

Warm-ups SVSC Jan. 14 and 15, 2023

NOTE: Please do not mail your checks, please bring them to the meet. Do not give them to anyone other than Dana at the computer. Thanks

Saturday AM session 7:30 – 8:00 AM	SVSC, ANSC, NGAC, RXA
Saturday AM session 8:00 – 8:30 AM	3RVS, BYAC, CSC, GPAC, HAAC, HAC, MIST, MPAC, NHA, SASC, SHAQ, SRST, UNAT, WHAT
Saturday AM meet start time 8:35 AM	
Saturday AM distance	Open warm ups
Saturday PM session 12:30 – 1:00	SVSC, ANSC, NGAC, RXA
Saturday PM session 1:00 – 1:30	3RVS, BYAC, CSC, GPAC, HAAC, NHA, SASC, SHAQ, SRST, UNAT, WHAT
Saturday PM start time 1:35	
Saturday PM distance	Open warm ups
Sunday AM session 7:30 – 8:00 AM	SVSC, ANSC, NGAC, RXA
Sunday AM Session 8:00 – 8:30 AM	3RVS, BYAC, CSC, GPAC, HAAC, HAC, MIST, MPAC, NHA, SASC, SHAQ, SRST, UNAT, WHAT
Sunday AM meet start time 8:35 AM	
Sunday AM distance	Open warm ups
Sunday PM session 12:30 – 1:00	SVSC, ANSC, NGAC, RXA
Sunday PM session 1:00 – 1:30	3RVS, BYAC, CSC, GPAC, HAAC, NHA, SASC, SHAQ, SRST, UNAT, WHAT
Sunday PM start time 1:35	
Sunday PM distance	Open warm ups