

Fall Executive Board Agenda

October 13, 2024

Zoom link <https://us02web.zoom.us/j/85040286617>

Called to order: 6:32 pm

Executive Board Members Present: Sally Kaatz, Lara Lindersmith, Heather Wong, Lori Stephens, Cassie Maher, Arianna Schultz, Bri Dillard, Jeanne Gloudemans, Ronni Weston, Emily Egee, Lahela Kanoho, Colleen Schoonover, Lauren Baumann

1. Request for dance representation on NFHS Rules Committee [Letter](#) (April 2023) - Cindy says NFHS is not following through and she is following up with them.
2. Competition host eligibility requirements
 - a. Host in "good standing"
 - Consider for future scheduling of Competitions
 - Info to District rep
 - Future conversation post-Fall conference
3. Conference - Exec Board members intro speakers for each breakout
 - a. Teri Rowe - she will already be introduced as keynote (Lori/Lara/Lauren)
 - b. Sam Brown - Supporting Athlete Mental Health: The Coach's Role (Ronni)
 - c. Jennifer "JP" Peterson - Youth-Specific Athlete Development & Training Strategies (Colleen)
 - d. Julie Lozier (Cassie)
 - e. Camille Wright (Sally)
4. Pay for Teri - We usually budget \$2000 for the keynote speaker; Teri says she will do it for cheap, but we want to pay her a fair amount (she stays with a relative for free, so no lodging expense). She is also teaching 2 breakouts.
 - Executive board agrees to pay Teri the budgeted \$2,000 keynote fee
5. Meet the Pros
 - a. Lori -Goal setting, shoulder care, Working with your Boosters
 - b. Arianna - Growing Your Program, Turn strength drills, jump/toe touch drills
 - c. Colleen-Easy team building-5-10 minutes to incorporate
 - d. Bri-Health and wellness/nutrition
 - e. Sally-Transitioning out of coaching
 - f. Ronni-Avoiding burnout

- g. Cassie-Intro to Comp Season for New Coaches, Spirit Programs-working with Cheer/Band
- 6. Executive Director Hiring
 - Currently 2 candidates
 - Exec board will work on reviewing candidates and priorities post conference
- 7. Music/announcer for State update
 - WIAA will pay \$400 plus hotel rooms
 - [Bid from Parker](#)
 - Performances at State: 2024 - 151, 2023 - 152
 - Difficult to agree to additional cost without input of entire association
 - Plan for State 2026
- 8. Proposals
 - a. [Junior Championship Score](#)
 - b. [Lyrics](#)
 - c. [Middle Level Dues](#)
 - d. [Post Season Event Dates](#)

Note: For those who have not yet registered for [WSDDCA Membership here's the link](#) :)

Adjourn meeting: 7:39pm