



Motivational Interviewing Coaching with Brendon Ross



Learning Motivational Interviewing (MI) can feel overwhelming at first, and that's okay. I'm here to support you in approaching MI with compassion, for both yourself and the process.

In our work together, you'll be accepted, understood, and gently challenged. You'll have space to *try things on*, make mistakes, and experiment without judgment. Over time, you'll build confidence—not by being perfect, but by showing up, staying curious, and discovering what feels true to you. As your skills grow, MI will begin to feel less like a set of techniques and more like a natural, human way of connecting with others. My goal is to help you integrate MI in a way that feels authentic and sustainable to you, something you can carry with you into your real-world conversations.

I offer individual and small group practice sessions, each designed to meet you exactly where you are. In these sessions, we'll slow things down and create space for real learning to happen. You'll have opportunities to role-play, reflect, and receive kind, affirming feedback in a supportive environment. Whether you're working one-on-one or practicing alongside others, you'll experience a sense of safety, connection, and encouragement. It's a place where you can build your skills gradually, at your own pace while deepening your confidence and clarity.

Ready to make MI a natural part of how you connect with others?

Reach out by text, call, or email. Let's get started.

Brendon Ross
MINT Trainer and Coach
702-575-5188
brendondross@gmail.com

