Lopatcong Middle School
Mental Health Resource Map

Intervention/ Service Provider	Service Overview	Tier	Student Criteria	Notes
Internal Resources				
P.R.I.D.E Positive Behavioral Interventions and Supports (PBIS) School wide expectations	Positive Behavioral Interventions and Supports (PBIS) is a proactive approach schools use to create a safe, positive, and supportive learning environment for all students. Instead of reacting to misbehavior, PBIS focuses on **teaching and encouraging positive behavior**, like showing perseverance, respect, being in-control of one's own learning and behavior, dependability, and effort.	Tier 1	Positive Behavioral Interventions and Supports (PBIS) is a school-wide approach designed to support every student, not just those with behavior challenges. It creates a consistent and inclusive environment where all students are taught clear expectations, encouraged for positive behavior, and supported in their social, emotional, and academic growth.	Anyone at the school can distribute P.R.I.D.E. tickets to students showing one of the character traits. Tickets can be redeemed for rewards and prizes with a minimum 2 tickets to a maximum of 30. Additional reward and prizes can be awarded to students who spell out P.R.I.D.E. and have earned one ticket for each trait. Some rewards require spelling P.R.I.D.E. more than 1 time. Material prizes have been purchased through the school, donated from community members, and donated from local, state, and neighboring stores and facilities (i.e., NY Giants)

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Threat Assessment Team	Identifies, evaluates, and addresses potential threats of violence and harm within a school.	Tier 1	Threats of harm or violent acts to self and/or others	Staff, students, and parents can report acts of harm or violence to a school administrator. They can also anonymously report it through the app *Stopit.* The team gathers information, analyzes concerning behaviors, and creates safety plans to intervene and prevent harmful incidents, often involving a multidisciplinary approach with staff from various departments like administration, counseling, and law enforcement when necessary.
Social Emotional Learning Instruction	SEL (Social and Emotional Learning) lessons in schools teach students crucial life skills like self-awareness, self-management, social awareness, relationship skills, and responsible decision-making.	Tier 1	In schools, SEL is taught through lessons, activities, and everyday interactions to help students grow both emotionally and socially. All students have access to SEL, because it's an essential part of learning and success—not just in school, but in life.	Lopatcong Middle School utilizes a custom built SEL curriculum developed by a member of the Comprehensive School Mental Health Team. Lessons are delivered 2x a month by all classroom teachers.
Universal Screener	SEL (Social and Emotional Learning) Universal Screener to assess school climate and culture among students	Tier 1	All students granted parental permission will participate in a school-wide universal screener	Data from the screener will be reviewed by the school counselor, administration, and the Comprehensive School Mental Health Team. The results will be used to develop Tier 2 services (small groups), and Tier 3 services (individual

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				counseling provided by the counselor or agency through NJ4S).
Check-In/Check-Out (CICO)	Check-In/Check-Out (CICO) is a simple and supportive school program designed to help students stay on track with behavior and academic goals. Each day, students check in with a trusted adult in the morning to set goals and start the day on a positive note. Throughout the day, teachers provide quick feedback on how the student is doing, and then the student checks out in the afternoon to reflect on their progress and celebrate successes.	Tier 2	School Counselor or other designated adult	This program operates on a referral basis and requires specific criteria for entry. Students will be phased out of the program once they consistently earn 80% of their points for 4 to 6 weeks in a row. At the end of each week that students meet this goal, they will receive a reward.
Social Skills Group	A school social skills group is a small group of students who meet regularly with the school counselor or school	Tier 2	School Counselor/School Social Worker Resources through NJ4S	

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	social workers to specifically practice and learn essential social interaction skills, like conversation, cooperation, managing emotions, and understanding others' perspectives, to improve their ability to build relationships and navigate social situations within the school environment.			
Group Counseling	A school group counseling session is where a school counselor or school social worker facilitates a group of students with similar concerns or needs to discuss and work through issues related to their academic, social, or emotional	Tier 2	School Counselor/School Social Worker Resources through NJ4S	

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	development, allowing them to share experiences, learn coping strategies, and build support from their peers within a structured setting at school.			
Individual School Counseling	Help students identify and resolve problems. It also provides short-term counseling to help students develop social skills, cope with loss, build rapport with peers, and develop healthy peer relationships.	Tier 3	Students can be referred to a school counselor by teachers, administrators, or parents. They also have the option to refer themselves—or even refer a friend—if they believe someone could benefit from support.	Referrals are made either: A) Directly to the counselor from one of the entities (students, staff, parent, administration) B) A counselor referral via a Google Form is completed by either the teacher, student, or parent
Individual Student Self-Harm Assessments	Provide immediate interventions to students in crisis (harm to themselves), and work with families to	Tier 3	A staff member, parent, or student will immediately report to the school counselor any information received regarding a student who may be a threat to	This is based on immediate referral to the school counselor or other building employee or community member. If the counselor believes that the student is in crisis and needs immediate interventions, the

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	secure outside services.		themselves. The school counselor will utilize the Columbia Suicide Scale to determine if an outside mental health evaluation is necessary. The parent/guardian of the child will be contacted regardless of the Columbia Suicide Scale results.	parents will be instructed to bring their child to the closest emergency room and to contact their outside therapists if services are already being received. The school counselor will work with the parent and student to ensure a smooth transition back to school once the child can return.
External Resources				
Center for Assessment and Treatment Hackettstown Psychological Services	Our school will request a threat assessment anytime a student makes a serious threat to hurt someone—whether they say it, write it, or show it through their actions. This also includes situations where a student shows warning signs like sudden mood changes, becoming very withdrawn, talking a lot about violence, or having	Tier 3	These agencies are contracted with the school district to provide outside threat assessments to referred students.	Information regarding the needs of the school will be communicated to the agency from the counselor and administration.

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	access to weapons, even if the threat isn't clear or direct.			
NJ4S	Our school will utilize NJ4S for students in need of individualized counseling programs who cannot secure services on their own	Tier 3	NJ4S is a statewide agency that contracts with schools to provide Tier 1, Tier 2, and Tier 3 services to students and families.	The counselor serves on the advisory committee and is responsible for the application process for all students