

Continuum Dance Company Introduction

If you have any questions, please feel free to reach out to us via email at sabaworkshops@gmail.com

What is Continuum?

Continuum Dance Co was established in 2012 in order to create a positive environment where students study dance at a higher level than general recreational classes, and have the opportunity to compete across the state and nationally. Being a competitive dancer means being proficient in ballet and other genres of dance at a “competitive level”. Dancers who are part of CDC have an exceedingly well technical foundation of ballet dance at advanced levels in other genres. Over the years, Continuum has received numerous National titles and top honors, but most importantly they have become a family who loves and cares for each other and supports each other on their journey in the arts.

How do I become part of Continuum?

Each one of our team members must meet specific requirements in order to audition for Continuum. Interested candidates must have completed at least one year in our studio and taken one year of the ballet curriculum offered at San Angelo Broadway Academy. Each dance studio teaches different technical styles when it comes to dance genres. Because our students train under the same technique and style, and compete with that same technique, students interested in joining CDC must take one year of ballet at our studio prior to auditioning unless the directors of CDC have approved their audition.

What if I was a dancer transferring from another studio?

While it is our top recommendation that a student spends at least one year in our studio before auditioning, if they are transferring from another studio with dance experience they are welcome to audition as CDC auditions are also open to the public. If a student is selected for a team, they will be placed in the level in the studio based on the studio's technical format, which may possibly be a lower level than the studio they transferred from. Please note that many times if a student transferring from another team does not make CDC, the directors will recommend that those students take a year in the SABA studio and then try out again the following year.

What is required if I become part of Continuum?

In order to be a part of CDC, all competition dancers must take at minimum, of an appropriate level of ballet, and two other disciplines at minimum. Ballet is the core foundation of all dance, and it is extremely important that our dancers have a solid foundation. The other genres offered are jazz, tap, hip hop, pointe, and contemporary. Students attend recreational classes weekly and then work on competition choreography after recreational classes during the week and the weekends during the Fall. Students are selected for specific competitive dances after auditions. Please note a student cannot be selected for a certain genre of dance if they do not take that genre of dance at the studio. For example, if a student does not take tap class, they will not be selected for a competitive tap number.

What does the competition/convention schedule look like?

Dance conventions are usually held in the Fall. Each year, the studio will send out a list of conventions, and it is up to each individual dancer whether or not they want to attend those conventions. CDC usually attends 4 regionals of 3 regionals and 1 nationals. That will be determined in late summer.

How much does being a competitive dance cost?

Members of CDC pay the same tuition rate for unlimited classes. Our studio currently charges \$160 a month for unlimited classes for CDC dancers with a 10% sibling discount. Families will be responsible for paying choreography fees, entry fees, costume fees, and travel fees for competitions. This will also include a team t-shirt, warm up jacket, and bag. We will also work to find the most cost-effective costumes for students as well. All competition and costume fees will be non-refundable. Below are examples of fees:

Estimated Team Wear:

Shirt- \$22- \$25

Jacket- \$50-\$60

Bag- \$30

Estimated Competition Entry Fees per competition: Are due 30 days prior to each competition to the office

Solo: \$150-170

Group/Duets/Trios: \$65-\$85 per dance (per dancer)

Choreography Fees: This one-time fee goes to the choreographers for choreography and rehearsal times that are not included in monthly tuition. This is paid directly to the teacher. It's a teacher's goal to have choreography taught in 6 lessons, however sometimes that is not always the case. If a teacher feels as though a student needs more time due to the student not focusing or falling behind, private lessons will be offered to that student at the private lesson rate.

Solos: \$150 per student Duet/Trio/Group: \$65 per student

If a student is selected as an alternate in a dance, the student will pay half choreography fee. If you are entered to compete at a competition as an alternate, you will be responsible for paying the other half in a timely manner.

Private Lesson Fees: \$40 per hour

Fundraising: Throughout the year, students do spirit nights at restaurants, booster cards, sponsor letters, silent auction, bake sales, Haunted Corn Maze, poinsettias at Christmas, flowers and cast photos at SABA shows and other small events. Money raised at these events will go toward the student's fundraising account which can be used toward competition entry fees (cannot be used toward dance tuition, costume fees or dance apparel/shoes). The student must participate in the fundraiser in order to receive credit. CDC fundraising committees are parent-led with the final approval of events given by the board of directors and fundraising spreadsheet totals are overseen by the SABA board treasurer. Sign ups for fundraising are done at the parent meeting at the beginning of the season.

How important is Attendance:

Students must be on time for every class and participate for the duration of every class they are enrolled in. We understand that things do happen – running late from school, a dancer gets hurt, there is a family emergency, illness, etc. Both recreational dance classes and team rehearsals are important. If you miss class, you are not improving your skills, and you could potentially fall behind on technical ability and dances. If you miss a rehearsal, you are not learning the choreography which would require re-teaching because you weren't there when your teammates learned it. It affects everyone's ability to give their best performance when someone is out of sync. **Remember you are part of a team and it takes the entire team working together to succeed.** Specific information on missing classes and make up classes will be outlined in the contract for team members. For dancers who are involved in outside team activities such as drill, cheer, or sports, those conflicts need to be entered in the online platform as soon as it's available.

New for 2026:

Because CDC schedules can require lots of rehearsal time, we want to make sure students have a healthy balance of extra curricular activities, school, and personal life. As a result of this, in order to be on CDC, students in middle school will be allowed to play 2 school sports a semester and high school students can only play one sport a semester. If they are a cheerleader in middle school, they will only be allowed to play one additional sport each semester (not cross country and when that is done volleyball, etc). High school students who are on drill team and cheer cannot play an additional school sport and be on CDC.

As a CDC member am I allowed to dance at another studio as well?

When a student becomes a member of Continuum Dance Company, they are to exclusively dance and train at San Angelo Broadway Academy with SABA staff and guest artists. Company members will not be allowed to participate or be a part of any other local dance studio's productions or events due to cross training with other studio's and different technique styles. If a local studio is offering masterclasses by outside artists who are not employed by the said studio, and are open to the public for registration, CDC members can participate in those masterclasses. CDC students are allowed to participate in local theatrical productions as long as the rehearsal schedules do not conflict CDC rehearsals. Because CDC is under the umbrella of SABA, students can participate in any SABA program as long as the schedules do not conflict with CDC rehearsal schedules. CDC company members are also encouraged to attend masterclasses and conventions around the state to continue to grow as a dancer. SABA will provide dates of masterclasses and conventions around the state at the beginning of the semester.

What are rehearsals like for CDC members

Students who are members of CDC will attend weekly recreational classes that they are signed up for during the year with rehearsals for any CDC choreography typically on Saturdays in the Fall, with some rehearsals during the week if schedules allow. Schedules for CDC rehearsals are not every Saturday for every child. We send schedules out a week in advance at the latest. The schedules does change each week due to student conflicts. The goal is to get all the choreography taught early Fall and then start cleaning the dances and getting them stage ready. We will have a mandatory dress rehearsal the weekend prior to the first competition

When are auditions?

Auditions are currently slated for August 22nd with CDC bootcamp the week of. Students will be placed in technique levels for bootcamp and auditions. Please note the date is subject to change. Auditions consist of ballet and jazz portions and choreography. Specialty areas like tap and hip hop will be evaluated in class. Audition schedule to come out early August.

CDC Bootcamp

Saba choreographers will hold a bootcamp the week of auditions to prepare students for the upcoming audition. These classes are optional, but highly recommended. If a student does not take a particular genre like hip hop or contemporary they of course do not have to take those classes that week. The level of class will correspond to the class they are going into. Classes are \$15 per class and are paid directly to the teacher (Venmo, etc provided to those auditioning) . Please remember to bring a water bottle and the appropriate dance shoes (ballet shoes for ballet, ballet, jazz or turners for contemp, tennis shoes for hip hop). Please wear appropriate dance attire to these classes (leo and tights, hair up (bun for ballet), boys: shorts and T-shirt).

Bootcamp schedule TBA