Mental Health Services - Davidson County

Cardinal Innovations

Cabarrus-Davidson-Rowan-Stanly-Union

Phone: 1-800-939-5911 (24/7/365)

www.cardinalinnovations.org

Managing mental health, intellectual/other developmental disabilities, and substance use/addiction disorders for children and adults

Carolina Counseling and Consultation

8 W. Fifth Avenue, Lexington, NC 27292

Phone: (336) 300-7614

www.nazch.com

Carolina Counseling and Consultation is an outpatient clinic serving individuals with mental health, substance abuse, and developmental disability needs. Carolina Counseling and Consultation operates daily by appointment, though emergency walk-ins may be accommodated as needed. Hours of operation are flexible to assure that patients receive services at the times most often requested.

<u>Daymark Recovery Services, Inc.</u>

220 East First Avenue Ext., Suite 10, Lexington, NC 27292 Office Hours: Monday through Friday, 8:00am-8:00pm

Phone: (336) 242-2450 After-Hours: 1-800-939-5911 www.daymarkrecovery.org

Provides outpatient therapy for mental health and substance abuse disorders with individual, group, and family therapy for ages 4 and up who have Medicaid, Medicare, commercial insurance, or no insurance; includes specialized assessments, DWI services, medical services with psychiatrists and psychiatric nurse practitioners; intensive in-home services and in-school day treatment services; and emergency/crisis services 24/7/365.

Family Services of Davidson County, Inc.

1303 Greensboro Street Ext., Lexington, NC 27292

Phone(s): (336) 249-0237 - Lexington; (336) 476-0050 - Thomasville

www.fsdc.org

Domestic Violence and Sexual Assault Counseling Center

Passageways Clubhouse

220 E. 1st Street, Ste. 6, Lexington, NC 27292

Phone: (336) 242-2403

Main Contact: RHA Behavioral Health Services at (704) 721-5551

PSR is designed to help adults with behavioral health challenges increase their ability to live independently, minimizing their need for ongoing professional intervention. We help people set and pursue their own personal goals and implement steps to manage their illness and everyday lives.

Pinnacle Therapeutic Services

17 East Main Street, Thomasville, NC 27360

Phone: (336) 472-0185

Hours: Monday through Friday 9:00am-5:00pm After hours crisis assistance available to our clients.

www.pinnacletherapeutic.com

We provide help with behavioral health problems in children, adolescents, and adults of all ages. Pinnacle Therapeutic Services offers a wide range of outpatient services that can help individuals coping with behavioral health or chemical dependency issues. Counseling can help those who have struggled with emotional problems for years and those who find themselves in need of support in order to lead more productive and independent lives.

RHA Behavioral Health Services

219 LePhillips Court, Concord, NC 28025

Phone: (704) 721-5551 www.rhahealthservices.org

Dedicated to providing effective, high quality support to individuals with mental health, substance abuse, and developmental disability needs. Services include Assertive Community Treatment Team, Clinical intake/diagnostic assessments, Community support team services, Dialectical Behavior Therapy, DWI services, Jail diversion, Substance abuse services for youth, Medical detoxification, Psychiatric evaluations, and Substance abuse preventative services.