

## Post Restorative Mindset Survey Reflection Questions

Did you select “*I almost always have this mindset.*” or “*I often have this mindset.*” for any of the prompts? If so, please pick one and elaborate upon how you typically employ this mindset in your daily practice.

Did you select “*I sometimes, rarely, or almost never have this mindset*” for any of the prompts? If so, please pick one and elaborate upon how you might begin to shift your thinking in this area.

How would you describe your overall mindset as it relates to your responses in this survey?