



## Medical and Inclement Weather Plan

Event Managers are required to communicate the following plan to team contacts prior to the event and have a copy available on site at the medical area.

If a player is injured during this event requiring being sent to ER or Urgent Care, please submit an injury claim through [USA Ultimate Incident Report form](#) to start the process for a medical insurance claim.

### Nearest Hospital

**Name:** Avista

**Address:** 100 Health Park Dr, Louisville, CO 80027

**Phone Number:** 303-673-1000

**Map Link:** [Avista](#)

### **Medical Services provided at tournament**

Athletic Trainer

### **Where will the medical staff be at the event**

Tournament Central

### **How can teams contact the medical staff** (phone, radio)

Come to tournament central, call Mike 720-917-4139



## How will event staff communicate weather, emergency & schedule changes to teams

Horn blasts for weather delays. Emails for schedule changes.

## Any other relevant information specific to your tournament, if applicable (Facility specific weather policies)

Shelter in vehicles for lightning.

## USA Ultimate Weather Policy (Facility may have their own policy)

You can find more details and information here: [Health, safety, and liability Requirements](#)

### For Lightning:

If you hear thunder OR your computer or app shows that lightning has struck within ten miles, suspend activity. If you do not have access to a computer or app that shows the proximity of lightning strikes, suspend play if lightning is seen even if you cannot hear thunder.

### For Extreme Heat and Cold:

Refer to [Medical Staff Requirements](#). When the Heat Index reaches 105 F (see [NOAA/National Weather Service Heat Index Chart](#)), play must be suspended. In colder temperatures and/or wetter conditions, it is important to be cognizant of conditions conducive to hypothermia.