

NATIONAL FEDERATION OF STATE  
HIGH SCHOOL ASSOCIATIONS



## 2024 Boys Lacrosse Rules Changes

**1-6-2** — For clarity, distinguishes the field player crosse from the goalkeeper crosse specifications into a separate article in the rules book.

**1-9-1** — Specifies that certain pieces of equipment shall be worn as the manufacturer intended and shall be specifically designed for lacrosse. Additionally, clarifies that the jersey numbers shall contrast from the body of the uniform and be of a single solid color.

**1-9-3** — Deleted from the rules book as it is more clearly defined in 4-24-7.

**2-2** — Adds language to allow for multiple captains to be designated before the start of the contest.

**2-7-2** — Cleans up redundant language around the responsibilities of the CBO in counting crosses. Additionally, specifies that the CBO should be counting the number of long crosses on the field without the need for it to be requested by a coach.

**2-8-1** — Deletes unnecessary language around the CBO responsibilities under Timekeeper in the rules book.

**3-3** — Adds the language of “get it in,” which is used during play but not specified in the rules book.

**4-3-3** — Defines what is considered an illegal body check during the faceoff and eliminates “immediately,” which was confusing language.

**4-3-2, 4-6-3** — Reduces the number of instances that rely on alternate possession.

**4-9-2, 4-9-3** — Moves language from 4-9-2 into 4-9-3, which is the more appropriate placement.

**4-22-1** — Illegal Procedure is the more appropriate designation.

**4-24-11** — Specifies that a player must leave the field if their helmet comes off during play and cannot return until the next dead ball after the resumption of play.

**5-4-2** — Provides officials an additional option in penalizing contact to the head/neck that they deem to be indirect.

**5-6** — The rules book specifies with all pieces of required equipment that it must be worn as the manufacturer intended. This eliminates unnecessarily specific language around gloves that did not

need additional clarification. The altering of gloves in relation to the palms/fingers is not as the manufacturer intended and thus does not need clarifying language.

**6-1** — Clarifying language around a penalty against a team not in possession of the ball.

**6-6-4** — 4-18-4 is a conduct foul yet is not listed under that section of the rules book. This change adds the language to the appropriate spot in the book.