

Hey Danae, your stuff is wonderful! It's so encouraging to see someone making the healing journey open for everyone, no matter their size, shape, or ability, and letting them heal at their own pace. You're really open-minded, and a lot of people would be lucky to meet you!

There are some impactful ways to gradually attract many people to your content, build a strong online presence, and create an amazing community in this well-being practice.

I've created a nice communication sequence that you can use in one of your Instagram posts or TikTok shorts. This sequence is designed to pique people's curiosity about your live classes and get them involved by creating a vibe of trust and safety.

Do you want to see it? Don't hesitate to let me know!