



RECRUITS CAMP (19-21 January 2024) – JOINING INSTRUCTIONS

1. All cadets – and parents of cadets – attending the Recruits Camp (19-21 January 2024) at Jersey Camp, Isle of Wight should familiarise themselves with these Joining Instructions prior to the event itself.
2. Cadets should contact either Mr Marshall (for SGS cadets) or Miss Geraghty (Nonsuch) if there are any issues with the guidance provided below.

GENERAL

3. This weekend is a chance for newly joined cadets to experience some of the activities that they undertake on the various CCF camps that we offer over the course of their cadet careers, as well as giving them a chance to get used to army training camp accommodation. The Year 9 cadets will be led in their activities by a combination of year 11 and Upper Sixth senior cadets and supervised by the officer team. Since the majority of our officers do not work in the school, this is also a chance for cadets and officers to become better acquainted.

The weekend is a physically demanding one, so cadets do need to be fit enough to undertake some activities but there is also the need to be effective in teams on other, less physical tasks too.

Cadets are accommodated in multi-bed billets (usually 15 to a block) and will learn to keep their billet rooms properly clean and tidy, and there is an emphasis on cadets developing self-reliance alongside the ability to work effectively and amicably with each other.

Our over-riding aim, however, is that cadets should enjoy their experience of the CCF, and the officers and senior cadets are all there to help the new recruits make the most of their first camp.

LOGISTICS AND MEDICAL

4. **Travel.** Cadets are to arrive at Sutton Grammar School (Greyhound Road entrance) by 1600 on 19 January 2024 (after school). Cadets will travel by coach to Jersey Camp, and return to SGS on Sunday 21 January around 1800 (time subject to traffic etc).

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5. **Timings.** As above, cadets are required to be at Sutton Grammar School at 1600 on Friday 19 January 2024. Cadets will be ready for pick-up from Sutton Grammar School at approx. 1800 on Sunday 21 January 2024.
6. **Late arrival/non-attendance.** If, for unavoidable reasons, cadets are either running late or are unable to make the training, parents must contact Mr Marshall on 07428190680. Please refer to Camp Application T&Cs for further information.
7. **Accommodation.** Cadets will be sleeping overnight in accommodation blocks on base, which will have beds, toilets and shower facilities.

Camp Address:

Jersey Camp
Locks Green
Isle of Wight

8. **Dress.** Cadets should arrive at school in their issued PCS MTP Combat uniform (that being the uniform they have been issued) and in black or brown boots as detailed on the CCF website <https://www.suttongrammarccf.com/forms-and-kit-lists>

We are aware that some cadets have not yet been issued all items due to our own shortages. If kit has not been issued by the time of camp, cadets can wear:

- school tracksuit bottoms and jacket
- CCF t-shirt
- a suitable dark coloured long sleeve top
- Army boots as described on the Sutton Grammar CCF website <https://www.suttongrammarccf.com/forms-and-kit-lists>
- If army boots have not yet been purchased cadets should wear a sturdy pair of walking boots.

Please note that these clothes will get wet and muddy over the weekend.

9. A full kit list for Recruits Camp is as follows:

Issued by SGSCCF (subject to delivery of kit by Army to SGSCCF):

- Beret
- T-shirt
- Combat shirt
- Combat Jacket
- Combat Trousers
- Army issued Belt
- Boots (<https://www.suttongrammarccf.com/forms-and-kit-lists>)
- Sleeping Bag
- A change of normal (civilian) clothes
- Pillow Case
- Warm sweatshirt/jacket (dark coloured) as warm layer for night activities
- Underwear
- Socks (dark walking style socks that rise above boot height are suitable)
- Warm, beanie style hat (dark coloured – green, black, brown)
- Gloves (dark coloured, as above)
- Wash Kit
- Flip flops or similar may be useful when showering and moving around the shared bathrooms
- A pair of trainers may be helpful in accommodation block in the evenings
- Knife, Fork and Spoon
- Mug
- Towel

In adverse weather, cadets will be issued with waterproof trousers and jackets at camp.

10. **Equipment.** All equipment will be issued to cadets at camp.

11. **Feeding.** Cadets will eat on base in the Mess Hall for all meals from Saturday breakfast to Sunday lunchtime. Dietary requirements listed on the application form have been passed to the catering team. Cadets should travel on Friday evening with a packed meal to have on the journey. Whilst there may be options to purchase food on the ferry crossing, this will be at the cadet's expense.

12. **Medical.** All relevant medical information should have been shared during the application process. However, if there have been recent developments (injuries, illnesses) since then, parents must contact either Mr Marshall or Miss Geraghty prior to the training.

PRE-ATTENDANCE REQUIREMENTS

13. PARQ

To take part in some of the physical activities, all cadets are required to complete, and have parents sign off, a Physical Activity Readiness Questionnaire (PARQ) and bring with them on camp.

Link to PARQ to be printed and signed:

https://a2efb556-1e1d-4ca6-a636-86d5ae792b87.filesusr.com/ugd/6f66d6_56fc8a6826fb4842a9892712d4f555d1.odt?dn=PARQ.doc.odt

TRAINING PROGRAMME

14. Cadets will be grouped into sections with a Year 11 cadets as Section Commander, and rotate round a series of stands over the course of the two days. In general terms, these will be:

Rotation	Activity	Description
1	Fieldcraft	Cadets will be taught, and practice, routine fieldcraft drills, including patrolling, platoon harbour insertion, and others (without weapons).
2	Shelters & Cooking in the field	Cadets will rotate through a series of stands covering the building of shelters and cooking whilst in the field.
3	Laser Tag	
4	Command Tasks	A series of team challenges testing leadership and teamwork skills.
5	Navigation/Orienteering	Orienteering as a section

CONCLUSION

15. Cadets and parents are asked to check the Blog (www.suttongrammarccf.com/blog) regularly in the days leading up to the training in case of changes to timings etc.