship distributes donated diapers on Thursdays from 10AM-12PM at 360 Schermerhorn Street (near Barclays). They can be reached at 718-501-0459.
- ★ Assistance with diaper supplies from The [HopeLine](#), a non-profit organization based in the Bronx. Open to residents of all boros, but Bronx residents get priority.
 - You must be the parent/legal guardian of a child 2 years or younger, receive WIC and/or food stamps, have proof of address, and birth certificate for child/ren.
 - By appointment only, call Mondays starting at 9:30am. First Come, First Served.
 - Call Elisa at (718) 402-1212 to make an appointment or [visit the HopeLine to learn more.](#)
- ★ Catholic Charity churches of NYC: Free emergency boxes of food, **baby formula for single moms**, and other groceries are given.
 - 191 Joralemon Street, Brooklyn (Brooklyn Heights), call the office at (718) 522-1034
 - 6823 5th Avenue, Brooklyn, phone number is (718) 253-4477 (Bay Ridge)
 - 3730 Shore Parkway, Brooklyn (Sheepshead Bay), call (718) 769-8836
 - 120 Anderson Avenue, Staten Island, NY, phone (718) 447-6330
- ★ Jewish Community Center of Staten Island, 1466 Manor Road, Staten Island, NY 10314
 - Runs a food pantry. The center may also offer free hygiene products, perishables, **baby food, formula, and diapers, when available.** All items are provided based on resources, donations, and availability.
 - Call to check availability: 718-475-5242
- ★ Little Essentials (national diaper org) could also do a "one-time emergency order for a family facing a critical need. Please call 646-850-3611 if this is the case."

[School Food Free Meals](#)

- ★ Three meals a day, including breakfast, will be available to all, **including adults without children**
- ★ Meals Hubs will operate for children and families from 7:30 am to 11:30 am, and for adults from 11:30 am to 1:30 pm
 - No one will be turned away at any time
 - All adults and children can pick up three meals at one time
 - Vegetarian and halal options available at all sites
 - No dining space is available, so meals must be eaten off premises

- Parents and guardians may pick up meals for their children
- No registration or ID required
- ★ Locations can be found at <http://bit.ly/nycschoolfood>, or call 311 or search "free meals" on www.nycschools.com. You can also text "food" or "comida" to 877877 to find a site.

[IntegrateNYC](#) (youth-led org fighting for equity in NYC schools)

- ★ Students can fill out this [Student Survey](#) to share what New York's students need to be supported during this time.
- ★ Multi-lingual Youth Hotline to connect youth and their families to food, housing, educational, and recreational resources
 - CALL or TEXT **951-INTEGR8 / 951-468-3478**
- ★ [Covid-related youth and family resources](#)

[NYC Coalition for Educational Justice](#) (parent-led org fighting for equity in NYC schools)

- ★ [COVID19 Parent Survey/ Encuesta sobre COVID-19 a Madres y Padres de la Coalición para la Justicia Educativa de NYC](#)
 - Share what New York's parents and students need to be supported during this time.

[New York State Youth Leadership Council - List of Resources](#)

- ★ Resources for the state of New York related to food, financial, educational, and health-related assistance.
- ★ Prioritizing resources open to **undocumented people**

CHILDCARE

[NYCDOE Regional Enrichment Center Enrollment Form](#)

- ★ If you are a first responder, health care provider, or transit worker whose child is a New York City resident, and you have no other child care option, please [complete this survey](#) to begin your enrollment process. You will then be contacted about assignment to a site near your home.
- ★ Open from Monday through Friday, 7:30 am to 6:00 pm. Each room will have a maximum of 12 children, supported by at least one adult
- ★ For more Info, [visit here](#).

[Workers Need Childcare](#)

- ★ Volunteers assist parents working in essential services (ex. utilities, grocery, food, delivery, mail, warehousing, education, health care) to find free or low-cost childcare
- ★ Go to: workersneedchildcare.org for assistance or to volunteer; or email: hello@workersneedchildcare.org
- ★ Complete [3-minute Questionnaire](#) (need to fill out form separately for *each child*)

[Family and Medical Leave was expanded](#) as part of the [Families First Coronavirus Response Act \(FFCRA\)](#)

- ★ Until the end of 2020, employers with fewer than 500 employees will now be required to provide employees with up to 10 weeks of paid FMLA
- ★ Paid FMLA will be available to any employee who has been employed for at least 30 days and must care for children whose schools have closed due to the coronavirus health emergency. The eligible employee must not be able work (or work remotely) while caring for children.
- ★ More details [here](#) & [here](#)

YOUTH SOCIOEMOTIONAL RESOURCES

[Hetrick-Martin Institute](#) for LGBTQ+ Youth

- ★ [Online Counseling for LGBTQ+ youth ages 13-24](#)
 - 1-on-1 Counseling via Video/Phone/Chat
 - Group Counseling
 - User friendly: Mondays 4-5PM
 - Get psyched: Tuesdays 4-5PM
 - Trans Treats: Tuesdays 6-7:30PM
 - Case Management: Wednesdays 5:30-6:30PM
 - Anger Management: Thursdays 6-7PM
 - Plays of Our Lives: Fridays 4-5PM

School Mental Health Program

- ★ [List of Dept. of Ed. affiliated community providers](#) offering Telehealth services which utilize health insurance, medicaid or offer a sliding scale for billing

UNIVERSITY/COLLEGE RESOURCES

TEACHING/LEARNING RESOURCES

[Remote learning resources and information](#) for Pre-K through HS from the NYC Dept. of Ed.

- ★ Some activities available in English, Spanish, Chinese, Bangla, Russian, Urdu, Arabic, Kreyol, Korean, French
- ★ Includes [form to request an iPad](#) (loaned for free until in-school learning resumes)

[Amazing Educational Resources](#)

- ★ Hundreds of free resources from various educational, cultural, and technological companies offering free subscriptions due to school closings

[Harriet's Tracks Resource Guide](#)

- ★ Tons of info on upcoming events, community organizing, volunteering, mental health, and education
- ★ [Anti-oppressive, anti-racist homeschool curriculum ideas](#) and resources for families impacted by closures caused by the coronavirus

[Inclusive Story Time](#)

- ★ Lifting up diverse picture books
- ★ [Instagram](#)

Public libraries

- ★ New York Public Library [Remote Learning Resources](#)
 - [Free Online Tutoring and More with Brainfuse](#)
- ★ Brooklyn Public Library
 - [Virtual Programming](#)
 - [Remote Learning Resources from the Brooklyn Public Library](#)
- ★ Queens Public Library
 - [Virtual Resources for Parents](#)
- ★ Due dates for all items have been extended indefinitely, expiring library cards have been automatically renewed, and blocked library cards (due to fines) are allowed eBook and audiobook access

[Plain Language Information on COVID-19 \(in 11 languages\)](#)

- ★ Created by and for people with developmental disabilities

[National Black Lives Matter Week of Action in Our Schools Curriculum](#)

- ★ **For Every Grade Level:** Free, downloadable activities, resources, and actions to challenge racism, oppression and build justice-centered learning that relates to the 13 principles of Black Lives Matter

[Alvin Ailey American Dance Theater All Access](#)

- ★ Full length videos of the Company performing on stage
- ★ Join the Ailey dancers for conversations on Instagram, live every Wednesday and Saturday at 1pm ET
- ★ [Free online dance classes](#): hip-hop, West African, ballet, and more

[Virtual Studios @ Made in Brownsville](#)

- ★ Free online classes about how to use Adobe digital media-making programs including Illustrator, InDesign, and AfterEffects

[2 months of free Adobe Creative Cloud](#) - Adobe offers students free access to its Creative Cloud.

Emergency Funds to Donate to

[Abolitionist Mutual Aid Fund](#)

- ★ Joint effort between Survived and Punished and the Inside/Outside Soap Brigade to send commissary money to incarcerated people

[Brooklyn COVID-19 Response Fund](#)

- ★ The fund will focus on local organizations who are working at the frontlines to provide health, economic, and social services for communities disproportionately affected by coronavirus, especially communities of color.

[Bushwick Emergency Relief Fund](#)

- ★ The fund will be used to assist with rent, utilities, legal fees, medical fees, PPE, application fees, food / groceries, diapers, sanitary products, healthcare, medication, transportation, laundry, and any other emergency financial needs.

[BYP100 Black NYC COVID-19 Paypal](#)

- ★ Providing groceries, meals, medication, and cash assistance to Black NYC residents

[COVID Bail Out](#)

- ★ Raising funds to directly bail people out of Rikers and other NYC jails and provide them with housing and post-release assistance
- ★ They are also looking for people who can provide housing, counseling, and who can volunteer to post bail in person

[COVID-19 Dance Relief Fund](#)

- ★ For New York City area freelance dance workers and dance making organizations.

[COVID-19 Emergency Cash Assistance Fund for East Brooklyn](#)

- ★ For alumni of Made in Brownsville's (now Youth Design Center) creative apprenticeship programs and all East Brooklyn creatives and freelancers impacted by the pandemic.

[Emergency Relief Funds for LGBTQ+ Caribbeans in NYC](#)

- ★ Organized by the Caribbean Equality Project
- ★ Supports CEP's Black and Brown queer and trans membership

[Emergency Fund for Undocumented Youth and Families GoFundMe](#)

- ★ Applies to all of New York State
- ★ Still accepting donations
- ★ Applications for funds now closed

[Financial Solidarity for Formerly Incarcerated People and Their Families \(NYC\) GoFundMe](#)

- ★ "We currently have more than 60 requests for aid totaling more than \$13500. We are closing this form for now until we can catch up on the current requests for aid. We hope to be able to open this form back up, dependent on our ability to raise more funds."

[Flushing Worker's Center](#)

- ★ Donations go to buying protective gear for workers on the frontlines and helping workers who have lost their jobs with food and supplies.

[FOR THE GWORLS: MEDICAL FUND](#)

- ★ SPECIFICALLY provides funds to Black trans people to pay for a ride to/from wherever they fill their prescriptions + co-pays if they need assistance
- ★ Cash App: \$FTGMedicalFund
- ★ Paypal: ftgmedical@gmail.com

[Help Iranians Fight Coronavirus](#)

- ★ Emergency aid for frontline responders in Iran who are fighting the virus despite limitations due to brutal sanctions imposed by the US government
- ★ Funds go to Relief International, one of the few international organizations that are authorized to operate in Iran

[Help Jeymi and Damil Through Coronavirus and Eviction](#)

- ★ Emergency assistance for a family who is struggling with a COVID diagnosis and being forced out of their apartment by their landlord and the police

[#HomelessCantStayHome Hotel Stay Project](#)

- ★ Sponsored by The Safety Net Project of The Urban Justice Center, hotels rooms are being provided to protect Street Homeless People from COVID-19. Equality for Flatbush has launched an emergency social media campaign urging people to give

[House Homeless Trans Folks, Protect From COVID-19](#)

- ★ Fundraiser for hotel rooms for trans people recently released from Rikers Island
- ★ Organized by G.L.I.T.S. (Gays and Lesbians in a Transgender Society)

[Laundry Workers Center Emergency Response Fund](#)

- ★ Emergency fund to provide food, medicine, and funds for Laundry Workers Center members

[Low-Income NYC Artist/Freelancer Relief Fund organized by Shawn Escarciga](#)

- ★ Applications re-opening Friday, April 24 at 10am

[Movimiento's COVID-19 Emergency Fund for Immigrants in El Barrio](#)

- ★ Mutual aid and emergency resources for Movement for Justice in El Barrio members during our most desperate time of need.

[NYC Shut It Down](#)

- ★ Hot meals and groceries for Black and Brown people Uptown and in the Bronx, Brooklyn, and Queens; **applications are now closed**

- ★ Can also donate at Venmo: @NYCSHUTITDOWN

[National Domestic Workers Alliance](#)

- ★ “At this time, the Coronavirus Care Fund application is open to domestic workers who have participated in activities of the National Domestic Workers Alliance (NDWA), NDWA chapters, affiliate organizations, circles and current Alia users.”
- ★ [Fund may be opened for other domestic workers at a later date.](#)

[New York Nail Salon Workers Funding](#)

- ★ Fund directly supports nail salon workers to help meet their needs

[Relief for Sex Workers in New York COVID-19 GoFundMe](#)

- ★ More about the Sex Workers Outreach Project (SWOP) [here](#)

[Restaurant Workers COVID19 Crisis Relief Fund Donation Page](#)

[Ridgewood Mutual Aid Network](#)

- ★ They have been able to provide weekly grocery runs, cash grants, legal advice, support applying for benefits, and much more to the people who request them

[Selis Manor COVID-19 Solidarity Aid](#)

- ★ Selis Manor is a NYC-based community that houses blind and visually-impaired people and their families. People's Power Assemblies (PPA) is an advocacy and activist group that has responded to the call to provide fresh food and supplies for Selis Manor residents, a population at increased risk of developing complications due to the COVID-19 pandemic.

Emergency Funds & NYC Mutual Aid Projects

[Abolition Action Group Grocery Fund](#)

- ★ Google Form application for funds for groceries, run by NYC-DSA
- ★ “We are working through a backlog of requests and will open the form again if we think we can get enough funds to cover new requests. We're sorry.”

[Astoria Mutual Aid Network](#)

- ★ Offers non-emergency assistance to community members
- ★ To apply: fill in form [here](#)
- ★ Number: 646-397-8383

[Bartender Emergency Assistance Fund](#)

- ★ From the website "UPDATE: Acceptance of new COVID-19 applications are being suspended as of June 15, 2020 (Midnight PT) due to decrease in application volume and drawdown of funding."

[Bed-Stuy Strong](#)

- ★ Groceries/supplies delivered for free (BedStuy only)
- ★ Text/Leave a message: (732) 771-9663
- ★ Note from website (7/28): "Our thoughts are with you. We apologize that we can't meet your request immediately. We have received thousands of messages and respond in the order that requests are received, so there is no need to leave multiple voicemails."
- ★ Email: bedstuystrong2020@gmail.com
- ★ To Donate:
 - **Venmo:** [bedstuystrong](#) (last 4 digits of phone number: 7668)
 - **Cash App:** [\\$bedstuystrong](#)
 - **Google Pay:** fund@bedstuystrong.com
 - **Zelle:** fund@bedstuystrong.com
 - Want to donate another way? We are working on being able to accept donations from checks or credit cards. Email us at fund@bedstuystrong.com.

[Brooklyn Community Foundation COVID-19 Relief](#)

- ★ **The application period closed Tuesday, June 30th**
- ★ Grants for **front-line service organizations** that provide lifelines for vulnerable populations, meal delivery and daily living needs for homebound neighbors, support for low-wage workers who may experience food insecurity, loss of wages, and limited access to healthcare and paid sick leave, as well as other emerging needs. #BrooklynShowsLove is partially funded by BCF
- ★ [Open call application for all organizations](#)
- ★ Foundation Grantees (2018-Current): please request a shorter application by emailing COVID19@brooklyncommunityfoundation.org

[#BrooklynShowsLove Mutual Aid Project :](#)

To sign up to volunteer: <http://bit.ly/bkshowslovevolunteer>

To donate to the Emergency GoFundMe page:

<http://bit.ly/BKshowsLoveGOFUND>

To contact us for: **non-perishable food/ supplies deliveries (5-7 days turn-around), tenant/rent strike organizing and emergency resources**

- English:(646) 820-6039 + (929) 277-1490 or bkshowslove@equalityforflatbush.org + b4g@equalityforflatbush.org
 - French: enfrancais@equalityforflatbush.org (929) 314-0222
 - Kreyol: EnKreyol@equalityforflatbush.org or (646) 801-3032
 - Mandarin: mandarin@equalityforflatbush.org or (929) 314-1292
 - Spanish: EnSPA@equalityforflatbush.org or (862) 438-5060
- #BrooklynShowsLove : <https://bit.ly/BKshowslove>

Bronx Mutual Aid

- ★ Deliveries of free groceries and other resources
- ★ [Application form](#)
- ★ “ONLY USE THIS FORM IF YOU DIRELY NEED OUR HELP. These are folks such as: undocumented families, elderly folks, those who are ill and/or disabled and cannot leave their homes. Please be mindful when sending requests. If you are unable for any reason to leave your apartment/home or are otherwise struggling in this crisis, please reach out for assistance”
- ★ Email: BXmutualaid@gmail.com

Brownsville Mutual Aid

- ★ Deliveries of free groceries
- ★ [Application form](#)

Bushwick Mutual Aid - groceries/supplies delivered for free, resources

- ★ Application form in link (Eng/Spa)
- ★ Email: bushwickmutualaid@gmail.com
- ★ Call: (929) 277-9016

BYP100 Black NYC COVID-19 Need Form

- ★ This form is to request financial support, quarantine supplies or any other corona virus related needs. They are prioritizing Black folk exclusively at this time.
- ★ Instagram: [@urdoinggreat](#); [@byp100](#)
Email: nycblackaid@gmail.com
- ★ “We are pausing donations and any leftover money from this round of cash distribution will be distributed either in the form of supplies or additional cash. Follow us on twitter ([@NYCBLackAid](#)) or email us at nycblackaid@gmail.com for regular updates on cash distribution and the other efforts of this project. Please note that we do not expect the form to be reopened before May 30, 2020.”

[Centro Corona Mutual Aid](#)

- ★ Network of predominantly immigrant families based in Queens, many of whom do not qualify for any government support and have been hit the hardest by this pandemic and longterm structural oppression.
- ★ Donate [here](#)
- ★ Email: centrocomunitariocorona@gmail.com
- ★ Phone: (718) 424-6502

[Commonpoint Queens Emergency Assistance](#)

- ★ Grocery and meal deliveries, counseling, benefit application assistance
- ★ Call (929) 255-6060, Monday to Friday, 9am - 5pm
- ★ For Queens residents only
- ★ Also provides childcare for first responders
- ★ Run by the YMCA

[Corona Metro](#)

- ★ Request or donate metrocards

[COVID-19 Dance Relief fund -](#)

- ★ Applications are closed due to overwhelming demand
- ★ For New York City area freelance dance workers and dance making organizations.
- ★ “UPDATE: The application for freelance dance workers seeking funding for the month of April closed on Wednesday, April 15, 2020 at 5:00 p.m. Dance/NYC received 653 applications for the month of April and plans to award 180 grants. Applicants for April support can expect notification of award status by Friday, April 24, 2020.
- ★ Applications for dance making organizations are still open, and the deadline has been extended to April 22, 2020, 5:00 p.m. EST.

[COVID Worker Care Network NYC](#)

- ★ Mental health/spiritual support for frontline COVID-19 workers and first responders

[Disability Justice Mutual Aid Fund](#)

- ★ Short-term fund for disabled organizers during the Black liberation protests
- ★ **Applications now closed**

[FOR THE GWORLS: MEDICAL FUND](#)

- ★ SPECIFICALLY provides funds to Black trans people to pay for a ride to/from wherever they fill their prescriptions + co-pays if they need assistance
- ★ Provides \$50 for travel + varying amounts for co-pays.

Fort Greene Mutual Aid and Community Care

- ★ **NYCHA residents in Ingersoll, Whitman, and Farragut.** With support from We Keep Us Safe Abolitionist Network and The NYC Black Folk Mutual Aid fund are providing resources to our community .
- ★ Text name and building number to **Ms. Sam at: 347-679-2933**

[Foundation For Contemporary Arts Emergency Grant](#)

- ★ The Foundation for Contemporary Arts offers Emergency Grants between \$200 and \$2,500 for visual and performing artists. They review applications once a month, so you can quickly take advantage of momentum or solve any budget errors.
- ★ Ends on December 1, 2020

[Freelance Artist Resource COVID-19](#)

- ★ Provides an array of aid options including mental healthcare, emergency funds, anti-racism guides, and quantifying the impact of cancelled work.

[IntegrateNYC Youth Aid Fund](#)

- ★ Will provide students direct cash grants to cover costs in three main areas: Mental and medical health care, Groceries, Phone / Wifi bills

[Low-Income NYC Artist/Freelancer Relief Fund Organized by Shawn Escarciga Need Form](#)

- ★ **The fund will reopen in August, please check regularly as they have not posted a date**
- ★ Given the state of violence in our country, we will be prioritizing BIPOC people living in NYC for this round. We ask that non-BIPOC artists and freelancers please make space for this round unless you have urgent medical needs. The intention is to reopen to another 100 people within the next two or so weeks.”

[LES Mutual Aid](#)

- ★ Every Thursday, they have a food pantry at Sixth Street Community Center located at 638 East 6th Street between Avenue B & C (closer to Avenue C). They

encourage everyone to attend the pantry since deliveries will be limited. Please complete the form for pantry pick up by Monday of each week.

- ★ [Form to submit needs and for delivery](#) **must be completed by Monday of each week**
- ★ Email: lesmutualaid@gmail.com

[Mutual Aid NYC Neighborhood Groups](#)

- ★ Map with existing mutual aid projects and resources in neighborhoods across NYC

[NATIONAL DOMESTIC WORKERS ALLIANCE](#)

- ★ The Coronavirus Care Fund provides \$400 in emergency assistance for qualifying home care workers, nannies and house cleaners who are experiencing financial hardship due to the coronavirus pandemic.
- ★ Currently only open to domestic workers who have participated in activities of the National Domestic Workers Alliance (NDWA), NDWA chapters, affiliate organizations, circles and current Alia users.

[New York Foundation of the Arts](#)

- ★ List of emergency grants to serve financial needs.

[North Brooklyn Mutual Aid](#)

- ★ Serving Greenpoint & Williamsburg
- ★ Free groceries and other supplies, pet care, laundry: [request form here](#)
- ★ Call and leave voicemail: (646) 389-6016
- ★ Email: greenpointhelpers@gmail.com

[Ocean Hill Brownsville Mutual Aid Network](#)

- ★ We buy and deliver groceries for people who need them

[One Fair Wage Emergency Funds for Tipped and Service Workers](#)

- ★ Cash assistance to restaurant workers, car service drivers, delivery workers, personal service workers and more who need the money they aren't getting to survive

[Queens Mutual Aid Network](#)

- ★ Request form for free groceries, medicine delivery, legal advice, and more. Fund currently closed addressing their backlog requests.

- ★ Standard grocery delivery consists of: Cooking oil, eggs, Rice, Beans, Potatoes, Lentils, onion, garlic, assortment of vegetables, and assortment of fruits

[Radical Muslim Mutual Aid COVID-19 Redistribution Fund](#)

- ★ **Application Process Is Closed**
- ★ LGBTQI+ Muslim healing justice organization Queer Crescent and radically inclusive Muslim community center Masjid al-Rabia have come together and built the Radical Muslim Mutual Aid project as an effort to provide some relief to Muslims during this time.

[Relief for Sex Workers in New York COVID-19](#)

- ★ To apply, email brooklynswoop@protonmail.com
- ★ More about the Sex Workers Outreach Project (SWOP) [here](#)

[Red Hook Covid 19 Relief](#)

- ★ Call: (646) 481-5041
- ★ Email: redhookcovid19@gmail.com
- ★ Access for residents to food, masks, hand sanitizer, PPE, laundry, deliveries of food and medication and information on medical and essential service resources and support.

[Ridgewood Mutual Aid Network and Fundraiser](#)

- ★ Call: (929) 251-5044
- ★ Email: ridgewoodmutualaidnetwork@gmail.com
- ★ Organized by the [Ridgewood Tenants Union](#)
- ★ Assistance with groceries and medicine
- ★ Call: (732) 654-2505, Monday - Saturday, 9am to 1pm

[Rockaway Mutual Aid](#)

- ★ Call: (732) 654-2505, Monday - Saturday, 9am to 1pm

[Safety Practices for COVID-19 Mutual Aid Projects](#)

[Sistas Van Needs Intake Form | "Sistas Van" Formulario De Necesidades](#)

- ★ **Requests temporarily closed to address backlog**
- ★ Form to request physical materials which include but not limited to hot food, canned food, PPE, fruits and vegetables etc.

- ★ Sistas Van is a trauma-informed, survivor-centered Mobile Healing Unit created and managed by [Black Women's Blueprint](#). This wheelchair-accessible van is an all-gender affirming space that centers the experiences and needs of Black women and femmes.

[South Brooklyn Community Mutual Aid](#)

- ★ Volunteer run group fulfilling request from Sunset Park. Bay Ridge, Bensonhurst, Gravesend

[Southeast Queens Community Care Outreach](#)

- ★ Deliveries of groceries, medication, or other supplies for people living in Southeast Queens

[The End is Queer](#)

- ★ Mutual aid facebook group for NYC queer/trans people who need or are offering help

[West Brooklyn Waterfront Mutual Aid*](#)

- ★ Assistance with errands and groceries in “Boerum Hill”, Brooklyn Heights, Carroll Gardens, “Cobble Hill”, and “Columbia Waterfront”
- ★ Call or text (929) 314-0899
- ★ Email wbwmutualaid@gmail.com
Disclaimer: *Equality for Flatbush & The Brooklyn Anti-gentrification Network actively fight gentrification in Brooklyn. We want to uplift the voices of Black, Brown and white long-time NYers who say they live in “Downtown Brooklyn” vs new designations that they see as created by the real estate industry.

[Westcott Mutual Aid Network](#)

- ★ Mutual Aid project in Westcott, Syracuse

[Workers Need Childcare](#)

- ★ Google form for parents working in essential services to find free or low-cost childcare
- ★ Email: hello@workersneedchildcare.org

Exhaustive Resource Guides/Lists

[Master Google Drive of Coronavirus Resources in 50+ Languages](#)

COVID-19 Community Care Resources from [Another Gulf is Possible](#)

[Coronavirus Resource Kit](#)

- ★ This is the most comprehensive *general* Google Doc. It includes lots of links and health tips, as well as a mutual aid list at the bottom.

[Cerf+ The Artist Safety Net COVID Resources](#)

[Freelance Artists Resources](#)

- ★ A list of resources specifically designed to serve freelance artists, and those interested in supporting the independent artist community, including actors, designers, producers, technicians, stage managers, musicians, and more.

[Hunter College NYC Neighborhood Food Resource Guide](#)

- ★ A list of food resources guides in the 5 boroughs of NYC

[NYC United Against Coronavirus](#)

- ★ This is the most comprehensive New York City based mutual aid list, though many groups are just google forms/facebook groups

[Robin Hood Response Resources](#)

- ★ Contains lists of resources from financial, educational to housing.

[MOFAD COVID Resources](#)

- ★ Resource List For Supporting Restaurants and Restaurant Owners

[Asian American, Native Hawaiian, and Pacific Islander \(AA and NHPI\) in-language resources on the novel coronavirus \(COVID-19\)](#)

[Muslim Resource Guide](#)

- ★ Includes general resources regarding public health and financial/food assistance as well as information about accessing Halal food and Muslim funeral homes.

[Suffolk County \(eastern Long Island\) Resources and Services](#)

- ★ Includes information on food, financial support, education, immigration, health, volunteer opportunities, and more.

Federal Stimulus Bill

CARES Act - IRS website for people to file for their \$1,200 stimulus check. For those who didn't file tax returns in 2018 or 2019.

<https://www.irs.gov/coronavirus/non-filers-enter-payment-info-here>

Check on the status of your check here:

<https://www.irs.gov/coronavirus/get-my-payment>

We are still monitoring developments related to the federal stimulus bill. [You can read our in-progress guide here](#), which includes information on stimulus checks and small business loans.

Food/Supply/Medication Delivery

FOOD DELIVERY

[#BrooklynShowsLove Mutual Aid Project](#): (Brooklyn-wide)

- ★ To sign up to volunteer: <http://bit.ly/bkshowslovevolunteer>
- ★ To donate to the Emergency GoFundMe page:
<http://bit.ly/BKshowsLoveGOFUND>
- ★ To contact us for: **non-perishable food/ supplies deliveries (5-7 days turn-around), tenant/rent strike organizing and emergency resources**
- ★ People can text, call, or email us at:
- ★ English: (646) 820-6039 + (929) 277-1490 or
bkshowslove@equalityforflatbush.org + b4g@equalityforflatbush.org
- ★ Bangla: bangla@equalityforflatbush.org (908) 793-8195
- ★ French: enfrancais@equalityforflatbush.org (929) 314-0222
- ★ Kreyol: EnKreyol@equalityforflatbush.org or (646) 801-3032
- ★ Mandarin: mandarin@equalityforflatbush.org or (929) 314-1292
- ★ Spanish: EnSPA@equalityforflatbush.org or (862) 438-5060
- ★ #BrooklynShowsLove: <https://bit.ly/BKshowslove>

[Community Care NYC](#)

- ★ Can provide up to \$40 worth of groceries delivered, or if you are able to shop for yourself, can send \$40 directly via Zelle
- ★ Partnered with Staten Island Mutual Aid to do requests in SI but also going to Brooklyn, Queens, and Manhattan
- ★ Bronx requests are referred to FTP BX
- ★ Call: (661) 381-1206 or fill out the form above

Corona Couriers

- ★ A volunteer-run group of cyclists providing free-of-charge deliveries during these tough times. Can do no-contact deliveries of food, medications, or other supplies for those who are self-quarantined, elderly, and/or disabled.
- ★ **[UPDATE 8/13] Due to lack of capacity they are currently only serving families they already have an existing relationship with. If you have been served by Corona Couriers before you can text them at (929) 320-0660. If not, please seek another delivery resource.**
- ★ Email: coronacourier@protonmail.com

FTP Mutual Aid BX

- ★ Can deliver up to \$30 worth of groceries/toiletries/masks to people in The Bronx

Invisible Hands

- ★ Assists with safe, free deliveries for NYC's most at-risk citizens facing COVID-19.
- ★ InvisibleHandsDeliver@gmail.com
(732) 639-1579 (no texts please)

Local Roots

- ★ Free local vegetable boxes to restaurant workers and healthcare providers.
- ★ Brand new effort from a white-led food security organization (low cost meal kits, then food pantry volunteer coordination) that has stated commitments to anti-racist principles but they are still ramping up and it needs further vetting
- ★ Emergency food hotline: When someone calls **888-489-7212**, a real human being answers and helps them navigate the emergency food system.
- ★ Email: info@localroots.nyc
- ★ <https://www.inittogether.nyc>

NYC Meal Deliveries

- ★ For those who cannot leave their homes and cannot afford grocery deliveries, the city government will deliver two days worth of meals, up to eight meals.

- ★ Orders placed before 11:00am will be delivered within two days; orders placed after 11:00am will be delivered within three days.
- ★ Orders can be placed every two days.
- ★ Orders can be requested at <http://bit.ly/nycfooddelivery> or by calling 311.

[The Okra Project](#)

- ★ Deliveries of free food and supply kits to Black Trans/GNC people in NYC.

[Thai Farm Kitchen](#) (Church and E 5th)

- ★ Free deliveries of free lunches to elderly, disabled, and immunocompromised within a one mile radius of their restaurant.

FOOD FOR PICKUP

Flatlands Reformed Church Community Center

- ★ In Flatlands, serves all of NYC
- ★ No car needed, no internet needed
- ★ Free, does not deliver
- ★ Every Saturday, 11am until supplies run out, first come first served
- ★ 3931 Kings Highway (near Flatbush Ave.)
- ★ One box of fresh food per household
- ★ Call 718.252.5540 for info or to volunteer
- ★ info@flatlandsreformed.org

[Food Hub NYC](#) - Restaurants Donating Food for Families

- ★ Hub of information on available sources of food and supplies for families and opportunities to donate food and supplies
- ★ For a list of [List of restaurants](#) / [Map of restaurants](#) offering free or reduced priced food for families of public school students
- ★ [Form for restaurant owners](#) to donate food

[Food Bank NYC](#)

- ★ Free meals provided at various soup kitchens and food pantries.
- ★ Click [here](#) (map) or [here \(list\)](#) to find the nearest open site.

nyc.gov/getfood

- ★ [FoodHelp NYC](#), Map of free food resources across the city, including food pantries and Grab & Go meals at [NYC Schools](#), available for all children or adults in need

- ★ [Access HRA](#), To sign up for SNAP benefits or cash assistance from home
- ★ [HelpNowNYC](#), For ways to donate food, cash, or supplies to those in need
- ★ [NYC Food Delivery Assistance](#), Delivery of emergency meals

Pakistani American Youth Organization - PAYO's Halal Food Pantry

- ★ In Flatbush/Midwood, serves all of NYC
- ★ No car or internet needed
- ★ Free, does not deliver
- ★ 1045 Coney Island Ave.
- ★ Every Thursday, 4-5pm
- ★ Call to Pre-register: 718.415.9424

[Plentiful](#)

- ★ Food pantry locator
- ★ Reserve appointments so you don't have to wait in line
- ★ Text or download app

[Soup Kitchens/Food Pantries Master List](#)

- ★ Organized by borough

[School Food Free Meals](#)

- ★ Three meals a day, including breakfast, will be available to all, including adults
- ★ Pick-ups for children and adults with children are Monday through Friday, 7:30 am to 1:30pm at locations across the city.
- ★ Pick-ups for adults without children are Monday through Friday, 11:30am to 1:30pm at those same locations.
- ★ Locations can be found at <http://bit.ly/nycschoolfood>, or call 311 or search "free meals" on www.nycschools.com. You can also text "food" or "comida" to 877877 to find a site.
- ★ No registration, ID, or documentation required.
- ★ All three meals a day may be picked up at the same time.

[Roots Cafe](#) (5th Avenue and 18th Street)

- ★ Coffee shop operating a food pantry/soup kitchen out of their store
- ★ No questions asked- limit three items per table in the cafe... such as pasta, bread, frozen goods, fresh fruit, etc
- ★ *New addition; needs more vetting*

[Universe City NYC Community Aid Network for East Brooklyn](#)

- ★ Food pantry and hot food pickups. Priority may be given to residents of shelters, NYCHA residents and senior centers throughout the COVID-19 crisis for free or sliding scale.
- ★ **We Count Brooklyn BROWNSVILLE – Food Pantry Pickup and Free Hot Meals Pickup Days/Times/Locations**
 - 69 Belmont Ave.
 - Food Pantry Pickup & Free Hot Meals – Tuesdays & Thursdays 1pm until supplies run out
- ★ **Brownsville Community Aid FoodBag & Hot Meal Distribution**
 - Howard Houses – Fridays 1pm until supplies last – 347-425-8852
 - Van Dyke Houses – Wednesdays 1pm until supplies last – spaul@bmsfhc.org
 - Glenmore Plaza Houses – Fridays 3pm until supplies last – glenmoreplazatenantassociation@gmail.com
 - Seniors can use contact info to schedule delivery
- ★ **CONTACT:**
 - **Collective Fare:** Latoya Meaders 929=342-9246
Lmm@collectivefare.com
 - **BMS:** Alexis Mena amena@bmsfhc.org
 - Universe City NYC: Franklyn Mena 347-652-5130 fam@universecity.nyc

[World Central Kitchen](#)

- ★ Free healthy meal distribution in multiple locations in The Bronx, Queens, Harlem, Brooklyn, Staten Island, and New Jersey.
- ★ Brooklyn locations:
 - Cornerstone Baptist Church, 574 Madison St. (Bed-Stuy)
 - The Bushwick Generator, 215 Moore St. (Bushwick)
 - State Senator Andrew Gounardes Office, 8018 5th Ave, (Mon/Thurs only - Bay Ridge)
 - Brownsville Community Culinary Center, 69 Belmont Ave, (Tues/Thurs only - Brownsville)
 - Elite Brooklyn, 128 Metropolitan Ave (Mon/Weds/Fri only - Williamsburg)
 - Mark Morris Dance Company, 3 Lafayette Ave (Mon - Fri only, Downtown Brooklyn)

Note as of 5/20: Equality for Flatbush is an organization dedicated to ending police murders and violence, abolishing ICE, and fighting gentrification. We have become aware that World Central Kitchen has a history of working with law enforcement, specifically an investigative unit of ICE, during its relief efforts in Puerto Rico. WCK has

also privileged gentrifying, well-resourced restaurants over local small businesses. While we are leaving WCK on our resource list because we know that access to food is paramount during the pandemic, we want to publicly state that we do not support them politically. For more information, please read [this public statement by La Morada](#), an undocumented migrant family-owned restaurant in The Bronx about ending their relationship with World Central Kitchen.

EBT FOOD BENEFITS

[Coronavirus Pandemic Electronic Benefit Transfer \(P-EBT\) Food Benefits](#)

- ★ Automatically sends families the equivalent of about \$5.70 per day to make up for meals that each student would have been eligible for while in school from mid-March through June.
 - \$420 is the **maximum** amount of P-EBT food benefits that one child could receive for the entire March through June period
- ★ Because New York City is a universal free lunch district, **every child in a city-run public school qualifies**
 - Charter and parochial students should also benefit, so long as their school participates in the federal school lunch program.
- ★ **Families do not have to apply.** For those already receiving food assistance or medicare, the additional funds will be added automatically to EBT or identification cards in early June. For all others, benefits are expected to be mailed beginning late June.
- ★ Families will qualify regardless of immigration status. The benefits [will not count against](#) the “public charge” rule.
- ★

For Those of Us Who Are Sick

Housing Resources

[E4F - Equality for Flatbush](#)

- ★ Residential & commercial tenant assistance, homeowner support
- ★ Affordable housing campaigns, anti-gentrification resources

All Eviction Proceedings are Paused Until June 20th, some until August 20th

- ★ [State Order](#)
- ★ Met Council has a tenants' rights hotline in English and Spanish, Mondays and Wednesdays from 1:30 - 8pm, Tuesdays 5:30 - 8pm, Friday 1:30 - 5:00pm:
(212) 979-0611
- ★ [Eviction Moratorium FAQ](#) from Right to Counsel Coalition
- ★ **Some evictions are paused until August 20th** - these are for tenants who are on unemployment or can claim financial hardship due to COVID-19. It is unclear how tenants will prove this hardship - please consult a tenants' rights organization (like us!) for help.

[Landlord Watch COVID-19 Response](#)

- ★ Resource guide for NYC tenants looking for rental housing, with updates for voucher programs and other government agencies.
- ★ Geared towards folks currently looking for housing with a voucher (CityFHEPS/Section 8/etc) and impacted by governmental agencies shutting down.

[Rent Strike Toolkit](#)

- ★ Toolkit developed by the Right to Counsel Coalition and Housing Justice 4 All for those who would like to organize a rent strike during the pandemic.

[Huelga de Renta, Guia y Recursos](#)

- ★ Cómo organizar una Huelga de Renta en Nueva York durante COVID-19 Guía y Recursos, translated by Mayday Space and Mi Casa Es Su Casa

[Justfix tool for filing an HP for Emergency Repairs or Harassment](#)

- ★ Anyone with internet access can suing their landlord for emergency repairs or harassment from home for free
- ★ <https://app.justfix.nyc/en/ehp/splash>

- ★ Support guide with slides walking people step by step through the process:
https://docs.google.com/presentation/d/1giz3ZqJvNIZLZXoTCI1tFXLKuQGZGouy1otu6P9uTcE/mobilepresent?slide=id.g73ad84bd14_0_283
- ★ \$45 filing fee is waived for all tenants, repairs or harassment and must be an “emergency” which is defined as threatening the health and safety of the household, you may need to let an inspector come, the court is encouraging virtual appearances but remains open if a tenant needs to appear physically

Rent History

- ★ This will show you how the landlord has registered the rents in the past for your apartment
- ★ It is the first step in assessing if you should be rent stabilized or if you are being overcharged for rent
- ★ Requests are made to Division of Housing and Community (DHCR)
- ★ Text “rent history” to **646-783-0627** (English and Spanish offered) or
- ★ Call 718-739-6400 or <https://portal.hcr.ny.gov/app/ask>

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Physical and Mental Health

[Self-care tips if you become sick with COVID-19 from an activist nurse](#)

[Self-care tips Spanish language version](#)

COVID-19 Testing

- ★ There are over 700 locations where New Yorkers can get diagnostic testing for COVID.
- ★ Visit coronavirus.health.ny.gov/find-test-site-near-you — and enter your address to view a list and a map view of the nearest testing sites.
- ★ Search "COVID testing near me" on Google Maps to easily find the nearest testing sites.
- ★ Individuals who have questions regarding eligibility or access for testing should call the New York State COVID-19 Hotline at **1-888-364-3065**
- ★ **Please call the testing site or your health care provider before you go for testing.**

- ★ If you go to a test site run by New York State, there is never any charge for your test.
- ★ If you go to a test site operated by local governments, private companies including pharmacies and medical practices or not-for-profit organizations, you are advised to check with the testing site and your insurer in advance of being tested to confirm you will not be responsible for any fees associated with your test.
- ★ [Online assessment](#) to see if your systems match Covid-19

[Report hate crimes here](#) - Asian Americans Advancing Justice

[Guide for how to speak with kids about the trauma of COVID-19](#)

[AA Meetings Online](#)

[BlackLine](#)

- ★ National 24/7 Crisis Support Hotline providing peer support and counseling, reporting of mistreatment, and affirming the lived experiences to folxs who are most impacted by systematic oppression with an LGBTQ+ Black Femme Lens
- ★ prioritizes BIPOC (Black, Indigenous and People of Color)
- ★ Call or text 1(800) 604-5841

[Brooklyn Zen Center](#)

- ★ POC Meditation Circle provides free weekly zoom meetings for zen meditation and shares resources about POC Buddhist and meditative events, resources, and media to their mailing list.
- ★ Join their mailing list here:
<https://brooklynzen.org/programs/people-of-color-group/>

Crisis text line <https://www.crisistextline.org/referrals>

Fitness - [Free Instagram Live Fitness Sessions](#) - Master schedule of trainer-led home workouts :)

Grounding Techniques/Ways to Calm Yourself

- ★ <https://www.healthline.com/health/grounding-techniques#physical-techniques>

- ★ <https://drsarahallen.com/7-ways-to-calm/>

[Managing Anxiety about the Coronavirus](#)

- ★ Therapy for Black Girls' podcast

[MINKA Brooklyn](#)

- ★ Email: triciabendavies@gmail.com
- ★ Available for distance Reiki sessions, no one will be turned away for lack of funds. MINKA brooklyn is committed to serving the community and we are doing everything possible to ensure the health and safety of ourselves and our beloved space.

[Peer Counseling by/for Queer Black, Indigenous, People of Color \(BIPoC\)](#)

- ★ Team of 5 Black and/or Indigenous Trans femmes and women offering peer support for up to 40 minutes per session by phone or video chat.
- ★ Free until 7/31, otherwise seems to be donation-based
- ★ [Fill out intake form](#); will have a response in 24-48 hours (closed as of 7/9; should be back up in a few days)
- ★ Apoyo de Bienestar para la gente Queer, Afrodecendiente e Indígena. Se ofrece consejería de compañeros para las personas que se identifican como Queer y Afrodecendiente o Indígena.
- ★ Nosotros les ayudaremos para que ustedes se puedan enfocar en un su alegría y bienestar mental. Se ofrecen citas de hasta de 40 minutos por teléfono o videollamada.

[Resources for Black Healing](#)

- ★ Created by Micalah Webster (Black social worker) as part of prioritizing Black healing within BLM uprisings
- ★ Mental health resources (crisis hotlines, therapist databases, free mental health counseling resources, etc)
- ★ Self-care resources, resources on trauma

[Sista Afya](#)

- ★ low-cost monthly support groups, group therapy & workshops under \$35/session and free community-wide events for Black women
- ★ Therapy only offered to Black women in Illinois but support groups, workshops available to all online

[Hetrick-Martin Institute](#)

- ★ [Online group counseling for LGBTQ youth ages 13-24](#)

[Resources for Drug Use and COVID-19 Risk Reduction](#)

- ★ Email nycdsahr@gmail.com to get fentanyl strips, clean needles, and more

Therapist Databases

- ★ [QTPoC Mental Health Practitioner Directory](#)
- ★ [Therapy for Black Girls](#)
- ★ [Latinx Therapy Directory](#)
- ★ [Inclusive Therapists](#)
- ★ [Therapist Matchmaking: 3 Steps to Find the Best Therapist for You](#)
- ★ [Going to Therapy as a QTPoC without being Harmed, Erased, or Baffled](#)

Resources for People who are Undocumented

[COVID-19 Resources for Undocumented Communities](#)

- ★ Nationwide resources from Undocscholars

[Healthcare Access for Undocumented Folks in the Time of COVID19 \(from United We Dream\)](#)

[Immigrants Rising - Resource List \(English\)](#)

- ★ Topics include coping with stress and fear, health access and guidance, connecting to free/low cost resources, legal rights, and supporting businesses.

[Immigrants Rising - Recursos en español sobre COVID-19](#)

[Informed Immigrant Resource List](#)

- ★ Resources and knowledge for the undocumented immigrant community, state by state

[New York State Youth Leadership Council - List of Resources](#)

- ★ Resources for the state of New York related to food, financial, educational, and health-related assistance.

Small Businesses

UPROSE List of Small Business Resources

- ★ Info regarding small business and nonprofit assistance, labor and workers' rights, benefits, taxes, and unemployment.
 - [In English](#)
 - [En Español](#)

[Free counseling from New York Small Business Development Center \(NYSBDC\)](#)

[NYC Business Reopening Guide](#)

NYC Hotline for Small Business Reopening

- ★ 888-SBS-4NYC or 888-727-4692

PERSONAL PROTECTIVE EQUIPMENT (PPE)

[Free face masks for small businesses](#)

- ★ (five masks per employee):

[Grant program from the Brooklyn Chamber of Commerce and NewYork-Presbyterian Hospital for PPE and deep cleanings for businesses that are reopening.](#)

- ★ “Businesses can apply for a grant amount reflective of their employee count and estimated costs of providing three months-worth of PPE (\$600 per employee) plus \$2,500 for one extensive sanitization and cleaning service.”

LEGAL SERVICES

[Small Business Legal Relief Alliance](#)

- ★ Apply for free legal services for businesses impacted by COVID-19

LOANS AND GRANTS

[Paycheck Protection Program](#) (federal):

- ★ For businesses under 500 employees.

- ★ If 75% of the money is spent on employees, the loan becomes a grant. If not, the money must be paid back.
- ★ Apply through your bank. This is the most generous government program available to small businesses — it's worth the onerous process to try to get it.

[Economic Injury Disaster Loan](#) (federal):

- ★ The interest rate is 3.75% for small businesses. The interest rate for non-profits is 2.75%.

[New York Forward Loan Fund](#) (state):

- ★ \$100 million fund launched on May 27 for businesses with 20 or fewer employees.
- ★ These non-forgivable loans are available to small businesses, nonprofits, and small landlords that did not receive a loan from either the U.S. Small Business Administration (SBA) Paycheck Protection Program (PPP) or SBA Economic Injury Disaster Loans (EIDL) for COVID-19 in 2020.
- ★ Not first-come, first-served. Applications will be reviewed on a rolling basis as regions and industries reopen.

[Restaurant Revitalization Program](#) (city):

- ★ Wage reimbursements to restaurants to retain their existing employees or other food service employees who have lost employment due to COVID-19.
- ★ The \$2,000,000 fund will disburse up to \$30,000 per restaurant. Preference will be given to restaurants which commit to “high road” employer practices that promote livable wages, greater race and gender equity in recruitment, hiring, promotion, training and evaluation practices, and other worker-friendly conditions, and that are able to serve fellow New Yorkers in need.
- ★ This is a very generous program but it's obviously very small.

[One Fair Wage/High Road Kitchens](#)

- ★ Additional \$1 million is available through a private program working with NYC
- ★ The program provides a combination of public and private dollars to restaurant owners who commit to ensuring livable wages and increased equity for their employees when the industry is fully re-opened in 2021.
- ★ Participating restaurants then provide free meals to low-wage workers, health care workers and others in need.

[Rethink Food Restaurant Response Program](#) (national, private):

- ★ Assists with food need and access during times of crisis.

★ Rethink is providing program participants with up to \$40,000 to stay open during the COVID-19 outbreak and help feed those in need.

★ Apply here:

https://docs.google.com/forms/d/e/1FAIpQLSf3WCpgoo_r0bctVm_JHrsCNFPgo23HQ2BLerWvGQ9PEYYsA/viewform

CLOSED

[NYC Small Business Relief](#)

★ **Employee retention Grant** - 40% of payroll cost for two months to help retain employees (business with 5 employees or less).

★ **Small business continuity fund** - Businesses with fewer than 100 employees who have seen sales decreases of 25% or more will be eligible for zero interest loans of up to \$75,000 to help mitigate losses in profit.

As of 4/17 these programs are closed and have run out of funds.

[Verizon small business grant](#) - survey now closed

★ Up to \$10,000 to small business especially woman and POC entrepreneurs, and businesses in historically under-served communities

★ Application <https://www.surveymonkey.com/r/LISCSBGrant>

Utilities

[Amazing Educational Resources](#)

★ Education Companies Offering Free Subscriptions due to School Closings:

[List of U.S Providers Offering FREE Wi-Fi or Special Accommodations for 60 Days](#)

[Spectrum low income internet assistance](#)

[2 months of free Adobe Creative Cloud](#) - Adobe offers students free access to its Creative Cloud.

[HEAP Grant](#) for heating costs

- ★ Grant to pay heating costs if you are below certain income levels.
- ★ Emergency grant also available if you have received a notice that your service will be shut off.
- ★ Mail or drop off applications at drop off boxes at job centers.
- ★ [Application form](#)

General COVID-19 Information

[“What Should I Do?” Illustrated Coronavirus Advice Flowchart.](#)

[13 Coronavirus myths busted by science \(long explanations\)](#)

[24 Coronavirus myths explored \(short explanations\)](#)

[Plain Language Information on COVID-19 \(in 11 languages\)](#)

- ★ Created by and for people with developmental disabilities

Employment

JOB LISTINGS

- ★ [E4F Lead Organizer](#)

UNEMPLOYMENT BENEFITS (UI and PUI)

- ★ [File a claim](#) online, Monday through Sunday, 7:30 AM to 7:30 PM.
- ★ You must file a claim to determine your actual benefit amount. [Eligibility](#).
- ★ Apply online to avoid getting a faulty state-issued debit card.

If you have applied for unemployment, an offer of reemployment could prevent you from receiving benefits but ONLY if it is considered suitable employment. The job must:

- ★ Pay at least 80% of your wages.
- ★ Pay the prevailing wage for such work
- ★ Be no more than one hour away by private transportation, or one and one half hours by public transportation
- ★ More information about maintaining your UI/PU!

CAREER SERVICES

Virtual Workforce1

Brooklyn Public Library

- ★ Resume and career help
- ★ Adult Learning: Getting your high school equivalency and 1:1 case management

New York Public Library Career Coaching

- ★ Vetted staff: Louisa Tatum via Skype (English and limited Spanish)

CUNY School of Labor & Urban Studies (SLU)

- ★ Schedule a 1-to-1 advising session. Can't find a date/time that works for you? Please contact at WorkerEd@slu.cuny.edu or 646-313-8531 for more information.