

Key: Health and Wellbeing, Relationships, Living in the Wider World

| Year group | Autumn 1                                                                                                                                                                                | Autumn 2                                                                                                                                                                                     | Spring 1                                                                                                                                                | Spring 2                                                                                                                                             | Summer 1                                                                                                                                                                               | Summer 2                                                                                                                                                                       |
|------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 7          | <ul style="list-style-type: none"> <li>• Transition/CHANGE</li> <li>• Personal Safety in/out of school</li> <li>• First Aid</li> <li>• Healthy routines</li> </ul>                      | <ul style="list-style-type: none"> <li>• Careers/Unifrog</li> <li>• Teamwork and Enterprise skills</li> <li>• Aspiration</li> <li>• G Suite support</li> </ul>                               | <ul style="list-style-type: none"> <li>• Diversity and prejudice, bullying</li> <li>• Friendships and boundaries(start consent) incl. online</li> </ul> | <ul style="list-style-type: none"> <li>• Influences on health</li> <li>• Unwanted contact (consent)</li> </ul>                                       | <ul style="list-style-type: none"> <li>• Self worth</li> <li>• Romance</li> </ul>                                                                                                      | <ul style="list-style-type: none"> <li>• Online safety</li> <li>• Digital literacy</li> <li>• Media reliability</li> <li>• Gambling hooks</li> <li>• Target setting</li> </ul> |
| 8          | <ul style="list-style-type: none"> <li>• Alcohol and drug misuse</li> <li>• Pressures re: drug use</li> <li>• Vaping</li> </ul>                                                         | <ul style="list-style-type: none"> <li>• Equality of opportunity in careers/life choices</li> <li>• Different types of work</li> <li>• Different work patterns</li> <li>• Unifrog</li> </ul> | <ul style="list-style-type: none"> <li>• Discrimination s: racism, religious, disability, sexism, homophobia, biphobia, transphobia</li> </ul>          | <ul style="list-style-type: none"> <li>• Mental health and emotional wellbeing</li> <li>• Body image and coping strategies</li> <li>• FGM</li> </ul> | <ul style="list-style-type: none"> <li>• Gender identity</li> <li>• Sexual orientation</li> <li>• Consent</li> <li>• Sexting</li> <li>• Intro to contraception</li> </ul>              | <ul style="list-style-type: none"> <li>• Saving, borrowing,</li> <li>• Budgeting</li> <li>• Financial choices</li> </ul>                                                       |
| 9          | <ul style="list-style-type: none"> <li>• Healthy and unhealthy relationships</li> <li>• Assertiveness</li> <li>• Substance misuse (incl vaping)</li> <li>• Gang exploitation</li> </ul> | <ul style="list-style-type: none"> <li>• Learning strengths</li> <li>• Career options - Options</li> <li>• Goal setting</li> </ul>                                                           | <ul style="list-style-type: none"> <li>• Families and parenting</li> <li>• Conflict resolution</li> <li>• Relationship changes</li> </ul>               | <ul style="list-style-type: none"> <li>• Diet, exercise</li> <li>• Lifestyle and healthy choices</li> <li>• First aid</li> </ul>                     | <ul style="list-style-type: none"> <li>• Relationships and sex ed</li> <li>• Consent</li> <li>• Contraception</li> <li>• Risks of STI's</li> <li>• Attitudes to pornography</li> </ul> | <ul style="list-style-type: none"> <li>• Employability and online presence</li> <li>• Work experience Unifrog</li> </ul>                                                       |

| Year group | Autumn 1                                                         | Autumn 2                                                                                         | Spring 1                                                              | Spring 2                                                                 | Summer 1                                                             | Summer 2                                                       |
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| 10         | Friday 12th<br>September<br>The challenge of<br>being a teenager | Friday 14th<br>November<br>Mental Health,<br>emotional<br>wellbeing, its signs<br>& support      | Friday 9th<br>January<br>Challenging<br>mental health in<br>the media | Friday 27th<br>February<br>Influence and<br>impact of drugs<br>and gangs | Friday 24th April<br>Impact & influence<br>of role models &<br>Media | Friday 12th June<br>Challenging all<br>aspects of<br>extremism |
|            | Thursday 25th<br>September<br>Financial decisions                | Thursday 27th<br>November<br>Debt & gambling.<br>Impact on<br>advertising<br>financial decisions | Thursday 22nd<br>January<br>Work experience<br>preparation            | Thursday 12th<br>March<br>Preparation for<br>work experience             | Thursday 7th<br>May<br>Work experience<br>visitor                    | Thursday 25th<br>June<br>Readiness for<br>work                 |
|            | Friday 24th<br>October<br>Relationships &<br>Sex expectations    | Monday 8th<br>December<br>Pleasure &<br>challenges linking<br>to sex and<br>relationships        | Monday 2nd<br>February<br>Impact of media &<br>pornography            | Monday 23rd<br>March<br>Belonging to the<br>community                    | Friday 18th May<br>Community<br>cohesion                             | Monday 6th July<br>Evaluating work<br>experience               |

| Year group | Autumn 1                                                                                                                                                                                                                                                 | Autumn 2                                                                                                                                                                                                  | Spring 1                                                                                                                                                                                                                              | Spring 2                                                                                                                                                         | Summer 1                                                                        | Summer 2                                                                        |
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| 11         | <p>Wednesday 10th September<br/>Intro to Yr11 and careers</p> <p>Wednesday 24th September<br/>RSFC and Hopwood Hall</p> <p>Wednesday 8th October<br/>OSFC, Oldham College and Bury College</p> <p>Tuesday 14th October<br/>Revision sessions speaker</p> | <p>Friday 14th November<br/>Assertive communications and contraception</p> <p>Friday 28th November<br/>Relationship challenges</p> <p>Friday 12th December<br/>Families and parental responsibilities</p> | <p>Tuesday 6th January<br/>Introduction to the agency drive and revision skills</p> <p>Tuesday 20th January<br/>Future opportunities and use of unifrog</p> <p>Tuesday 3rd February<br/>Stress management and Yr11 coaching offer</p> | <p>Wednesday 25th February<br/>Responsible choices and health</p> <p>Tuesday 10th March<br/>Safety</p> <p>Friday 27th March<br/>Exam support and preparation</p> | <ul style="list-style-type: none"> <li>• Revision in core exam areas</li> </ul> | <ul style="list-style-type: none"> <li>• Revision in core exam areas</li> </ul> |