

Emotional Heritage Dice instructions



For an audio version of the instructions please click [HERE](#)

For image descriptions please click [HERE](#)



If possible, use recycled or re used card – cereal packets and card biscuit boxes work well

This document contains some ideas, invitation and instructions about exploring “Emotional Heritage”

Emotional heritage is a term used by artist Lady Kitt.

For Kitt it means:

- History and inheritance of feelings
- Everyday games, activities, habits used to create specific atmospheres
- Improvised togetherness developed by children and adults together, passed from one generation to the next

Kitt uses the Dice as:

- Toys for doing play & imagining
- Tools for communicating play as emotional heritage

Instructions:

Step 1:

Start thinking of 6 question or ideas you have relating to “Emotional Heritage”

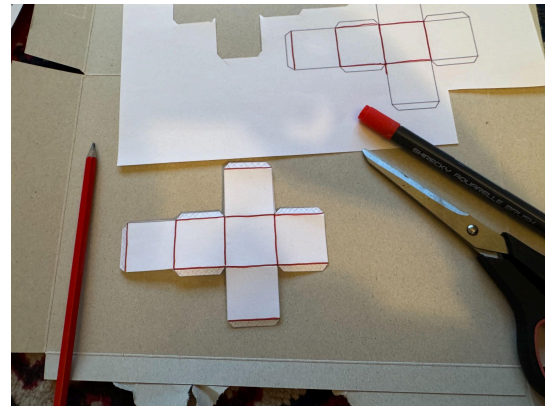
Start thinking of 6 games, activities, actions or rituals you are interested in or like doing

Step 2:

Print out the cube templates on A4 card

Or

Trace the templates on to A4 card. [For instructions on tracing please click HERE](#)

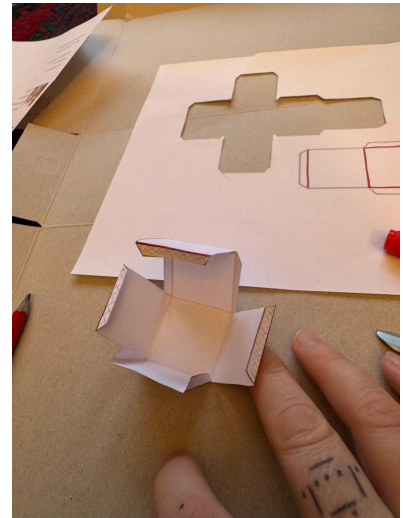


Step 3:

Cut out the cube templates.

Step 4

Fold along the inside lines. The lines you need to fold are coloured red on the template.



Step 5

Decorate the dice with options!

Decorate the 6 faces of Die 1 with your questions and ideas

Decorate the 6 faces of Die 2 with you games, activities, actions or rituals

Step 6

Put glue on every tab (in the template the tabs are indicated with cross hatching).



Step 7

Glue each tab behind the adjacent face to assemble the cube.

Step 8

PLAY!!

Throw both dice at the same time.

Think of ways you can use the activity from the activity dice to explore, explain and play with the idea from the ideas dice.



