

SECOND TERM SCHEME OF LEARNING, 2023

SUBJECT: PHYSICAL HEALTH EDUCATION -BASIC 8

WEEK	WEEK ENDING	STRAND	SUB STRAND	CONTENT STANDARD	INDICATORS	RESOURCES
1	07-04-2023	DISCUSSION OF LAST TERM EXAMINATION QUESTIONS (REVISION)				
2	14-04-2023	Physical Activity Education	Physical Fitness	B8.2.2.3	B8.2.2.3.1	Power Point Presentation, Word chart, Poster, Pictures.
3	21-04-2023	Physical Activity Education	Physical Fitness	B8.2.2.3	B8.2.2.3.1	Power Point Presentation, Word chart, Poster, Pictures.
4	28-04-2023	Physical Activity Education	Physical Fitness	B8.2.2.3	B8.2.2.3.1	Power Point Presentation, Word chart, Poster, Pictures.
5	05-05-2023	Physical Activity Education	Organized Sports Participation	B8.2.3.1	B8.2.3.1.1	Ball, skipping role, Poster, Pictures, Video showing ball and racket physical activities.
6	12-05-2023	Physical Activity Education	Organized Sports Participation	B8.2.3.1	B8.2.3.1.2	Ball, skipping role, Poster, Pictures, Video showing ball and racket physical activities.
7	19-05-2023	Physical Activity Education	Organized Sports Participation	B8.2.3.1	B8.2.3.1.2	Ball, skipping role, Poster, Pictures, Video showing ball and racket physical activities.
8	26-05-2023	Physical Activity Education	Organized Sports Participation	B8.2.3.1	B8.2.3.1.3	Ball, skipping role, Poster, Pictures, Video showing ball and racket physical activities.
9	02-06-2023	Physical Activity Education	Organized Sports Participation	B8.2.3.1	B8.2.3.1.3	Ball, skipping role, Poster, Pictures, Video showing ball and racket physical activities.
10	09-06-2023	REVISION				
11	16-06-2023	EXAMINATION				

