

DON'T KNOW YOUR MP'S EMAIL ADDRESS? FIND IT [HERE](#).

Important: Please always include your home address when you write to your MP so that they will know you live in their constituency.

Subject: Urgent Action Needed – End NRPF and Ensure the Right to Work for All

Dear [MP's Name],

I am writing to you as a concerned constituent to urge you to support the abolition of **No Recourse to Public Funds (NRPF)** and to ensure that **all residents in the UK, regardless of their immigration status, have the right to work and access basic support when needed.**

The Reality of NRPF

NRPF is a policy that prevents **migrants on temporary visas, asylum seekers, and undocumented people** from accessing vital state support, including **Universal Credit, Housing Benefit, and emergency accommodation**, regardless of how long they have lived in the UK or how much they have participated in British society.

This policy forces thousands into **destitution, homelessness, and exploitation**. [Most migrants affected by NRPF](#), including undocumented people, are **working, paying taxes, and contributing to our society in many ways**, yet they are left without basic protections.

Asylum seekers are also banned from working, despite many being eager to do so. Instead, they are forced to live on **just £49.18 per week**—a completely inadequate amount that traps people in extreme poverty.

Why This Matters

The UK is a wealthy nation that has the resources to ensure **no one is left behind**. The idea that migrants are exploiting the benefits system and impoverishing British people is a **myth**—in reality, migrants are a net positive benefit to UK society, including [fiscally](#), whilst being **denied help when it is needed, having their human rights infringed upon by the State, and being unjustly blamed for growing inequality caused by previous governments economic policies that have only further enriched the already wealthy.**

What I Am Asking You To Do

I urge you to take action by:

☒ **Supporting the abolition of NRPF**, ensuring that all residents can access the help they need, especially in times of crisis.

✓ **Ending the criminalisation of work for undocumented people**, so that all workers can exercise their rights, be protected from exploitation, and enjoy their fundamental **human right to work**.

✓ **Challenging and rejecting false government rhetoric** that claims workplace immigration raids "protect workers"—they don't. **These raids only fuel fear, drive people further into the shadows, and increase the risk of severe exploitation and abuse.**

✓ **Allowing all people, including asylum seekers and undocumented people, the right to work** so they can support themselves and contribute—even more than they already do.

✓ **Advocating for an immigration system based on dignity, justice, and human rights**, rather than exclusion, punishment, and division. This includes [supporting calls](#) for more **accessible and affordable regularisation programmes and mechanisms** by groups like [Regularise](#).

I would appreciate a response outlining your position on this issue and the steps you will take to support policy change. As my MP, I hope you will represent the **urgent need for justice and equitable treatment of all residents, regardless of immigration status**.

Thank you for your time, and I look forward to your response.

Yours sincerely,