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VITA OF EXPERIENCE



Dr. Sharon Mijares is an international speaker, KURU community radio host, workshop leader and author. She has decades of experience in treating trauma, psychology, teaching, leadership and transformational processes. Her Institutes for Women and Global Change have been presented in several nations. She has enlisted authors representing a variety of cultural perspectives in her books. Her sixth book, *A Force Such As the World Has Never Known: Women Creating Change* has received global attention. Her latest book, *The Power of the Feminine: Facing Shadow Evoking Light* is in final publication process. She is also a specialist in gender issues, shamanic and psychospiritual healing with over thirty years specializing in trauma, addictions, and teaching at the university level. Dr. Mijares is touching many different areas in her work, and each one is focused on improving the human condition.

PROFESSIONAL COMPETENCIES

- Professor of university courses in Mental Health, Spirituality and Global Health, Ecopsychology, Depth Psychology, Somatic Psychology, Research courses, gender issues and human sexuality, critical thinking, social psychology, counseling, comparative religions, drug prevention and treatment and other courses.

- Author of articles, chapters and seven books on various topics including gender and cultural healing, women's development, the breath and psychospiritual paradigms for mental health.

- Licensed Psychologist providing psychotherapy for individuals and couples, specializing in spiritual emergence processes, treating abuse and addictive behaviors while promoting psychospiritual development and mind-body healing.

- Radio host for *Speaking Allowed*, community radio, KURU 89.1 fm, Silver City, NM

- Professional Coach for Leadership and Personal Change from the College of Executive and Personal Coaching.

- Focus on women's development through individual and group work.

Ph.D., Clinical Psychology. 1995.

The Union Institute Graduate School, Cincinnati, OH. Concentration in Clinical Psychology. A study of the impact of trauma on the body, mind and its relationship to dissociative and cerebral processes. Title of dissertation: *Fragmented self, archetypal forces and the embodied mind* (published 2012). Shamanic and Jungian approach to healing.

M.A., Psychology. 1991.

Sonoma State University, Rohnert Park, CA. Concentration in Psychology with emphasis on gender imbalance, trauma and influence of breathing practices in healing. Research/thesis titled: *The healing power of the breath: Eastern, Middle-Eastern and Western forms of breathwork*.

B.A., Psychology. 1990.

The Union Institute Undergraduate School, San Diego, CA. Concentration on Women's Psychology and the mind-body relationship.

ICSS Graduate. 1989-90. Institute of Culture and Creation Spirituality. Oakland, CA. Nine-month program in women's awakening, cultural justice and peace issues and spiritual process. Training in leading rituals. I assisted Jeremy Taylor in teaching group dreamwork 1990-1991.

1991-1994, Spiritual Emergence Treatment

Interned in the Menlo Park SEN office 1991-1993. Handled crisis hotline, supported workshops. Nine-month Certification 1993-94 in recognizing and treating Spiritual Emergence training with Stan Grof, David Lukoff, Robert Taylor, Jyoti, Russell Parks, and numerous experts in non-ordinary experience on treating kundalini and other energetic states as well as alternative realities and synchronistic experience.

Certificates & Related Trainings.

Polyvagal Therapy with Stephen Porges. Completed October 2022.

White Privilege and White Therapists: Treatment Considerations Surrounding Racial Traumas Among People of Color. Completed December 2, 2020

Neuroscience. 30 hours. Sounds True. Completed August 1, 2020.

Suicidality: Assessment and treatment: May 2020. On-line continuing education.

Indigenous Cultural Awareness (ICA): Parliament of World Religions, Toronto. November 1-6, 2018. Focus on learning from First Nations as well as Amazonian indigenous cultures.

Trauma Treatment Mastery: Effective healing interventions for the mind and body. Psychotherapy Network: December 2017-January 2018.

Qigung for Health. Certification course after training with Master Homer Nottingham 2015-2017. Nevada City, CA

Neuroscience Brain-Based Therapy: Transformational techniques for anxiety, PTSD, depression, impulse control, etc. Pesi. June 7. Rancho Cordova, CA

Intensive Trauma Training with Bessel van der Kolk. Six-week training session. Pesi Institute. May-June 2016

How to use Polyvagal Theory to Help Clients Reset the Nervous System After Trauma. Stephen Porges. NICABM. May 8, 2016

How to Rewire the Traumatized Brain. Bessel van der Kolk. NICABM. May 2, 2016.

Evolution of Psychotherapy. December 11-14, 2013. Milton H. Erickson Foundation. Anaheim, CA

Variety of training for teaching On-Line Courses with e-College, Blackboard, including the use of Adobe Connect and Class Live Pro via Brandman University and National University faculty training programs (2005-2007). Use Moodle for CIHS. Designed and teach on-line course for the United Nations University for Peace on Moodle, working with their media department.

Professional Coach. College of Executive Coaching certification program. (2000-2002).
The two-year coaching program focused on women's issues and development, strategies for improving group and business relationships and organization.

Hypnotherapy: Self-relations Psychotherapy & Ericksonian Hypnotherapy - Ongoing supervision training and certifications. Stephen Gilligan, Ph.D. (1991-1999: averaged 8 hrs. mnth for 8 yrs.).

> *2001-2005 – On staff of annual international *Trance Camp*, summer training programs in Hypnosis and Self Relations. Also, led evening sessions integrating Sufi practices with Self-Relations training.

Del Amo Hospital Preferred Providers Training with Colin Ross, M.D. Treatment of sexually abused, dissociative clients and perpetrators. (2000).

Masters & Johnson Preferred Providers Training. Treatment of sexually abused, dissociative clients. Treatment of perpetrators. (1999). I also taught this in university courses for counseling psychology students.

Cognitive therapy for anxiety disorders (1997). David Burns, Ph.D.

Disaster Mental Health Training w/American Red Cross. Crisis Management. Trained in defusing and debriefing techniques in the event of serious and traumatic events.

Eye Movement Desensitization Reprocessing (EMDR). (1995).

Psychologists Substance Abuse Training (1997). Los Angeles.

Stalking. San Diego Stalking Strike Force and District Attorney's Office. (1996).

Power & Control: Tactics of men who batter. Training to facilitate treatment programs, Domestic Abuse Intervention Project, Duluth Minnesota. (1995)

Spiritual Emergence Syndromes & Treatment: 9-month certification course. Marin county (1993-1994), facilitated by Robert Taylor and Russell Parks.

Hypnotherapy Certificate. Sonoma State University Extended Education program (1991).

Child Development Certificate. Palomar College. (1975).

PROFESSIONAL EXPERIENCE

Director of Psychology, California Institute for Human Science
Encinitas, CA March 2020 – July 2021

Direct Master's and Doctoral programs in both Integral and Clinical Psychology studies. Significant work on reorganization of curriculum, guiding students, convening meetings for psych faculty and students. Work on curriculum for WASC approval. Organized and taught Practicum course for Clinical Psychology students seeking licensure. Was on Ethics and Curriculum committees.

Core & Lead Faculty, California Institute for Human Science
Encinitas, CA. 2006 – Present (now Core Faculty as of Summer 2022)

I created and have taught *On-Line* courses in Depth Psychology, Ecopsychology/Ecofeminism; Somatic Psychology; Islam-Sufism; Sociocultural Influences and Intervention Strategies; Advanced Qualitative Research; Aging, Grief and Long-Term Care; Breathwork, Healing & Transformation; Comparative Religions; Counseling and Communication; Practicum, and other courses. Also participate in

doctoral research committee meetings and have guided numerous doctoral research projects.

Associate & Adjunct Faculty, National University. (On-Campus and On-Line Courses)

San Diego, CA. April 1996 - ongoing

Course design for new undergraduate program in *Integrative Psychology*. A nine-member team created this program. I developed *Ecopsychology*, *Spirituality and Global Health, Somatic Psychology* courses, and *Personal Growth and Development* courses for this new on-line program.

Undergraduate: Global Psychology, Social Psychology, Drugs, Values and Society. Theories of Personality and Psychotherapy, and Senior Research Project are my primary courses. I primarily teach the Senior Project Research course now, a course I developed for online teaching around 2007.

Master's program: Counseling psychology (MFT) program, including Principles of Psychotherapy, Adult Development and Aging, Child and Adolescent Psychotherapy and Relational Violence. Issues in Sexuality. Also have taught in the Master's Leadership HUB course.

Adjunct Faculty, University of Massachusetts Global/Brandman University. (On-Campus/Chapman University and On-Line/Brandman Courses now incorporated into UMassGlobal)
Costa Mesa, CA. May 1999 – Ongoing. Designed and teach Spirituality and Mental Health. Fully on-line courses include Transition to Work Seminar, Research and Bibliographic Methods, Life Span Development, Scientific Writing for the Behavioral and Social Sciences. Intro to Counseling and Personality Theory courses are my more-frequent courses.

Graduate (MFT) on-campus courses included Child & Adolescent Psychopathology, Assessment and Treatment of Sexual Disorders, Couples Psychotherapy as well as other courses on-campus.

I also sat with department chair to interview MFT students for advancement to practicum and internship.

NOTE: On Tenzin Dhardon Sharling's doctoral research committee upstate New York through UMass.

Visiting Faculty, United Nations University for Peace – On-Line Costa Rica. 2012-2014. The course titled *New Perspectives in Family and Community Health* examined family structures from a global systems perspective, illustrating the impact of war, migration while defining the many ways that family structures are re-defining themselves. The course offered students concrete guidance and skills required to work in creating a more sustainable and peaceful world. https://elearning.upeace.org/classroom/course/info.php?id=88&id=88

Psychotherapist: Private practice as Licensed Psychologist. California license: PSY16127 and New Mexico 1496
Humanistic and transpersonal approach. Decades of experiential training in spiritual emergence processes. Strong psychospiritual and shamanic focus. Therapeutic practice specializing in healing trauma related disorders, women's issues, addictive problems, growth-oriented self-development and couples' therapy.
Also, utilize trance, breathwork, and shamanic practices. I occasionally lead deep-breathwork at the local Lotus Center.

Professional Coach: Help people with lifestyle, shamanic work, and career changes.

Post-doctoral Fellow: Mercy-Scripps Behavioral Health Care
December 1996 through October 2, 1997
Facilitate ongoing groups for patients suffering from affective disorders, chemical dependency and psychotic disorders in a partial hospital program. Co-conduct emergency room and ICU psychiatric evaluations and referrals.

Sexual Abuse Counselor: Women's Resource Center, Oceanside, CA.
August 1993 - May 1995. (Pre-and Post doctoral internship)

Psychotherapist treating women who were molested as children and rape victims. I coordinated with the SART (sexual abuse response team), including emergency rape response at hospital, and Victims' Assistance program. Counseled victims and perpetrators of domestic violence. Facilitated ongoing training program, supervised testing and assessment project for male perpetrators of domestic violence.

Provided training to community agencies and military base on impact of childhood sexual abuse and rape. Used alternative therapies as well as traditional for both individual and group healing.

Adjunct Faculty, Vermont College-The Union Institute and University Master's program

Distance Learning program in their Master's program.
Graduate program focused on a student's individually designed program and thesis.

Doctoral Committees:

As of this date I have served on approximately 20+ Doctoral committees through the Union Institute and University, Sofia University, University of Massachusetts Global, and the California Institute of Human Science.

PUBLICATIONS:

Mijares, S. (2022). Archetypes, Ego States, and the Bodymind: An exploration of diversity within somatic awareness. *Body, Movement, and Dance in Psychotherapy.* United States Body Psychotherapies.

Mijares, S. (Spring 2021). Can Women Save the World? A Discussion on Archetypal Revelation and Change. *Coreopsis Journal of Myth and Theater*, Spring 2021, Vol. 9.

Mijares, S., Aliaa Rafea, Tenzin Dhardon Sharling, Joshua Amponsem & Mary Mallory. (2020). *The power of the feminine: Facing shadow, Evoking light*. The Human Foundation, Egypt.

Mijares, S. (2020). The joys and stress of collaborative writing. In EJ Randolph (Ed.) Deep down and dirty writing secrets. Borderland Writers.

Mijares, S. (January 2020). The feminine archetype: Balancing heaven and earth. *Sufism: An inquiry, Vol. XVIII, No. 3, 39-40.*

Mijares, S. (Spring 2019). Review: Integrative care for the traumatized: A whole person approach (Editors: Stanley Krippner, Kirwan Rockefeller, & Ilene Serlin). *Coreopsis: Journal of Myth and Theater*, Vol. 7, No. 1,

Mijares, S. (Fall 2017). The archetypal presence of time. *Coreopsis: Journal of Myth and Theatre. Autumn 2017 Vol. 6 Number 2. The Philosophy and Art of Ritual Creation. Peer Reviewed Journal of The Society for Ritual Arts ISSN 2333-0627*

Mijares, S. (2016). Indigenous knowledge and shamanic ways: Inner journeys and soul retrieval. In S. Mijares (Ed.). *Modern psychology and ancient wisdom: Psychological healing practices from the world's religious traditions* (pp. 92-110). Revised Edition. New York: Routledge Mental Health.

Mijares, S. (Editor, 2016). *Modern psychology and ancient wisdom: Psychological healing practices from the world's religious traditions. Revised Edition.* New York: Routledge Mental Health.

Mijares, S. (2016). Tales of the Goddess: Healing metaphors for women. Chapter in S. Mijares (Ed.) *Modern psychology and ancient wisdom: Psychological healing practices from the world's religious traditions*. Revised Edition (pp. 50-72). New York, NY: Routledge Mental Health.

Mijares, S. & Fotiou, E. (2015). Earth, gender and ceremony: Gender complementarity and sacred plants in Latin America. *Journal of Transpersonal Research*, Vol. 7(1). 57-68

A Force Such As the World Has Never Known: Women Creating Change. (Nov. 2013, Inanna Publications). Although I am the creator, I invited Dr. Aliaa Rafea, Egypt, & Dr. Nahid Angha, U.S., to co-edit. Includes women from a variety of nations contributed to this book.

The Presence of Mother Earth in Ritual. Chapter in Don Eulert (Creator) *Ritual and Healing: Stories of Ordinary and Extraordinary Transformation*. (2013).

Fragmented Self, Archetypal Forces and the Embodied Mind: Dissociative and Re-associative Processes. (2012). A focus on results of trauma ending with a discussion on shamanism and the wounded healer. Saarbrücken, Germany: Lap Lambert Academic Publishing.

Embodying Power and Beauty: A Return to the Garden of Paradise. (Spring/2012 *Restoration Earth, Issue 2,*

Adapting to Change is a Gender Issue. (Spring, 2010). Adaptive Options, Vol 5, Issue 1. Journal editor, Rune Ellemose Gulev. pp. 13-18.

The Revelation of the Breath: A Tribute to Its Wisdom, Power and Beauty. (2009). Edited w/over 20 contributing authors. NY: SUNY Press.

The Root of All Evil: An Exposition of Prejudice, Fundamentalism and Gender Imbalance. Lead author is Sharon Mijares, co-authors are Dr. Aliaa Rafea, an Egyptian Muslim woman; Rachel Falik, M.A., an Israeli Jewish woman, and Jenny Eda Schipper, an American New Age Jewish woman. (2007). United Kingdom: Imprint Academic. Also published in Arabic via NCT in Egypt.

> I was the lead creator throughout the book. Now out of print so that we can rewrite and expand into The Power of the Feminine: Facing Shadow Evoking Light.

The Blossom and the Rose Stem: The Relationship Between Spirituality and Religion. (Fall edition, 2006). Association of Humanistic Psychology's *Perspective.*

Article "On the Alchemy of Spiritual Transformation." (Spring 2006). *Voices: The Art and Science of Psychotherapy*, Vol. 42, No. 1. pp. 59-67.

Chapter: Sacred Woundings: Traumatic Openings to the Larger Self. (2005). In Sharon G. Mijares, Ph.D. and Gurucharan Singh Khalsa, Ph.D., The *Psychospiritual Clinician's Handbook: Alternative Methods for Understanding and Treating Mental Disorders*. NY; Routledge Mental Health.

*The Psychospiritual Clinician's Handbook: Alternative Methods for Understanding and Treating Mental Disorders***.** (2005). Edited by Sharon G. Mijares, Ph.D. and Gurucharan Singh Khalsa, Ph.D. NY: Routledge.

Chapter, "At Every Moment A New Species Rises in the Chest: Self Relations and Sufism." (2004). In S. Gilligan and D. Simon (Eds.) *Walking in Two Worlds: The Relational Self in Theory, Practice, and Community*. Phoenix, AZ: Zeig, Tucker & Theisen, Inc.

Modern Psychology and Ancient Wisdom. (2003). Editor and co-author of an anthology on psychological healing and the world's religions. NY: Routledge. Also, published in South Korean

A Shifting Paradigm. Article in *Sufism: An Inquiry*, Vol. X, No. 2. pp. 13-17. 2002

Blood Brothers (on the life and work of Elias Chacour). (Feb/Mar 2002). Book review for *Association of Humanistic Psychology's Perspective*.

Listening for the Breath of God. Article in *Sufism: An Inquiry*, Vol. IX, No. 4. Winter 2001.

Narratives and Neural Winds. In *Journal of Somatics*. (Winter 1997).

Desert Wisdom. (1995). Book reviews in *Somatics: Journal of Mind-Body Arts and Sciences* and in AHP Perspectives. Author: Neil Douglas-Klotz, Ph.D.

The Handbook of Diagnosis and Treatment of DSM-IV Personality Disorders. Book Review for Journal of Marriage and Family Review. (1998). M.D. University of Delaware. Author: Lee Sperry. (1995).

The Psychobiology of Mind-Body Healing. Book Review for Journal of Marriage and Family Review. (1998). M.D. University of Delaware. Author: Ernest Rossi. (1993).

Mijares, S. (1995). *Fragmented self, archetypal forces and the embodied mind*.
Dissertation Abstracts International, 56(11),B. (University Microfilms No. 9608330)

PRESENTATIONS:

The decision for environmental restoration is a human one. Presentation at Preparing for COP hybrid webinar/conference. Cairo, Egypt. September 1-3, 2022.

The need for discernment. Preparing for change: The need for discernment. Webinar with Tenzin Dhardon Sharling and Aisha Rafea. August 31, 2022.
Flow and giving back: Gender, Taoism, and the Kogi. Presentation at Sea Change: Lifeworlds & Ecological Upheaval, 39th Annual Conference. Anthropology of Consciousness. American Association of Anthropology Mary 12-14, 2021

International Women's Day panel: Honoring Women and Diversity, March 8, 2021. Center for Lifelong Learning. California Institute for Human Science.

The Anthropologist as Other: Praxis, Identity & the Future of Modern Anthropology. Panel Presentation for the American Anthropological Association. November 14, 2020. (AAA annual conference took place on Zoom.)

Women and Identity: What Characterizes Us as a Group. Panel Presentation for the Women's Economic Forum-Costa Rica. November 12, 2020. (Conference took place on Zoom.)

Evoking the Power of the Feminine: Panel with Dr. Aliaa Rafea, Tenzin Dhardon Sharling, and Despina Namwembe. October 14, 2020, Center for Lifelong Learning, California Institute for Human Science (panel took place on Zoom).

Plenary for award for global service is titled Strengthening She-for-She Bonds: Accelerating parity and progress. Also, giving individual presentation on Education of women leads to community development. March 5, 2020, Women's Economic Forum, Cairo, Egypt.

Native Middle Eastern, Buddhist, and Maya Goddesses: Moving toward Gender Equality. July 6, 2019, San Cristobal de Las Casas, Chiapas, Mexico.

Ethics, Morality & Cultural Diversity. Presentation for NM Psychologist's Continuing Education workshop. *Ethics & Challenges in Client Care: Age, Culture, & Power*. June 22, 2019. Santa Clara, NM.

Moving Beyond Differences for the Good of All. Panel: Changing the Way We Do Things. 38th Annual Conference: Anthropology of

Consciousness (a Division of American Anthropological Association). March 28-30, 2019. Portland, OR.

Wisdom and Healing: Worldviews with Ancient Roots and Modern Understanding. Panel at the Parliament of World Religions. November 1-6, 2018. Toronto.

Contributing speaker to "*Developing the Rainbow in a Heart Peace Guide for parents, teachers, students and community.*" One Light Institute, September 21-22, 2018. Maryland.

Integration of Psychology and Spirituality for Healthier Humanity. May 16, 2017. Tibetan Policy Institute. Mcleodganj, Dharamsala, India

Women, Culture, and New Models of Power. May 2, 2017. Women's Economic Forum. New Delhi, India.

Breath and Energetic Shifts. April 1, 2017. Society for an Anthropology of Consciousness (a Division of American Anthropological Association) with the California Institute for Human Science. Encinitas. CA

Diversity and Education: Enhancing Meaningful Learning. March 29, 2017. National University Faculty Forum. Marriot Hotel. Mission Valley, CA

Women, Culture and New Models of Power. October 15, 2016. 1st Annual Women in Leadership Conference. National University, La Jolla.

Inner Ecology: Grounding Energetic Awareness. July 9-10, 2016. Subtle Energy and the Integral Sciences Symposium. California Institute for Human Science. Encinitas, CA.

Bringing forth the Past to Change the Future: The Initiation. A Ritual Workshop honoring Mayan Goddesses. April 23, 2016. Nevada City, CA.

Inner Ecology and Liminal Spaces. March 31, 2016. Wisdom Sits in Places: Place, Space, and Consciousness. 36th Annual Society for An Anthropology of Consciousness (a Division of American Anthropological Association) Conference. Portland, OR. March 31-April 2, 2016.

A Force Such as the World Has Never Known: Women Creating Change. Keynote speech. March 16, 2016. Women Gathering for Change Conference. Library of Alexandria. Alexandria, Egypt.

Deep Ancestral Knowing and the Collective Consciousness. March 18, 2016. Women Gathering for Change. Library of Alexandria. Alexandria. Egypt.

Bringing Forth the Past in Order to Change the Future: The Initiation. A Ritual Honoring Ancient Mayan Goddesses. Guadalajara, Mexico. January 15-16, 2016

The Theory Comes Out of the Experience! Innovative Thoughts and Models for New Paradigm Education. California Institute for Human Science, Commencement address. September 12, 2015, Encinitas, CA

Life as a Dream. Presentation at the Society for the Anthropology of Consciousness. (a Division of American Anthropological Association) March 27, 2015, Portland, OR

Life as a Dream. Presentation at the International Association of Sufism. March 28,
2015. San Rafael, CA

Women Creating Change. WACENA. Workshop with rural Ugandan women. Kampala, Uganda December 7, 2014.

The Importance of Education for Girls. Masaka, Uganda. December 6, 2014.

Paths to Transformation: Nature, Gender and Shamanism. Presentation at the Society for the Anthropology of Consciousness (a Division of American Anthropological Association)March 27-30, 2014, Portland, OR.

Women Creating Change. International Women's Day at the United Nations Mandated University for Peace. March 7, 2014.

Earth, Gender and Ceremony: Legend, Land and Sacred Plants in Latin America. Presentation at the Society for the Anthropology of Consciousness (a Division of American Anthropological Association). April 4-6, 2013, New Orleans.

The Poetry of Mother Earth. Presentation at Songs of the Soul: Poetry and Sacred Music Festival. International Association of Sufism. March 2013. San Rafael, CA

Keynote presentation video. Tubu-Tubu Ten-nyo Seminar in 2013. On January 26th-27th in Tokyo. 13 Recipes to Find the Real You and Bring Out the Hidden Power in Women.

Music and Voice: Awakening to Sound. Presentation at Songs of the Soul: Poetry and Sacred Music Festival. International Association of Sufism. March 2012. San Rafael, CA

Institutes for Women and Global Change: Integrating Power and Beauty

Edinburgh, Scotland (September 2011)
Caracas, Venezuela (November 2011)
Vilcabamba, Ecuador (December 2011).

Institute for Women and Global Change. August 28, 2011. San Jose, Costa Rica

Gender Balance, Sex and Comparative Religions. August 17, 2011. Speaker's Forum. Escazu, Costa Rica.

Institute for Women and Global Change. May 22, 2011 Vilcabamba, Ecuador.

Unity Around Us and Within Us. A Workshop on the Power, Wisdom and Beauty of the Breath. May 17, 2011. Caracas, Venezuela.

Institute for Women and Global Change. May 16, 2011. Caracas, Venezuela.

The More We Connect, The Smaller Our World. June 27, 2010. Human Dignity and the 21st Century. Sufi Symposium. Embassy Suites Hotel, San Rafael, CA

Gender Balance is the Solution. May, 15, 2010. Women in Focus International. Royal Yacht Club, Corniche El Nile, Egypt.

Women Gathering: A Power Such as the World Has Never Known. June 19, 2010. Institutes for Women and Global Change. 6th of October City, Egypt.

Gender Balance. April 2, 2009. Portland, OR. Anthropology of Consciousness, a division of the American Anthropological Association.

Re-evaluation of the Sacred. April 26, 2008. San Rafael, CA. Legends, Stories, and Spiritual Inspiration conference. International Association of Sufism.

Balancing Heaven and Earth by Balancing Gender. January 2008. Peace Responsibility Symposium. Cairo, Egypt. Egyptian Society for Cultural and Spiritual Research and the IAS.

The Role of Women in Global Transformation. October 9, 2007, Escazu, Costa Rica.

Women, Evolutionary Development and the Transformation of Consciousness. April 6, 2007. San Diego, CA. Thresholds of Consciousness. Annual Symposium of the Society for the Anthropology of Consciousness (a Division of American Anthropological Association).

Listening to Our Hearts: Responding to Troubling Times. May 5, 2006. San Jose, CA. International Association of Sufism (IAS) Symposium Panel Presentation.

Principles of Spirituality: The Role of the Feminine in a Changing World. April 30, 2005. San Francisco. IAS Panel Presentation.

A Quest for Universal Harmony. (July 8, 2004).
Council for a Parliament of World Religions. Barcelona Spain.

Peace Begins from Within. (July 8, 2004).
Council for a Parliament of World Religions. Barcelona Spain.

Healing the Split—Healing Our World. SWO Panel Presentation: World Peace and the Role of the Individual. April, 2004. San Jose, CA.

The Aramaic Jesus. Workshop on the Aramaic prayer of Jesus. Center for Contemplative Spirituality. Riverside. Nov. 2002.

Reducing Stress: Living a Balanced Life. Paper presented to the American Association of University Women. February 9, 2002.

A Shifting Paradigm. Paper presented on Women's Panel. Paper presented at Seattle IAS symposium. 2002.

We all share the same breath. Paper presented on Interfaith panel. Paper presented at Seattle IAS symposium. 2002.

Listening for the Breath of God. Paper presented at San Francisco IAS symposium 2001.

United Nations – Participating NGO: "Global Solidarity and Peace." 2000. Representing the International Association of Sufism (IAS).

United Nations Millennium World Peace Summit (2000). Participated as a representative of IAS.

Self-Knowledge, Individual and Global Responsibility: *The world embraced in a single breath*. Paper presented at Seattle IAS symposium. 2000.

Creating Health and Inner Peace. Paper presented at Women's Conference, Dominican College, San Rafael. 1999.

Aramaic workshop. Singing and dancing with the Aramaic prayer of Jesus. San Diego. 1999.

Unity and Diversity. Paper presented at IAS symposium. San Francisco. 1999.

The Moral Culture. Paper presented on women's panel, IAS Symposium. San Francisco. 1998.

The Alchemy of Tranquility. Papers presented for Sufism and Psychology panels. IAS symposium. San Francisco. 1997 & 1998.

ONGOING WORKSHOPS

Teach Qigung in Silver City, NM.
Guide Archetypal Breathwork Silver City, NM

MEMBERSHIPS

American Association of Anthropolology
American Psychological Association
New Mexico Psychological Association
United States Association for Body Psychotherapy

BOARD MEMBER

Anthropology of Consciousness (2015-2021)
Circle of Sacred Nature (2017-2021)
One Light Institute, Maryland (2017-2021)

PERSONAL

Shodan (Black Belt). Aikido. January 2004. USAF Western Region Birankai International
Chi Gung (certified 2017).
Travel (expanding awareness and creating global connections)