

Hot Shots FAQs

Where does my child play?

All sessions are at the Miller School (1 Mitchell Way, Westford, MA 01886).

When does my child play?

The boys' league plays on Saturday mornings between 8:30am and 12:00pm.

The girls' league plays on Sunday afternoons between 1:00pm and 4:00pm.

Your child's specific time each week will be based on the team they are assigned.

What size basketball does my player need?

We recommend a size 5 (27.5") ball. Small hands learn and work better with the smaller size. However, it is not mandatory; it is simply a suggestion.

What does my player wear to play?

- Sneakers are the top priority. They don't need to be basketball-specific shoes, but they need to be closed-toe, rubber-soled shoes made for running around the court.
- Shorts or sweatpants. Anything that allows them to move freely.
- WYBA issued t-shirt. Your child will be assigned to a team and will receive a same color t-shirt (the second week) as the rest of their teammates. The first week, any shirt will do!

Does my player need to bring anything else?

Bring a water bottle (labeled with their name). It is also a good idea to write your child's name on the basketball so that it doesn't get lost or walk away, since so many look alike.

What is the structure of Hot Shots Basketball?

- The first session will be an assortment of skills and drills for us to assess the abilities of the players. We do this so that we can attempt to make talent-even teams for the remainder of the season.
- Subsequent sessions will be skills and drills for the first 20-30 minutes, followed by cross-court game play.
- The final session will be a round-robin style game play for the entire hour.

How can I help?

Like every division in Westford Youth Basketball, Hot Shots is run entirely by volunteers! If you are interested in helping this become the best program it can be, please reach out to our President, Kristin Hort at kristin.denner@gmail.com. She will help direct you to the appropriate Division Director.