

In Person Code of Conduct for Healing Together

Welcome to Healing Together, a conference providing education and support to people living with dissociative disorders, clinicians, and supporters. We are committed to creating a respectful and supportive environment for all attendees.

1. Respect and Sensitivity

Respect All Individuals: Treat everyone with kindness, respect, and empathy. Understand that attendees come from diverse backgrounds and may have different experiences and triggers.

Be Mindful of Language: Choose language that is inclusive and nonjudgmental. Avoid terms or phrases that may be triggering or dismissive of others' experiences.

Personal Boundaries: Respect personal space and boundaries. Always ask for consent before initiating physical contact, including hugs or handshakes.

Professional Boundaries: While many attendees may be mental health professionals, this conference is not a substitute for therapy or clinical treatment. Please respect professional boundaries and refrain from providing unsolicited advice or diagnoses.

2. Privacy

Privacy Matters: Respect the confidentiality of all attendees. Do not share personal stories or information.. This helps foster a secure environment where attendees can share and learn without fear of exposure.

3. Supportive Environment

Trigger Warnings: Presenters and participants should provide trigger warnings before discussing potentially distressing content. This allows individuals and systems to prepare themselves or cope as needed.

Self-Care: Prioritize your well-being. If a session or discussion becomes overwhelming for any reason, feel free to step out and take a break. Self-care and coping are essential to your participation in Healing Together.

Mindful Attire: We kindly ask attendees to avoid wearing clothing with offensive language, head-covering costumes, or apparel featuring prominent religious or political messages.

4. Participating in Online Chats

Keep Conversations Respectful: Disagreement is okay. Personal attacks, insults, mocking, harassment, or intentionally provoking other participants are not.

Give People Space: You do not have to respond to every comment, and neither does anyone else. Respect when someone chooses not to engage.

Content Warnings: When discussing potentially distressing or sensitive topics, please use the available content-warning tools or clearly indicate what the conversation contains. This allows others to decide whether they want to participate.

Sensitive Content: Please do not post graphic images, sexually explicit material, or other content that could reasonably create a significant safety concern for the community.

Private Messages: Do not use private messages to pressure, harass, flirt with, recruit, solicit, or otherwise make another

5. Harassment and Discrimination

Zero-Tolerance Policy: An Infinite Mind has a zero-tolerance policy for harassment, discrimination, or any form of abusive behavior, including verbal, sexual, physical, and psychological abuse. Violations may result in immediate removal from the conference and loss of the individual's right to participate in conference activities or future events hosted by An Infinite Mind. No refunds will be provided to participants removed for violating the Code of Conduct.

Reporting Incidents: If you experience or witness harassment or inappropriate behavior, please report it to designated support personnel immediately. All reports will be handled with sensitivity and confidentiality.

6. Responsibilities of Attendees

Functional Stability: This conference is not intended to provide mental health care or services. Healing Together is intended for individuals and systems who are not currently experiencing a crisis and can independently maintain a functional level of social and emotional stability throughout the conference. A grounding space and several grounding activities are available to support coping and independence.

Drug and Alcohol Policy: The misuse of drugs or alcohol is not conducive to the supportive environment An Infinite Mind aims to create. Attendees are expected to refrain from using illegal substances and to consume alcohol responsibly while attending the conference. Disruptive behavior related to drug or alcohol use may result in immediate removal from the conference.

Thank You

We are dedicated to creating a supportive and accommodating environment for all conference participants. Your cooperation with these guidelines is essential to fostering a space for healing, learning, and growth.

Thank you for your understanding and commitment to making Healing Together a positive experience for everyone.