

All About Me

Personal:

- Married for over 30 years.
- 5 Children, 4 grandchildren
- US History Teacher
 - Areas of research focus on historiography, the act of learning and using history, constitutional government, and civil rights and equality.
 - My thesis focused on the long term impacts on those held at the Topaz Relocation Center near Delta, Utah.
 - I have presented at multiple state and national conferences.
- Master's Degree in American History.
- Springville resident for 14 years, Utah County resident for 39 years.
- Rooted in Utah - my ancestors founded Springville, Mapleton, Spanish Fork, Mt. Pleasant, Pleasant Grove and Fountain Green.

Professional:

EDUCATION:	Gettysburg College	Masters of Arts, American History	4.0 GPA
	Utah Valley University	Social Studies Composite, coursework	4.0 GPA
	Brigham Young University	Bachelor of Arts, History Education	3.6 GPA
	Ricks College (BYU-Idaho)	Associate of Arts & Sciences	3.9 GPA

TRAININGS: “We the Teachers,” *William and Mary University fellowship*, “Voices of the Ancients” *National Endowment for the Humanities*, “Deep Learning,” “Constitutional Literacy Institute” (UVU) “Echoes and Reflections: Teaching the Holocaust,” “We the People,” “Driven to Teach,” “Teaching Shakespeare” (SUU), Seven Habits Training, Educational Technology class (UVU), National Writing Project, Autism and Non-Verbal Learning Disorders, Student Focus, Teens and Anxiety, Crisis Intervention and De-escalation

HONORS: “We the Teachers,” *William and Mary University fellowship*, “Voices of the Ancients” *National Endowment for the Humanities* fellowship, “Teaching Topaz” Grant Recipient, National Dean’s List, National 4-H Presidential Citizenship Award (12 in Nation), State JC Penney Golden Rule Award for service (youth award)

PRESENTATIONS GIVEN:

“*Teaching Civic Virtue to Inspire Civic Action*” Utah Council for the Social Studies, Salt Lake City, UT, November 2025

“*Historical Heroes For Today’s Mental Health*” Utah Council for the Social Studies, Salt Lake City, UT, November 2025

“Teaching Observation and Inference” National Council for the Social Studies, Boston, MA November 2024 (poster session)

“Historian’s Workshop” Utah Council for the Social Studies, Salt Lake City, UT, November 2024

“Overcoming the Pitfalls of Project Based Learning” Utah Council on the Social Studies, West Jordan, UT October 2021

“Writing Around the Room” National Council for Teachers of English, Denver, CO, November 2020 (accepted to present, conference moved online)

“Teaching Students with Autism” National Council for Teachers of English, Baltimore, MD, November 2019

“Using Graphic Novels in the Classroom,” National Council for Teachers of English, Houston, TX, November 2018

PROFESSIONAL SERVICE: *Utah English Journal*, Reviewer (1 year) and National Council for the Social Studies Conference Proposal Reviewer (1 year)

CONTRACT WORK: Utah State Board of Education, Education Writer (PBL), “We the People” Curriculum creation for select area

COURSES TAUGHT(at various schools): 8th grade US History, ML Newcomer Academy History, Stepping Stones ML History, 8th – 12th grade English, Creative Writing, 7th grade Utah History, US Government, Career Exploration, 6th-9th grade Leadership, Student Government

EMPLOYMENT: **Removed for confidentiality**

- Created History Inquiry Workshop Projects for multimodal learning
- Created Mrs. Pocsec skill based teaching (why study history = myth, repetition, solutions; how to study history = perspective, observation & inference, compare & contrast, sourcing, evidence and claim, corroboration)
- Created Historical Heroes (how historical figures in the past handled tough issues) based on collaboration with the counseling department
- National History Day Advisor (current) & Make A Difference Contest Advisor (past)
- School Gifted and Talented Coordinator (current)
- Multi-Tier Support System Committee (current)
- Tier One Committee, School Community Council, SE Committee, and Multilingual Taskforce Committee (all past)
- Coordinated multiple field trips and guest speakers
- Mentor teacher for BYU Practicum Students, History & English
- Responding teacher for UVU Education Technology Student
- Created leveled learning program w/ differentiated instruction
- Use creative teaching methods and thematic instruction to reach all learning styles
- Coordinate and direct 8th/9th Spring Educational Civil Rights Field Program for specific school (past)

COMMUNITY SERVICE:

- LDS Church Teacher: Youth and Adult Sunday School & Institute, Relief Society, Young Women's, and Primary Organizations
- Schools: PTA Room Mother, classroom volunteer, reading tutor, Friends of International Students Organization
- 4-H/BSA Club Leader, Scout Troop leader, merit badge counselor, Cub Leader, Cub Master
- Deliberate Living Class Founder and Presenter, Relief Societies and (different state) Mommy and Me Groups

LEADERSHIP:

- Director of Regional Emergency Preparation Fair in a different state
- LDS Church Young Women President, Relief Society Women's Organization Counselor and Secretary, and Leader of Young Adults
- Friends of the Library President, in a different state
- Education and Outreach Vice President, (different state) State Board of American Mothers, Inc.
- President, (different city/state) Chapter American Mothers, Inc.
- Utah State 4-H Ambassador (youth)