Important Information about Rozzie Rides

We're sharing the route and attempting to keep the group together, but you're choosing to ride, and thus are responsible for your own safety. All of these routes include riding on city streets as well as off-road surfaces, with all the normal risks of doing so. To ride with us, you must complete the release form: https://tinyurl.com/RozzieBikes-Release-Form-2026

Your bike should be ready to ride

You are responsible for any issues with your bike. Someone may be available to help, but don't count on it. So please be sure your bike is functioning and ready to ride: tires pumped, brakes and gears work, etc. We have 4 great bike shops in the area if you need help:

- 4130 Byke Shop (Roslindale) https://www.4130bykes.com/
- Adi's Bike World (West Roxbury) https://www.adisbikeworld.net/
- Ferris Wheels (JP) https://ferriswheelsbikeshop.com/
- Bikes Not Bombs (JP) https://bikesnotbombs.org/bike-shop

Be familiar with the Human Arrowing Procedure

When the group is larger than, say, a half dozen, we will use the Human Arrowing procedure to make sure that everyone is able to follow the route. It works like this:

One person is designated to be the "**Sweep**". If you are the Sweep, it's your job to always ride with the last rider. You should have a cell phone and exchange numbers with the ride leader. It's a plus if you are able to handle minor mechanical issues, but NOT a requirement.

> When you're the Sweep and approach a Human Arrow who is marking a turn, it's helpful to remind them that you're the sweep, and that they can continue on the route.

At each turn, if the ride leader doesn't see the sweep, theyl'll ask a person behind them to stay at the intersection and be a **Human Arrow**. They will point the way for others, AND STAY THERE UNTIL THE SWEEP ARRIVES. Sometimes this can be several minutes, if, for example, some of the group are caught at a long light or someone has a mechanical issue. But by waiting for the sweep, we ensure that nobody will go off course.

> As a Human Arrow, you should stop safely, but within view of riders who are approaching the turn. It's helpful to point your bike in the direction of the turn.
>
> As a Human Arrow, you need to know who the Sweep is! This will be announced before we start.
>
> It's ok if you don't want to be a Human Arrow – but if you're reluctant, don't ride immediately behind the ride leader!

The Routes - Wel'll often share the route we plan to ride in advance with the announcement. It will be a link to **Ride With GPS**, a web page and phone app that works well for this purpose. If you have the paid version of the app, you can use it to get turn-by-turn directions. If you use the free version of the app, you can at least see the route in advance and be able to ride it alone another time. *Note that if you're a paid member of the Parkway Cycling Club, you can get turn-by-turn directions even without a membership*. See https://www.parkwaycycleclub.org/ for details!

4/5/2026