

# HDFS 313 Module 2: Class Participation 2a: Cultural Framings of Puberty & Biological Development

This assignment has 2 parts. Part A is to be done independently, prior to class on Tuesday, and Part B will be done during class on Tuesday.

## Activity

Cultural Framings of Puberty & Biological Development

## Purpose

Aside from the rapid changes that occur during the first 2 years of life, adolescence is a period of rapid and marked physical changes. In contrast to the changes that occur during infancy, however, the individual experiencing changes during adolescence has a heightened awareness of self, and sometimes the changes that occur can contribute to a sense of isolation. In this assignment, we will consider the cultural framings and responses to physical changes that can occur during adolescence.

This assignment addresses the following Module Learning Outcomes:

- Discuss concerns to adolescent health, wellness, and safety.
- Analyze the impact of cultural and environmental influences on physical and sexual development in adolescence.
- Examine cultural variations in the roles and importance of pubertal changes.

## Instructions

This assignment has 2 parts. Please carefully read the instructions for each part.

### Part A: Case Study

1. Look for an example of a video (TikTok, YouTube Shorts, Reels on social media platform) blog post, news article, or other type of resource where either, (a) a youth discusses rites of passage associated with puberty, or physical changes they are experiencing during adolescence as a result of biological development and/or puberty; or (b) a friend, teacher, parent, sibling, family member, etc. discusses physical changes they are observing in someone else that is likely the result of biological development and/or puberty. For example, you might find a

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person who discusses [changes in their skin texture and acne](#), or a parent who demonstrates [how to shave](#).

2. Bring the example to class on Tuesday. You will need your example to complete Part B during class.

#### Part B: Discussion of cultural framing

During class the instructor will post questions to be discussed in pairs or small groups, and a Padlet for your group to post a summary of the discussion.

## Submission Details

Submit the following in a file or text box on Canvas:

1. For Part A: Link to video, post, website, or article. Also write a short paragraph, describing the example and why you chose it. (5 points)
2. For Part B: Name(s) of classmate(s) you worked with. (Please make sure your name is also listed in the Padlet so that you earn credit for this portion of the assignment.) (5 points)

## Grading Criteria

See the rubric for details. [How do I view the rubric for my assignment?](#)

Points: 10

Submitting a text entry box or a file upload

File Types: doc, docx, pdf, and rtf

## Grading Rubric

Class Participation: Cultural Framings of Puberty & Biological Development

Criteria	Ratings			Pts
Link to resource Description of example Why student chose this example	5 pts Full Marks Link to resource Description of example Why student chose this example	3 pts Partial Marks Missing link to resource; or description and explanation of why student chose this example is incomplete	0 pts No Marks	5 pts

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Part B Active participation in group discussion, with summary posted to Padlet.	5 pts Full Marks Active participation in group discussion with summary of discussion posted to Padlet.	0 pts No Marks	5 pts
Total Points: 10			