

## **Courses, training & workshops – Parents and Carers**

Workshop Description	Dates	Times	Who is this for?	How to book
Understanding Dyslexia	Thursday 13 <sup>th</sup> March 2025	10:00am- 11:30am	Parents and Carers	Click here
PDA, ODD and ADHD	Friday 14 <sup>th</sup> March 2025	10:00am- 12:00pm	Parents and Carers	Click here
Navigating the SEND World	Monday 17 <sup>th</sup> March 2025	18:30pm- 20:30pm	Parents and Carers	Click here
Anxiety and SEND	Tuesday 18 <sup>th</sup> March 2025	10:00am- 12:00pm	Parents and Carers	Click here
Youth Mental Health First Aid Training (2 days) Location: Holwell Primary School, WGC	Tuesday 18 <sup>th</sup> March & Wednesday 19 <sup>th</sup> March 2025 (Attend both sessions)	9:30am-4: 00pm	Anyone who teaches, works, lives with or cares for 8-18 year olds	Click here

Ctarting Chass 2 Week Carries	Thursday	10,00am	Daranta and	Cliek hare
Starting Space 2 Week Course	Thursday	10:00am-	Parents and	<u>Click here</u>
Location: Maltings Business	20th & 27rd	12:00pm	Carers	
Centre	March 2025			
Understanding Tics and	Friday 21st	10:00am-	Parents and	<u>Click here</u>
Tourette's	March 2025	11:30am	Carers	
Sleep Workshop	Monday 24 <sup>th</sup>	19:00pm-	Parents and	<u>Click here</u>
	March 2025	21:00pm	Carers	
Understanding and Supporting	Tuesday 25 <sup>th</sup>	10:00am-	Parents and	Click here
Executive Functioning	March 2025	11:30am	Carers	
EHCP: Submission to	Thursday	19:00pm-	Parents and	Click here
Finalisation	27 <sup>th</sup> March	21:00pm	Carers	
	2025			
Information Event for Parents	Thursday	9:30am-1	Parents and	
and Carers	27 <sup>th</sup> March	5:00pm	Carers	Click here
Topics include: Social Media	2025	Стобрии		<u>Short Horo</u>
and Sleep, OCD, EBSA etc	2020			
Understanding Dual Diagnosis:	Friday 28 <sup>th</sup>	10:00am-	Parents and	Click here
Autism and ADHD	March 2025	12:00pm	Carers	<u>Olicit Here</u>
Handling Anger of Children with	Tuesday	12:30pm-	Parents and	Email Francine and Lesley on
Autism and ADHD	22 <sup>nd</sup> & 29 <sup>th</sup>	14:00pm	Carers	bookings@familiesinfocus.co.uk
Autisiii aliu Abi ib	April and 6 <sup>th</sup> ,	14.00pm	Carers	bookii igs@iaiTiiliesii ilocus.co.uk
	13 <sup>th</sup> and 20 <sup>th</sup>			
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Handling Anger of Children with	Tuesday	9:30am-1	Parents and	Email Francine and Lesley on
Autism and ADHD	22 <sup>nd</sup> & 29 <sup>th</sup>	1:30am	Carers	bookings@familiesinfocus.co.uk
	April and 6 <sup>th</sup> ,			
	13 <sup>th</sup> and 20 <sup>th</sup>			
	May 2025		_	
Complete guide to parenting	Wednesday	9:30am-1	Parents of	Email Francine and Lesley on
children with Autism and ADHD	23 & 30 <sup>th</sup>	1:30am	children aged	bookings@familiesinfocus.co.uk
	April, 7 <sup>th</sup> , 14 <sup>th</sup>		2-11	
	and 21st	Or		
	May, 4 <sup>th</sup> , 11 <sup>th</sup> ,			
	18 <sup>th</sup> , 25 <sup>th</sup>	6:30pm-8:		
	June	30pm		