



**NYS Association for Health, Physical Education,
Recreation and Dance
Capital Zone**



**October 17, 2022
Business Meeting @ 7:00 pm
In Person**

Welcome and Introductions: Jessica Hull

- Jess opens the meeting at 7:06pm.
- Welcome and introductions!
- Agenda & minutes paper hard copies are available.

In Attendance:

- Jess H., JoAnn S., Dustin V., Paddy, Mary Anne (ret), Terry G., Sandy M. (ret), Barb W. (ret), Mackenzie A., Charlie G., Bob S., Pete S., 3 student teachers.

Secretary Report: Jennifer Murphy-Fries

- Jen brought paper copies to look over.
- Motion to accept the minutes - Pete S.
- 2nd - Mackenzie A.
- All in favor - motion passed.

Treasurer Report: Allison Relyea

- Account balances were sent late but are now available, minutes have been updated to reflect -
Ameritrade as of 9/30: \$17,188.58 Checking Acct. as of 10/13:\$ 4,487.38

President's Report: Jessica Hull

- CTLE hours
- Two new representatives still needed: **Exercise Science/Sports Med & Technology**

- Mackenzie stepping down from Future Professional rep and taking on Technology rep!
- Jess explains section rep. requirements, (from website).

- NYS AHPERD [Conference](#) @ Turning Stone - November 16-19th!
- Instagram - Charlie Rizzuto (Rizzuto_education)
 - Advocating for the Health Education position at State Ed!
 - Advocacy efforts through Instagram - more organized and loud attempts!
 - Reach people further than the people on his email listserv!
 - More videos to come! Phase 1 - try to get more attention!
 - Pete mentioned - it's a budget decision / must go to elected officials. A political decision, (RE: the positions at State Ed.)
 - PE State Ed position has been advertised.... Health position not approved...
- Lift project - deadline is tonight! Social / emotional learning! Free resource for NYSAHPERD members.
- “Giving Tuesday” - Social Media Campaign
 - On behalf of NYSAHPERD / Foundation. Ex: Name, position in the organization, what you are thankful for, with a picture.
 - Send emails to Kayla! Push emails went out to folks that have positions. Jess will send an email out.
- Barb - Carol Atkins Memorial Scholarship.
 - Awarded to Scotia-Glenville students.
 - Collected \$481 at S-G!
 - Barb got a cashiers check.
 - Barb will let us know when we have an updated exact amount.
 - Need to maintain \$7,500 for the scholarship.

Section Reports:

1. Adapted PE & Sport: Jessica Verrigni
 - YAC Summit this Thurs. 10/20.
 - Polar Plunge 11/19 - Lake George - you can sign up with a team if you'd like!
 - Anyone interested in Unified Sports - email Jess V.! Try to get schedules out earlier!

- Shen also had an article out today about Unified Sports! A National Banner!
- 2. Aquatics: Colleen McHeard
 - Nothing to report - but check out the conference offerings!
- 3. Coaches: Joelle Sweet
 - Nothing new to report.
- 4. Council of Administrators: Ashley Chapple
 - No report.
- 5. Dance: Brandon Herwick
 - OPENPHYSED.ORD - series of videos, Rhythm, Field trips - school.proctors.org, 12/2 - Nutcracker, Harriet Tubman, American Indian Dance, Winnie the Pooh - again check Proctor's website for dates!
- 6. Equity, Diversity and Inclusiveness: Colleen McHeard
 - Check out conference offerings!
 - Bullying presentation this month.
- 7. Elementary PE: Terry Gendron
 - Terry has a newsletter!
 - Missouri SHAPE Elementary TOY - check it out!
 - Susan Tiner - coming to us from Texas, follow her on Twitter! So many great ideas!
 - OPEN resources - i.e. halloween obstacle course etc!
 - Terry will send out the link to her newsletter.
 - PE Central - halloween lesson ideas.
 - Kids Yoga Story.com
 - Thanksgiving - Stuff the Turkey! Cute activity!
 - Terry - Elementary Section President! Rotating through!
 - Wings through the State - SOAR theme (on NYSAHPERD site) - color and mail them in!
 - Use the App again for the conference!
- 8. Higher Education/Professional Rep: Peter Stapleton

- NO report.
- 9. Health: Jill Austin
 - Jill not feeling well - no formal report.
 - Wanted feedback from health teachers for sessions.
 - Similar to a “care to share” format.
- 10. Exercise Science/Sports Med.: **Vacant**
 - No report.
- 11. Recreation/Leisure/Adventure: Terry Gendron
 - ActiveForLife.com - cute outdoor scavenger hunts! Encourage people to be outside!
 - Geocache (czfalls)
 - ILoveNY app - great things to do this fall!
- 12. Retirees: Sandy Morley
 - No report.
- 13. Middle School/High School PE: Meghan Reynolds
 - No report.
- 14. Technology: **Vacant**
 - No report for tonight!
 - Mackenzie taking over this position in the future!
- 15. Future Professionals: Mackenzie Akin
 - Mackenzie sent Jess a google doc. for future professionals.
 - Session - wear business attire on Thurs. evening at conference
 - Had their leadership academy at the end of September, (weekend).
 - 19 students this year!
 - Paddy Bailey has volunteered to be the new rep for future professionals!

Committee Reports:

- A. High School Student Leadership Awards: Kenneth Danzy, Meghan Reynolds
 - Meghan still shopping around and pricing out venues.

Will be an in-person event!

B. Elem./MS Leadership Awards: Tamara Bryngelson-Eppard, Colleen McHeard, Jodi Fowler

- Letter has been updated - to send out to potential businesses for sponsorship.
- If anyone knows a business that would support this - make note! (i.e. Hannaford, realtors, car dealers, garbage services, etc)
- Maybe everyone can have a copy of the letter and hand them out to any business they'd like.
- \$4,000 to cover the t-shirts!
- Letter (a draft copy went around for folks to look at during the meeting)
- Maybe do a t-shirt fundraiser to sell on site.
- Schools cover the cost of t-shirts (\$10?)
- "Proud supporter of a Physical Education Student Leader"?
- Have we secured Finlay? (Most likely for 5/8)
- Elementary Awards - jobs needed:
 - Data entry - Receiving the data from central office, organized by school / district, and in order to format the program for the evening, guilderland printing will need info for certificates, what about mistakes / edits, needs to be edited and reprinted that evening on site.
 - Rink coordinator - by district, by school, by alpha name. (2 person job, day of the event).

C. Awards Committee: JoAnn Sabourin, Current/Past Presidents

- No report.

D. Zone Conference: Terry Gendron, Allison Relyea, Elyse Loughlin, Jessica Hull, Barb Wurz, and Tamara Bryngelson-Eppard, JoAnn Sabourin

- Russell Sage campus - March 2023
- QR Code - google form to present at conference.
- Terry will email the QR code.

E. Capital Zone Grants: Allison Relyea, Lonnie Halusic, Sandy Morley,

Brandon Herwick

- Send eBlast out!
- Rough draft was sent today.
- Need to access the link to the google form & update the date.

For the good of the order:

- Sandy -

- 2 Capital Zone winners for foundation grants!
- People in the process of getting notified now.
- Colleen & Frank!
- Question - no longer have a newsletter.
- Monthly email blast out to our members? Great stuff for folks that come to the meetings... but how can we connect with our other members?
- What about a President's letter?
- The eBlast would go through central office - reasonable timeline - not overwhelming everyone with emails. Maybe once a month? Keep it simple!
- Lisa Corbet - sends something out every Tuesday.
- What's the most effective way to reach the most members?
- Perhaps use Twitter?
- Good discussion!
- Joint social at the Conference? - TBD

- Motion to adjourn - Pete S.
- 2nd - Jen M.
- All in favor - yes, motion passes.
- Meeting adjourns, 9:00pm.

IMPORTANT DATES:

November - No meeting. State Conference Nov 16-19

December 12 - Business Meeting

January 9 - Business Meeting

February 6 - Business Meeting

March 6 - Business Meeting

March 9 - Capital Zone Conference

April 3 - Business Meeting

April or May Date TBD - Secondary Leadership Awards

May 1 - Business Meeting

May 8 - Elementary Leadership Awards

June 5 - Business Meeting

If you are a Section or Committee Head and cannot attend the monthly meeting please submit your report or send a proxy in your place. Please notify Jess Hull, who will be your proxy for the meeting.