





| Date | Click on the title of the event to apply | Time |
|--------|---|--------------------------------|
| Dec 8 | RC: Exploring Holiday Season Recovery - workshop Ember's Otahuhu Hub | Monday 10am to 1pm |
| Dec 9 | ABACUS - Drugs - Signs and Symptoms Papakura Library | Tuesday 10am to 1pm |
| Dec 11 | Men in Recovery Group Friendship House - Manukau | Thursday 10am to 12pm |
| Dec 15 | ABACUS - Trauma Informed Care Papakura Library | MONDAY 10am to 1pm |
| Dec 18 | DRIVE's Holiday Season Hui Papakura Library | Thursday 10.30am to 12.30pm |

Contact us at hello@drivedirection.org.nz 09 263 6508 or 021 0223 5051

Website: https://drivedirection.org/
Event list: https://bit.ly/4farnSh
Vacancies: https://bit.ly/3Hpi7yd

WRAP & PET: WRAP and PET - Google Docs
Sign up to DRIVE: https://bit.ly/4fFBUpR
Contact details: https://bit.ly/3UxvDCL

Sign up Consumer Council: https://bit.ly/4fB5BYU

Facebook: <u>@DRIVEConsumerDirection</u> Instagram: <u>@driveconsumerdirection</u>

Finding Alcohol and Other Drug Support Booklet:

https://ow.ly/Y2Nn50RgNyq

Recovery College Workshops are free for anyone who lives, or works, in Counties Manukau. Confused about whether you live in this health region? Here's the map: https://ow.ly/1mlj50POUbW

ABACUS workshops are free for people who fulfil these three criteria:

- live in Counties Manukau
- have lived/living experience of mental distress or harm from alcohol or other drugs
- do not work for an organisation who can access this training through their own HR processes e.g. Mental health or AOD services.