

# North Carolina Athletic Trainers' Association

## 2026 Annual Meeting & Awards Luncheon

**Friday, March 6, 2026**

8:00am – 3:30pm	<b>NCATA Leadership Institute</b>			
Noon	CPR Challenge (sign-up in advance)			
1:00pm	Registration Opens	Lobby	Visit with Vendors	
1:55pm – 2:00pm	Welcome and Announcements			
2:00pm – 3:00pm	<b>Diagnostic Imaging in Athletic Training: Utilizing Clinical Prediction Rules to Enhance Clinical Decision-Making</b> <i>James Scifers, DScPT, LAT, ATC, Moravian University</i>	Lumina Ballroom		
3:00pm – 4:00pm	<b>PRN Work: Are you working to the standard of care?</b> <i>Jason Doctor, ATC; Paul Rupp, MS, LAT, ATC</i>	Lumina Ballroom	<b>Lab: Functional Casting(18)</b> <i>Shane Faulk, OTC, ROT</i> <i>Essity Health &amp; Hygiene</i>	Soundwatch
4:00pm – 4:15pm	Break – Visit Vendors			
4:15pm – 5:15pm	<b>The Silent Affliction of the Athlete: Pelvic Floor Dysfunction</b> <i>Lynn Brewer, PT, DPT, ATC, Results Physiotherapy</i>	Lumina Ballroom		
5:15pm – 6:15pm	<b>Novel Sports Medicine Staffing: A Rehabilitation Facility Dog</b> <i>Kyria Henry Whisenhunt, MAHS Paws4People</i>	Lumina Ballroom		
6:15pm – 7:15pm	Vendor Social	Preconference Space		
7:00pm – 8:30pm	Student Quiz Bowl- ALL Welcome to Support	Lumina Ballroom		
8:30pm-10:30pm	Young Professionals and Student Social	Turtlewatch		

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**Saturday, March 7, 2026**

6:00am	<b>Birding Excursion with Chris and Nancy Groh- meet in lobby and bring binoculars</b>			
7:00am	Registration Open and <b>Fleet Feet Organized Fun Run(meet in lobby)</b>			
8:45am – 9:00am	Welcome and Announcements			
9:00am – 10:00am	<b>Tenjet-Advancing Tendon Treatment for Athletic Recovery</b> <i>Dr. Jeffrey Ham, DO, Atrium Health</i>	Lumina Ballroom	<b>Student Symposium</b> <b>The Difficult People Playbook: Strategies for Athletic Trainers</b> <i>Ashley Thrasher, EdD, LAT, ATC, CSCS, Western Carolina University</i>	
10:00am – 11:00am	<b>Orthobiologics: The Benefits of Blood, Fat, and Fluid</b> <i>Dr. Anthony Martin, MD, CAQSM, FAAFP Atrium Health</i>	Lumina Ballroom	<b>Student Symposium</b> <b>The Importance of Dual Tasking Within Assessment of Sport- and Recreation-Related Concussion</b> <i>Aleiza Higgins, PhD, LAT, ATC, CSCS, BCS Western Carolina University</i>	
11:00am – 11:30am	Break – Visit Vendors/Posters			
11:30am – 12:30pm	<b>"When It All Comes Together"- Denny Kellington, VP, Player Health &amp; Performance, Carolina Panthers</b>			
12:30pm	NCATA Business Meeting and Awards Luncheon- Lumina Ballroom			
2:30pm – 3:30pm	<b>Optimizing Outcomes in Hip Arthroscopy: Implications for Athletic Trainers in the Management of Athletes with Femoroacetabular Impingement</b> <i>Dr. Chad Fortun, MD, MS, FAAOS, Wilmington Health</i>	Lumina Ballroom	<b>Student Symposium</b> <b>Functional Casting and Splinting</b> <i>Shane Faulk, OTC, ROT Essity Health &amp; Hygiene</i>	
3:30pm – 4:30pm	<b>The Difficult People Playbook: Strategies for Athletic Trainers</b> <i>Ashley Thrasher, EdD, LAT, ATC, CSCS, Western Carolina University</i>	Lumina Ballroom		
4:30pm – 4:45pm	Break			

4:45pm – 5:45pm	<b>Novel Approach to Improving Communication in Athletic Training with Improv Techniques</b> Adrian Monte, DareDevil Improv	Lumina Ballroom	<b>Student Symposium Career Panelists</b>	
6:30pm	NCATA Social and Silent Auction-Lumina Ballroom			

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**Sunday, March 8, 2026**

9:00am – 10:00am	Using Artificial Intelligence (AI) to Improve Your Clinical Practice <i>James Scifers, DScPT, LAT, ATC, Moravian University</i> <i>Ashley Long, PhD, LAT, ATC, Moravian University</i> <i>Alessa Lennon, PhD, LAT, ATC, Atrium Health</i>		Lab: Concussion and Vestibular Rehab: The Full Picture (20) <i>Amanda Montgomery, PT, Benchmark Physical Therapy</i>				Lecture/Lab: Musculoskeletal Assessment and Manual Therapy Techniques for the Management of Post-Concussive Syndrome (40) <i>Randall Lazicki, PT, DPT, EdD, LAT, ATC, FAAOMPT, Campbell University;</i> <i>Tara Caberwal, PT, DPT, DSc, FAAOMMPT, Campbell University (9:00-10:30am)</i>	
10:00am – 11:00am	<i>Musculoskeletal Institute</i>  <i>*Bring your laptop!</i>		Time-Efficient Teaching and Feedback Strategies for Athletic Training Preceptors <i>Jolene Henning, EdD, LAT, ATC</i> <i>High Point University</i> <i>Lindsey Schroeder, EdD, LAT, ATC, CES, UNC Wilmington</i>		Lab: Splinting (20) <i>Shane Faulk, OTC, ROT</i> <i>Essity Health &amp; Hygiene</i>			
11:00am-11:15am	Break							
11:15am – 12:15pm	Lab: Cervicogenic Concussion, Vertigo and Dizziness for the Athletic Trainer (20)		Lab: Incorporating Cognitive Mental Skills and Neurocognitive				Lecture/Lab: No Weak Links: The Foot and Ankle's Role in the Performance Chain (30)	

	<p><i>Paul Ullucci Jr., PT, ATC, DPT, PhD, SCS, CSCS UNC Wilmington</i></p>	<p><b>Training in Rehabilitation (25)</b> <i>Aleiza Higgins, PhD, LAT, ATC, CSCS, BCS Western Carolina University</i></p>			<p><i>Tara Caberwal, PT, DPT, DSc, FAAOMMPT, Campbell University Randall Lazicki, PT, DPT, EdD, LAT, ATC, FAAOMPT Kelli Florio, LAT, ATC, KBR US Army (10:45-12:15pm)</i></p>	
12:15pm	Closing Statements and Wrap Up					