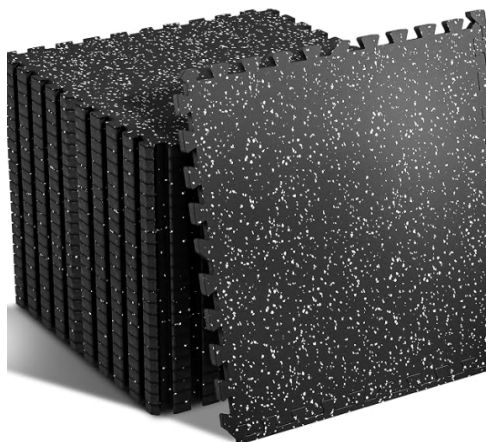


Home Gym Equipment Recommendations



Full Gym Under \$2500

1. Mats



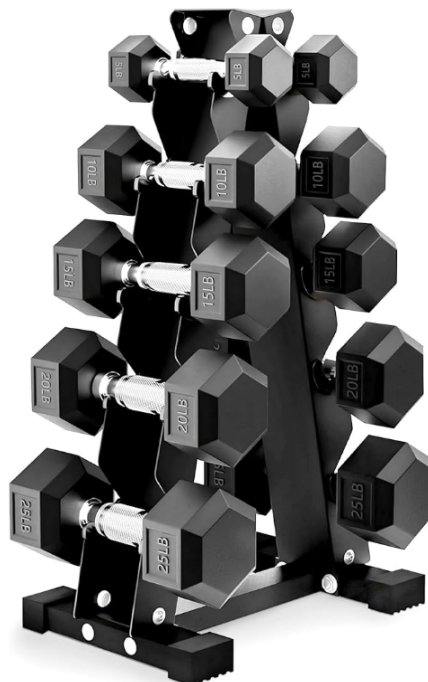
<https://amzn.to/3RgaHSH>

2. Power Rack w/bench, barbell, cable setup, weight plates, and attachments all in one.



<https://amzn.to/44NPAu1>

3. Light Dumbbell Set



<https://amzn.to/3QUET5B>

\$50 Budget

1. Yoga Mat



<https://amzn.to/4axaRLY>

2. Bands (with handles: very important)



<https://amzn.to/4ay6uAk>