



**NYS Association for Health, Physical Education,
Recreation and Dance
Capital Zone**



**October 17, 2022
Business Meeting @ 7:00 pm
In Person**

Welcome and Introductions: Jessica Hull

- ☐ Jess opens the meeting at 7:06pm.
- ☐ Welcome and introductions!
- ☐ Agenda & minutes paper hard copies are available.

In Attendance:

- ☐ Jess H., JoAnn S., Dustin V., Paddy, Mary Anne (ret), Terry G., Sandy M. (ret), Barb W. (ret), Mackenzie A., Charlie G., Bob S., Pete S., 3 student teachers.

Secretary Report: Jennifer Murphy-Fries

- ☐ Jen brought paper copies to look over.
- ☐ Motion to accept the minutes - Pete S.
- ☐ 2nd - Mackenzie A.
- ☐ All in favor - motion passed.

Treasurer Report: Allison Relyea

- ☐ Account balances were sent late but are now available, minutes have been updated to reflect -
Ameritrade as of 9/30: \$17,188.58 Checking Acct. as of 10/13: \$ 4,487.38

President's Report: Jessica Hull

- CTLE hours
- Two new representatives still needed: ***Exercise Science/Sports Med & Technology***
 - ☐ Mackenzie stepping down from Future Professional rep and taking on Technology rep!
 - ☐ Jess explains section rep. requirements, (from website).

- NYS AHPERD [Conference](#) @ Turning Stone - November 16-19th!
- Instagram - Charlie Rizzuto (Rizzuto_education)
 - ☐ Advocating for the Health Education position at State Ed!
 - ☐ Advocacy efforts through Instagram - more organized and loud attempts!
 - ☐ Reach people further than the people on his email listserv!
 - ☐ More videos to come! Phase 1 - try to get more attention!
 - ☐ Pete mentioned - it's a budget decision / must go to elected officials. A political decision, (RE: the positions at State Ed.)
 - ☐ PE State Ed position has been advertised.... Health position not approved...
- Lift project - deadline is tonight! Social / emotional learning! Free resource for NYSAHPERD members.
- "Giving Tuesday" - Social Media Campaign
 - ☐ On behalf of NYSAHPERD / Foundation. Ex: Name, position in the organization, what you are thankful for, with a picture.
 - ☐ Send emails to Kayla! Push emails went out to folks that have positions. Jess will send an email out.
- Barb - Carol Atkins Memorial Scholarship.
 - ☐ Awarded to Scotia-Glenville students.
 - ☐ Collected \$481 at S-G!
 - ☐ Barb got a cashiers check.
 - ☐ Barb will let us know when we have an updated exact amount.
 - ☐ Need to maintain \$7,500 for the scholarship.

Section Reports:

1. Adapted PE & Sport: Jessica Verrigni
 - ☐ YAC Summit this Thurs. 10/20.
 - ☐ Polar Plunge 11/19 - Lake George - you can sign up with a team if you'd like!
 - ☐ Anyone interested in Unified Sports - email Jess V.! Try to get schedules out earlier!

- ☐ Shen also had an article out today about Unified Sports! A National Banner!
- 2. Aquatics: Colleen McHeard
 - ☐ Nothing to report - but check out the conference offerings!
- 3. Coaches: Joelle Sweet
 - ☐ Nothing new to report.
- 4. Council of Administrators: Ashley Chapple
 - ☐ No report.
- 5. Dance: Brandon Herwick
 - ☐ OPENPHYSED.ORD - series of videos, Rhythm, Field trips - school.proctors.org, 12/2 - Nutcracker, Harriet Tubman, American Indian Dance, Winnie the Pooh - again check Proctor's website for dates!
- 6. Equity, Diversity and Inclusiveness: Colleen McHeard
 - ☐ Check out conference offerings!
 - ☐ Bullying presentation this month.
- 7. Elementary PE: Terry Gendron
 - ☐ Terry has a newsletter!
 - ☐ Missouri SHAPE Elementary TOY - check it out!
 - ☐ Susan Tiner - coming to us from Texas, follow her on Twitter! So many great ideas!
 - ☐ OPEN resources - i.e. halloween obstacle course etc!
 - ☐ Terry will send out the link to her newsletter.
 - ☐ PE Central - halloween lesson ideas.
 - ☐ Kids Yoga Story.com
 - ☐ Thanksgiving - Stuff the Turkey! Cute activity!
 - ☐ Terry - Elementary Section President! Rotating through!
 - ☐ Wings through the State - SOAR theme (on NYSAHPERD site) - color and mail them in!
 - ☐ Use the App again for the conference!
- 8. Higher Education/Professional Rep: Peter Stapleton

- ☐ NO report.
- 9. Health: Jill Austin
 - ☐ Jill not feeling well - no formal report.
 - ☐ Wanted feedback from health teachers for sessions.
 - ☐ Similar to a “care to share” format.
- 10. Exercise Science/Sports Med.: **Vacant**
 - ☐ No report.
- 11. Recreation/Leisure/Adventure: Terry Gendron
 - ☐ ActiveForLife.com - cute outdoor scavenger hunts! Encourage people to be outside!
 - ☐ Geocache (czfalls)
 - ☐ ILoveNY app - great things to do this fall!
- 12. Retirees: Sandy Morley
 - ☐ No report.
- 13. Middle School/High School PE: Meghan Reynolds
 - ☐ No report.
- 14. Technology: **Vacant**
 - ☐ No report for tonight!
 - ☐ Mackenzie taking over this position in the future!
- 15. Future Professionals: Mackenzie Akin
 - ☐ Mackenzie sent Jess a google doc. for future professionals.
 - ☐ Session - wear business attire on Thurs. evening at conference
 - ☐ Had their leadership academy at the end of September, (weekend).
 - ☐ 19 students this year!
 - ☐ Paddy Bailey has volunteered to be the new rep for future professionals!

Committee Reports:

- A. High School Student Leadership Awards: Kenneth Danzy, Meghan Reynolds
 - ☐ Meghan still shopping around and pricing out venues.

☐ Will be an in-person event!

B. Elem./MS Leadership Awards: Tamara Bryngelson-Eppard, Colleen McHeard, Jodi Fowler

☐ Letter has been updated - to send out to potential businesses for sponsorship.

☐ If anyone knows a business that would support this - make note! (i.e. Hannaford, realtors, car dealers, garbage services, etc)

☐ Maybe everyone can have a copy of the letter and hand them out to any business they'd like.

☐ \$4,000 to cover the t-shirts!

☐ Letter (a draft copy went around for folks to look at during the meeting)

☐ Maybe do a t-shirt fundraiser to sell on site.

☐ Schools cover the cost of t-shirts (\$10?)

☐ "Proud supporter of a Physical Education Student Leader"?

☐ Have we secured Finlay? (Most likely for 5/8)

☐ Elementary Awards - jobs needed:

☐ Data entry - Receiving the data from central office, organized by school / district, and in order to format the program for the evening, guilderland printing will need info for certificates, what about mistakes / edits, needs to be edited and reprinted that evening on site.

☐ Rink coordinator - by district, by school, by alpha name. (2 person job, day of the event).

C. Awards Committee: JoAnn Sabourin, Current/Past Presidents

☐ No report.

D. Zone Conference: Terry Gendron, Allison Relyea, Elyse Loughlin, Jessica Hull, Barb Wurz, and Tamara Bryngelson-Eppard, JoAnn Sabourin

☐ Russell Sage campus - March 2023

☐ QR Code - google form to present at conference.

☐ Terry will email the QR code.

E. Capital Zone Grants: Allison Relyea, Lonnie Halusic, Sandy Morley,
Brandon Herwick

- ☐ Send eBlast out!
- ☐ Rough draft was sent today.
- ☐ Need to access the link to the google form & update the date.

For the good of the order:

- Sandy -
 - ☐ 2 Capital Zone winners for foundation grants!
 - ☐ People in the process of getting notified now.
 - ☐ Colleen & Frank!
 - ☐ Question - no longer have a newsletter.
 - ☐ Monthly email blast out to our members? Great stuff for folks that come to the meetings... but how can we connect with our other members?
 - ☐ What about a President's letter?
 - ☐ The eBlast would go through central office - reasonable timeline - not overwhelming everyone with emails. Maybe once a month? Keep it simple!
 - ☐ Lisa Corbet - sends something out every Tuesday.
 - ☐ What's the most effective way to reach the most members?
 - ☐ Perhaps use Twitter?
 - ☐ Good discussion!
 - ☐ Joint social at the Conference? - TBD
- Motion to adjourn - Pete S.
- 2nd - Jen M.
- All in favor - yes, motion passes.
- Meeting adjourns, 9:00pm.

IMPORTANT DATES:

November - No meeting. State Conference Nov 16-19

December 12 - Business Meeting

January 9 - Business Meeting

February 6 - Business Meeting

March 6 - Business Meeting

March 9 - Capital Zone Conference

April 3 - Business Meeting

April or May Date TBD - Secondary Leadership Awards

May 1 - Business Meeting

May 8 - Elementary Leadership Awards

June 5 - Business Meeting

If you are a Section or Committee Head and cannot attend the monthly meeting please submit your report or send a proxy in your place. Please notify Jess Hull, who will be your proxy for the meeting.