



Westchester/Rye Mental Health Resources

988 Suicide and Crisis Lifeline Call, text, or chat **988**
24/7/365 **free** and **confidential** support in English & Spanish
TTY users dial 711, then 988 <https://988lifeline.org/>

Westchester County Crisis Prevention & Response Line 914-925-5959
(through St. Vincent's Hospital)

Montefiore New Rochelle Hospital Emergency Department 914-365-3770

Westchester Mental Health and Substance Abuse
[Substance Abuse Resources \(westchestergov.com\)](https://westchestergov.com)

Greenwich Hospital Resources:

Behavioral Health Clinic 203-863-3316
<https://www.greenwichhospital.org/services/psychiatry-and-psychology.aspx>

Addiction Recovery Center (ARC) 203-863-4673
<https://www.greenwichhospital.org/services/addiction-recovery/center.aspx>

Open Door Family Medical Center Behavioral Health 914-ODCARES (632-2737)
<https://www.opendoormedical.org/services/behavioral-health-services/>

Rye Youth Council Restore Counseling (M-F 10 AM – 6 PM) 914-222-0988
Restore@ryeyouthcouncil.org Counseling and Therapy for youth ages 5-22

Westchester County Office of Mental Health:
Department of Community Mental Health (M-F 9AM-5PM) 914-995-1900

Family Navigator Support Line 914-575-1605
(for families living with a loved one's substance use disorder)

NAMI HelpLine (Mental Health) info@nami.org 1-800-950-NAMI

The Trevor Project (LGBTQ youth) thetrevorproject.org