



PRAIRIE GROVE CONSOLIDATED SCHOOL DISTRICT 46

3223 IL Route 176, Crystal Lake IL 60014-2199
Phone 815.459.3023 Fax 815.356.0519 www.dist46.org

August 22, 2023

Dear Prairie Grove families,

The weather forecasters are predicting higher than average temperatures as the week goes on. All of our classrooms have air conditioning, but the common areas (e.g., gymnasium, cafeteria, hallways) in the Elementary School do not. Please consider the following as you prepare to send your students to school this week:

- **Stay hydrated** - Please send your students with a water bottle and encourage them to drink water frequently, even if they don't feel thirsty.
- We have several bottle refill stations throughout the buildings for students to use.
- **Dress lightly** - Light-colored clothing can help people stay cool and prevent heat related issues.
- Looser fitting clothing ideally offers both adequate ventilation and protection against direct sun exposure.
- Clothing made with just one layer of absorbent material can help maximize the evaporation of sweat, which has a cooling effect (kids have lower sweat rates than adults).

On Thursday (8/24), all **recesses and Physical Education classes** will remain indoors.

As always, feel free to call if you have any questions, please contact the building offices at 815-459-3023.

All the best,

John M. Bute, Ed.D.
Superintendent