APT App

Script

Hi, thank you for taking time our your day for this! I'm working on an app idea to see if we can help physical therapy patients get through their exercise program with better compliance.
I want to talk to you about your physical therapy experience, so there are no right or wrong answers. This should take about 30 minutes. Are you ready to begin?

User Interview Questions

Why did you go to physical therapy?
Tell me about your first visit, what do you remember?

Tell me about your in-person visits to the therapist
How did you communicate with your therapist?
What stopped you from telling your therapist about any concerns?
What did you like/not like about your therapist?

What stopped you from doing your exercises every day?
What motivated you to do the exercises?
How did you know if you were doing the exercises correctly?
What reference materials did you receive?
How long were you in a therapy program?
How did you feel the program addressed your needs?
What were your program goals?
If you had a concern or question, how did you get it addressed?
If there was an app that contained your PT program on it, what would you need it to do?