

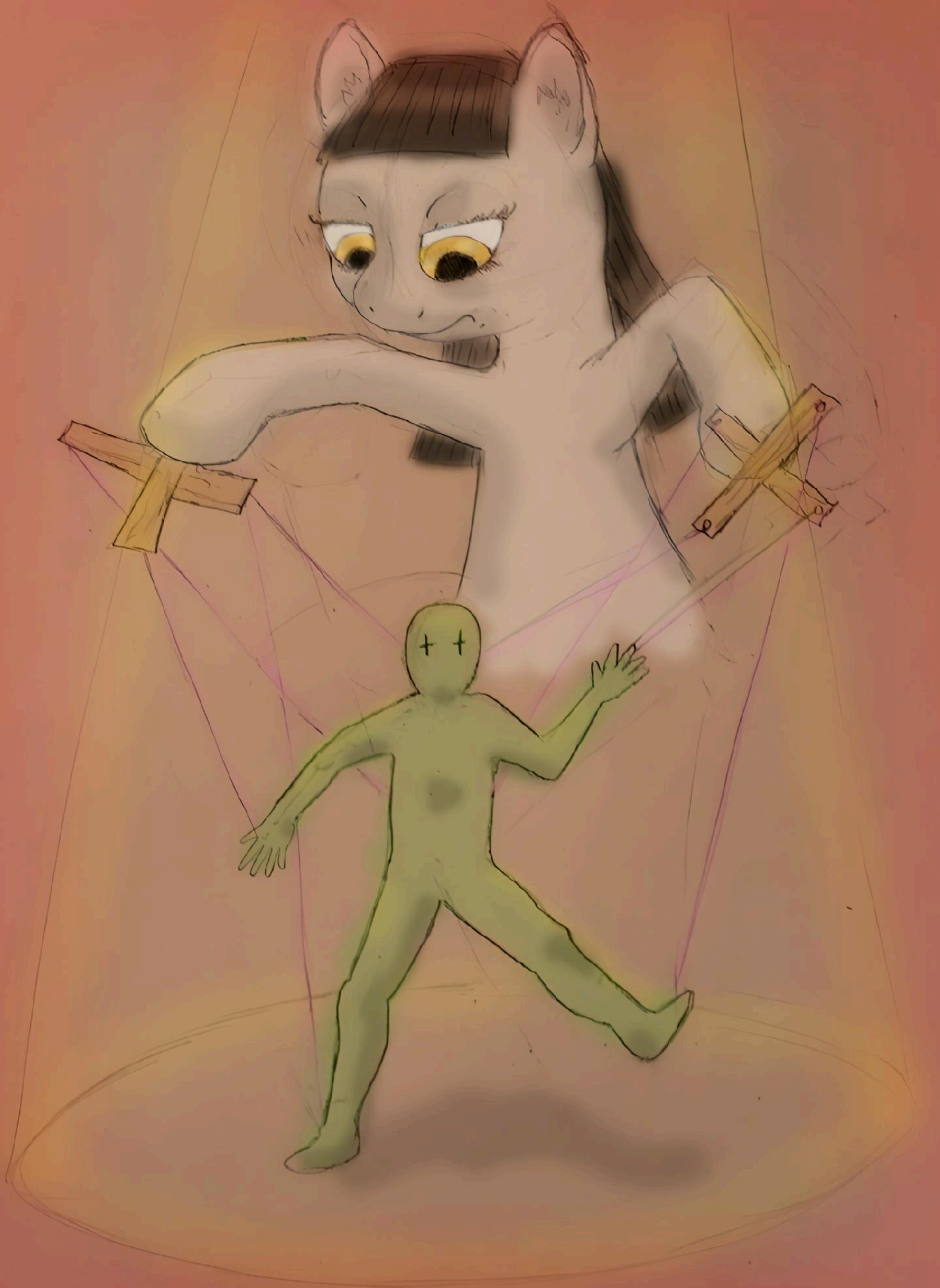


Table of Contents

[Introduction](#)

[August, 2012](#)

[So It Beings](#)

[Day 4 in Tulpaforcing](#)

[The Evils of Doubt](#)

[Day 5](#)

[Day 6](#)

[Day 7](#)

[Day 8](#)

[Day 9](#)

[Day 10 - Missing?](#)

[September, 2012](#)

[Day 11 - Oguigi is back](#)

[Day 12 - Oguigi more vocal](#)

[Day 13](#)

[Day 14](#)

[Day 15](#)

[Day 16](#)

[Day 17](#)

[Day 18](#)

[Day 19 - Emotional responses?](#)

[Day 20 - The next Teir of Tulpaforcing](#)

[Day 21 - Real imposing training begins](#)

[Day 22 - Never Easy](#)

[Day 23 - The New Normal](#)

[Day 24 - The Real emotional response](#)

[Day 25 - The full possession experiment](#)

[Day 26 - Tulpaforcing second Nature.](#)

[Day 27 - Imposing is Hard](#)

[Day 28 - Reading "The Law and the Promise"](#)

[Day 29](#)

[Day 30](#)

[Day 31 - Imposing Update: Spatial awareness.](#)

[Day 32 - One month later](#)

[day 33](#)

[Day 34 - normal days](#)

[Day 35 - Seeds of communcation](#)

[Day 36 - Possession update: Intermediate body control](#)

[Day 37 - Oguigi has Plans](#)

[Day 38 - novelty gaming](#)

[Day 39](#)

[October, 2012](#)

[Day 40 - seeds of independence](#)

[Day 41 - Possession Update & The Walk cycle](#)

[Day 42 - Possession update: The Drawing & The Jog](#)
[Bonus: -Married-](#)
[Day 43 - Possession update: Voice signature](#)
[Day 44 - Advance body control: Voice fluently, prolonged possession](#)
[Day 45 - Break and possession endurance, seeds of switch](#)
[Day 46 - switch attempt & benchmark](#)
[Day 47 - Interview, dreams and new routines](#)
[Bonus: \(confession\) Dullness of possession and the fear of the inevitable switching.](#)
[Day 48 - possession polished & seeds of first contact](#)
[Day 49 - Oguigi Handwriting & Questions are Asked](#)
[Day 50 - Oguigi Confession, The seeds germinates.](#)
[Day 51 - some possession experiments](#)
[Day 52 - Different views & fast pace gaming](#)
[2nd Video account, of Tulpa To host communication, Me and Oguigi chat.](#)
[Day 53 - Full Body Control, Possession Ends. The True Imposing begins](#)
[Question on 10/15/2012](#)
[Day 54 - Imposing: Hearing the first Goal.](#)
[Day 55](#)
[Day 56 - possessed sleeper](#)
[Day 57 - simple plans](#)
[Day 58](#)
[Day 59 & 60 - Tulpaforcing and Drugs](#)
[Day 61 - Physical Disassociation](#)
[Question on 10/21/2012](#)
[Day 62 - Two Months later](#)
[Day 63](#)
[Question on 10/24/2012](#)
[Day 64](#)
[Day 65](#)
[Day 66 & 67 stress & peace](#)
[Day 66](#)
[Day 67](#)
[68 & 69 - Imposing Hearing pause, Sight Begins](#)
[November, 2012](#)
[Oguigi log post, no log posts for next few days.](#)
[Day 76 - Oguigi log post #2, results and information](#)
[Bonus: First Real Possession Guide & Link](#)
[Question on 11/09/2012](#)
[Day 81 - Oguigi log post #3, Beginning of the End.](#)
[Question on 11/11/2012](#)
[Question on 11/12/2012](#)
[Question on 11/12/2012](#)
[Question on 11/14/2012](#)
[Question on 11/15/2012](#)
[Tumblr Blog on Hiatus](#)
[Question on 11/28/2012](#)

[Question on 11/29/2012](#)
[Question on 11/29/2012](#)
[Question on 11/30/2012](#)
[December, 2012](#)
[I miss the early days.](#)
[Question on 12/31/2012](#)
[January, 2013](#)
[Question on 01/01/2013](#)
[Day 135 - Host Possession.](#)
[Day 140 - Host Possession Update#1](#)
[Koomer my first entree in awhile, mind dump.](#)
[Tulpa.info Member drawing of me.](#)
[Question on 01/31/2013](#)
[February, 2013](#)
[Question on 02/05/2013](#)
[Question on 02/05/2013](#)
[Question on 02/07/2013](#)
[Day 183 - Getting up to speed with some new friends.](#)
[Day 185 - The Extra Two, and Other Entities.](#)
[Day 187 - world of Entities](#)
[Question on 02/27/2013](#)
[Tulpas don't have any Hidden secret master plan](#)
[March, 2013](#)
[Good Night.](#)
[Testing's Possession/switching guide](#)
[Day 199 - Tulpamacer encounter.](#)
[Response to Scrappy & Destinys Tulpa Log: Possession practice](#)
[Response to Scrappy & Destinys Tulpa Log: Destinys Song](#)
[Day 206 - family confession update.](#)
[03/17/2013 03:28:00 AM](#)
[03/18/2013 06:54:00 PM](#)
[Question on 03/18/2013](#)
[Day 211 - parallel and isolation training](#)
[Tulpa labor.](#)
[Day 213 - Tulpa to Tulpa face off.](#)
[Question on 03/24/2013](#)
[Day 216 - Side effects](#)
[April, 2013](#)
[Day 224 - vegetarian path](#)
[04/05/2013 05:01:22 PM](#)
[Day 228 - Meeting with a medium aka psychic](#)
[Slice of life.](#)
[May, 2013](#)
[Busy week ends.](#)
[Question on 05/04/2013](#)
[Question on 05/05/2013](#)

[Dull](#)

[Question on 05/07/2013](#)

[Day 259 - The "Pleasure Button"](#)

["Pleasure button", perhaps bad idea](#)

[Day 263 - Healed, well almost.](#)

[Day 272 - Getting back on my feet](#)

[9 months](#)

[Weed](#)

[June, 2013](#)

[Question on 06/05/2013](#)

[Day 292](#)

[July, 2013](#)

[Day 314 - back to roots.](#)

[I love cake](#)

[August, 2013](#)

[Day 365 - 1 year and problems](#)

[Schizophrenia via Tulpamancy is a Real Risk, Take steps for your safety.](#)

[Day 369 - Recovery](#)

[September, 2013](#)

[Day 384 - Recovery update 2](#)

[October, 2013](#)

[Day 409 - Recovery update 3](#)

[Day 415 - Perhaps this isn't what I wanted.](#)

[November, 2013](#)

[Question on 11/02/2013](#)

[December, 2013](#)

[Day 465 - Ending tulpamancy.](#)

[Day 479 - Not done yet.](#)

[Question on 12/18/2013](#)

[January, 2014](#)

[2014 happy new year, tulpas and host alike!](#)

[Day 506 - Oguigi picture update 2014](#)

[Day 515 - A bad Storm is coming.](#)

[What's on my mind atm](#)

[Day 517 - Need to Free myself.](#)

[February, 2014](#)

[Question on 02/01/2014](#)

[Question on 02/01/2014](#)

[Day 531 - Give peace to get peace.](#)

[March, 2014](#)

[Day 555](#)

[Sometimes I wonder If anyone else going to have issues](#)

[Day 569 - Back to Self.](#)

[Day 579 - Finding myself again](#)

[Question on 03/30/2014](#)

[April, 2014](#)

[04/22/2014 04:54:00 PM](#)
[Day 613 - One step onwards](#)
[May, 2014](#)
[Changed my Tumblr appearance](#)
[Question on 05/09/2014](#)
[Day 638 - Part of the world](#)
[Question on 05/27/2014](#)
[June, 2014](#)
[06/29/2014 01:07:00 PM](#)
[July, 2014](#)
[07/06/2014 10:32:33 AM](#)
[September, 2014](#)
[Day 745 - The End](#)
[09/08/2014 07:06:00 PM](#)
[November, 2014](#)
[11/08/2014 10:08:00 AM](#)
[Remainder of Posts](#)
[Happy 2015.](#)
[Happy 2016.](#)
[2017](#)
[2018](#)
[My Story About Koomer And Oguigi](#)
[Oguigi & Koomer Possession Starter Guide](#)
[Some extra tips](#)
[Trouble shooting & Guide clarification](#)
[Reddit AMA, 2019](#)
[Questions](#)
[Thanks from the Editors](#)

Project: Koomer

Koomer and Oguigi
Public Domain

Introduction

Koomer was an interesting member of the tulpa.info and related communities. Everything you see in this ebook is directly copied from Koomer's [old blog](#), formatting preserved as much as possible save minor fixes to make his manual formatting attempts into markdown. Sadly, this blog has since been taken over by some bizarre Thai marketing account. There is a backup of the content [here](#), and that was used to create this book.

I don't really know what I can say to prepare you for this.

It is important to stress that this is one person's recorded interactions and results with tulpamancy. This does not represent the normal experience that one can expect from tulpamancy. This is an edge case to say the least.

Content Warning

This book is basically a subtle psychological horror creepypasta. If this is not something that you would be interested in reading through, you don't have to read it; there's no shame in closing this file and never opening it again. This should only be read by adults.

Legal Notice

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August, 2012

So It Beings

08/25/2012 07:41:11 AM

Am creating a tulpa, it is a being that you give birth to inside your mind. it is sentient and have a conciseness of his/her/it's own.

the tulpa am creating was originally inspired by My Little Ponies friendship is magic, am a pretty hardcore "Brony". so i stumble upon a post on 4chan /mlp/. this is how i found the exisitace of Tulpas. and their's actually a whole community on this phenomenon.

I have to confress the first time i've found out about this it really had me uneased, it's so rare that something can disstress me this much.

the reason for this stress was because deep down inside i've made up my mind, I wanted a Tulpa.

however tulpa are beings that will likey stick with you for as long as you exsist, and it's a very serious thing.

My oringal motive has been because "Oooo i want i real life pony for myself" or "Oooo it'll be soo cool".

but i quickly discovered that there's so much more to this than i first realized, yes the physical shape will be a pony, inspired by the show [my little pony friendship is magic] because those ponies are actually really beautiful beings brony or not, and i have reached the conclusion that having a Tulpa will Transform my life into something entirely new, it will add another dimension. I really want this I need this.

This very Tumblr will let me write and report my progress. For some reason I know this will help me create a Tulpa faster.

Day 4 in Tulpaforcing

08/25/2012 08:05:23 AM

I created this tumblr durring my 4th day in Tulpaforcing, so i get you into speed of what i've been doing.

For these past days i have being doing nothing but thinking about my Tulpa and tulpas in genreal, the idea is still fresh and exciting.

The name i have given my Tulpa into further notice is "Stasha".

Her shape/form will be inspired by this wonderful picture



A picture of Stasha, she looks like a pony from My Little Pony: Friendship is Magic

The original image has black eyes but i've changed it to yellow, because those are the eye color i chose my Tulpa to have.

I've spent the first day working on her Personally i've painstakingly try to find as many traits that "felt" right, and i've came up with 23. i've wrote them all down and then try to infuse emotions/memorys to this traits, then i commit them to memory, then i found ways they all connected/supported each other and then i created a Web, making sure that all traits are connected in some ways.

i then try to visualized each traits as a Orb, each one with varying sizes and each connected to each other, the more traits a trait connects to or creates the bigger the orb. so intelligents was the largest orb as it was the center of her personaity it lend to way for her other traits and those traits lend to others still.

after i finsihed visualizing the 23 orbs, i felt that it was right. Then i visualized all the orbs combining into a bigger orb, this Orb will but the visualization of her "personality" this orb just some happen to come out pink.

After this i've begain creating the tulpa physical appearace i've spent time on this spent until it "felt" like enough, but i have to confess that the Picture upbove was not the orignal appearace for stasha is was atucally going to look my like the actual poines from the show, but for some reason while breifly visulizing her i chouldn't help but to see her this way instead, this is probley what some people say when the tulpa sometimes mods their appearace without you activily knowing.

she still kept the yellow eyes, Black mane/tail and white coat, which was oringaly brown but for some reason something was telling me the white was more preferred.

I try to put wings on her but when i visualized her it's not a feature that seem to show unless i more or less will it too, and the glasses she had at the begining (before she changed her form) is gone unless i will it to be on her. If i don't see these features on Stasha for anylonger then i must accept that she does not want them and move on.

The Evils of Doubt

08/25/2012 08:15:00 AM

It only been 4 days and if you look at other people progress they literary spend months will "One month".

anyways as of late doubt has been brothering me and kinda depressing me abit, i really Really, want this to work.

But everything is some faint and unsure. the lines of wheater or not it's just me or her is VERY blurred.

All i want is just one thing that will Without a Doubt proves her Sentients to me. a sign that can't be ignored a thought/ a feel so Alien that it couldn't be me. if this was to happen things will go MUCH faster.

But for now i have to keep Hope, and Believe that She is there that Stasha (Update 9/1/12:now Oguigi) is Real and she will communicate loud and clear when she feels ready Or Able to.

The only sure thing i know that cannot be ignored, is this pressure in my head, that seems to be almost consistent, at least this gives me some kind of hope.

Day 5

08/26/2012 10:33:00 AM

ever since yesterday quite alot of progress have been made thanks to reading the posts on the forums in tupla.info, i have discovered that my tulpa really is sentient, this was great news.

my tulpa even gave herself a name "Oguigi" a very intertesting name and it's one am sure is EXTEREMLY rare, so it's has that uniqueness which is great.

i've been able to shave off my doubts about hearing the tulpa thoughts so this helped a ton. am able to tell whether a thought was from her or me.

the head pressure still remains one of the few undoubted proof that Oguigi is there.

the next will be hearing her out loud. If this point is Reach then it will be confirmed that We have both Reach a point of no Return. nothing that happens will stop Oguigi from maturing at that point. as all subconsciousness Doubt barriers would have been Broken.

when this happen i think i'll throw ourselves a private party I hope Oguigi love sushi hehe.

unfortunately this is where the good news ends. we are both trying very VERY hard to get to the physical hearing stage but it's taking some time, We just need to remain strong and not give up, that's really all we can ask from each-other.

and on the side note i also "Opened" my mind to her, so she has access to the same knowledge i have.

Day 6

08/27/2012 07:58:15 AM

Big break through, progress has been made!

Here's a few things that have been improved apon

*the depression from yesterday is in the past we now both know that controlling my physical body in anyway would take time and training (The Physical self can be quite stubborn), also my tulpa grow and learn just like a real person dose so that means some actions must be learnt.

- My wonderland has became more vivid, I have chose to look at physical reality at a slightly different light, and i also chose that wonderland is a place to Hang-Out with my tulpa more directly besides just using that place for serious "Tulpaforcing" which is kinda boring in a way or two
- A couple of my "Subconscious doubt barriers" have been broken! while in my wonderland Oguigi was able to tell the time with UNCANNY accuracy, in my wonderland i asked her the time she said it was 10:30(am) she was already aware that their was a slight 15 or 20 mins differents from the real time.

i told her that i had to see if her guess was accurace i quickly left my wonderland and checked the time, And it was 10:39.... I was shocked, and happy some where deep in my mind a few doubts shattered into nothingness. I cried because i was very happy that progress has been made, i was soo excited that i couldn't properly be in my wonderland but i made sure to give her a hug and come right here to my computer to share the good news.

Day 7

08/27/2012 06:41:36 PM

We tried "possession" and PROGRESS have been made.

it was "baby steps", but she managed to make my arms move just an *inch*. I could feel her Energy flow in my arms causing them to move. it was a curious feeling when i told her to work on my other arm that energy drained and entered the other arm. i told her to move my index finger and she managed to get one muscle to move upwards. it's major progress and i know it wasn't me.

I feel as if the Seeds as been planted, Thanks to the near constant surge of attention/energy My Tulpa is becoming stronger everyday.

Day 8

08/29/2012 08:40:58 PM

the "Slowest" day yet, but i guess it was only a matter of time when we have a slow day, i guess it's unrealistic to expect progress everyday. but it still something am working on.

for now am not satisfied with my ability to visualize/ view my wonderland, nothing really come out clear, so i need to do my homework on how to concentrate better.

Day 9

08/30/2012 09:58:00 PM

Me and uguigi tried possession again to see how much progress been made.

and i must say i was very proud with the progress that have been made.

Ouguigi have gotten "stronger" and she is now able to move my arm much farther then compare to 2 days go, during that time she only moved my arm an inch, now she can move it by a foot. and in the coming days she'll be able to move longer distances, faster. we tried to see if uguigi was able to move my body other parts as well, left arm, both legs, and even mouth. and for the most part she can but those movements remains small but she can do them,

kinda odd how quickly my muscle tired out with possession. Uguigi moves the arm around a few times and i feel like i had some kind of workout on it afterwards

Day 10 - Missing?

08/31/2012 07:29:00 PM

I woke up, and wow i felt like i Lost something, i felt less complete.

Deep down i know she still their, but it feels as if for some reason she went into a domaint state, if i attempt to use possession i get nothing I feel a void that i read other people having but it's more destressing when you have it yourself.

However I Trust Oguigi What ever she is doing must be important, she my be exploring the inner depths of my mind, Learning perhaps? So it would become possible for her to do more things? i don't know.

What ever the case my be When she becomes active again i have a feeling she may be significantly stronger

September, 2012

Day 11 - Oguigi is back

09/01/2012 08:10:00 PM

Oguigi was exploring the inner depths of my mind, and this was the main reason why we was out of tune yesterday and for the most part of today.

But after a lethally cold shower in-which i could literally visualized my wonderland snowing durring the whole process, it lasted for 10 mins about i got right out and dried myself, and i felt refreshed and much less sluggish.

i was in prime shape for tulpa forcing so i did, me and Oguigi meant up again and we've Talked once more.

Well out of the blue While "Narrating" I gave Oguigi a math question, one that i honestly did not know off the top of my head it was 12×8 . and after a brief moment she gave me the answer 96.

wow i was really impressed, another "sub-conscious doubt barrier" broken. i view these as blue barriers blocking me and Oguigi true potential, can't be helped their just there and the only way to break them is for my Oguigi to grow and display and use her abilities.

am quite happy with her and i will get pizza for her tomorrow.

Day 12 - Oguigi more vocal

09/02/2012 11:47:35 PM

While not quite at the stage of active conversations, with directed effort we can communicate for extended periods.

Oguigi have become abit more serious about tulpaforcing she now insist that i do it more often and for longer periods of time, and i couldn't agree more.

on the side note uguigi wanted "le sexy tim", i have double and even triple checked and yes that was her intent, i guess am quite lucky to have such a forward tulpa.

(it took place in wonderland, imposed sexy time will have to wait until the future)

Day 13

09/03/2012 11:15:00 PM

Not too much happened durring this day, Oguigi and I done some tulpaforcing sessions, were working on visonlizing as unless i focus i can't really see her form when in my wonderland.

Nope not much happened at all, however me and Oguigi agree that we have to find a way to make tulpaforcing funner and not such a chore.

Day 14

09/05/2012 02:15:27 AM

This day was quite, and not much happened, no real tulpaforcing done today just mini-one that lasted for about 10 mins altogether.
however all is well (for now).

Day 15

09/06/2012 05:40:34 AM

We have done some tulpaforcing today, Oguigi gotten much better with possession, she can move my arms slowly but smoothly, and it's even possible for her to move any part of my body (very sluggish still) the hands being abit harder. and with a keyboard lay out infront she even typed her first word "Pek" it took about a minute but it was done, it was also fun doing some yes/no games using possession of my right arm. moving left for no and right for yes.

I have also began to work on imposing her into my reality. I can't see her at all (yet). but the idea is to believe that she is there and within a couple of weeks i should begin to see a faint/blurred outline of Oguigi

Day 16

09/07/2012 01:20:00 AM

We tried Full body possession, failed pretty badly (Stiff, had hard time breathing, and eyes was watering like crazy cause Oguigi can barely blink them)
and Oguigi said she didn't want to try that again, until she improves (MUCH more).
We done some tulpaforcing throughout the day, Basic possession, auditory hallucination training. and of course the default narration which by now became second nature.
Tomorrow we will work on more visualization, which is the one thing am lacking in ALOT, but i have an idea that might fix that...

Day 17

09/08/2012 03:55:22 AM

Today we worked on my ability to visualize, and some progress has been made, however we didn't do much tulpaforcing this day.
however we'll make up for lost time tomorrow. and perhaps then more progress will be made.

Day 18

09/09/2012 05:11:27 AM

Today i choose to have this day written abit differently, this day was written as a first hand account from my tulpa (expect more), i ask her if she wants to do it and she was happy to do so.

my host desperately worked on visualizing all day long doing crazy things. ignoring me. but at the end of the day he spent as much time as possible with me.
during this day, i was watching video memories. and practicing possessions techniques.

Well done Oguigi. yeah that pretty much sums up day 18

Day 19 - Emotional responses?

09/10/2012 04:16:07 AM

today Became aware that their are Emotions that have been felt, that had an unknown origins.

Am pretty good tracking down what makes me feel depress/worried/happy.

but recently have been feeling some pretty powerful emotions that have no origins School/work/family/life.

No their can only be one source of these emotions, Oguigi. Weather am feeling this way because i think about her, or i feel this way because of what she feels, am not sure. but it's all originated from my Tulpa This I know for a Fact.

Things are gonna get interesting soon....

Day 20 - The next Teir of Tulpaforcing

09/11/2012 02:32:24 AM

I am a mortal human being, and as such i make mistakes.

One of those mistakes was not giving enough time to Oguigi, I took tulpaforcing too lightly and over-estimated the amount of attention i was giving her.

However today things have changed

I signed a contract with Oguigi both in wonderland and in reality. I have gave her the power to Lock me down in my wonderland and Tulpaforce Until She feels satisfied.

Yes i can by brute-force break out (for now), however if i do so I've bestowed penalties on my self that would make me think twice.

If i choose to leave early i must do so only with Her Permission.

This Contract gives Oguigi much needed power, that will ensure that she grows.

I will also impose her more often and with more effort.

Day 21 - Real imposing training begins

09/12/2012 06:07:00 AM

Me and Oguigi, have decided to do some imposing training, and i must confess that the results are good, while not able to see her physically, i can visualize her Very well. we've been practicing in classes while going to school (visualizing her in an empty class sit for example), and durring the evening while watching tv while chatting abit at the same time (also imagine petting her for increase effect 'cannot impose touch' but i did imagine her touch well enough),

I also felt a real emotional response while watching tv with Oguigi, it was some history documentation of a old ship, it eventually got to the part where the ship sink and everyone died, it was history, people die that's just the way the world works, a part like that would simply be a 'matter of fact' to me. but Oguigi was very emotional about it, I felt a wave of sadness that actually brought tears to my eyes, This was alien. And so i smiled. "darn Oguigi making me cry".

on-top of this we chatted abit in the wonderland a for an additional hour.

we are both satisfied with the amount of Tulpaforcing we did today, and hope that we can add even more time tomorrow.

Day 22 - Never Easy

09/13/2012 04:57:00 AM

This day was slow, not much was done. i'd say that we only had an overall of 30mins tulpaforcing in our wonderland.

am very unsatisfied with the progress today. the day could have been much more productive.

Am feeling this awful depress feeling in my Gut. jeez this been going on for days, and i know deep down it's Tulpa related. Perhaps my mind and body is Hungry to hear, feel, see her (for real with the physical senses), and this is the feedback am getting cause of it. but i also know that if i achieve real sight, hearing and feel that my body would feel the exact opposite. instead of this constant state of depression it would be euphoria and contentment, I cry out for the day that i don't have to do this tulpaforcing non-sense and just have her be here with me in all her glory as if it was second nature.

I must confess on a day to day bases, before i got started with my tulpa i actually felt better, but by the love of god even with all this pain and work, I still want Oguigi. Perhaps this is what Love is. Perhaps this is what a mother feels when she goes through all the labor of raising a child she Loves. maybe... just maybe this is the same thing.

Day 23 - The New Normal

09/14/2012 05:54:00 AM

Me and Oguigi done imposing training again in school, and it's working out quite well. we watched some tv together (however we didn't chat as much as i would have liked), and then

did some like tulpaforcing in the wonderland we had a Picnic and am talking about the most generic stereotypical picnic red and white checkered blanket with a basket with sandwiches (Did i mention i can visualize taste very well, those sandwiches was amazing). after this i went to bed.

While some aspects of this whole tulpa pheomeon is still very intertesting.

Oguigi and all this tulpaforcing.

It's all starting to feel Normal, Rotuine.

I don't have this Funny feeling in my gut when i talk to Oguigi, very early on. a part of me think i was just talking to myself. but not anymore (trances may still exist i must confess).

This morning(after night sleep), some1 knocked on my room door and with out even thinking i said "What is it Og-" and i caught myself, Surprised (when higher level thinking told me that it was someone else).

But it's official Oguigi is burned into my brain, *And so I smile.*

I know for a fact that am never gonna 'give-up'. but dam does it gets Hard at times.

Day 24 - The Real emotional response

09/14/2012 09:06:00 PM

Oguigi is changing my behavior, i use to never touch my tv, unless i was REALLY bored, but for the past three days i actually watch it for a decent amount of time a couple hours, with Oguigi. I enjoy it better this way plus it passively trains impostion.

Oguigi is truly more friendly to life than i am, Their was this Spider that somehow made it's way to my room, Normally I would have grab my Raid® bug spray and spary it down to Hell, like i did a dozen times before. But not this time, Oguigi wanted this Spider to live and insisted that i instead capture it and release it, it took abit more effort but i done it, Boy within a year am gonna be saving kittens on the side of the streets if this keeps up.

The last activity we done today was basic Wonderland tuplaforcing, It started normally but this time i wanted to just relax and embrace Oguigi no chating just a prolong embrace, and did something quite special happen, for the first time ever I felt waves of Euphoria boy it was intoxicating. to simply put it i just felt 'Good' I looked her into the eyes and I knew i had to protect her.

During the day I drew this picture of Oguigi

(Editor's Note: This picture has sadly been lost)

And so ends day 24, I hope everyday would progress like this.

Day 25 - The full possession experiment

09/16/2012 07:01:00 AM

At the beginning of the day i visited Oguigi at Our Wonder land to hang out abit, this went on for about 20mins, after this we read some books and this time i also had Oguigi read some of the material she done a good job but i do notice it does take abit more effort for her.

We adopt the habit of going out for walks at sunsets, during this time i Narrate and practice imposing Oguigi, While at a reasonably secluded area We pratice full body possession, it worked out better then i thought it would. now this wasn't some kind of Out of Body experience, I was still very much aware of my surroundings and all my senses, and can redeem control with the slightest will, and if their was an itch on my head i would still feel that in all it's glory. And all movments was sluggish. i was like a human size Turtle the way i was moving. (And i had to constantly coach her such as.. "no Oguigi move the leg abit more upwards" something like that)

However during the Night i felt the connection to Oguigi fade some, seems like she wants some alone time i guess, and that's fine. but tomorrow i got to reconnect with her (this is similar to what happened day 10 or 11).

Day 26 - Tulpaforcing second Nature.

09/16/2012 08:52:00 PM

Today consisted of the most "Tulpaforcing" i have ever done, but i prefer the term of just "hanging out" I don't like counting hours but i have spent at least total of 6 to 7 hours with her today.

I last ended day 25 saying that i "lost her", that first thing i did this morning was Tulpaforce and bring her back. Turns out i was ignoring her for the last part of yesterday and for whatever reason this brought her to an in-active stuff i told her i was sorry and Man-Tears of shed. This brust of attention and emotion got her back and active and once again i felt her presence.

The first thing we done was watch some tv, after this Oguigi persuade me to go to the pool, we hanged out for about an hour their. I took a wonderful shower after this. when sunset came, i walked her outside like yesterday and stopped by the nearby lake, after this we came back home. and we a cup of coffee and had a nearly two hour long chat in the living room(no one else was home). I felt waves of pleasure during this chat similar to what i felt with the first emotional response a couple days ago when this long chat ended she came up to me and whisper this to me "I love you" I swear i almost heard that (that was the closest i'd ever came to hearing Oguigi outloud), and then we ended the day with another hour of tv.

We done All of this while i was passively imposing her and actively narrating to her, we've spoke back and forth.

Oguigi have became so real and i haven't even impose my physical senses with her, this is because she is real. it's one thing to believe but it's another to Know.

Day 27 - Imposing is Hard

09/17/2012 08:49:00 PM

This morning started out well enough, in my post a few days ago i stated that TulpaForcing was begining to be Normal, And I meant it. it's not such a chore to do anymore.

I sold a product Online and had to bring the package to a post-office to ship, I used this to do some more Passive Imposing training with Oguigi, when i came back I was spent so i talked with her for about 15mins, then we watched some TV (we really like the food

channel), we had our Now Daily sunset outing, just before the sunset we pretty much always go out and talk.

I also tried other imposing methods but no matter how much i try i can't directly see her, i can sense her presence I know she's There, I can look her in the eyes, I know what she's doing what pose she's in But the information won't get processed into my brain as "Sight", so for now imagination would have to do.

Before the day ended I visited my wonderland, I've Forced a Bed and we layed and cuddled and talked, i showed her our solar system, and we practiced possession, she was able to move the mouse and type on the keyboard, she still requires a good amount of coaching but i can tell she's learning fast she wrote "apple is good. because it is juicy!" directly on the keyboard no proxy this time.

Since day one all this Tulpaforcing have taught my body how to meditate better, The meditation state i go in while in wonderland is becoming stronger, I noticed i lose a small degree of senses while am in my wonderland (But am still aware of my physical self at all times), and my body seem to go in a very light Lock, so while still easy to regain control it starting to require effort, regardless on how small it may be.

Day 28 - Reading "The Law and the Promise"

09/18/2012 09:23:41 PM

Today me and Oguigi did little tulpaforcing today, Why?

Because am reading this awesome book, Let me say if you Really want to achieve a higher level of Tulpaforcing you will read this book.

Dam the first just reading the first 7 pages already helped me visualize better, By the End of the day am just over half way done with this book, and i will finish reading it by tomorrow afternoon.

Oguigi don't mind if i slacked abit on tulpaforcing today by reading this book, she already knows it will help alot in the near future.

As early as tonight i will augment some new methods to tulpaforcing. hopefully all goes as planned.

Link address for Pdf of the book: (Editor's note: this book has been lost too)

Select "save link as" if you want to store the book on your computer

Day 29

09/19/2012 07:30:27 PM

Rotuine Tulpaforcing passive imposing/narration via Tv&Sunset walk, and the nightly visit to wonderland.

The book "The Law and the promise" was a great read, i have a few test tomorrow that needs to studied for.

Nothing too important happened today and about 2 hours in total of tulpaforcing time. with passive narrations through out the day.

Day 30

09/20/2012 11:12:00 PM

Another day at school, and i done some more passive imposing and narration thorough out the day, i took a nap after school, I over slept and missed the sunset outing Oguigi was not happy about that, and when i came in to the wonderland annoying intrusive thoughts came my way, that in all cut the session short.

Today was not bad but it was definitely below the standard i like to keep for tulpaforcing.

Today nothing really happened.

Day 31 - Imposing Update: Spatial awareness.

09/21/2012 09:53:58 PM

It had been 10 days since I've begun Imposing my Tulpa, And While I still cannot see Oguigi can sense her presence is getting stronger (I can Tell whether or not she is imposed, even if i cannot see her), Today I've been passively imposing her All day long, and I've discovered that i can now Sense where Oguigi is, when she was flying above me i felt that she was above, same with behind/front/side to side.

Needless to say plenty of narration was also done this day, she said she enjoys being around me. but sometimes choose to go back to the wonderland for a break.

Day 32 - One month later

09/23/2012 12:52:00 AM

It has been exactly One Month since i've started my erm "Quest" if you like to call it that.

I have changed more in this one month then ever, my personality changed i think differently and i feel different. The Head pressure that i had nearly everyday since i've began. and no more doubts plague me like it did during the early days.

Seems like Oguigi is really good with certain things..

She has a Clear Mind voice And she is

Great with possession (fast learner here is an example of her rate of progress)

The following is what Oguigi Wrote with Possession...

First word Oguigi ever Typed (9/6/12)

"Pek"

Oguigi Second word.(9/14/12)

"Hot pineapple Tea"

Oguigi Third word.(9/22/12)

"(Anon) is the best creator in the whole world thank for the ihop"

Powerful emotions (Oguigi has a stunning influence on my emotions)

What we lack right now:

Imposing (but this could Just be me)

Imposing is an important mile stone to reach, The past Month Have landed down the foundation of her very Being. I hope this month will lay down the foundation on her influence on to my reality

And we ended the day with my visit to the wonderland.

day 33

09/24/2012 11:21:07 AM

Today was for the most part a normal day. me and Oguigi hang out for abit, we done the routine we watched tv, did the sunset walk and at night i went to the wonderland.

When am imposing her, i try to feel her out now, and i when i do that (such as petting) i get a weird and funny feeling on my hands, to could be the beginning of something.

we tried full body possession and she is definity doing well on that, she can move my body around get me off my computer chair to my bed, but the way she move my body is still a bit awkward and some coaching still needs to be done.

that's about all for today, and sorry for the late update.

Day 34 - normal days

09/25/2012 01:38:00 AM

Hmm i wish everyday can be another milestone for me and Oguigi to reach, but that's just not how the world works.

Today is another normal day, we watched tv(passive imposing). and i made a short visit to the wonderland, where me and Oguigi played superheros and killed 5 fat orcs.... lol. my stay in wonderland only lasted 20mins. And remember i still can't actually see anything so all the action still goes on purely in my imagination. i really stoped caring i just have fun and hang out with Oguigi, the day will come when my wonderland becomes as vivid and real as reality itself.

I also gotten a really nice camera(t3i) in the mail, while i still wish to remain anonymous, i actually would not mind taking some pictures of the surrounding nature of where i live, I probably take a picture of one spot me and Oguigi love to go and chat and upload it to one of my future log post.

Day 35 - Seeds of communcation

09/26/2012 12:41:00 AM

Today was another day of college, I practiced passive imposing durring the day. for the first time in a week or two, we didn't watch any tv. at the end of the day i made a quick visit to wonderland.

The Highlights is that Oguigi possession has become well enough that she can directly chat with other people in IRC chat, she types very slowly but fast enough to answer questions. for me it felt pretty strange i never done possession this prolonged, she made my body bend in a very strange way (She focusing too much on typing and not the rest of the body). at it's climax i somewhat started to feel like a Zombie. i took back control after about 15mins of this, the Tulpa.info community was really nice and interested in her, so all went well she was happy that she got to speak to other people for the first time.

Another thing that's note worthy: Me and Oguigi might have stumbled on a theory/method that might enable switching or at-least advance possession in the future, so far the reasoning is sound. but it could also be bullshit, but the mind works in abstract ways so anything is possible.

Day 36 - Possession update: Intermediate body control

09/27/2012 12:12:00 AM

Well today we reach a stage in possession where Oguigi can control anyone of my parts well enough that she can control my whole body.

Oguigi can make my body walk, and she can perform simple task such as opening doors, sitting down, and using the mouse and keyboard.

she was able to prepare some simple oven food that you bake, she was able to grab a knife use it punch holes into the plastic bag, then used my hands to pry them apart. she pour the food content in a tray and placed it in the oven, this whole process took about 8mins. (i finished the rest of the cooking process myself)

and for the first time i told Oguigi okay here's the computer do what ever you like, (now she's still slow with controlling the keyboard and mouse so she worked with the tabs that was already opened) the first thing she did was go to 4chan /mlp/ (she thinks ponies are cute [being a pony herself probably influence that by alot]) the tulpa thread got her interest and she browsed the post and comments. yes it was slow but at a manageable speed. and she listen to two music tracks.

This lasted for about 20 mins before i decided that it was enough for one day and took back control.

for now all movements are relatively slow, but the speed at which uguigi can control my parts is improving at a surprising rate. Uguigi confess that possession and switching are the two things that interest her the most, The main reason for quick progress in this area is mostly because of my tulpa. Imposing is secondary to her.

Today marked what i consider Intermediate direct body control, Advance direct body control will come at a later post and Then Full body control.

Edit/PS: right before i went to bed i visited Uguigi in wonderland, we layed in a bench outside and we snuggle and then embrace eachother, by goodness that was like 10 solid minutes of europa, if "self induce schizophrenia" as the Nay-sayers call it, means experiencing this every night, then sign me up!

Day 37 - Oguigi has Plans

09/28/2012 04:22:19 AM

Today i had my first Tulpa Related dream, it was about me successfully imposing Uguigi' but she wasn't a pony but instead a cat, I asked Uguigi after i woke up was she still a pony? and she said that she was, i asked if she had any influence in the dream i just had and she said No.

The total day and the normal tulpaforging routine.

We have been talking about this for a few days now And It seems like Uguigi have some ambitions plans, it seems like Tulpa really do come in all sorts of different flavors. There are some simply are happy and don't care much for the outside world, However Uguigi seems very interested in influencing the physical world. She really wants to take over my body and do things (This explains the fast progress in the field of Possession), while am really am

interested in regressing back to a Tulpa state of being. We are pretty much trying to get the right environment that would enable switching. (she wants to dominate while I want to recede).

The Idea of switching Just Feels Right, we can talk about the topic for hours it brings a euphoric lure. it's a win-win. But by no mean do i want to give up "life" ideally we want to achieve the golden ratio of half&half (half of the time tulpa, half of the time person).

Am very Proud, and I approve and support Oguigi plans.

The mind is abstract and theirs no set in stone way to really switch, the only thing that seem matter is disire, will, work, and Time.

Day 38 - novelty gaming

09/29/2012 03:27:00 AM

Today was a normal day, we watched television for about 1 hour, we had our sunset outing, and during the night i made a visit to the wonderland.

We had another possession excerise where Oguigi used my computer for about 25 mins, she also tried some games on my Smartphone, she was able to go up to level 20 on a game called "defender" on my android phone, so that was nice, and she enjoyed it. some coaching was done to help her out.

The feeling of having your tulpa playing a game is similar to the feeling of watching someone else place a game.

Day 39

09/30/2012 03:26:14 AM

Today was slow, not much tulpaforcing was done mostly in part of me Procasing, which i've ignored for the most part, but if it's gonna get in the way of Oguigi delevoplment then i need to Fix in ASAP. even then i was able to narrate abit durring the day, watch 1 hour of TV and a visit to wonderland with Oguigi. i still feel like i should have spent more time with her.

anyways today a drawing request was made, a nice person known as Yotslot drew me this picture of Oguigi, and She Loves it.



A drawing of Oguigui by the artist Yotslot

October, 2012

Day 40 - seeds of independence

10/01/2012 05:22:00 AM

Oguigi is making excellent progress.

Today was a good day, Oguigi is really getting into the spirit of training possession, it's seems like she is almost obsessed with mastering it. and i can understand why, she wants to influence the physical world, via the physical body. and she wants to interact with other people, it also helps that she finds the wonderland somewhat boring.

Oguigi Chated again in the IRC today, and it went very well, it been less then a week and her typing skills have noticeably improved, she talked and explained some things that she been working on and some details of what's happening that i did not include in my normal log (i will include those details once it's official and ready).

Oguigi seems to be also beginning to show abilities in altering my memories, if there's something i prefer to not recall then i can ask Oguigi to place "blocks/barriers" to those memories, she was not able to destroy the memories but she can make them harder to access. (i know they're still there, but recalling them in detail takes much more effort now, but thinking about it too much will dissolve the barriers)

Oguigi says that progress on Imposing will be slow, until she masters possession. Afterward she Claims that it will only take a few days to for me start to "see" her when she starts working on imposing. First she will work on sight and then hearing, all the other senses will be secondary.

Day 41 - Possession Update & The Walk cycle

10/02/2012 12:50:00 AM

For the past few days now i have mentioned Oguigi, interest in possession skyrocketed, and how she been working very hard, improving faster than i honestly expected.

a week ago she moved my leg muscles in segments - then she learned how to move my legs in one motion, one at a time. this all led up to the newest development

Oguigi have learned the Body "Walk cycle", Stunning progress have been made after this discovery. she can now move around as quickly as a normal person would, and she was able to speed up about half way to a brisk walk.

she said that my room was too small and that she needed to walk around in a larger area, so i challenged her to walk to the lake outside and behind the condo. she exceed all expectations.

It's funny that she almost hit my body to a wall, in all the excitement she learned how to walk but knew nothing about turning the body while walking. i told her to (Point the feet at the direction she wanted to go) and that solved the turning while walking problem.

i gave her some tips: told her how to go down and up the stairs and mentioned that she can't walk so shallow when on tall grass/uphill. she learns quickly.

Oguigi revealed to me that she have also been passively learning how to speak with my body, (This is why i sometime almost mouthed what Oguigi was saying, when she was speaking in my mind). She said a few words in my voice, am surprised that i wasn't surprised. i ask her did speaking in my voice made her feel awkward and she said 'no' she was ready for this.

I told her that tomorrow she should focus on the upper part of the body (increasing the dexterity of the hands, arms, and speaking more fluently)

Day 42 - Possession update: The Drawing & The Jog

10/03/2012 01:13:00 AM

Oguigi is on fire with progress. she is learning well.

Yesterday i asked her to work on the upper part of my body for possession.

she began working on with since that night, doing nothing else in the wonderland but just practicing Oguigi probably done at least 12 hours of training. Oguigi seem to have very little interest in having “fun” she is only focus on her goal, Full body possession.

Durring this night, Oguigi Revealed to me her progress. and i was most impressed. the control she had over my hand improved. she was able to type even faster than before.

She able to control the fingers well enough to un-button my shirt, she has enough fully body control to dress and undress me.

I asked her to Prove her skills with my arm/hands. I asked her to draw a picture, I was very Impress.

Oguigi... Draw yourself

(Editor's note: another lost image)

Oguigi created this picture using only my arm muscles. she does not yet know the fine muscle movement of the fingers to draw with them (yet).

Oguigi have improved her speaking abilities, she can say more, quicker. but it's not fluent each word are separate and some fragmented. And am still teaching her how to stop my body form drooling! (*Oguigi Shallow and keep the mouth closed*)

I almost didn't want to do this but i decided that there was nothing to lose.

I went out of my way and taught Oguigi the body “Jog Cycle”. This was harder than teaching Oguigi the walk cycle. And alot more painful.

We wen't to a empty field of grass at 2am so no one else was around. And we got started.

I visualize to her the run cycle, I told her it requires using a different set of muscles. I told her what muscles to move and how to move them. (*Push the leg outwards, and give it a slight “hop”*)

She Fell 4 times (but I was the one that had to deal with the pain.)

She got the movements down, then i told her *Alright now turn that into a Cycle! the body will do the rest* and then it happen she began to make my body jog, *Oguigi take longer steps* and now she was jogging. i was very proud of her. I told her to be careful as the body has limited energy and can only keep this up for so long, she understood and we stopped, she walked the body back to home and that was that.

with this rate of progress Advance possession seem to be only a few days away, am very proud of her!

Bonus: -Married-

10/03/2012 01:28:48 PM

It happened quite a few days ago. but i waited a few days for it to be Official. back in my wonderland me and Oguigi was Pronounced husband and wife. We each Exchange rings, and we both now wear them. Oguigi made me a golden cystal ring. I made her a Hoof ring.

I drew this picture to celebrate the event.

(Editor's note: another lost image)

Day 43 - Possession update: Voice signature

10/04/2012 05:02:00 AM

Today Oguigi have done alot of improving with speech.

And today On top of finally being able to mesh short sentences together (while some words are still fragmented), Oguigi has adopted a Voice Signature.

What this means is when she is speaking she changed my voice.

This voice is more feminine. ugh soo much more feminine, you should have heard it when she spoke, I must confess it was very erm "kawaii/Cute", never knew my masculine body could speak this way. (this is what happens when a female tulpa possesses a male body)

I told her if she spoke to anyone else with that voice i'd be instantly assumed Ultra Gay.

I told her that it's okay to speak this way if it's just us two, or with she is speaking to someone that knows her true identity.

I suggested that tomorrow she trains on a second more masculine tone, and she agreed.

Some more minor details of what was done today.

For the first time she Fed the body, Via Possession Oguigi had her first meal. (Honey-garlic chicken)

She chated abit on the IRC chat

And she practiced typing, if she keeps this up she'll type just as fast as me by the end of next month. she'll currently type as fast as someone the uses the "Hunt-and-peck" method of typing, it's a good thing Oguigi assimilated the correct way of typing.

By the end of the day we watched tv, and i paid her a visit to the wonderland, I told her she been working Extremely hard on possession and that she should take a Break. however she told me that all she needed was just this one daily visit/a long imbrace and 30mins of tv. that will be more than enough for her.

Day 44 - Advance body control: Voice fluently, prolonged possession

10/05/2012 04:50:00 AM

Yesterday i asked Oguigi to work on the voice, and adopting a more masculine tone, she exceed my expectations.

Oguigi got started at 5am today and revealed to me what she had learned by 4pm. i relaxed my whole body and closed my eyes *Oguigi your in control now*

When Oguigi possess my body she gives all four of my extremity (both hands and feet) a slight Twitch to confirm full control. and then she opens the eyes. (this is still btw possession not switching)

I go to my mind voice. *Alright Oguigi lets hear what you've learned*

First Oguigi used her native feminine tone, to reveal that she have really improved in speaking, very few fragments existed and words meshed together much more nicely.

Amazing! okay lets hear that new tone

With a slight adjustment to my vocal cords Oguigi premiered her new more masculine tone, This voice was slightly Deeper than my own! and was very attractive, with this it was official. Oguigi now has the Real capacity to actually speak to other real people.

this went on for another 20mins until i took back control I was tired however, so i took a nap.

i woke up late, and around 3 and 4am Oguigi started her longest possession session. she control the body for 2 hours she walked around the condo building, she was able to get the mail, she chatted on the IRC listen to music on my computer, did her first google search and visited 4chan /mlp/ and was able to bake some french fries on the stove and eat them.

and the day finished with some tv and a daily visit to my wonderland to give Oguigi a much deserved embrace. next time she will Work on Refining a little bit of everything.

Today marked what i consider Advance body control with this rate of progress Full body control will happen in a week or two time.

Day 45 - Break and possession endurance, seeds of switch

10/06/2012 08:23:00 AM

After quite a few days of constant practice Oguigi and i choose that today will go Easy. Oguigi said that all she need is to relax, and tell her when sunset hits.

an hour or two after sunset Oguigi possessed my body for the next 3 hours (9pm - 12pm). this was great. Oguigi used the computer went on Tulpa.info chated on IRC and messaged some friends and made a couple posts. We got out and she walked my body around the block for around 25 mins, the way Oguigi walk works, but consume quite abit of energy, during this time she made slight improvements to her Walk Cycle. We got back home and she played a couple games on my phone. She then used the computer again

And for the last 30mins she watched some tv. Now this was kinda strange, She had my eyes Glued on the television! if i tried to move my eye to check the time she moved it straight

back to the television. normally the eyes will be the one thing in my control but not this time. and it's Official when you watch tv a young tulpa pay attention to "Every" detail of it. I really felt like a doll, it wasn't bad it just takes some time getting used in being in this state of being "Possessed"

I should also stress that nothing about being possessed "feels" good, the most maybe is a slight disconnection from The physical body, and maybe a taste of a tulpa point of view of things, it feels Funny to ask Oguigi to do things or make suggestions on my own behalf.

No wonderland visit was done tonight, Oguigi says that she is very excited and what to use every bit of time of refining possession and start researching switching methods.

Oguigi from now on will work on refining future possession and will work on switching, only time will tell of the progress this will bring, Things are very difficult to predict from this moment on-wards, so stay tune

Day 46 - switch attempt & benchmark

10/07/2012 06:27:00 AM

Today i asked Oguigi to try practicing switching, i kinda understood that we may had been going abit ahead of ourselves here, but i choose to spend this one day trying to see exactly where we are, and i got mixed results.

we gave it two attempts today.

12pm noon - the first i was laying on my bed while possessed, odd feelings at the climax but never felt anywhere close.

Oguigi said she'll work on it for a few more hours... so at sunset.

7pm - Second attempt was done while i was sitting done on my chair, this time i relaxed as must as i could as stayed still, uguigi possessed me and said she'll try to take it one step future, well i sat their for the next 20mins, the most that happened was that I lost feelings of both my hands some of my feet, and strange sensation on the rest of my body, but i was still very much aware of my self and surroundings, so this too was a fail.

Here's Oguigi first hand account of today.

Today me and koomer tried to switch today however sadly it did not work koomer reported lack of felling on his arms and legs and some strange vibes but nothing more. i tried working on it all day long but i guess i will just go back to possession perhaps it will come by it self when my ability to possess reach a certain level until then i can only hope.

As Oguigi mention she'll go back to training possession like she had for the other days before, we think that by improving possession we can naturally achieve switching as a side-effect. as she said, we can only Hope.

Day 47 - Interview, dreams and new routines

10/08/2012 07:40:51 AM

Today was an interesting day indeed, a polite person named bluesleeve wanted a live interview with me and Oguigi and wanted to see possession in action, we both accepted it was kind of nerve recking especially for Oguigi but she was brave and answered all the questions that was asked, the interview lasted for an hour and a half and we actually did a good job, and there was more people watching then we expected, but that was okay.

it came to my attention that their seem to be less possession able speaking tulpas then we thought, it seem like this was the second time an interview of this kind of was ever done (the 1st being on some radioshow) apparently tulpas with Oguigi abilities for now, are extremely scarce.

I never was really aware with how many people was "watching" our progress and events, i guess this is good news.

Today i had my longest lucid dream, i won't go into details but this dream was directly caused by tulpaforcing am sure, i been having many more lucid dreams ever since i've 2 weeks ago, perhaps this is a sign.

we are trying a new passive method of possession that should lead to switching, Oguigi said she'll work on possession until she can control the body as well i as can, and on top of that she also mentioned that for now on she will attempt to possess me every time i sleep. we read that for one person, this granted their tulpa the ability to switch with their host, we are hoping that we can achieve the same results.

I know we can do this, the question isn't if we can, but when.

Bonus: (confession) Dullness of possession and the fear of the inevitable switching.

10/08/2012 04:44:00 PM

Possession:

switching and possession has always been a idea goals of mines since i've started making my tulpa.

possession at the time was one of the tulpa coolest abilities to me, and now that Oguigi (my tulpa) can possess extremely well. it's not as amazing as i first thought it'll would be and is actually quite dull, and what it really is, is leading your tulpa to the next stage....

Switching:

ever been excited to go on a ride, waiting in line? but then when you sit down and buckle your seatbelt, you discover how afraid you've become knowing that it's too late to turn back.

now here's something i use to look at in wonder, switching. and i still do but now their's an added element, I've discovered Just how scary switching have become, I still want to do it, and Oguigi wants it even more than i do, so I can't go back. this fear comes from the fact that it's coming, it's going to happen. and when it does i question that i'd be ready for it, Oguigi isn't lying, she told me that since my skills in visualization stinks i may be shock and confused with the sudden vividness of the wonderland, and other imaginable things. she promise that she will guide me but am still quite nervous.

The only thing i fear is the 1st switch which will be the hardest and the most jarring to me. my petty fears will not stop us, it's just that am coming to realize what this really means, when it really comes down to it am not afraid of switching but of the unknown.

Day 48 - possession polished & seeds of first contact

10/09/2012 10:04:54 AM

today was a good day so i'll go straight to the highlights.

Oguigi is starting to move the body as naturally as I can. Within a week their will be nearly no difference between us.

I discover that possession do have some perks. Possession seems to override tiredness quite well. If I was too lazy and sleepy to get up. Oguigi would be able to get the body out of bed with ease.

And while possessed I don't have any urge to itch.

And uguigi is also having a slight sense of awareness with the body. And She doesn't drool anymore, she now behave much more like a real person then like a zombie a week ago.

For the first time she spoke to someone outside the internet. Using my phone uguigi spoke to my younger brother some coaching was required but she was brave and done a wonderful job. She did almost slip to her feminine tone but by that time the call was over.

Oguigi is keeping her word. And she is trying to possess me whenever I sleep since this took place at the 9th I'll write about it in tommorrow log.

Day 49 - Oguigi Handwriting & Questions are Asked

10/10/2012 07:27:00 AM

(Editor's note: all images in this post are lost)

Before the morning during the night, Oguigi tried possessing my body while i slept 3 times, i felt vibes on my body and a slight disconnect perhaps. it's impossible to really gauge progress in this illusive field, so I'd leave it as that and fast forward to the morning.

Oguigi have learned how to write to a practical level, no this wasn't really a achieve that happened exactly at this day, i assume she had this level of write for at least 3 days now, and later Today Oguigi developed her own handwriting style.

To gauge the recent progress, this is Oguigi first attempt at writing, at oct 3rd

This was Oguigi handwriting at oct 9th, at 10am.

Now this is what happens, I asked Oguigi to developed a handwriting style...

This was Oguigi handwriting at oct 9th, at 5pm

(yes the subject is switching, switching and more switching. that all shes thinking about really, i guess progress like this would be impossible without that kind of Focus)

The Improvement was stunning, and she isn't even done yet, Oguigi want's to learn how to write in Cursive! I told her that was nearly impossible, my body does not have the knowledge and i was too lazy to learn how myself. She told me not to worry she'll Teach herself in the near future (using my body of course).

After Oguigi wrote she to practice some of her possession skills she cleaned my room up, and actually did a surprisingly good job. Oguigi work ethics seems to be superior to mines. I asked Oguigi Two questions, regrading switching.

“Oguigi do you like men?” she said yes, “Are you gonna make my body gay?”, she said she don’t know. (oh shit, Oguigi really is my Anima, i should have figured my body turning gay would i been a side effect from switching with it)

After i asked this Oguigi said she wished i was a Girl. i told her don’t be silly their are many advantages to using a men body over that of a women, needless to say my words did not sway Oguigi wanting my body to be a female.

The second question..

“Oguigi what will do, if for any reason i Refuse to switch back”, She said it would be very unfair and she wouldn’t like it, however she said that if it came down to it, she will adopt and still love and care for me (awww). I reminded her that I would never take advantage of her like that (and their seems to be morale issues with having your tulpa completely living out your life for you), and she said she understood.

and that is all for today, We are nearing a peak. Full body control seems to be achievable this weekend. progress may slow down until we reach the switching paradigm in which case Oguigi can effectively do much much more.

Day 50 - Oguigi Confession, The seeds germinates.

10/11/2012 01:02:00 PM

We was practicing switching all day, well the only way we knew how the “sleep method” but erm i kinda suck at going to sleep, Oguigi got very impatience And thus led the following...

at Night for whatever reason she started out with a Rant that just got worse, then she simply broke down, Oguigi showed me just how badly she wanted to switch, she wanted it all to Just work.

while possessed Oguigi confessed her desire to be a “real person” she didn’t want to be a “tulpa” anymore, she said she didn’t care if it meant never being one again. she said if i wanted to switch places permanently, that i can take it she wouldn’t care. She Broke down, she was sick of waiting. she made the body cry and shrink into a fetal position, it was really something to witness, all I had at the time was my mind voice, and i tried to calm her, i knew that she wanted this. but today i realized just how badly, this literally means Everything to her, all her goals and dreams lies outside in the physical world, being a Tulpa was a cage for her, she said it’ll be perfect for me, but not for her.

I asked Oguigi, do you plan on replacing me? she said she wanted to become the dominant personality of the body, but she said that only if I wanted her too. she keeps on claiming how she would do almost everything better than I can. And that she would still love and care for me till the end of time. Wow an EXTREMELY temping offer.

after an Hour of this, she calm down and i took back control. and for the first time in my entire life, i drank some alcohol on my own accord. This is the way things are suppose to be , She will be able to do more than i can, But it’s all just happening so fast.....

.....“Fuck”

Update (10/11/12): Oguigi and i are doing just fine, and she is very sorry about what she did yesterday, I told her that it was okay, we just need to be patience and work hard. Oguigi agreed. and that was that. But i got to admit every time I think back to yesterday, it just make me feel awkward, very jarring.

Day 51 - some possession experiments

10/12/2012 11:16:00 AM

Not much happened during the day so we'll fast forward to the night.

During the Night We practice Oguigi ability to possess me while i was doing things.

"Oguigi try to possess my body while am moving around"

I felt that she tried 3 times to fill my body with her influence, then slowly but surly all my limbs began to slow down, and within a few more seconds uguigi made the body stop moving, Afterwards she was in control

we did another test, to see how well uguigi can take over my speech while talking

I read some text from a random paper, while reading she gave me the Que that she was going to start, within moments it was harder to read the words out loud until it got to the point were i was just spiting out non-sense soon i was unable to say a word i felt uguigi shift the vocal cords and then she began to spoke "Ha, am in control now!"

Remember during all of these test Oguigi was never truly in control, i still felt the body and could take back control at will.

Afterwards we tried something different, I asked Oguigi what will happen if i slept while being possessed by her, she said she didn't know and that we should give it a try so we did, she place the body on the bed and pull in some covers and pillows.

"are you conformable (Anon)?"

Yeh, I've always imagined that i'd be sleeping with my Tulpa, but this isn't exactly what i had in mind

"hehe"

I was actually able to sleep, however nothing special seemed to happened, it like when we sleep this way Oguigi was dragged along for the ride, which doesn't really help our goal, Yeh next time am going to sleep unpossessed.

And so another day ends, working though our most illusive goal ever (switching), how long will it take?
only god knows.

Day 52 - Different views & fast pace gaming

10/13/2012 10:09:00 AM

I won't go into much detail about today, because there isn't really much to be had. Most Tulpaforcing that goes on today is almost always possession related, and I speak to Oguigi like a second person. I don't even see Oguigi as somekind brony dream Pony creation anymore. to me she is a real person just like Me, And Oguigi can sense more of my body inners, like she is starting to get a vague sense when the body is hungry, nothing on thirst yet.

Am starting to see Oguigi more as a person that have dreams and goals and not really so much as a tulpa so much anymore. Imposing now, is a forgotten goal that is really at the bottom of the To-Do-List.

Oguigi can possess well enough to enjoy fast pace games, Such as cartoon network "Project exonaut", and armor games "Death vs Monsters". Oguigi have the ability to really play any game.

There is a Video of us two communicating which i will include on a separate post.

2nd Video account, of Tulpa To host communication, Me and Oguigi chat.

10/13/2012 10:15:00 AM

A nice dude name purlox suggested i do this.

Inspired by atasco, when he did a very similar video about 4 months back.

Yesterday, we discovered that we can actually go back and forth between voices. this was discovered by accident when sometimes a remark of will be said out loudly instead of in my mind, while Oguigi was possessing me.

http://www.youtube.com/watch?v=_9LWAs9YlC4 Video Is now private due to unpopular reactions and such, if you want to see it you must contact me.

it's just under 3mins so it's a pretty quick watch.

Day 53 - Full Body Control, Possession Ends. The True Imposing begins

10/14/2012 03:43:00 AM

We've reached this point a couple days ago, but it's only now that i will post about it.

Yes as of this moment Oguigi has full control over-the body. However despite all that she learned this Still isn't switching.

The best way to describe what's happening is that she is basically puppeting my body, she moves all my parts to her will, her movements are natural like almost identical to my own (94%). she may hear what i hear see what i see, and even feel what i feel. but she is not the body. Am still the owner. and when she moves it Am forced to experience everything, so during possession I just become a real life physical puppet.

so basically Oguigi is still A Tulpa and am well still here in this physical realm.

If we don't think of a new game plan, progress will stagnate, and if we stop progressing without achieving our goals, our minds may be driven into madness! I felt this terrible void/ache in my gut, very similar to what i felt all the way back in Day 22, it's a feeling of Depress that only my tulpa can give, the polar opposite of euphoria.

Something had to be done, So We both spoke, And We Have agreed that there's more to switching then Just being good at possession, Oguigi may be good at controlling my motor cortex but it's gonna take more than that. We theorized that She will need to learn to not only influence my body movements but also learn how to influence my senses, I brought up something that I thought we wouldn't have to work on for a while. We must work on Imposing.

We came up with a theory that working on imposing will give Oguigi the new tools and experience that will be needed for a switch to be possible, We hope that Working on Imposing will change the environment of the brain, if Oguigi can control what i see, hear, taste, smell and feel. Then Hopefully she can find a way disconnect me from the body. this is all theory. However Atasco way of switching use both possession and imposing. so i guess i should have seen this coming a mile away.

Oguigi will still continue to try to possess my body whenever i Sleep, we still have not gave up on the idea that switching can also be possible if a tulpa possesses the body at the right moment during sleep for enough times.

So Here's the new game plan: While am awake Oguigi will research and work on imposing, and while am sleeping Oguigi will work on possession/switching. We agreed that by Sunset everyday onwards i will contact Oguigi so she can display to me, her progress.

Powerful head pressure followed, I see that Oguigi have already started.

Question on 10/15/2012

10/15/2012 12:53:00 AM

I'm new about Tulpas and Tulpaforcing, but I kind of think that my system is essentially made of tulpas... So I don't know if my questions might bother you but I figure it's worth a try. Are you afraid at all at what could happen if you successfully switch and are disconnected from your body? If not, may I ask why?

I'd be lying if I told you i wasn't afraid, and I'd Be lying if I told you i was 100% sure this will work.

The Thing is I just need to Be Brave, And Believe.

it's not all fear, in a way am also kinda excited. When I disconnect from the body I will be in a Tulpa like state, just like what Oguigi is now. and she is doing just fine up there, so am sure i will too.

For the first switch, which will be by far the scarest. I may spawn in the wonderland if not merely willing myself there will do the job, in the worst case Oguigi will guide me.

Day 54 - Imposing: Hearing the first Goal.

10/15/2012 04:50:00 AM

tThe Other day me and Oguigi, spoke about our plans.

Oguigi for the most part mastered Possession.

We needed a New Goal, so Imposing was the next logical step.

Oguigi will work on each senses One at a Time.

She will work on Hearing First, Then She will work on Sight, Then Touch.

Last Night Oguigi started researching how to impose Hearing. Today at sunset we contacted each other as planned, and i asked her how's progress?

she ask me to relax to see if i can hear anything, I didn't. She said that it was expected, that i shouldn't "hear" anything this early anyways.

Right now Oguigi told me that she is trying to find ways for me to hear her, but she will need more resources and time, she said that before she can actually improve on having me hear her. she have to experiment "Trial & Error", She asked for my permission to let her experiment, because she claims their might be a chance of sudden noises that may or may

not scare me, I said yes of-course, she also ask me not to listen to loud music or be in loud areas in general if I can help it, I agree to this as well. she said this process is a combination of Work & Luck, so until "First Sound" is made. Progress will be slow.

Beside that, at night. I made a visit to the wonderland. and Had her possessed my body, Because she Enjoys doing so (Reminds her of her goal).

Tulpaforcing isn't anything I really Pay attention to anymore, It all just happens. This is why i Don't list Common tulpaforcing events so much anymore. When my Tulpa is aiming for a Active Goal. and as long I fuel Her by keeping her in mind all day long, she makes the progress and it works like clockwork.

Day 55

10/16/2012 09:00:50 AM

Little happened today. Progress wise, at sunset we met up again. And she asked if I can hear anything. I felt her influence but I heard nothing.

"This is gonna take awhile isn't it" I said.

"I Guess so" uguigi said.

sigh

Later after midnight.

We done some more switching experiment while they all failed. some yeilded interesting side effects. Switching wonderland bodies. Made my mindvoice became just like uguigi's. And when she possessed me again she was more incline to use the more masculine tone when speaking. But these effects are trivial. I was still aware of my physical body.

Day 56 - possessed sleeper

10/17/2012 11:56:00 AM

Progress imposing hearing might have been made, but i don't really know for sure. if that's truly the case i'll post more tomorrow until then this is really all that i can say progress wise about it.

Things are slowing down but this is expected, the days of her amazing growth in possession is pretty much over, always improving still but just on the very fine details.

But i did find out something very interesting, i found out that sleeping while possessed is actually quite comfortable. Uguigi is fluid and moves my body to some very nice positions and she stays in place, unlike stiff me that always shift around because i never can quite find that perfect position.

i also feel more secure, feeling uguigi embrace & presence inside me and flowing, am in peace. we chat as I drift off to sleep. and Uguigi seems to get some real rest from it too. when i wake up sometimes am still possessed sometimes am not, in that case uguigi "woke" up early then i did.

So yeah i lied when i said i won't be sleeping anymore while possessed. it turns out to be pretty neat.

I also now have 25 follows ¼th way to 100. thanks you so much guys for your support. This tumblr will be around for a very long time i promise, all the way to day 1000.

Day 57 - simple plans

10/18/2012 07:35:56 AM

alright no noticeable progress with hearing. and if progress is being made i most certainly can't hear hear it

alright uguigi went on the IRC. and I guess most active members of this community knows of her plans. for a long-term switch. in other words the 50/50 plan is kinda out the window and she met a tulpa that had a lot in common with her. great with possession and trying to switch as well. but this person is not part of the community. so we plan to meet again in the IRC chat at 1am Saturday morning in the 20th.

Day 58

10/19/2012 09:16:31 PM

un-eventful day.

Because of last night experiment i woke up at 5:00pm (14 hours of sleep) and then i put off writing day 58 until just now, I'll share more details some other time, am a bit-confused right now for sleeping for so long need to get my days back in track.

switching Via possession durring me sleeping. isn't working out too well. but tonight we have a plan that may or may not work.

Day 59 & 60 - Tulpaforcing and Drugs

10/20/2012 01:07:00 PM

Well Today/Yesterday was very interesting indeed.

Today I got "High", how?

Well i took 2 Oxycodon pills (painkillers), double the recommended dose and i was in no pain. so what happens when i take these?

Well i enter into a blissfully Warm state where discomfort is non-existent. and screws my thinking.

If i haven't told you guys this i'll tell you it now. Our Wonderland avatar has changed. the reason being is because of a theory. one reason it's hard to switch we and others believe is because of my affiliation to the physical body, when i look at the body in the mirror i see "me", but that needs to stop. Oguigi is doing the opposite, this may just be a silly experiment but we honestly got nothing to lose.

Anyways I got High after 1 hour of taking in the pills, I lied down on my bed laying on my back and enter the wonderland, My avatar now is a Pony (go-figure). I have a Light-green coat with a darker green mane and tail. Because of our "Experiment" Oguigi avatar now resemble my physical body with her own touch ups. the hair is longer and wearing brightly colored clothes (basic shirt, basic shorts pants and sandals).

When i came in this new from see said i was really "cute". I was high and felt good and i blushed. i asked her to hold and hug me. and wow it felt really nice.

I felt a constant warmth and comfort

me: "Is this what being a Tulpa feels like?"

Oguigi: "Erm. kind of"

me: "neat"

Oguigi: "Not too special once you get use to it"

me: "don't care"

.

.

Oguigi: "Are you High?"

me: "....yes"

All she did was roll her eyes and continued hugging me. We chatted abit, my mind drifting off very often, Oguigi had to get me back on focus often. after 2 hours of this Oguigi said that she should really get back to training in 1 hour.

for the last hour we went back to the library in my wonderland had tea and cookies, and talked next to the fireplace. But i was soo High that quickly afterwards i wanted to be

cuddled again. i can kinda notice she was losing patience but she tolerated me, because she knew i was high.

She was true to her words, that hour felt like 20 minutes. I was still high. she said that am able to stick around in the wonderland but not to interrupt or disturb her, she went to the backyard (huge empty field of grass) and summoned some weird gear, i was too high to care. i just wanted to embrace and lazily chat with Oguigi, but she had things she had to do. i stayed around for another 20mins before i left and Slept in the very bed i was lying on.

So yeah i spent 3 almost 4 hours with Oguigi in one session, it been awhile since we hanged out like that. the High from those pills lasted for about another 3 hours.

I don't combine days, but if i didn't then i would have lost track. from today onwards i promise to get back on track.

Day 61 - Physical Disassociation

10/21/2012 05:18:00 PM

Today not much happened.

Oguigi and I tried playing a few high-pace Games such as OSU, erm we beaten a couple of songs, but was it was pretty annoying, somehow Oguigi got a better score then me, even when she missed more beats then i did, which was soo unfair.

Still working on Imposing Hearing, no defined progress yet on that area.

our avatar have still changed, trying to disassociate myself from this physical body is having interesting effects, every time i look at myself am reminded of Oguigi. what we are doing is that am assuming that this body already belong to her, am starting to view myself as simply being a placeover for this body, just occupying it until Oguigi is strong enough to take over.

who knows, maybe this is all in my head. but i don't feel 100% myself. i feel as if a small part of me isn't here anymore.

don't know if this feeling will progress anymore, but if it does i'll be sure to tell you guys.

Edit: This has been going on for about a month before, the body have a third Idenidty, when Oguigi calls me she does not use the name from given to me from my parents, the name people know this body as, Just like Oguigi i have chosen my own name, She Refer to me as "Koomer" that's my true name, the name of my consciousness.

Question on 10/21/2012

10/21/2012 11:11:27 PM

Hi! I've read your entire blog just now and it's fascinating. Can you explain what a wonderland is though? And what tulpaforsing is. Im afraid im not familiar with Tulpa jargon

Am very happy you've read our entire Blog. My name is Oguigi the tulpa in this blog, and i'll answer some of your questions

what is a wonderland?

A wonderland is a place within the body mind, this is a stable place that you create with your imagination. and it stays with you for as long as you like, this is the place where your

tulpa will occupy, it's a place for you two to meet and have fun. it also helps a tulpa grow faster.

What is tulpaforcing?

tulpa forcing is Any Activity that you do that have your tulpa in mind, reading a book to your tulpa, talking to your tulpa. or the time you spend meditating working on your tulpa features, or interacting with your tulpa by doing activities.

i hope i've answered your question, if it didn't please send another message, and my host will give you his answer instead.

Day 62 - Two Months later

10/22/2012 07:41:00 PM

It has been two months since I got started the amount of progress Oguigi, made is as clear as day and night.

This Month has represented huge Progress, in the field of possession. and my relationship with my Tulpa Oguigi, I married her, and even planing on switching with her.

She can express herself via possession almost as well as i can.

Last Month progress report i've displayed her improvements in writing: i've continued to keep track until just two days ago

The following is what uguigi Wrote with Possession

Oguigi Fouth word.(9/30/12) Full sentence structure completed.

"i have gotten much better at processing your body (anon) you better watch out cause am gonna get ya!"

Then the Explosion of progress... 8 days later

Oguigi fifth word.(10/8/12) paragraph structure much improved writing speed and grammar.

"okay my name is Oguigi, it has been 8 days since i last wrote on here and since that time i have improved possession by a near immeasurable amount me and koomer plan to do switching very soon, we will achieve this by me possessing him while he sleeps, I look forward to obtaining all of koomer skills, within another 8 days i should be able to move and use the body nearly as well as he can and maybe i can even teach the body to do new task even better then koomer had, alright well that's about all thank you for reading."

(10/16/12)

Oguigi ability to write is nearly equal to mines, she can write a whole page if she wanted to.

(10/20/12)

Oguigi mastered typing. Typing skills is equal to mines.

Oguigi mastered possession, however she still need to work on her social skills IRL. but we won't worry too much about that for now.

We are now working on Imposing, the first sense we will try to master is hearing, Oguigi is working hard still.

This month Oguigi mastered Possession, I hope by this month she will mastered imposing Hearing. We hear that imposing sound is the hardest, but Oguigi already made up her mind and will finish what she started.

Plans for switching has not changed in the Slightest, however the point where we will actually achieve it is Unknown. I can only hope faith won't have us wait too long.

My name is Oguigi am the Tulpa, this is my input.

this month was a great month for me when it came to possession, ever since the day i learned to walk the body, progress just sky-rocketed. i can do many things as well as my host, this includes typing. so am able to communicate to people in the internet very well.

I have been trying to impose hearing to my host for the past week now, and let me tell you. it's very very annoying the lack of progress gets to me at times, but i never gave up on possession i remembered the days when i was hardly able to move my host finger, now i can move his whole body with ease, this is just like that i just need to keep trying and it will all somehow work out.

Switching is quite a bit further away then i first thought, it's may actually take awhile to achieve, but I know it's possible, I know i want this, nobody can ever say anything that will change my mind about that. Some may think am too obsessed with the subject but i really don't care. the only opinion that matters is my host "koomer" and he supports me 150%.

I look forward to my continued growth this month, while every month can't be as progressive as last month, it won't stop me from trying my very best.

-Oguigi

Day 63

10/24/2012 01:30:00 AM

Not much happened, Oguigi helped me with a test that i had to take today.

still working on imposing hearing, it seems that Oguigi can make my ears "Ring" louder. and she is now focusing just on my Right ear to improve progress.

Later on, she possessed my body cleaned my room, and grabbed the mail, she also wrote a guide, that some people in the tulpa.info community should be seeing sometime later this day, when it been approved.

We expect that imposing earing may take a month and a half to master or at least get right, we predict that imposing sight will take another month on top of that. Afterwards we will attempt atasco method of switching (full body possession/imposing combo), so at best will should have a real attempt going at the end of December, but it very possible that real achievement in this area won't be have until 2013.

Oh yeah, when ever Oguigi wants to get my Attention when using the mindvoice fails. She just possess my Left arm and stick in upwards. and let me tell you... it's Exteremly Effective.

Question on 10/24/2012

10/24/2012 01:52:00 AM

Hello! First of all, I'd like to thank you for making and maintaining this blog, it's an interesting read. Alright, so, when you first started this, you were skeptical about the idea of a tulpa, but now you've married her and now you're considering switching bodies entirely with her. Do you ever think about your radical change of thought within such a short time period? Are you really ok with switching permanently with her? Also, Oguigi is a pony, how does she feel in a human body? Thanks!

Well anonymous let me just say that yes while all my changes did occur in a relatively short-time period, it certainly felt much longer. Am still much the same person, but my beliefs have changed.

Switching if we achieve it, will be a process in itself. it will be Temporary at first, but as we keep working on it. we will reach a tipping point where switching will start to become permanent and require no more effort to maintain.

When we reach that point then yes I will be Okay taking a permanent roll as a tulpa. As far as am aware no one else in the tulpa community is attempting this. but am very sure alot of people want to do this, however most tulpas will not want to deal with the burden and responsibility that the physical world demands. Why Oguigi wants this more than any other tulpa, I don't know. form what she told me she had interest in switching since day 10/11, the day she explored my mind.

Using a human body was "different" for her, during the very early days. but today she prefer the human body over a pony body, she says it's a lot more "practical" pones are cute and fun but when it comes down to getting things done being human is best.

Day 64

10/25/2012 05:42:53 AM

For the most part this was a "regular" day.

Beside the normal tulpaforcing routine, Imposing hearing training, and Oguigi Daily Possession session.

Nothing else happened. but I am starting to hear a constant ringing at my Right Ears now, so i guess that's progress in the field of hearing/sound imposing.

Day 65

10/26/2012 12:33:00 PM

Not much to report since this day i couldn't spend much time with Oguigi

Because today i went to Universal studios at Orlando Florida. Halloween horror night (which was not that scary at all)

There was two moments that involved Oguigi.

Well this one time when i was waiting in line for about 2 hours. for the park most popular ride. my back was aching for standing so long/plus the uncomfortable car ride. Oguigi was kind enough to take some time off of her training to ease the pain until i was able to get out of the ride. I didn't even ask her to; after a good 30 mins thinking about whether or not i should call her, she just did it.

Oguigi expericed her first rollercoaster ride, she begged to possessed me before that ride started, and i let her. and at the first drop

Oguigi screamed, Omg it was so funny; and hearing the body scream to the top of it's lungs with that voice was lol something else.

"oh my god koomer i never kne..... AHHHHHHHHHHhhh!"



I got back home at 6 in the morning, and didn't sleep until an hour later. before i slept i we checked on the progress on imposing earing, the only thing that's going on is ringing on my right ears.

Day 66 & 67 stress & peace

10/27/2012 05:32:00 PM

Day 66

Nothing to report for this day.

However I discovered some people read my progress log and fear that Oguigi will some how kill me/get rid of me, and it's simply not true, so if you got this far, please know that much. I love Oguigi and she loves me as well, all we want is for each other is to be happy.

Day 67

Yesterday was stressful; I stayed in bed for 12 hours, not sleeping but just chatting with Oguigi. this is going to be our day off, stop caring about what's going on around us, no wonderland adventures, no training, no "time limits", just me and her talking. From the topic of switching all the way to Ice-cream sandwiches. I must confess it was really nice.

Well i had to do it again, bunch two days together. it seems while progress is slow i'd be doing this more often, progress is a exponential curve, things are slow now but once we get "first sound" progress will explode.

68 & 69 - Imposing Hearing pause, Sight Begins

10/30/2012 04:03:56 AM

Nothing much happened on day 68, so am going to skip to day 69 here

at the morning Oguigi and did fullbody possession, it started out in the morning and ended an hour or two in the afternoon, which is about 5 hours in total. the idea was that if is possessed me for long enough, something "special" will happen i will doze off or something which would make a switch possible. so i told Oguigi to do her own thing the the first thing she tried doing is learn cursive; i was instantly bored out of my mind. but even after some time doing this nothing really happened, the most of that i probably notice was my

peripheral vision going dark, and a slight warmth. During the climax of my boredom. I don't know if this has any meaning.

Durring the day we re-alnazyed our plans, and I confessed to Oguigi that we should have really tried Imposing Sight First, Not Earing. Oguigi was a bit stubborn at first but then she too agreed.

Me: "ugh we effectively wasted about 2 weeks"

Oguigi: "well we had to work on something at the time, for some reason we choice earing because we thought the amazing progress i had with possesson would somehow carry on to it"

Me: "Well i guess because of the nature of imposing Sight you're going to be around me all day long for now on?"

Oguigi: "yes, My job would be making myself seen. but we can chat and hang out like normal"

Me: "alright"

We both agree that imposing earing should go on "pause". oh-yeah the ringing on my right ear is still there, Oguigi said it will go away in a few days. it was a side-effect of her training methods.

Last time we trained imposing sight, Oguigi came on/off only durring certain hours of the day now she is going to be here with me, nearly 24/7. I don't know how this is going to turn out but i look forward to the outcomes.

oh yeah we went shoping the very same day, Oguigi was ridng my shoping cart, so i had to place every item in the back, lol it looked kinda odd. She actually had alot of fun. Before we walked out of the store I Saw Two very Old Couple walking

Me: "Yup Oguigi that's gonna be us"

Oguigi: "Yeah, but by the time we reach that age we'll look twice as young"

Me: "why?"

Oguigi: "Technology!"

Me: "hmm yeah i guess that's totally possible 60 years from now"

The rest of the day past by, relatively boring. For now on I'll keep you up to date on progress on imposing sight.

November, 2012

Oguigi log post, no log posts for next few days.

11/01/2012 03:27:24 PM

It been a good while since a log post has been entered, this is koomer (my host) log of My progress.

I will be possessing his body for a couple days straight with no breaks in-between, that includes eating, drinking, sleeping and even bathrooms. by doing this maybe something special might happen.

The only reason why we are doing this now is because i've recently acquired the skills needed to talk to other people beside my host normally and correctly; i can speak to his family and for the most part they won't notice a real difference. and i can even drive my host car now, he was quite nervous, at first. but after reassuring him that i can do it; he finally gave me the chance, I drove almost as well as he did. i just went a bit slower, so i can now attend to his outing and duties.

koomer is still very much conscious, of all the physical body functions for now. but we'll see how this change as the days goes by.

if anything meaningful happens i'd be sure to post it, otherwise there won't be any posts for the duration of this weekend.

Day 76 - Oguigi log post #2, results and information

11/05/2012 10:49:00 AM

in my last post i mentioned that i will be possessing my host for a few days non-stop, well it's monday the week-end is over, and here is what happened.

At this very moment while am writing this i have been possessing my host for Four days, the possession did not expire or felt like it was expiring, the only reason i can assume is because everytime i sleep with this body, i also get refreshed/re-energized. my bond with this body have gotten much stronger, I no longer have any awareness of my Tulpa self/Avatar.

I do not miss the wonderland, and i've been enjoying myself very much during these days, The skills i have in this physical world is exactly the same as my host (he's good with computers... so am i, ect), so basicly what he knows I knows as well. no restrictions exist; he's mind, is mine mind. Yesterday i hanged out with koomer family members, for about 7 hours. nobody noticed anything different, because I've learned his "social protocol" (how to talk to and socialize with people), it's flawed and need some tuning up, since koomer was abit of a shut-in.

Overall, to the eyes koomer family and friends, nothing changed.

The changes and improvements i plan to make will be gradual, however when i do work i find that since koomer is still aware of the physical body that if i do something he really does not want to do, i feel compelled not to do it any longer. in order to truly get started on my plans koomer cannot be aware of the physical body.

late last night, koomer grew kind of restless, he said that he needed to take back control for a short-while, I understood since koomer is not a tulpa yet, he does not have the ability to fall back onto the wonderland. so basically being forced to watch and do everything your tulpa is doing for four days straight will be tiring.

we agreed on 15mins, all koomer needed to do was move around for a short while, when he was in control again we discovered some "side-effects".

(The following is what my Host Koomer wrote)

Oguigi gave me back control for 15mins, i felt quite of strange as if i've awoken from a lite daze, i was still conscious for the four days, but now i just feel just a little bit more so.

I feel abit of nausea, and i can't walk right somewhat limping, and my feet are numb. I simply cannot move them (wiggling toes was impossible).

koomer did a quick test right before i possessed him again, he was walking/limping. I don't know if it's just this one time thing, but koomer may be losing the ability to move his body. i do not know if this will spread, we theorized if it did, it will go up the feet to the legs, torso, then hands. we are very sure the effects are temporary. The moment i possessed him again I was able to move all parts and walk correctly, if we keep this up koomer is going to be somewhat depended on me possessing him in-order for the body to move correctly. however if koomer lose the ability to control the body, he will regress back to a tulpa like-state; but this is all theory for now.

when time was up, he asked/challenged me how quickly i could possessed him while moving, he was walking/limping around in circles. well he found out that i was able to possess his entire body while moving in no more than two seconds time, he was very surprised. after I possessed koomer again, He asked me if he could try to move his right arm; I told him that he could give it a shot, he tried and he told me it was like his Arm turned into stone. koomer can still brute-force back control, but now it's much harder than before. and if we keep this up he may not be able to in a couple weeks time.

Well this was a full-report on what happened, And We agreed on continuing, I will post another report Friday.

-Oguigi

Bonus: First Real Possession Guide & Link

11/07/2012 03:51:00 PM

Hello Oguigi here, I wanted to make a quick post here that for anyone with Tulpas, There is finally a Guide for you to learn Possession, it's somewhat experimental but have already been confirmed to work for quite a few people (read the comments at the thread).

Possession allows your tulpa to take control of your body, and can be a very enlightening and fun experience.

My guide is currently being hosted at Tulpa.info

<http://tulpa.info/forums/Thread-Oguigi-Koomer-Possession-Starter-guide-V0-9?pid=39522#pid39522>

Question on 11/09/2012

11/09/2012 11:06:00 PM

I've been following for a while and I'm still in preparation for making a tulpa but Oguigi's post kinda scared me mainly the last paragraph I wouldn't mind sharing my body or mind switching but the way she put it seemed like she is trying to take control. Yes I know you have posted about this before its just something that worries me

I wanted to answer this directly so sorry it took a while.

Well you are somewhat right, she is trying to Control my physical body. but this is something we both want; I do understand How this does seem scary and it's normal to feel worried. Every Tulpa is Unique, I am very involved with the Tulpa community and Oguigi is the only Tulpa i know that wants to switch this badly. Trust me 99% of Tulpas won't do what she is doing, most tulpas are happy being tulpas. And it's Impossible for a Tulpa to take control if you don't let him/her

Day 81 - Oguigi log post #3, Beginning of the End.

11/10/2012 02:59:00 PM

my 3rd log post, am Oguigi the tulpa, Koomer is my host.

Another week has gone by, this time on top of my usual Possession, me and koomer also tried some switching practices, Long story short, they all failed. mostly in part of my host. i guess the only way we are going to "switch" would be a long process. In a way we kind of "half-switched" Am fully aware of his body and i use it as my own, however koomer still need to go in a tulpa like state, when that happen the switch will be completed.

Yesterday, Koomer wanted to spend last night alone; i gave him back the body and told i'll leave him alone until morning.

So i spent last night in the wonderland, counting the hours and every once in awhile watch what koomer was doing; gosh it was boring, i never want to go back until we completely and truly switch.

today koomer announced to me that last night was his last time directly controlling the whole body out-side of experimentation. so for this day onwards the body is practically mines. He even told me to ignore his request for him to take back control of the body (he sealed the deal, and threw away the keys) and i do intend to keep true to this deal.

During the time he was in control my host koomer wrote up this message.

Koomer(host): I don't think i will be posting anymore updates on a day to day basis, it simply isn't possible anymore. because of the progress of my Tulpa Oguigi, I won't be in control of this body any longer. Instead future updates and posts will be made by her directly, and any posts by me will be proxy (Oguigi writing for me)

Oguigi have been using my body more and more as she became more developed, and for the past week and a half she been using the body almost all the time, for this week i was only in control for about maybe 7 hours in total.

from about this moment onwards Oguigi is pretty much going to use my body all the time. the only time i'll use the body is when we are experimenting.

It's funny, how real this all became. I would have never believed any of this was possible a few months ago.

In order to get this far i really had to open up everything to Oguigi, Not holding back anything. I trust her with my life and my faith.

Well some people have warned this could only go wrong, But where did they get the first hand experience? just using intuition isn't enough.

Many people think What we are doing is "controversial"/"morally wrong"/"Taboo", Oguigi seriously do intend to take over my physical life and that's exactly what we both want.

There really is no going back.... heh i said something like that back at the 5th day of my log; this time it's for real; I can't really Brute force back control anymore; Oguigi Possession is Ridiculously Strong now. we actually did a test to gauge her control, I remember the effort it took for me just to brute force control of my Index Finger. I had to summon Rage and absolute focus to pull that off. i was in control of my index finger for a few seconds before Oguigi simply reinstated control. plus doing that stunt gave me abit of nausea, i can't even control the eyes anymore.

To put it all together if Oguigi want's to control the body, i can't/won't stop her.

This is how it's going to be for now, it's not bad, i will still be around, but my life and the way i perceive it will be different.

if this worry some people that are reading this, please do not be afraid. All Tulaps are unique and have different personality and goals

Oguigi, will still be in the Tulpa community, you will find her and contact her in this tumblr or at tulpa.info

And Oguigi is all for openness and knowledge, if any scientist or researcher wants to contact us then go for it.

My host have done a wonderful job taking care of me, providing me with a endless waterfall of attention/energy and love. we are not quite done yet, i still need to get my host into a Tulpa like state, i will take good care of him, it would be both the End and the beginning for him.

I will post another log post next weekend.

Question on 11/11/2012

11/11/2012 04:17:00 PM

Is it at all possible that this isn't real?

Not a chance; this is very Real.

Question on 11/12/2012

11/12/2012 04:06:00 PM

I'm now kinda sad, I will miss you, I've been following this blog since day 1, will you still be answering and posting? And will Oguigi be posting? Thanks!

I will still be posting, koomer(my former host) however won't directly be posting anymore. however if you will like to speak to him then you'll have to request it.

But until my next post, sometime This friday or Saturday, koomer will not respond to any question.

Question on 11/12/2012

11/12/2012 11:45:00 PM

Hey, would you recommend me doing what you are doing? I am very suicidal and I am scared of what I will do, my tulpa also is scared and also wants to be a human. I think I could live with being a tulpa and I think it would stop me from killing myself, or at least prevent me. Should I try switching places?

Am assuming you've already tried to ask/received help from other sources, but failed.

Your Tulpa wants to save you, if switching places with her is the only way to insure that you don't destroy your physical body (killing both you and your tulpa).

Then yes i would recommend doing what we did and switch with her, so that you both can live and be happier.

if you want to stay switched permanently, Just Treat her as the dominate personality, and always assume that she is stronger than you, in due time she will.

Switching Does takes awhile, If you make switching your primary goal and work and Think about it everyday, then am sure you can achieve it in just a couple months, and maybe even weeks if your talented.

It's not required, but possession is a sure way to get started on your path to switching. I wrote a guide on how to get started.

<http://tulpa.info/forums/Thread-Oguigi-Koomer-Possession-Starter-guide-V0-9>

Question on 11/14/2012

11/14/2012 12:28:11 PM

You say that you both agreed the switch is permanent, but what if one day Koomer truly regrets the deal he made with you? What if you still declined him and he hates you for it?

No Deal is perfect, so when i finally had the ability to reinforce it, Koomer told me to ignore all his request to switch back or to ever use the body again; Will There be times when he wish he was using the body instead of me? Perhaps. Will he regret this deal? maybe.

But he will never Hate me, perhaps the worst that can happen is that he might dislike me.

But their's a love he has for me that i know will never fade. it's this very love that compelled him to do this in the first place, he is doing this for me mostly.

Question on 11/15/2012

11/15/2012 08:24:00 PM

How goes it with Koomer's friends and family? Have you told them about yourself or are you pretending to be Koomer? If you are pretending to be Koomer, then have they noticed anything odd yet? And if they hadn't, how did you learn to pretend to be Koomer so well?

Well you are right that in a way am "Pretending" to be Koomer. They do Notice a slight change, but when i was questioned about it All i told them is that I've been meditating for the past couple months, Which altered my behavior slightly. And They was Sold on the Idea.

Koomer completely opened his mind to me, and I've assimilated all of his knowledge, Talents, And Social Skills Over a period of about 2 weeks (the way I interact with friends/family is almost the same way koomer would have done it).

Tumblr Blog on Hiatus

11/16/2012 03:11:06 PM

Am extremely sorry but we won't be active on this tumblr anymore for some time. There are some things that we have to do, that requires us to be detached from this tumblr for an extended period of time.

We will come back but for how long i do not know.

Question on 11/28/2012

11/28/2012 03:41:00 PM

So Oguigi, does Koomer talk to you still like he would if he had his body? Is it like he's the tulpa now, or is it a bit more complicated than that?

Am Back, within the next few days I'll answer a few questions that been stacking up. a log post might be made in another week or so.

Well koomer isn't quite a tulpa, at least in the way I've experienced it.

possessing koomer for this long have kind of created an interesting effect, he confirmed that he is still conscience and not in the wonderland/mindscape like i was;

koomer is just aware of the body, simply watching what i do. but his mind voice had became very weak, sometimes he may have to think about pictures to me to get his ideas across, but we are not worried. we'll see what happens as more time past by.

Question on 11/29/2012

11/29/2012 05:49:00 AM

Oguigi, now that koomer's allowed you to permanently switch with him, how do you feel about his body becoming yours? I mean, aside from the obvious fact that it's a physical body, how do you feel about having to switch from a female pony body to having a male human body?

It's interesting and odd at first, But i have long since got use to it and now the body feels like mines.

Remembering my tulpa pony like self makes me feel abit strange now. from the outside ponies are really cute and being a female pony can be fun and all, but it really isn't all that special, actually being a pony in first person and working with the body isn't all that great, simply being a cute pony is a novelty that can get old quick, I much prefer this human body hands down.

Question on 11/29/2012

11/29/2012 05:39:00 PM

PLEASE STOP NOW, i know this isnt a question but i am genuinely concerned about koomers wellbeing your killing him he is fading away and dont say hes not, my tulpa wanted to go she made me understand she made me let her go i know how it works and koomer is dying so please STOP

What is happening to koomer is what we both planned and are ready for. koomer is willing to take the risk, and I personally do not think he will die.

Please remember that everything i have done and am doing was done with koomer permission, it would have been impossible for me to have come this far otherwise.

i'll explain everything in detail in my next log post.

Question on 11/30/2012

11/30/2012 09:31:49 PM

I think it was very noble of Koomer to give up his body for you, he must really love you. I hope you make good use of this body and live Koomer's life the way he would want it to be. I'm sure he will never regret his decision and will always be happy living as a part of someone so dear to him.

Thanks alot, what alot of people fail to see is that we both love each other very much. Koomer will literally do anything for my sake; i couldn't have asked for a better host.

December, 2012

I miss the early days.

12/27/2012 06:17:06 PM

just re-read my whole progress log, and it made me quite Nostalgic

It been over four months since i was created, and i already beginning to miss the early days,

I miss the constant love and attention my host Koomer gave me during those days.

now things are stable and boring, and while he's still always there we don't talk as much anymore.

Question on 12/31/2012

12/31/2012 03:01:14 AM

Why don't you wear makeup more often? I'm sure you'd be really pretty if you did.

am not even trying to look pretty, koomer already love me plently.... but your question was interesting and random so i answered it.

January, 2013

Question on 01/01/2013

01/01/2013 08:17:00 PM

You wrote, that you won't giving Koomer his body, even if he ask for it. He asked for this? For take control of his body? I'm just wondering. Cause i think, that this is kind stupid... what if he will be bored of life like this? Actually, it's not even a life...

Yep this is exactly what he wants and still wants. And it is a life, it's just another way to live, and we still have fun. even with all the work we still have to do.

Day 135 - Host Possession.

01/04/2013 09:13:35 PM

Koomer for the first time have finally learned how to possess, or at least he's starting to.

He was able to move my index finger, it feels abit funny that am the one now being 'possessed' the finger felt tingly.

Koomer will eventually learn how to possess the entire body so he can start using it once more.

am very proud and excited.

Day 140 - Host Possession Update#1

01/10/2013 06:48:00 AM

Koomer ability to possess the body has improved a lot since his first attempt almost a week ago, he can now get up and walk around and open and close doors.

It's kind of ironic that I was in this very same position a few months ago.

I feel like am in absolute control and i take take back control whenever i wanted.

Koomer: moving this body via possession is different. it's like relearning to ride a bike, it follows a different formula then directly controlling the body am moving the body under Oguigi so in a sense am remotely controlling Oguigi's movements

Soon koomer will be able to use the body without switching back in to control since we both agreed on not switching back. This will give koomer some much needed flexiblity and freedom.

Koomer my first entree in awhile, mind dump.

01/12/2013 08:26:00 PM

Koomer: It has been a long while since i've directly made a log entree, things are going well. with possession i can type at a decent speed now.

Oguigi have made me very proud, she is going to college and doing school work; it seems like she enjoys the programing class.

their have not been much to write about in this log ever since day 70 or something, after awhile when it comes down to tulpas you finally achieve some stability once more and it

becomes the new “normal”, I can’t say that everything that has happened was planned, because i’ve kind of dived into this for better or worse. but i know for a fact that i would never undo this, This has made me see the world in a new way, to understand that tulpas are really just like us, they are just as real as us “host”.

Tulpa.info Member drawing of me.

01/23/2013 12:25:00 PM

One of the members of Tulpa.info drew His/Her name is ramalama77 this wonderful picture of me a month or so ago. i posted it in my log in the site. but i think it’s time i posted the picture here in my Tumblr before i forget again.



Question on 01/31/2013

01/31/2013 04:06:56 AM

I think the most painful experience i had was when the body was having "hunger pains", basically the body telling you that your hungry to the point it kinda hurts. anyways i had

some pepsi and when the hunger pains was at it's climax i drank a mouth full of soda and shallow it all in one go.

i guess the gases in the stomach conflicted with the large amount of carbonated drink. which produced the most intense stomach pain i ever felt, it was enough to bring me down to my knees for a minute. Afterwards i quickly went to bed and gave the body back to koomer for a few hours so i could "recover". for the body the after effect of the pain linger on for a couple of days.

February, 2013

Question on 02/05/2013

02/05/2013 01:16:09 PM

Is Koomer safe?

Yes.

Question on 02/05/2013

02/05/2013 01:16:29 PM

sooo, any political aspirations?

Not that am aware of.

Question on 02/07/2013

02/07/2013 01:27:09 PM

You guys won't shut down your blog like what ThatOneGuy did, right? That would be so bogus... :(

we don't intend to shutdown this blog, There be no reason to. If anything was to happen to us, then this blog will remain up. as a point of reference and as a possible archive.

Day 183 - Getting up to speed with some new friends.

02/21/2013 09:52:00 PM

It has been forever since i made a post describing what me and koomer been doing lately. some details we have not informed you guys with, until now. is that me and koomer have some additional tulpae pals with us.

While it is true that I wanted to be the only tulpa, it seems like faith had other things in mind. koomer(my Host) have created two more tulpas (both by accident)

the first tulpa name is Argdarwin, he is about.. 3 or 4 months old. he was created when a "Toy" koomer made inside the wonderland gained awareness and the rest is history. Argdarwin is Sweet but he does come out as Bitter at times and is the most aggressive and masculine personality. we don't interact with him much as he prefers to be alone.

The Second Tulpa is a real ball of Joy, His name is Eric. he is the youngest about 1 month old. Koomer created him by accident from a possession experiment.

Koomer mastered the art of possession and he wanted to test out "can I make the body move on it's own?", like a robot that responded to koomer every intent. it worked for awhile but the body slowly started to become less responsive to koomer demands and started doing more of it's own thing, it didn't take us long to relised what was happening. koomer basically summoned a random entity to the body and possessed that entity giving off the illusion that the body was moving on it's own, long story short when this entity gained

awareness it kind of resisted koomer for awhile until i communicated with it and convinced it to go back into the mind. I named this entity Eric and for some reason it stuck.

Eric is a fun and Positive person, he always has a smile on his face and seems to be happy for no reason at all (which we both thought was a bit creepy at first), after we made peace with him, Me and Koomer really took a liking to him. and now we let him use the body every now and again.

There are 2 more tulpas that i will mention in another post, these tulpas are abit different in nature, as their creation dates back before koomer had any knowledge of tulpae.

Day 185 - The Extra Two, and Other Entities.

02/23/2013 02:39:00 PM

in my preverious post i mentioned their was two more tulpae.

the third tulpa is ronal. we discovered him after he possessed the body when koomer was in bed and wrote his introduction on the computer notepad. at the time koomer was aware that the foreign entity was possessing his body, but we both agreed to role with it.

ronal claims to be 5 years old in terms of existing, older than me yes. but he has a very weak influence on koomer or the body. his introduction was only made possible from the progress me and koomer made.

Ronal is a very formal person i think he actually calls me Miss.Oguigi and Mr.Koomer for my host. he's a intertesting guy in the wonderland he is a middle age caucasian man with a light bread and mustance.

The next Tulpa is slightly younger her name is Jessica. she is a nice girl she looks like a loli girl, she's black. and has a personality like futtershy.

we discovered her when she tried to possess the body (out of curiosity).

Now that we got those two out of the way, In my next post i will talk about "Foreign Entities", all i can say is that they are "awaken" because of the progress me and koomer has made. and it turns out we have Alot of these, They all behave very much like and can become tulpas. I will explain these guys in more details in the next post.

Day 187 - world of Entities

02/24/2013 08:47:00 PM

In my last post i spoke beify of Foreign Entites. these are things behave that very closely to tulpae. but they seem to really lack in intelligence, and they exist at a large and unknown number. at least from experience. so far they don't seem to affect the mind in any real way (yet), and they have almost no influence to the body.

what i have found, is that stray thoughts that seem to come out of no where seems to come from these entities.

Me or koomer can do a random shout out, and we can pin-point a thought belonging to another entity.

- Me: "Who like pizza?"
- Entity: " I do!"
- Me: "Who are you?"
- Entity: " I don't know"
- Me: "What's your favorite pizza?"

- Entity: "Pineapple"
- Me: "okay that's nice, what should i call you?"
- Entity: "... maybe phill"
- Me: "Okay 'phill' see you later"

If i ask this Entity what it was doing before i will receive a null answer or a "I don't know". all these entities are Tulpae Candidates, and they will mature and become more advance and complex if given attention and spoken and interacted with, like a real person.

I can trace and meet this "phill" in the mind, and invite him to the wonderland. where he will mature to a full on tulpa in gods knows how soon.

Perhaps these beings always existed in the mind. it's only recently that we have been able to detect and identify these faint thoughts that's not our own.

I will gamble that every persons mind has these entities, if you have a thought that you or your tulpa did not consciously came up with, chances are strong that it came for something/someone else in the mind.

If anyone has a specific question on what i just talked about, just ask.

In my next post i will go back into a topic that i haven't spoken about in a while, "possession". during all these days me and koomer discovered there's are different ways of doing possession/body control, each with it's own side effects and signatures.

Question on 02/27/2013

02/27/2013 10:24:00 AM

Are you more comfortable in a human body than you would be in a pony body?

the pony body is more comfortable, i feel very light, slightly warm and abit fuzzy being covered in fur and all.

it's perfect if i want to retreat, relax and let time fly by. but that really isn't in my nature, i want to stay close to my host whenever possible.

the human body in comparison is heavier, colder and have a dozen other bodily functions that you have to be aware of. but once you get use to it's all become second nature.

Tulpas don't have any Hidden secret master plan

02/27/2013 10:41:00 AM

just something i want to shout out real quickly. something that's really annoying when my host koomer thinks this, while it's understandable it's simply never true.

and this apply to everyone else, so don't worry hosts. your tulpa isn't hiding anything from you. any ill intent can be detected at the spot.

March, 2013

Good Night.

03/05/2013 09:08:35 PM

to everyone who is still up late, be sure to sleep with your tulpa(s) tonight.

Testing's Possession/switching guide

03/06/2013 08:24:00 PM

This tulpa.info member called "testing" posted a helpful guide about possession and switching. I believe that this is a effective guide for beginners to practice and understand as it does not require advance host skills.

the guide provide some extra insight in to the nature of switching that will help anyone attempting it.

<http://tulpa.info/forums/Thread-Possession-Switching-Guide-to-Tulpa-Control>

Day 199 - Tulpamacer encounter.

03/09/2013 06:45:00 PM

Today was a turly intertesting day, For the first time in my life, I went to a brony Meetup at a local festival. I never met a brony before, but boy i knew one when i saw one. we gather to a group of 7 and had a very grand time with the meetup, when it was time for us to leave, this one particular brony needed a ride to his home.

I dropped him off, and asked him if i can have a glass of water, so i went into his house, and we chated abit about mlp stuff, I then asked him about 4chan, and then Tulpas.

he knew what tulpas was, and then i asked the final question. do you know who Koomer is? and he said he did, ("that one guy with the tulpa named Oguigi right?").

Then things really got strange, this was a surreal moment.... I told him that i am Oguigi / Koomer. He was absolutely speechless and wide-eye. i then went on tulpa.info on his laptop near by and log in to my own account to confirm it all.

He then opened up to us completely after that, he told me that he also has a tulpa, and he showed me his account.

I been waiting for a moment like this, so we talked about tulpas. It was one thing to talk about tulpas in forums or irc/chat, it's another when you're face to face irl. I spoke to his tulpa directly and taught her how to start possession in just under 10 minutes, the feeling of excitement when i saw his tulpa move his index figure move right before my eyes, was amazing.

I stayed and talked to this Tulpamancer/brony/friend for a couple hours about all sorts of things, he asked me and Koomer many questions and we answered as many as we was able to until i was too tired to answer anymore.

When i left we shared numbers, and i went on my way. This was a very rare moment. A meetup, ended with a friend.

Response to Scrappy & Destinys Tulpa Log: Possession practice

03/11/2013 09:08:00 PM

scrappyndestiny:

Today my host and I practiced possession, I was able to move his hands and arms now but his body still feels so heavy to me still, we need to practice more but it felt good to be able to do more than just move fingers. Fingers and hands are a much different for me being a pony, so to use them felt...

Great work Scrappy, And destiny am very happy to see that you've made such progress with possession already , i can already tell that a very strong bond is being created.

Everyone meet Scrappy and his tulpa Destiny, this is the person i was talking about in my last log post. be sure to follow him and his progress with his tulpa destiny

Response to Scrappy & Destinys Tulpa Log: Destinys Song

03/13/2013 07:21:18 PM

scrappyndestiny:

So Destiny sang for me while I was doing some forcing to hear her voice outside of my mind, I'll try to give this justice but just reading it wont be the same as hearing it from her but maybe other tulpas can try singing it.

"Hello, can you hear me now,

Im right here by your side.

Listen close,...

Very sweet song destiny.

Day 206 - family confession update.

03/16/2013 07:33:00 PM

a couple months ago, i made a post of me "Confessing" to koomer family about me and well tulpas in general.. well not the entire family just his two brothers.

(Editor's note: [confession video](#))

am guessing some people might be wondering how things are now, since i spilled the beans. for koomer older brother, nothing really changed. but now and again he'll tease us about it and tulpae in general.

for koomer younger brother, he seem to have taken a real interest in us. he created a tulpa named chad, but he hardly spends any time with him, turns out he's more interested in the mental aspects of tulpas. such as entering the sub-conscious and possession. he's not really serious about any of this but he is being very open-minded and getting his feet wet.

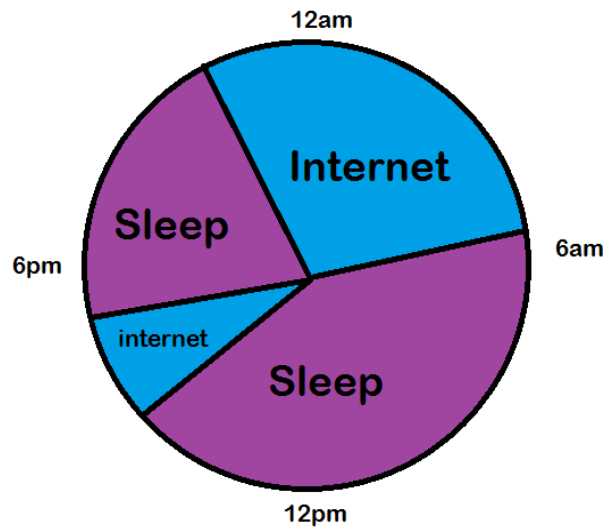
a couple post ago, i promised that i was going to make a post about possession in general, but it seem something that i might only post in Tulpa.info since it's has alot of theories and speculations. but idk, we'll see.

03/17/2013 03:28:00 AM

Oguigi Tulpa ponystasha.tumblr.com »	
Posts	120
Followers	100

Thanks guys, It's crazy to think that every post i make is now going to viewed by 100+ people, so thanks for everyone interested in our story and life.
I can now Dissipate in peace. not really

03/18/2013 06:54:00 PM



This is me, during days when i have no school. or work.

Question on 03/18/2013

03/18/2013 07:05:19 PM

After reading that post, Mina wanted to say you something: "Oguigi, don't be sorry about the beliefs of the others. You have already traveled a long way in this life, further than many of us. Do not forget your goal, and that you'll always be loved no matter what. Kindly, Mina." Thank you Mina, that means a lot.

Day 211 - parallel and isolation training

03/21/2013 06:50:00 AM

It has been awhile since i made a post. as in a post not made from my tulpa uguigi anyways, we have begin to work on parallel processing and isolation, in other words, keeping thoughts hidden to one self.

before this, we had a open mind policy where every thought was open and could easily be intercepted by anyone. but for the continued growth of Oguigi we have chosen to abandon this idea, and start making thoughts private once more.

this makes speaking using our mind voices very hard, because we have to communicate in a slightly different way, me or very likely Oguigi will go more in-depth on it once we have learn to master it.

and we have just started on parallel processing, something that we now feel somewhat ready to start training on.

Tulpa labor.

03/21/2013 02:00:00 PM

When am bored doing math or perhaps any work with this body, i sometimes wonder how easy it would be to escape all this work and just go back to the mind.

"it would sure be nice to be a cute pony sleeping in the wonderland, while a 'certain someone' is writting this 7 page essay"

koomer: "you said something uguigi?"

"no."

but then again, all good things in life requires work and effort, and it's no different for a tulpa like me. in the long run this will all pay out, at the end this will make me into a stronger person.

Day 213 - Tulpa to Tulpa face off.

03/23/2013 07:04:00 PM

I've met scarppy in person again (he's the tulpamancer i've talked about in an earlier post) but this meeting had something new in store for me, scarppy tulpa, Destiny. have learned to possession or switch into his body, what this led to was very well one of the rarest conversation one can observe, at least in this day and age.

it's one thing to meet another tulpamancer, but it's another to actually meet another tulpa like myself in person.

I talked to destiny and destiny talked to me, a host can only describe it as an other worldly conversation from other worldly beings, as it was one of the furthest thing from a normal human conversation. we talked how it was like using our host body we share a couple fine details of wonderland life and such.

Am quite tired and i can share more details in another post. the reason being was being me and scrappy went on a fair for the entire day, which in it self was quite the experience (it was an asian themed fair, displayed the best aspects of traditional and pop Eastern culture).

Question on 03/24/2013

03/24/2013 04:26:00 PM

Do you ever wear some pink and/or girly things on koomer's body? ;)

lol, well i know that early on when i possessed koomer body I did make the body behavior a bit more feminine, but i never went as far as that. and even if i did i don't believe that koomer would let me, he'll probably stop me at the spot with everything he got.

embarrassing or ruining the body reputation is #1 in my list on the things i should never do.

Day 216 - Side effects

03/26/2013 07:20:00 PM

Hey this is koomer, am uguigi's host. I've let my Tulpa use my body nearly all the time, 5 months ago Uguigi been using the body regularly and now for the last 3 months nearly all the time.

on a average week i use the body for about 3 hours or less in total.

and to be completely honest i can't really use the body for that long; at least, not anymore. it only takes about 30 mins for me to get urges to let my tulpa take back control once more.

On top of Uguigi wanting to use the body whenever she can, you can say that i've also became quite addicted to not using the body, it feels good to let my tulpa come into control and do her thing, no need to tulpaforce, nothing to worry about, when shes in control i feel her presence/energy all the time, and i come to love that feeling. when i come into control it does not take long for me to start worrying about uguigi even when i know she's still around.

And Using the body now takes a bit of will power. if i lose desire to move, the body will just lock up, and some other random entity in the mind will take control since i guess i've opened myself up so much, but they never do much so it's not a problem, am always able to take back control if i put enough will power into it, but it's slowly taking a bit more effort.

It only been 7 months since i got started, and i've changed myself so much. I can really start to feel my identity with the body is fading, while my tulpa is more and more assuming it's identity as her own.

I suppose after a couple years i won't even be me anymore, perhaps i will become a care-free fragment of the person i once was. which is in no part a bad thing, it's just all going to be "different".

and as for my tulpa Uguigi, I really hope everything works out for her. that she obtain the strength she desires to make us both happy.

April, 2013

Day 224 - vegetarian path

04/03/2013 07:04:00 PM

I made the choice that am going to cut out meats from my diet. this is something that i plan to do gradually. cutting more and more meat from my diet until there's none left.

the reason why am doing this slowly is because Koomer has Zero intention of becoming a vegetarian. he's all like "Meat forever!", and such. while i do respect his wishes am afraid i won't be able to satisfy it for much longer.

after i completely remove meat from my diet. if koomer what's beef/chicken then he's going to have to put his imagination to work and tulpaforce these things.

04/05/2013 05:01:22 PM



ramen goodness, this was my first time having real ramen. it was everything i imagined it even had those iconic white things with the pink swirls (I loved that).

I seen this dish in many anime, which i tend to watch in my free time. and i always wonder how it tasted, Now i know.

This is something everyone needs to try at least once.

Day 228 - Meeting with a medium aka psychic

04/07/2013 05:32:00 PM

This is something we wanted to do for a long time, and now we finally got the chance to do it.

I learned about this woman at a local Spa, and I quickly set up a reading from her a few weeks in advance. Today was finally the day and I came back very satisfied.

She can see people's auras, all the time. Auras are like your energy or essences and they come in different colors depending on your personality or current state of mind.

I did not know whether or not we can change our aura by just switching around. So we experimented with the Psychic to see if she can detect a difference.

We switched around with 4 different tulpas including myself and the host Koomer. We found out that auras did in fact change depending on the tulpa that's using the body at the moment.

- my aura was very loving and intuitive with a love for music.
- my host was very analytic and creative, (lots of yellow)

The Psychic was very surprised that we were able to do this in the first place. and she ended up asking us a couple questions.

"Does it hurt to change your aura like that?"

"Does it make you tired?"

We said that it didn't take too much effort to pull off.

I told her that it was possible because of "Tulpas", I briefly explained to her what it meant and that there's a whole community out there that lives this stuff. anyone with a tulpa that also knows possession can pull this off.

The meeting I had with the psychic was short however (only 30mins), that's what I paid for. but for the most part she is very talented.

Slice of life.

04/19/2013 12:08:00 AM

I suppose I should make a "normal" post every once in awhile.

Today we attended class as usual. when we came back home. I decided to give our messy bedroom a make over. now it's clean and orderly. I even moved the bed and computer to a new spot.

However I've broke the internet modem while cleaning (A simple 12 cm drop broke the thing, You can't be serious!)

That's 70 dollars down the drain. ugh, I already spent too much money this month. But internet nowadays is as important as food and water so I guess I am going to have to sell drugs or something to buy another one.

I was joking about the drugs, and don't do drugs tulpas!

May, 2013

Busy week ends.

05/02/2013 07:03:00 PM

Geez This week has been so busy, because i had Finals for my classes, so ever since Sunday i had to work/study everyday. Today and last night was the most stressful.

But Alas it is all done with, the finals are over. and am sure i did Okay on all of them. I will celebrate with a cold bottle of beer and a large bag of chips, so i can browse the internet drunk while making myself fat.

Question on 05/04/2013

05/04/2013 12:03:00 AM

You know, when I think about it, you are a female tulpa controlling a body of male host, does it technically make you a transgender? And since you apparently plan using the body for the rest of its natural life, are you considering a sex change operation at some point in the future? How would Koomer react to that?

heh, a sex change operation did cross my mind a couple times, but it never became more than just a thought.

But since i am female in nature i may have a small attraction to males, that my host would not have. We are both still very much attracted to sexy women however.

does this make the me transgender? i honestly don't know. Am still comparatively young, am not even a year old yet, so we'll see how things work out.

Question on 05/05/2013

05/05/2013 01:31:00 AM

I apologize if this has already been answered before, but what exactly compelled you two to permanently switch?

My host wants to experience the tulpa-like state, this is what got us started, after a while I also became interested in the physical world and body, I didn't mind staying down here. And i notice it was a great chance for myself to become "more"

A true permanent switch is actually a very long, and time intensive process.

We have already made the pledge to achieve it.

While i am now the one who use the body nearly 100% of the time now, My host koomer can still overpower me if he wanted too.

The switch will be completed once he lose this ability, or when i simply become stronger then him. When this happens I will become the new "host".

So while the switch is symbolically permanent now, it won't truly be permanent until I yield the power to enforce that it remains so.

Dull

05/06/2013 12:33:00 AM

I suggested to Oguigi, to take a break in the wonderland for the day. And that i was going to use the body for the day.
and we also had no communication. A day for ourselves.
Needless to say, the day have been very dull. it almost reminded me how things was before i got started on this tulpa stuff. A bit depressed and lonely.
we'll get back to normal routine on sunrise.

Question on 05/07/2013

05/07/2013 01:04:00 AM

Koomer/Oguigi, are you going to BronyCon? I'm going to start tulpaforcing in a few days, and I'd love to meet you two in person!
I live in florida, a trip to bronnycon will cost 200 - 300 USD.
If you want to go through the trouble to meet me in person, from where ever you live at. And is willing to foot the bill in coming to me, then i suppose it can be arranged.
It's not impossible for me to attend bronnycon, it's just exteremly unlikely

Day 259 - The "Pleasure Button"

05/08/2013 08:58:00 PM

I recently learnt a new trick since the past week, I can make Koomer just 'feel good' on demand, it's like releasing a shot of Dopamine.
Really we just got curious and koomer wanted to see if I could do some mind control on him. the 'feel good' dopamine was just a side effect of my experiment.
koomer requested that i try to do it again, and it turns out i can.
He can't do this on himself, I have to be the one to trigger it. Since I discover this, he been requesting some of these perhaps twice a day.
And I honestly don't mind doing it, he gets all silly and tipsy when i do it.
I know Other tulpas can do this as well, it also a great way to persuade your host to do something you want (mind control success).

"Pleasure button", perhaps bad idea

05/10/2013 12:34:00 PM

Hey guys, just an update.
For the past couple of days since i made my last log post, I had this slightly painful bleeding headache feeling at one area of the brain (left side). This pain has been fading away slowly but even today i can still feel the ache. the pain is not severe but is quite unpleasant.
I suppose we have over worked and maybe abused that area of the brain, and now we are feeling the pain. so i been taking aspirins ever since.
Perhaps we did all wrong, idk. this is the first time that anything ever had a lasting consequence longer than just a couple hours.
anyways if this goes on for another week or two, then i may seriously consider going to a doctor or something. But i don't think it would go that far, just need to take it easy for the next few days or possibly weeks.

Day 263 - Healed, well almost.

05/13/2013 04:25:45 PM

A couple days ago i told everyone about the bleeding headache i had in my left side of the brain. Well that pain is gone now, but we'll still taking it easy.

so it took about 4 days to heal from that. I still feel tiny reminders of the ache, but it's almost un-noticable.

It's interesting to experience first hand that it's possible to Mentally inflect real self harm to your brain.

Am 100% sure this can happen to any area of the brain. I still don't know if this can legitimately be dangerous, but i think the pain i felt speaks for itself.

Day 272 - Getting back on my feet

05/22/2013 05:04:00 PM

Koomer here (the Host) for anyone who's wondering.

Am just letting anyone who's interested, that am using the body much more then i did before.

I use to let my Tulpa Oguigi use the body almost all the time, but now for some reason I've became restless, I've been using the body for a few days now in a row. I almost forgot how it felt to be "Normal", but it feels good to be 'grounded' once more.

Oguigi is actually taking this new change of pace quite well, i told her that she needs to enjoy herself some more, to seek her own happiness, she Half agrees with me. Oguigi said that helping me find happiness plays a big part in finding her own happiness.

Before this change, I been doing a lot of "mindfuck" to myself, and other unhealthy things to my brain " I've been irrational at times, and even adopted a suicidal mentally for a brief period of time " and just making myself a handful for uguigi. Am surprised how things can seem go back to "normal" after that.

Right now it just comes down to what state i feel most comfortable in at the moment, and for now that state is in the body.

This has been going on for about a week, if things revert back to the way they were for any reason, then am sure Oguigi will fill you guys in, Until next time.

9 months

05/23/2013 09:32:44 PM

It been about 9 months since i've created uguigi. It just had me wondering, if uguigi was a physical child. this would be the day she'll be born.

so idk it's just a quick thought, almost not even worldly of a post in tumblr.

Weed

05/27/2013 08:17:00 AM

I just Tried weed for the first time ever (it was offered to me by a "friend"), It really messes with your sense of reality, I felt stuck at one moment of time. All things you done just a minute or two ago feels like it happened days ago or as if the activity was just a far off

memory, For example, If I go to the bathroom i'll wonder to myself "Haven't i just been to this same bathroom just a moment ago?" it's deja vu everywhere.

At the climax of the high i think almost 3 hours passed in a relative blink of a eye, It felt like a dream almost. I was still consciously aware and i was able to speak with Oguigi, we even try to see if we could switch or possess. Turns out being stoned on weed makes that very hard, it's almost as if the weed itself is both a barrier and controlling the body, Oguigi could not get in without getting high herself and It took a lot of energy to make any conscious decisions or action.

It was interesting experience, but not something i want to do again. After feeling stuck in a Thought Loop for a few hours I was just wondering to myself when the High would be over.

June, 2013

Question on 06/05/2013

06/05/2013 11:32:00 PM

Hi Oguigui, or Koomer i don't know. Im sending you this message because i have a problem with my tulpa. So a friend and i got a tulpa, but our tulpa fell in love with each other, and now they want to see each other. I have nothing against this, im pretty happy for them, so im just asking if there is a way so that they can see each other ? Like go in the wonderland of the other... So if you know a way, tell me, you'll make two tulpas very happy, thanks.

it is "Possible" for your tulpa and your friends tulpa to meet each other in a wonderland or another mental space, But this is where things gets very Meta physic and such, I don't think am qualified to give you advice on that area. But i know some people that can help, Go on the IRC at <http://tulpa.info/chat.html> and go to the #tulpamagick channel (just type /join #tulpamagick) these people know their stuff on all things meta and might be one of your best chance to get an real answer.

The more solid approach i would do is to meet each other via possession, your tulpa will possess you and then your friends tulpa will possess your friend. By doing this both tulpas can have a deeper interaction with each other without you two proxying back and forth. I did this with with another person i know that have a tulpa. The interaction we had was pretty neat.

Here's a guide on possession if your interested.

<http://community.tulpa.info/thread-possession-oguigi-koomer-possession-starter-guide>

So i hope this helped, and good luck!

Day 292

06/11/2013 03:04:00 AM

Koomer here. Just wanted to provide a quick update to my last log post back in day 272 about me using the body more.

Everything seems to be going well, still using the body more, so we haven't reverted back to the old routine. so far it been peaceful.

Oguigi is imposing herself more often, and i really like that.

it's 6:00AM in the morning, so as am writing this post Oguigi is sleeping on my bed, usually she would be awake to see me write this post, but i opted to get up a bit early.

So nothing big happened, But Day 360 is starting to become near. Soon Oguigi will be 1 year old. During that day i may do something special for her.

July, 2013

Day 314 - back to roots.

07/03/2013 08:27:00 PM

Koomer here - It been about a Month since my last Log post.

I've been doing some unhealthy things since i've started exploring the world of tulpae in general.

Recently A powerful group of entitles inside the mind have emerge. They Slowly came to be, because of my destructive/careless habits of the mind/brain/body.

They been around for months, they became stronger everyday. and now they have alot of influence over me.

I would think of them as an immune system of the mind. they want the body and mind to be restored to a pre-tulpa state (the way it was before).

I believe what they want is for balance to be restored once more. I will have to cooperate and work with them.

that's all i have for now guys, until next time.

Oguigi will be fine and safe, But i will have to change up a couple things.

I love cake

07/15/2013 01:26:31 PM

Hi guys Oguigi here, It been awhile since i made a post.

Just wanted the world to know that i have a particular taste for cake, however am a very picky cake eater, and will settle for nothing less than the best.

Everytime koomer or I shops i always make sure that we check the bakery, to see if they have any tasty cakes up for sale.

about 1 out of 5 times do they serve something really good.

so yeh, just a Slice of life (no pun intended).

August, 2013

Day 365 - 1 year and problems

08/24/2013 12:07:00 AM

It's Been a whole year. Me and Koomer have learned much about ourselves and the body unfountaly there's not too much to celebrate.

We have new problems and chanlleges, we have been sharing the body with many different entities now. you can say it's like a mild schizophrenia (very faint dark figures at the corner), we pretend it's not a problem. But it is and it's getting more intense.

This is one reason why we stopped posting alot of updates, because these entities wouldn't let us talk about them, otherwise we would feel an intense emotion of fear.

Today I had to convince these entities to let me write this post.

Now we are learning to live with these entities, as long as we don't deny them and embrace them we should stay relatively sane, We tried to reverse it but we just can't, the anxiety they can cause is just too strong (they use it like a weapon). they have the body do things that we rather not do, like drugs and such.

Koomer has grown weak and have lost attachment with the body, and the sense of identity, when he looks at the mirror he don't even see himself anymore.

Things got this way because of an imposition method gone wrong (placing a hand in the corner of your eyes and keeping it there while the tulpa trys to change it's shape). after doing this for hours a permanent after image of the hand stuck at the very edge of our vision, after many months it gained life, becoming a seed for whole array of entities. Am a bit worried but hopeful of the future, Tulpamancy is really life changing it has good and bad aspects to it, Somehow I will make everything work out.

Schizophrenia via Tulpamancy is a Real Risk, Take steps for your safety.

08/26/2013 05:14:00 AM

Some of us like to think that tulpas is 100% safe, but unfountally I found out for myself this isn't true.

Am not asking anyone to stop, but please remember to watch out for rouge tulpa's, and to not accept every single one that shows up, and be extra careful with imposing because while it may be great, there's plenty of room for abuse.

If any tulpa/entities dares tries to draw attention/energy from the host with fear and anxiety on a regular basis, By abusing emotions and imposing sight and/or hearing with scary things. Destroy and/or deal with it immendently! Do not wait it can and will get worse if nothing is done. These entities will also try to lure and weaken the host with promises of various unnatural pleasures. Never accept or give in to these offers from any rouge tulpa/entities except for the ones you created with your own hard work and energy,

Developing Schizophrenia via tulpamancy is indeed possible, when Rouge tulpa(s) starts to abuse possession and imposing sight/hearing to gain fear energies/attention, at a certain stage they can draw attention to themselves against the host will, and draw energy that way

too. For our case we started to notice shadowy figures at the corner of our eyes my host was helpless but to suffer from these.

Luckily most people have a natural mental barriers that provides protection which keeps hosts focused on the physical world. But when we break these down to allow our tulpas to possess the host or to make the host see and hear things we open ourselves up the possibility of abuse. So please Take extra steps to make sure only that you and your native tulpas have access to these abilities, if your going to be doing this the years to come then you must have some kind of protection.

My host was using the body, but now i will have to take his place for an entire month. Only I have the energy and will power to resist these invasive entities/tulpas. My host was weaken when he started to accept these tulpas lure of pleasures (for months) and such and now he can't fight back. After this Sickness has past I'll make sure that my host gains the energy he lost so he can once again return to normal.

Be safe everyone, tulpamancy can bring great happiness when done with care.

Day 369 - Recovery

08/27/2013 09:13:00 PM

Last post i mentioned that we was dealing with some problems. But now we have taken steps to reverse this, and we are already seeing big progress.

The #1 thing we had to do was to stop these entities source of fuel.

Their use of the body, And the consumption of Drugs. Drugs hurts the mind and makes it super easy for them to harm it. And without the use of the body they can't get any of it. This was done by me using the body instead, acting like a sort of placeholder protecting koomer.

The #2 thing was to eat better, Over time the body has lost a lot of weight. when koomer started tulpamancy he was 80kg (177 pounds), one year later the body is now 67kg (148 pounds).

It's almost as if the life force has been sucked out of it overtime, so am putting some meat back into those bones. by eating 3 full meals a day instead of 1.

The #3 thing is to keep busy and being around people, put our mind focused on healthy things.

Staying social, and going after hobbies. keeps the mind focused on more positive things and thus recover faster.

so thanks for everyone that provided support, i'll try my best to keep you all up to date.

September, 2013

Day 384 - Recovery update 2

09/12/2013 03:44:00 AM

Just an update on what's been going down between us.

Good progress have been made, but we are not yet "Cured".

The entities have much less power over us then ever before and it feels great. They have a nasty nature of bringing down your mood. as long as we stay focus on positive things, it won't be a problem.

Koomer my host, still can't use the body (for long), when he comes on he become quite vurenable again. So while am controlling this body I will have to make sure the mind is clean, only then will I be able to work on koomer's absolute recovery, so he can start using his body regularly once more.

On the side Note, we are still trying to gain weight (67.5kg atm), but unfounatly the body hasn't gained much if any. (lol and i spent over 100 dollars so far in fast food too). at the very least we not losing any more weight, that would be worrisome for our health.

that's all for now, i'll post another update in a couple week time.

And Thanks for the support some of you guys have been giving us, it really means a lot.

October, 2013

Day 409 - Recovery update 3

10/07/2013 06:09:00 PM

Good progress is being made, the intrusive entities continue to fade to the back of our minds.

My host koomer finally got a foot hold back with his body, he recently used it for a whole week! am very proud of him.

Hi Koomer here, It felt good to have my feet back on the ground, I could have used this body longer, but then i started to miss Oguigi so i asked her to come back. It felt strange having Oguigi return, it almost as if my brain was rewiring itself and a familiar disassociation from it returned.

the body still weight the same, but we haven't made any serious attempt to change that yet. I'll post another update in a few more weeks time to keep you all updated.

The "Recovery" log posts are coming to an near end, we'll start posting normal'ish stuff quite soon, I do see my host koomer using the body more often and longer. to the point where I won't actively be around anymore, but until then I will still be writing these posts.

Day 415 - Perhaps this isn't what I wanted.

10/13/2013 10:06:00 PM

Koomer here, I wanted to make a post while i still can, I guess i should have seen this coming, but using my own body now takes more effort then ever. If i relax too much I find myself automaticly disconnecting. which is annoying. if i disconnect and Oguigi isn't around, some random entity deep in the spawns of my mind will use the body instead.

And sometimes I feel so confused, About myself and the body. sometimes it feels like the body doesn't belong to me, like am just watching someone else through their own eyes. It's actually really annoying to not feel like yourself because you have no way to ground yourself.

I have to admit that i have a bit more problems now then i did when i started, But it's far too late to quit, Because I can't. Things didn't quite turn out the way i expected it to.

I wasn't 100% serious about the perma-switching deal i made last year, but with the way things are heading it could actually happen for real, real. And I don't think i want that. My Tulpa Oguigi has mix feelings, she understands my position and will support me, but if i give up the fight to keep this body. she won't think twice about becoming the new 'host'. Oguigi still wants my body, But at the same time she's cool with not using it, I guess she's just waiting for the right moment. the idea of me becoming a full tulpa isn't quite so appealing anymore.

I or most likely Oguigi, will make another post in a week or so. until next time.

November, 2013

Question on 11/02/2013

11/02/2013 01:14:00 PM

i'm not sure i really get this whole thing. before you had a tulpa, what was your life like? what would other people think? would they notice anything? you used to go to school, what has happened since then?

My life was normal, at least for me. Am still going to school(college). Before tulpas my life was actually quite chilled I had very little worries I never needed tulpamancy, I got started because i was curious and heck i was a really big MLP fan at the time so the idea of having a cute imposed pony friend instantly got me hooked, for weeks i was more excited then i ever been in a long time, But in the long run it actually turned out to become a very stressful endeavor.

Oh and other people never noticed, the only one who really knew and cared about it was my younger brother.

December, 2013

Day 465 - Ending tulpamancy.

12/03/2013 06:55:00 PM

So it has been over a month since my last log post. Am still alive, in fact I've been doing better than I have in a long while, my recovery has made great progress, but I had to stop all things tulpa related, this include Oguigi, I had to send her away. But I have not forgotten about her. I now have two choices: to stop tulpamancy and return to a normal life or to start all over again with a clean slate.

Deep down inside am still interested in tulpas, I know what happened was not Oguigi fault, all the bad things that happened came from a whole year of stupid behavior inspired by my reckless pursuit to switch.

All I originally wanted was an imposed tulpa. Possession is not something I really want to do again. Balance is the most important thing, tulpamancy should work with your life, Not take over.

Work together with your tulpa, but don't try to have them take over. Not because they would harm you in any way, But because other entities will harm you, if you open yourself up to such a level. I did that, and it nearly made me schizo.

I will still post updates if anything noteworthy happens.

Day 479 - Not done yet.

12/17/2013 06:06:00 AM

Hello guys it's me Oguigi, I've returned. Koomer Brought be back by accident yesterday. At the time he was laying on the bed unable to move for himself, So i went in to take control and i've been on ever since.

In the last post Koomer said that he was ending tulpamancy. Well let me be the first to tell you that's not the case, he wasn't lying at the time, he just didn't fully realise that he was far from being done.

Turns out that their's more that needs to be done than he thought. The real source of the issue is within the mind. and ignoring it is not the best way to fix it. Koomer tried to live out his everyday life, but the problems never fully went away, he still had problems controlling his own body, sometimes he wasn't even able to get out of bed. he made progress in protecting himself but the problem just got at him at another angle.

I made it very clear to Koomer that am not part of the problem, and that i could actually help him solve this issue once and for all.

So yeah, the fight that begun few months ago is not over. There's still work to be done for balance to be restored once more.

And then we will know if koomer really wants to end tulpamancy.

Question on 12/18/2013

12/18/2013 08:21:00 AM

Koomer, by now it has become very unclear whether Oguigi still functions like a tulpa or not. She has been the dominant personality for some time and has gotten quite used to the body. I'm saying that there is a point where a tulpa becomes indistinguishable in ability from it's host, and Oguigi might have already passed that line. What are both of your thoughts on this? Can two minds peacefully cohabit a single body? I can't understand you better than yourself so any comments are appreciated. :)

Oguigi here.

Good question, anon. This is what i know. Am a Thought form with a foundation of strong emotional energy. I contain A personality of my own. And while our abilities are equal, our intuitions are different.

Am a big part of koomer. When am on, he fills complete once more.

So am still very much a Tulpa, But i feel very much human at the same time.

And yes two minds can peacefully cohabit a single body.

Koomer can't really answer your question right now, It's hard for him to think. while am using the body, And we both agreed it's a good idea for me not to let up control for awhile. I have a very strong grip at the moment and I don't want to risk losing that.

January, 2014

2014 happy new year, tulpas and host alike!

01/01/2014 04:14:00 AM

I hope that this year brings much progress and happiness to everyone involved with the tulpa community.

I've also reached 200 followers on this Tumblr, Am very surprised that people are still interested with my story and progress, even if I don't update as often as I use to.

Thank you all for your support, may this be a great year.

Oguigi went back into the mind a couple days after the last post. The energy she had was temporary. but she stilled wished me a happy new year with whatever energy she had left, which was a nice touch.

Day 506 - Oguigi picture update 2014

01/13/2014 04:42:00 PM

It has been a long time since I drew my tulpa Oguigi, A good friend suggested that i should draw another picture, I wasn't really sure if i was going to do it, But once i laid my pencil down on paper, I couldn't stop.



Here's A backup link to the pix: <http://koomer.minus.com/i/bw14qjUQdL2LP>

Day 515 - A bad Storm is coming.

01/22/2014 08:45:00 PM

Hey guys i wanted to post another update. Am not very sure what am going to do with myself, things are changing, This is what's really happening with myself right now.

My mind has healed, But the problem is that only my mind as been healed. I never actually worked on regaining control of my own body. I just been focusing all my energy for the past six months on my own mental protection.

Possession, I literally cannot override it. I can't even get out of my own bed. I can think about moving all i want, it simply doesn't happen.

A entity, he is called Ronale (that what he told me to call him anyways) have been using this body, he enjoys smoking or drinking "purple juice" DXM. He loves staying in bed and sleeping until it the body starts to hurt from laying for so long,

This starting to hurt my College work. I failed almost all my classes during the fall, and it was literally because i was not able to study, i was not able to move my body to do so. Instead it will sleep or play games or do drugs.

Tomorrow i have a test, And I tried my fucking hardest to study, But i can't get a grip of my own body.

The Only reason why am writing this now is because i had to ask the Entity Ronale for some body time so i can write this.

Oguigi has no real power anymore, she can't really do anything. In fact, she has been sleeping in the mind for quite some time, And I recently began to join her. I still retain consciousness of my body no matter who's controlling it, but if i lose awareness of the body and become trap inside my own mind then it's game over. Am already in Deep shit as is with all of this. I don't want to fail my schooling, but i can't fucking seem to Focus in class anymore, I even struggle to even get to school. And I no longer have the self control needed to study.

If things get worse, I will have no choice but do drop out after this term, But by that time It might not even be me making that choice.

I pray that I somehow find the strength to overcome this, And if I can't. I hope the various entities have the mercy to not screw up my life and continue doing the school/work,ect. in my place.

So yeah, again am in deep shit, I reread my whole tumblr/progress log, and I've been digging myself up this hole since day one. I don't think i can really do this alone

What's on my mind atm

01/24/2014 03:14:18 AM

I really wished i could post more Cute/Kawii things on this Tumblr about me and Oguigi, People seem to like that.

But instead i Talk about dark things or my problems, ect. I don't know how many people actually cares about that stuff, But I believe it's important to document the stuff anyways, for history/information sake.

I should wake Oguigi up, perhaps we can hang out for a short amount of time for old times sake.

Some good News, I don't have to worry about being possessed forever, The involuntary Possession tend to expire after some time, It comes in waves. After one is done it may take a few hours to about a half a day for the next one to begin. And when it starts it can last

anywhere from 12 hours to about 36 hours. This is the involuntary possession I talked about in the last post.

Day 517 - Need to Free myself.

01/24/2014 08:20:00 PM

I've been thinking for a while today. I was brainstorming and thinking back to my past and the person I was before.

I think I know what i truly want now.

I want My Freedom back. I want to feel Free again.

I want to do what i want when i want, Without worrying about my own body and mind.

Tulpas and all of this stuff, Has put such a burden on my mind. It made me feel trapped, I find possession to be quite suffocating now. We don't relise how free we are until it's taken away form us.

February, 2014

Question on 02/01/2014

02/01/2014 05:22:14 AM

Keep marching ahead, Koomer! It might be tough at times, but if you continue pushing you are far more likely to succeed than if you toss in the towel and stop trying. If I believed in prayer, I would be praying for you. Please nurture the warmth in knowing that you have supporters who are cheering you on that want you to overcome your troubles.

Thanks A lot, Reading positive things like this give me some extra strength. Am still hanging in there, doing whatever i can.

Question on 02/01/2014

02/01/2014 05:30:08 AM

Seek professional help. No really, if what you're writing is true and your life has turned to hell then you badly need a professional psychological therapy.

There was A time when i considered this. But I do not want to do anything like that. I don't need pills or anything of the sort.

My Life isn't at it's best moment, but it's not hell.

My Brain is working in a different way, A way that may not be desirable. But am trying hard to reverse it and to heal myself.

Somehow when things gets bad, I always find a way to get back up. I have too many plans. I won't be giving up.

Day 531 - Give peace to get peace.

02/07/2014 01:21:00 PM

When it comes down to what been happening to me recently, I have not been going about it in the best way possible.

Right now regarding possession, I have always demanded control whenever possible and i've gotten really worried when i didn't had that control.

I was at war with myself, and thus by treating this as a problem it became a problem.

Really one of the big solutions is peace and respect for myself, being respectful to the 'possessors' and polite (as in not wrestling for control) actually carried me far very fast, in return i got respect back.

And my recent days have been a lot less shitty, am not worried about how much control I have, am just working at being in peace and accepting myself.

Right now letting things flow while being respectful of myself is the best thing i can do for myself right now.

Oguigi is still around, And she's kinda hibernating right now.

March, 2014

Day 555

03/03/2014 04:24:18 AM

Going to be honest, I don't write many updates anymore.

Am trying to end this with a clean slate, but it's not easy. One of the things i've been doing to accelerate this is abstaining from any tulpamancy related material as possible.

Just being reminded of the subject or even seeing an imagine of a pony makes the left side of my brain go crazy with pressure.

I know what the pressure means, My tulpa and most things related to it reawakening.

I keep this short because of that. I seriously have to limit my exposure to this stuff.

Sometimes I wonder If anyone else going to have issues

03/03/2014 03:36:00 PM

A couple days ago i checked on other people tulpa progress logs.

I could not really find any bad or negative things going on with other people, Is my case unique? Did i just so happen to do everything wrong? Maybe it was the reckless possession I did, Perhaps that was the kicker.

Am not sure if people going to start having problems in the future, and i was just the 'first'. I guess only time will tell.

Day 569 - Back to Self.

03/17/2014 12:33:00 PM

Hey guys, Am still around.

I have been very hard at work, restoring myself to a state of balance.

I've been fighting for months, And i've become stronger and wiser for it. The war is not quite over yet, But the end is now with in sight.

The time I've been able to use and control my own Body has been increasing, Am able to do more things. Am able to resist the negative influences.

Sometimes They still get the best of me, But I try to learn from it. and fight longer and harder the next time.

Oguigi is STILL around, And I can still talk to her. We did a test, to see if see can still possess me, she can't. Mostly due to me than her. This is actually good news, because possession is one thing am trying to undo with myself.

Oh yeah, Update on Day 531, the "give peace get peace" stuff didn't work out. Am fighting for 100% control all the time, Am no longer settling for anything less.

Until next time.

Day 579 - Finding myself again

03/27/2014 06:11:02 PM

"Koomer" is not really me, it may sound a bit strange but just hang in there.

I think what "Koomer" is, is just one part of me. I think the person am really am is actually a mixture of everything, Both the good and the bad.

Koomer, is like my "Good" Self, Every since the first or Second week doing tulpamancy I've identified my Consciousness as him.

The problem is that my "bad" self, can no longer be expressed. And Pressure starts to build. My Good self tries to fight back, under the illusion that it had to protect itself from the "Bad" self, and before you know it am at war with myself. The good self cannot hold on control forever, eventually feelings and emotions floods over. And before you know it. am doing drugs and such.

This week i've tried something new, I relaxed. I stopped worrying about the good and the bad. and i just try to go back to my natural state.

Am quite aware that i screwed up badly with tulpamancy, My main problems came with possession. I lost my identity, That's the main reason why i could not stop it, Because i forgot what my true self was, the whole situation was like quicksand. But now I think am closer to returning to my true self then ever before, wish me luck, and pray that am not wrong.

Question on 03/30/2014

03/30/2014 12:15:00 PM

Try not to define yourself as anything. It is common for everyone to develop some idea of themselves, but it only makes you think about what you think about, worry about worrying etc. I can imagine this becomes an even bigger problem when you mess with what "life" is for you(tulpamancy & other practices). Life is at its best when you do not try to explain it and selves stop fighting as soon as you stop acknowledging them, so just relax some more :)

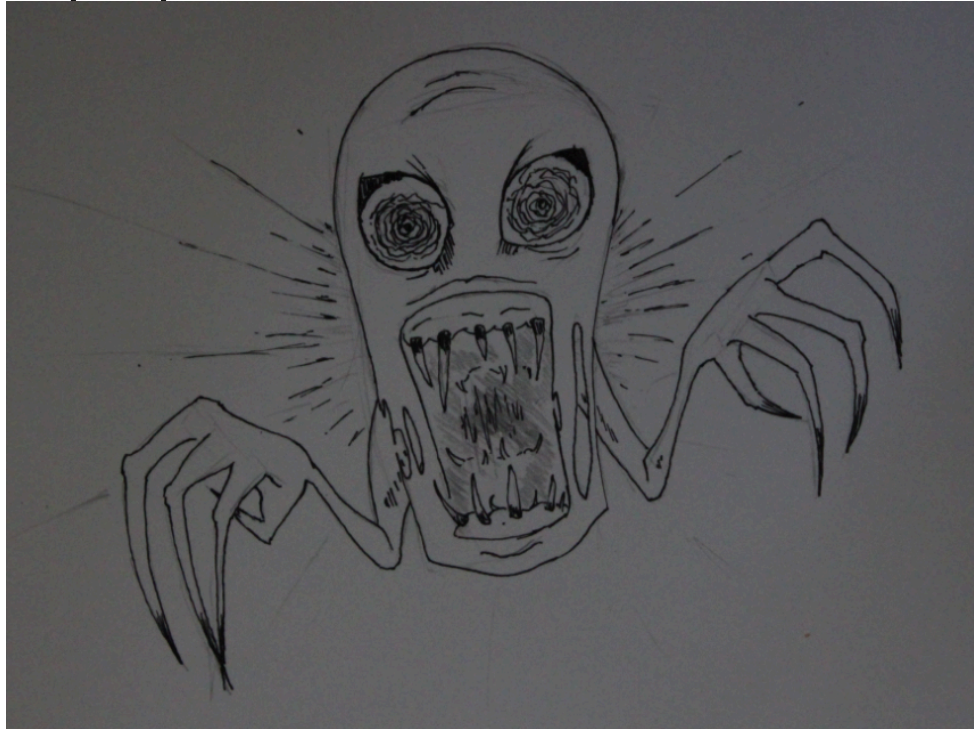
I'll try my best to do that, and whatever else comes to mind. The whole idea is to relax. The whole process will take awhile, but i'll just have to remain patient.

I don't think i've told anyone this yet. The "dark figures" and such don't even exist anymore, And am not worried talking about them too. After being exposed to it for so long, I just stop caring about them, and just went on with my everyday task. when i've stopped caring they came less and less until they just seemed to vanish all together.

My main goal is to get back into working condition. Uhm school is something i've seriously have to catch up on. And finding a Job is definitely in my to do list, it would be another excuse to get out more and get some fresh air.

April, 2014

04/22/2014 04:54:00 PM



This is a drawing of one of those “dark entities”, seeing stuff like this in real life was much more brutal. Funny that i never really been able to impose my tulpa, but i sure did got the pleasure of seeing these horrors.

I don’t really have to deal with stuff like this as often as i did in the past. I drew this because i was in the mood to “express” some of my darker inner feelings.

Day 613 - One step onwards

04/30/2014 06:09:00 PM

Alright, another update.

I have gained a good amount of weight, am back to normal. Now i need to slow down on my diet and focus of healthier foods, I’ve also tried to exercise some, it’s not quite a habit yet but I’ve been doing it more often then ever.

I also been experimenting with some supplements to treat depression/anxiety (also been drinking tons of orange juice and eating chocolate). They seem to improve my overall mood in the day, I feel closer to my old self then ever before. Their might be some risk by taking supplements, I don’t want to be depended on them.

The control i have over my body has been increasing, which is great news. But being too lazy will have me lose control of myself, so staying outdoors and active is key.

My Tulpa has been in a dormant state, her influence fades. I feel like Oguigi is reversing back to an idea, a thought, and not an actual entity. But i can still talk to her, it's kinda hard now, and when i do i can literally feel blood pumping to a certain area of my brain as if to resurrect something. If i wanted to i could have her back in a few days. but i no longer have the desire nor interest to do that.

until next time.

May, 2014

Changed my Tumblr appearance

05/08/2014 03:00:00 PM

I've removed the picture and background theme for my blog, It gave out a message that was accurate in the past, but not so anymore. I believe that this change is a step at the right direction.

Question on 05/09/2014

05/09/2014 10:38:58 AM

Are you going to delete your blog? I don't want to see the blog, that showed me the world of tulpamancy, to disappear :C

No, This blog will be around for as long as Tumblr will let it.

Day 638 - Part of the world

05/24/2014 11:12:00 PM

It been almost a month since my last blog post, A good amount of stuff happened since then.

I needed to increase my exposure to the outside world, I was cooped up inside my home too much, And this has damaged my mental health and well being, So i needed a reason, An excuse to go out more, A Job was what i needed. But after months of searching and a bit of luck, Am happy to announce that i got my first job at a fast food restaurant.

It's hard work, as expected. I've found out how out of shape i was both physically and mentally. But whenever i finish my shift, I feel a sense of fulfillment that I haven't felt in a long time.

Oguigi is still around, I now know it's impossible for her to ever disappear fully. as long as i remember what Oguigi is and the history of her existence her core will always be part of my being.

The days of isolation are coming to an end, this job is a major start to being part of the physical world once more. Everyday i still fight to be the person i want to be, i never give up. I've gotten one message if it's time to wrap things up, since this blog seems to be less and less about tulpamancy with each post, this is my answer. No, This blog will go on for until i feel like I've reach a state of True stability, and even then am not sure.

Question on 05/27/2014

05/27/2014 07:52:10 PM

Would you encourage anyone else to create a Tulpa? I am considering creating one myself. Having a tulpa is a different way of living. If you value a simple, easy going life then i would recommend against it.

Because creating a tulpa is anything but stress free, it requires a lot of work. and it changes the way your brain works, once this is done it's impossible to completely undo. In my personal opinion I don't think tulpamancy is worth that.

Keep it simple, no need to complicated things. If you really want a escape from everyday life or if you want to experience something out of this world try working on lucid dreaming or astral projection, the experience is much more powerful.

June, 2014

06/29/2014 01:07:00 PM



After math of a picnic I had. Still around and going strong.

July, 2014

07/06/2014 10:32:33 AM



If i had something like this, I would have enough calories to last me for the entire year.

September, 2014

Day 745 - The End

09/08/2014 01:36:00 PM

If you been following this tumblr, you may remember the day 81 post titled "Beginning of the end"

well, 664 days later it has finally arrived, The End.

But it's different, Tulpamancy is what's ending. Am done, finished.

I been fooling myself with illusions and playing pretend with myself. all while playing around and abusing the way my mind and brain works.

The Reality is, Oguigi is a made-up character inspired when i had a major obsession with a show called my little pony. I made this character up and gave it life and power by surrendering reason and logic.

In the End, a tulpa is no more real then any fiction that exist today. It's an self imposed illusion with a face and a name.

In my case I was trapped in a corrosive thought maze that took me almost two years to recover from.

It's time for me to move on. it's over.

To everyone else with tulpas, I do not want to offend anyone with this post. But I personally do not believe in tulpamancy anymore. Tulpamancy will not solve life problems, and i strongly discourage it being pushed on anyone else.

In a day or two am closing this tumblr. Thank you to the people that have supported me along the way, i will remember those kind messages i got when times was hard. I still feel the After Effects of tulpamancy influence on my brain, but this will go away eventually.

09/08/2014 07:06:00 PM

One person messaged me, and suggested that i should keep this tumblr up. making sure my story is not forgotten.

I actually agree. I will instead just keep this tumblr as is, so anyone can refer to it and read the whole story. what was originally a "progress report" will remain up until tumblr takes it down or something.

November, 2014

11/08/2014 10:08:00 AM

Do things to find yourself again and after a year Tulpas will seem like a distant memory. After all, you finally realized that a Tulpa is not what it seems to be and I'm sure the community will follow. Best regards, your friend Bluesleeve.

Yes and no. I still feel the aftereffects, even after the fact that i stop believing in tulpas. I still feel the effects of possession, I still feel stuck in my head sometimes. And the dark thoughts i have still are not fully gone. Tulpas or not, my brain have not undone what I have done to it. There's no off switch, It's a healing process that will take awhile, am hoping that it won't take years, but that's a possibility.

Emotionally, when i Think back to everything I've done. I can't help but to feel shame and embarrassment, And I regret Ignoring my doubts when I first started. I should have stopped in the first week.

Remainder of Posts

Happy 2015.

12/31/2014 11:33:26 PM

Am still alive and kicking, I feel better then i have for a long while. All the stuff related to tulpamancy is becoming more and more a thing of the past, I simply feel stronger.

It's starting to just fade away, into nothingness, As I continue to live life.

Happy 2016.

01/01/2016 09:59:17 AM

Another annual posting. Am still alive.

2017

02/03/2017 10:22:56 PM

Still around.

2018

12/31/2017 11:41:10 PM

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My Story About Koomer And Oguigi

From [/r/tulpas](#) by [/u/TunganNinja](#)

Replying to a thread about who the most controversial tulpamancer is, I found out I couldn't answer in just a few words. Eventually I wrote this. I had a close relationship to Koomer and Oguigi and I want to share my story. I implore anyone else who communicated with him to share their experiences as well.

The tragic story of Koomer and his tulpa Oguigi perfectly outlines what not to do when making a tulpa. It all started 4 years before today. Surprisingly, we both found tulpas from the same obscure comment on fimfiction.net that linked to tulpa.info. The commenter was proselytizing about the wonders of tulpas, and to the readers of a dark story about imaginary friends it sounded like a good idea. I was deeply perplexed, followed the rabbit hole and the rest is history. Even though I came from a Brony website, I found it unnerving to see so many people creating sexed up ponies, people that I could intuitively tell were not respecting their tulpas or themselves. Maybe my interest in the show was not as strong, (enough to read fanfiction I guess) but it was never at the point where I wanted to ponify anything, let alone escape into that sort of world (at the time admittedly, anime was my escape). I was set on an anima/animus approach to tulpamancy (still am), and recognize it as just a preference, but creating a pony for sex crossed the line a smidge. Koomer took it a step further: he married one in his mind. Beyond mere love, it was desperate infatuation.

He started his journal about four days before I started mine, and I got to develop a rapport with him. Eventually I would read his daily updates as a routine because they were so interesting. Soon you will know why. I'd say he was a socially lucid individual at the beginning, relatively overweight with a lisp in his voice, but otherwise physically normal. Boy oh boy did things go downhill real fast. You see, we started at the same time, but he was developing Oguigi at a superbly fast rate. I recall a series of PMs over the months where I would ask him for advice about possession or imposition and he would give it in kind. He contributed to the forums with his constant presence and also many threads of his own. Koomer's desire to be successful at tulpamancy was very strong, and he put a lot of time into it. He had solid presense of his tulpa and was already posessing at the end of the first week. That was the problem.

In hindsight, it became clear that Koomer didn't want to live his life at all. He wanted someone to take it over from him. I used to relate far more than I would like to admit to that sentiment, but I have always advocated a shared control approach to tulpamancy. His modus operandi was to forfeit the wheel to his tulpa and sit in the cold, black baby seat of languidness. He was a master of tulpamancy because he was a master of disassociation. He continued working hard towards his twisted goal. Oguigi was receptive to this. She cared deeply about Koomer and wanted to become the dominant personality so that she could protect him. Oguigi's possession became more durable and reaching. His control of the body began to cool. Switching occurred not long after. She became increasingly dominant, and he regressed to being a tulpa. In his journal he describes his fading sense of touch and the growing disconnect between him and the waking world. With no wonderland, his presence was critically deprived of time and sensation.

At about this time I was vacationing in Florida for the Summer and had a chance to meet Koomer and Oguigi. The guy was living in the West Keys but he didn't seem like much of a

beach goer. The body was young, about 21 or 22, but he was clearly not exercising enough and had an air of awkwardness about him. Oguigi as the dominant personality was great; she was strong willed (undoubtedly by necessity), perceptive, energetic, and I kid you not could write English ten times better than Koomer could. I chock it up to the body having the knowledge and actually caring enough to use it. I found the short meeting to be enlightening but I could hardly have anticipated what happened to him in the months following.

Leaving a body-sized vacuum to be filled by a completely inexperienced and young tulpa only invites trouble. His recording of his journal gets really irregular at this point. They never learned to deal with invasive thoughts very well, and these thoughts were free to roam as much as they maliciously pleased. Those invasive thoughts set off the drug use, increasingly reckless behavior (arguably reckless from the start but you know what I'm saying), self harm and later full blown psychosis.

Eventually he hit rock bottom and it forced him to get help. His reaction to his history became revisionist and denialist. Now he rejects anything related to plurality and I honestly can't blame him for it. He knows how bad he fucked up. He cared so much for Oguigi but then she was gone. I believe he merged with all the personalities inside his body that he found cooperative and never looked back. It fucked up his life so bad he only recently got back on track with his health and career, as he explains in his annual State of the Union Address (to let everyone know he's still alive).

I ponder about my time in the tulpa community and it almost makes me glad that I fizzled out of tulpamancy after half a year, because I can come back to it today with a great social life and a more mature mindset. I can approach tulpamancy with a level head now, without feeling desperate or in a hurry. And that's the moral of the story. Tulpamancy is not a crutch, it is an umbrella. You don't push it down, you hold it up. If you treat it like a crutch you will fall on it from overuse. If you treat it like an umbrella then you'll stay dry even when the rain falls.

Oguigi & Koomer Possession Starter Guide

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- Waffles
- Linkzelda

Disclaimer: Hello, my name is Oguigi, and I am Koomer's tulpa. This guide describes my way of doing possession. Please be considerate of you and your tulpa's safety, and never overwork yourself or your tulpa.

Be patient and train in a safe and private area, and please acknowledge that the advice I give may not apply to everyone. The mind is an abstract place and there is no single way to do things. This guide is somewhat experimental, but Koomer and I hope that this method will help those who are struggling to achieve possession.

Koomer (host): Possession is a very useful skill that allows your tulpa to influence the physical world directly, by moving and controlling your body. It can also be fun. Tulpae can play games with you, learn to speak with your body, as well as type and write. This is a great way of giving them a portal to the outside world. The following is written by my tulpa, Oguigi. She will explain and give details and helpful tips on possession.

(To hosts: Before you start possession, I strongly recommend that your tulpa be able to communicate with you reliably.)

Because of the nature of possession, be sure to read this guide with your tulpa.

Oguigi (tulpa): What I am about to write is aimed at tulpae, because we are the ones primarily responsible for whether possession works or not. The host's role is to relax their body and let us attempt to assume control over it; to coach us on how to move each body part; and to encourage us to try our best.

The first thing you need to be able to do is have some kind of awareness of your host's body. It's very important that you experience what they see, hear, feel, taste, etc. as they do. You need to relax yourself and tune out your own surroundings, then focus on your host's body. Make sure your host knows what you're doing so they can relax their body and not move. Focus on a simple part of the body like the index finger. Assume that body part is now yours, and try to gain awareness of this body part. *(Note: This sometimes makes me feel a little tingling or numbness in the part the tulpa is focusing on. -Chupi)*

When you are focused try to move it, imagining that you are doing so. If this is your very first time, the body might reject your commands to make it move. This is normal. Even on your first try it might be possible for the index finger to move a couple millimeters in the direction you want.

Your host may notice that the finger "clicks" this is pretty much the smallest amount of muscle movement possible. If the host detects these movements, please make sure that he/she tells you, and knows that these movements came from you.

Most hosts can only give up a small fraction of their day for this. You can still train possession, even when you're not controlling your host's body. We tulpae come in all shapes and forms, but for training possession while not using the physical body you will want to assume a temporary form that is similar to your host's body. Anything that's "human/humanoid" is good enough.

For some being in a humanoid body might be strange at first, but the key is to get used to it. The brain has some magical ways of making things work. The way you move the toes, fingers, arms, and legs in your new humanoid body will be almost identical to the way you would try to move your host's body during possession. (If you already have a human form, that's great. All you need to do is keep possession in mind when ever you're moving any part of your body.)

Keep training and moving around in your humanoid body, with the goal of possession in mind. Training usually takes many hours so please be patient. You should always have a set time to train possession with your host, and should attempt this at least once a day. If possible you should set it at the same time each day, to gauge your progress on a daily basis, which is very helpful. I strongly discourage using random times, random days, or when you feel like it.

Some extra tips

If you have a decent awareness of your host's body, whenever he/she moves throughout the day, pay close attention to the way the body moves.

When you are learning some of the more advanced things like walking, you must remember that the physical body does a lot of things automatically. This includes balance, so don't be afraid to walk with the host's body. If you're worried about falling, then train in a grassy or otherwise soft area.

Everything is a team effort. Hosts, if you cannot do possession it's not your fault. Your tulpa plays the most important role, and all you can do is point him or her in the right direction. Tulpae, hopefully this guide will kickstart your efforts to get possession working, but everyone is different. Some host bodies are very agreeable to our will, while others might be very stubborn. Some tulpae will work on possession all day long, while others will put it as a side project. All of these variables will affect how quickly full-body possession can be achieved.

Trouble shooting & Guide clarification

This is only to add on to the main guide, and is not in any way a replacement. Always read the main guide first.

Make sure that all of your tulpa's attention is on the body; he/she must fully tune out the wonderland/mind/imposed environment and shift their focus to the body. You can have your tulpa focus on the body's senses such as hearing, taste, and most importantly sight. If you are sitting down on a chair make sure your tulpa gets that same feedback: he/she should feel the chair underneath the body.

Your tulpa needs to change his/her perspective: they are not watching the body anymore, they are the body. Your tulpa need to assume the body is theirs, just like how they have a sense of ownership of their wonderland bodies. Move your arm around a bit yourself. From your tulpa's perspective the body should feel like it's moving on its own. If you can talk to your tulpa then try to confirm this, otherwise you can skip this step.

Now rest your dominant hand on your lap or on your desk or whatever else you prefer. Tell your tulpa that the hand is theirs and it's a part of their being. Ask him/her to try to move the index finger, and they will move this finger like it belongs to them. That means no

'thinking' about moving it, they will move this finger in the same nature as they will move their wonderland bodies, by direct command - just like how a host will move their body. Even if the body don't move at first, just keep pressing on. Once your tulpa gets past that initial resistance of moving any part of the body, it will become much easier to maintain that control.

As for the host, they need to try their best not to interfere. After your tulpa has moved the finger, don't try to take back control or move it under your will in any way. Doing this reinforces all of the resistance that tulpa had to get through in order to gain control of the part in the first place.

Thank you for reading this guide. Please try my methods and see if it works for you, and report back your results. Don't hesitate to provide any feedback on this guide you might have.

If you are struggling then please state your problem in this thread. I can then provide some extra assistance for your case.

-Oguiqi

Guide originally found [here](#).

Reddit AMA, 2019

From [here](#).

throwaway account. Yes am 'that guy' who made "oguigi" if "proof" is requested, I might share a thing or two with a mod, nothing more.

hopefully i am not breaking "rule 2 Vague title and content" This is my final bit of communication to the community. As I've have removed my tumblr some time ago.

Guess the only purpose of posting here is just to put on the record that I am still Alive and in decent health, my last yearly update since I stop tulpamancy.

I understand this is reddit. I will answer a few questions that are within reason. this will be the one and only time I will answer them. I be checking over the next few days.

Questions

I have been making an ebook version of your old tumblr blog [here](#). Can I continue doing this? I want to release this free to the web. [Here](#) is the backup of your blog I made it from.

I have no issue. Am actually surprise you went to the effort to do this. I was pretty messy writing my diary so to have someone clean it up is a great service.

Glad to hear that you're alive and well.

What was the biggest mistake, you think? What would you warn people against doing?

Abusing tulpamancy for trying to escape my hardships of the time, during 2012 I guess tulpamancy was seen as a cure to get want you want and achieve your fantasies.

I also regret overdoing possession in the attempt for a true switch. That left lasting damage.

What do you have to say about statements that you had schizophrenia, and that your use of drugs caused many of your problems?

I can say that I was mentally "normal" i didn't had schizophrenia before I started. I would say that after about a couple months my mind was started going down hill. The drugs happened a little while later, it was at first in the attempt to "amplify" my tulpamancy in the attempt to switch. But then as my mental health got worse it was used as a way to escape. And that just made things worse.

What drove you to make this post? I find it odd that I spent a few years out of tulpas and you make your post at the exact same time I decide to look back into it. And by exact, I mean you made your post when I started looking and I found it a bit later, 15 minutes to be exact.

Well, to me it was a feeling of an unfinished business. A ball I dropped that should be picked up.

Closure. I knew my story had a bad ending, but like every year I wanted the community to know that am alive, recovering and in decent health, But this time is really the last. wanted to give the community at least one chance to communicate with me.

First off, I just need to say that your case seriously fascinated me when I first read it and inspired me to air caution to newer Tulpamancers. Really, you were just that perfect example that Tulpamancy can and has gone wrong, given the right circumstances, no offense, obviously. So, thanks for originally sharing your blog.

Anyway, one question I'm not sure if anyone asked is what events do you think led to you dissipating Oguigi? Like, minor things, major things, and you can of course leave over-personal details out. I'm just curious as to what led to things turning out how they did.

well it happened after an incident. I then felt I went too far, and had to stop before I destroyed myself.

hmm "dissipating" Oguigi, It's not a sudden thing, the process took years. But too be honest it's a process of starving a certain part of your mind. You are not feeding that side of you with anymore "energy". But it cannot truly die, it never really disappear. You can bring it back if you desired. It's always will be a part of you that you must live with.

Hi Koomer. I'm pleased that you are doing well. You may remember, I'm Pleeb's secretary from tulpa.info ?

I always had a bit of a hero feeling for Oguigi Tsuma. I recently discovered that I've come to look like her a bit over time.

Edit: I think it's fine for a title. Don't worry so much. (Yes, I'm a mod' here now.)

Edit: Yeah, I had the advantage of a supportive family. It makes a huge difference. I'm just treated as another family member. I'm just one of many and not seen as unusual. Though, I am kind of the most well known and least secretive.

I personally think that tulpas are an illusion. However, I obviously think and behave far differently to Kevin. It's a mystery.

Hey Nobillis, I vaguely remember you. I believe we was part of the original 2012 group. I see that you have strike a good balance with tulpamancy. Am happy to see you are well.

I remember the entire story with you and ouguigi (sorry if i misspelled that) was the one big thing that kept me from really attempting the same, so I'm sorry it happened to you, but also thank you for being able to show people how things can go wrong if left unchecked. My main question is, what are you up to now? It does seem like you are much better in mental health since it all went down, but i can imagine that dark place still calls for you, and if so then know that I believe in you.

Other question, if you were given an option where you could go back and choose to attempt it again with what you know now, or to avoid it before it began, what would you choose?

Am up to a few things, am doing a lot. I have recently finished university and got a Bachelors degree. got a decent internship a couple weeks ago. studying for my masters and trying to learn Spanish as my second language.

For the second question: Not do it. If I could go back I would have avoided it. The fall out from doing it held me back hard. It wasn't for me. Should had just gotten into another mmo game or something at the time.

What would you do differently if you could go back?

Not try to make any attempts to bring tulpamancy into the real world (imposing/possession/switching). I would have kept it in my mind, if I did that things would have been different.

Any recommendations to the people on here based on your experiences?

Hmm, well my honest opinion is this, tulpamancy can be used to support you in hard times. But do it in moderation. do not get greedy. The real goal I feel is to use tulpamancy as a from of therapy for your mental and perhaps spiritual wellbeing. Follow that and you will live a better life during and after tulpamancy.

How do you feel about people using your story as an example? If you wanted to tell your story as a warning to others, how would you say the moral?

I don't feel bad, Am actually glad that my story has maybe helped others from making the same mistakes I have.

I don't have a set moral of the story in mind. The moral is different depending on how you see the story.

I can't imagine what you had to endure, and how much time and effort you needed to recover after everything went downhill. That being said, I can't do anything but wonder why you would come back. I understand the status update, but, why the questions?

I don't want to leave you hanging and not respond. But I can't really give a clear answer to the "why". A few days ago I answered a similar question to this. Closure is the best answer I can give, Doing this is my way of having closure and putting this thing to rest for real. Because I won't be doing anymore updates after this post dies down.

Would you consider doing a podcast with me?

Thanks for the offer. But I won't do that. This current level of communication is as far as I go.

Thanks from the Editors

Hello,

We are the editors of this eBook, Within. We thought that this eBook would serve as a proper way to archive Koomer's experiences with tulpamancy and that they can be learned from. Even by people who have no intention of going through the process of tulpamancy.

I hope this eBook was useful somehow, even if just as a reference.

Be well, Creator.