

Writing Letters to the Dead

Postal Service for the Dead is an ongoing, collective project where people send letters to anyone in their life who has died. Birthdays, death days of people/pets, anniversaries, holidays, or seemingly random days can all spark grief. So, we invite you to write a letter that helps your healing journey. Not all grief looks the same and neither will the letters. You can submit a letter of gratitude for how someone impacted your life or a list of grievances that you still hold towards them – use this space to say whatever. This project was started to help folks heal through writing, the power of snail mail, and shared grief experiences.

Learn more a www.postalserviceforthedead.com or on Instagram at @postalserviceforthedead

Name of Organization invites you to take part in this service and write a letter to someone in your life who has died. After you have written your letter, please take it with you and send it in the mail when the time is right. Materials are provided here for you for free but you can also use your own card or stationary at home if you'd like.

[Add information here relevant to your community or delete this section] If you believe it would be beneficial and healing for you, please feel free to bring the card in with you into your session. Please visit their website, Instagram, and Facebook to get a better understanding of this program. Instructions on how to send a card directly to them are attached as well. Please email, call, or ask reception if you have any questions regarding this service.

*This station will be active from **date to date**.*

What is Postal Service for the Dead?

Postal Service for the Dead is an ongoing, collective project where people send letters to anyone in their life who has died. Follow these steps to participate:

Step 1

Address your letter to PSD. Including your return address is optional.

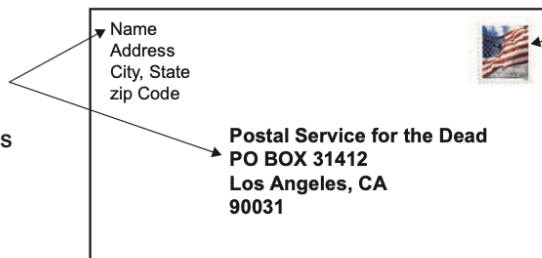


Diagram of an envelope with labels for Step 1 and Step 2. Step 1 points to the address field: Name, Address, City, State, zip Code. Step 2 points to the postage stamp field.

Postal Service for the Dead
PO BOX 31412
Los Angeles, CA
90031

Step 2

Stamp it!



Step 3

Choose one of three privacy options by leaving your envelope blank, marking it with a heart, or marking it with a star. See options below.

Option 1: Blank

If you never want your letter opened or read, then leave the backside blank.



Option 2: Heart

If you would like our team to read your letter but do not want the contents shared publicly, please mark the back of your envelope with a heart.



Option 3: Star

If you agree to share your letter publicly, please include a star on the backside of your envelope. You can write freely and any mentioned names will be censored for anonymity before sharing.



Learn more by visiting www.postalserviceforthedead.com or following us on IG & FB: @postalserviceforthedead