

Relationship scenarios

Scenario 1: Unhealthy Communication Pattern Jane and Mike are constantly interrupting each other during conversations, often leading to misunderstandings and frustration.	Scenario 2: Supportive Partnership Sarah is training for a marathon, and her partner Alex regularly joins her for runs, offering encouragement and helping her stay motivated.
Scenario 3: Controlling Behavior David insists on knowing every detail of Lisa's daily activities and becomes upset if she spends time with friends without him.	Scenario 4: Shared Decision-Making Elena and Mark are planning a vacation. They discuss different destinations, evaluate options together, and make a joint decision based on their preferences.
Scenario 5: Lack of Trust Ryan often checks his partner's messages and social media accounts without permission, leading to arguments about privacy and boundaries.	Scenario 6: Empathetic Support After a tough day at work, Emily opens up to her friend Julia about her challenges. Julia listens attentively, offers comfort, and shares her own experiences.
Scenario 7: Unequal Contributions In a group project, Alex takes on most of the work, while Chloe contributes less and often relies on Alex to complete her tasks.	Scenario 8: Jealousy and Insecurity Max becomes visibly upset when his partner Mia talks to other people at social events, fearing that she might be interested in someone else.
Scenario 9: Honoring Personal Space Jennifer and Kyle enjoy spending time together, but they also prioritize their individual hobbies and activities to maintain their sense of independence.	Scenario 10: Compromising in Conflicts Amy and Jake have different preferences for weekend plans. They discuss their interests, weigh the pros and cons, and find a compromise that makes both of them happy.