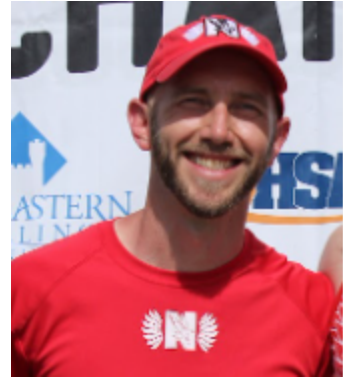


Coach Stack joined the Naperville Central Track and Field team in 2011 as the Redhawk Pole Vault Coach. He became the Head Coach of the Redhawks in 2020, while focusing on the pole vault and working with sprinters and relays. Since he began coaching, the Redhawks have had 12 vaulters jump 13' (4 meters) or higher, eight IHSA state qualifiers, and two All-State performances.



On non-pole vault days, he tries to spend time with sprinters, jumpers, throwers, or distance runners. Since 2020, the Redhawks have had All-State performances in the 4x800m Relay, 4x400m Relay, 1600m Run, 800m Run, Pole Vault and Discus (2022 State Champion - Maverick Ohle). As a team, the Redhawks have won Indoor DVC once, and have finished in the top-15 at the IHSA State Championships twice ('22 & '23-11th).

His track and field experience began in high school where he competed for Niles North High School and graduated with a PR of 12'6. Stack attended North Central College and trained in the vault under Tim Winder where he PR'd by nearly 4' in his time at NCC. In his senior year he finished 5th (with PR Vault of 4.96m/16'3.25") in the Pole Vault at the NCAA DIII Outdoor National Championships in 2010. The Cardinals also finished as team National Champions.