

North Carolina Athletic Trainers' Association

2026 Annual Meeting & Awards Luncheon

Friday, March 6, 2026				
8:00am – 3:30pm	NCATA Leadership Institute			
Noon	CPR Challenge (sign-up in advance)			
1:00pm	Registration Opens	Lobby	Visit with Vendors	
1:55pm – 2:00pm	Welcome and Announcements			
2:00pm – 3:00pm	Diagnostic Imaging in Athletic Training: Utilizing Clinical Prediction Rules to Enhance Clinical Decision-Making <i>James Scifers, DScPT, LAT, ATC, Moravian University</i>	Lumina Ballroom		
3:00pm – 4:00pm	PRN Work: Are you working to the standard of care? <i>Jason Doctor, ATC; Paul Rupp, MS, LAT, ATC</i>	Lumina Ballroom	Lab: Functional Casting(18) <i>Shane Faulk, OTC, ROT</i> <i>Essity Health & Hygiene</i>	Soundwatch
4:00pm – 4:15pm	Break – Visit Vendors			
4:15pm – 5:15pm	The Silent Affliction of the Athlete: Pelvic Floor Dysfunction <i>Lynnz Brewer, PT, DPT, ATC, Results Physiotherapy</i>	Lumina Ballroom		
5:15pm – 6:15pm	Novel Sports Medicine Staffing: A Rehabilitation Facility Dog <i>Kyria Henry Whisenhunt, MAHS Paws4People</i>	Lumina Ballroom		
6:15pm – 7:15pm	Vendor Social	Preconference Space		
7:00pm – 8:30pm	Student Quiz Bowl- ALL Welcome to Support	Lumina Ballroom		
8:30pm- 10:30pm	Young Professionals and Student Social	Turtlewatch		

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Saturday, March 7, 2026				
6:00am	Birding Excursion with Chris and Nancy Groh- meet in lobby and bring binoculars			
7:00am	Registration Open and Fleet Feet Organized Fun Run(meet in lobby)			
8:45am – 9:00am	Welcome and Announcements			
9:00am – 10:00am	Tenjet-Advancing Tendon Treatment for Athletic Recovery Dr. Jeffrey Ham, DO, Atrium Health	Lumina Ballroom	Student Symposium The Difficult People Playbook: Strategies for Athletic Trainers Ashley Thrasher, EdD, LAT, ATC, CSCS, Western Carolina University	
10:00am – 11:00am	Orthobiologics: The Benefits of Blood, Fat, and Fluid Dr. Anthony Martin, MD, CAQSM, FAAFP Atrium Health	Lumina Ballroom	Student Symposium The Importance of Dual Tasking Within Assessment of Sport- and Recreation-Related Concussion Aleiza Higgins, PhD, LAT, ATC, CSCS, BCS Western Carolina University	
11:00am – 11:30am	Break – Visit Vendors/Posters			
11:30am – 12:30pm	"When It All Comes Together"- Denny Kellington, VP, Player Health & Performance, Carolina Panthers			
12:30pm	NCATA Business Meeting and Awards Luncheon- Lumina Ballroom			
2:30pm – 3:30pm	Optimizing Outcomes in Hip Arthroscopy: Implications for Athletic Trainers in the Management of Athletes with Femoroacetabular Impingement Dr. Chad Fortun,MD, MS, FAAOS, Wilmington Health	Lumina Ballroom	Student Symposium Functional Casting and Splinting Shane Faulk, OTC, ROT Essity Health & Hygiene	
3:30pm – 4:30pm	The Difficult People Playbook: Strategies for Athletic Trainers Ashley Thrasher, EdD, LAT, ATC, CSCS, Western Carolina University	Lumina Ballroom		
4:30pm – 4:45pm	Break			

4:45pm – 5:45pm	<i>Novel Approach to Improving Communication in Athletic Training with Improv Techniques</i> <i>Adrian Monte, DareDevil Improv</i>	Lumina Ballroom	Student Symposium Career Panelists	
6:30pm	NCATA Social and Silent Auction-Lumina Ballroom			

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Sunday, March 8, 2026								
9:00am – 10:00am	Using Artificial Intelligence (AI) to Improve Your Clinical Practice <i>James Scifers, DScPT, LAT, ATC, Moravian University</i> <i>Ashley Long, PhD, LAT, ATC, Moravian University</i> <i>Alessa Lennon, PhD, LAT, ATC, Atrium Health</i>		Lab: Concussion and Vestibular Rehab: The Full Picture (20) <i>Amanda Montgomery,PT, Benchmark Physical Therapy</i>				Lecture/Lab: Musculoskeletal Assessment and Manual Therapy Techniques for the Management of Post-Concussive Syndrome (40) <i>Randall Lazicki, PT, DPT, EdD, LAT, ATC, FAAOMPT, Campbell University;</i> <i>Tara Caberwal, PT, DPT, DSc, FAAOMMPT, Campbell University (9:00-10:30am)</i>	
10:00am – 11:00am	<i>Musculoskeletal Institute</i> <i>*Bring your laptop!</i>		Time-Efficient Teaching and Feedback Strategies for Athletic Training Preceptors <i>Jolene Henning, EdD, LAT, ATC</i> <i>High Point University</i> <i>Lindsey Schroeder, EdD, LAT, ATC, CES, UNC Wilmington</i>		Lab: Splinting (20) <i>Shane Faulk, OTC, ROT</i> <i>Essity Health & Hygiene</i>			
11:00am-11:15am	Break							
11:15am – 12:15pm	Lab: Cervicogenic Concussion, Vertigo and Dizziness for the Athletic Trainer (20)		Lab: Incorporating Cognitive Mental Skills and Neurocognitive				Lecture/Lab: No Weak Links: The Foot and Ankle's Role in the Performance Chain (30)	

