

# **Society of Critical Care Medicine**

## **Delegation to Vietnam**

*December 3-9, 2023*

### **SCCM Exchange Program Goals**

The following topics of discussion have been developed as a guide for the initial program planning. Each Delegate will be asked to complete a professional profile, which will be incorporated into the final schedule of activities and topics of discussion.

#### **Initial Topics of discussion:**

- Differentiate the organizational structure and healthcare delivery systems of various critical care units in Vietnam
- Explain similarities and differences in critical care education and training
- Discuss the impact of Universal Healthcare in Vietnam
- Describe knowledge and change in attitudes regarding level of skill, level of sophistication, and organizational level/development in Vietnam
- Discuss quality processes and how change is implemented to improve patient care.
- Review infectious diseases that occur in Vietnam
- Compare and contrast cultural differences for patients and families faced with end-of-life decisions.
- Describe how resource limitations are addressed in caring for critically ill patients.
- Exchange knowledge and practice information through networking with colleagues from other countries.
- Describe work being done for post intensive care syndrome

# Preliminary Schedule of Activities

This Preliminary Schedule of Activities represents the initial plans for the delegation as developed in cooperation with your delegation leader, your professional counterparts, and our research team. The Final Schedule of Activities, published approximately 30 days prior to your delegation convening, will be adjusted to reflect the composition of the delegation, unique opportunities, and scheduling with your professional counterparts.

**Day 0 (Sat) December 2, 2023      Depart the United States**

**Day 1 (Sun) December 3, 2023      Arrival Hanoi, VIETNAM**

Welcome to Hanoi. Please proceed to the Hotel de L'Opera located in central Hanoi. Hotel de L'Opera is a boutique hotel, encapsulating the best of Hanoi with outstanding features of French colonial architecture and operatic interior.

In the evening, join your national guide at the hotel for an **orientation and cultural briefing**. The exact briefing venue will be announced after arrival. The group will be briefed on the political and cultural diversity and receive further information on the program.

**Overnight:** Hotel de l'Opera

**Day 2 (Mon) December 4, 2023      Hanoi: Cultural Day**

Today, enjoy some of Hanoi's cultural treasures. Visit **One Pillar Pagoda**, which dates to the 11th century and was built to resemble a lotus blossom. Onward to visit the **Temple of Literature**, **Hoan Kiem Lake**, located in the heart of Hanoi and **Ho Chi Minh Mausoleum**. The mausoleum is the final resting place of Vietnamese Revolutionary Leader Ho Chi Minh, President of the Communist Party from 1951 until his death in 1969.

In the afternoon, explore the **Old Quarter** of the city, with its colonial French architecture and slower pace of life, during a rickshaw tour. Stop briefly to see **Hỏa Lò Prison**, which was a prison used by the French colonists in Vietnam for political prisoners, and later by North Vietnam for U.S. Prisoners of War.

This evening, the delegation is invited to attend the **Vietnamese cultural show Lang Toi My Village**. The innovative performance highlights the poetic beauty of Vietnamese village life using twenty different exotic folk instruments, dance and

acrobatics. Trip Advisor rates the performance 5 star and lists it as a “must see” activity in Hanoi.

**Overnight:** Hotel de l’Opera

### **Day 3 (Tue) December 5, 2023    Hanoi: Professional Day**

Begin the day with an overview of the healthcare system and learn about Vietnam’s advances towards universal health care. Later meet with faculty and students to discuss curriculum, standards, and certification requirements for surgeons. Learn about the development of surgery in Vietnam and the current state of surgical services.

After lunch, visit the US Embassy in Hanoi. Gain an understanding of the relationship between the US and Vietnam, initiatives in the region, and plans for the future. Meet with USAID representatives and learn about one of the USAID flagship projects, the Local Health System Sustainability Project, which is aimed at strengthening the financial structure for healthcare and building toward a sustainable self-financed health system and universal healthcare.

**Overnight:** Hotel de l’Opera

### **Day 4 (Wed) December 6, 2023    Professional Day/Fly Hanoi –Ho Chi Minh City**

Start the day meeting with the faculty and staff at one of Hanoi’s largest public Hospitals. Discuss with the hospital trauma team their approach and capacity, meet with the surgical physicians and tour their operating facilities.

After lunch, delegates and guests will be transferred to the airport for a flight **to Ho Chi Minh City**.

**Overnight:** Sofitel Saigon

### **Day 5 (Thu) December 7, 2023    Ho Chi Minh City: Professional Day**

In the morning, visit a public hospital in Ho Chi Minh City. Tour the facilities and discuss capacity building to meet the added demands as universal health coverage continues to grow in Vietnam.

This afternoon, delegates will meet with the physicians at a private surgical/oncology facility and discuss “medical tourism” and private pay healthcare impact

access to care for the poor. Learn about their methods to address cancer and their best practices.

After you return to the Hotel, gather as a group to recap your professional experience, share observations, and discuss possible future collaboration.

**Overnight:** Sofitel Saigon

## **Day 6 (Fri) December 8, 2023      Ho Chi Minh City: Cultural Day**

This morning you will enjoy a walking **tour**, starting out from the hotel walking past magnificent French colonial monuments such as the Opera **House**, **City Hall** and a stop at the **Notre Dame Cathedral** and **Post Office**. After a selfie stop, follow the path to **Reunification Palace** nearby. Formerly named the Presidential Palace, this important city landmark was assured its place in history on April 30, 1975, when the first North Vietnamese tanks rumbled past, signaling the Fall of Saigon and ultimately the end of the Vietnam War.

Afternoon visit the **War Remnant Museum** which is primarily dedicated to the Vietnam War but also includes exhibits dating back to the French colonialist period and the first Indochina War.

**Overnight:** Sofitel Saigon

## **Day 7 (Sat) December 9, 2023      Ho Chi Minh City – Departure**

Today transfer to the airport to connect your flight back home or transfer to Siem Reap, Cambodia for the Cultural Extension Program.