

ASSISTANT COACH EMILY O'LEARY



Welcome back to Emily O'Leary, who joined our staff in 2017. Coach O'Leary- then Emily Roberts- is one of the most successful female athletes in the history of Ankeny girls track & field. Under the tutelage of Coach Adamson, Coach Vander Wilt, and Coach Kruzich, she was a two-time state champion in the 400 hurdles, winning in 2009 and 2010. She also won the state title in the 400 meters in 2010, as well as anchoring the 2nd place sprint medley and 3rd place 4 x 400 that year. In all, she has 10 state medals, and her 400 hurdle time of 1:00.89 still sits #4 on Iowa's all time list. She was also a four-time state qualifier in cross country, and participated in Student Council before graduating in 2010. Her twin younger sisters, Jenny & Katie, also starred for the Hawkettes and went on to run track in college.

Coach O'Leary accepted a track scholarship to Northern Iowa and ran for four years there, leaving with the indoor (yes, indoor) school record in the 400 hurdles, as well as being all-MVC in both the 400 hurdles and 4 x 400 relay during her career. A biology major, she graduated from UNI and enrolled in physical therapy school at the University of Iowa. She now puts her Doctor of Physical Therapy degree to use this spring.

Coach Roberts will be coaching the hurdles & sprints. Thank you, Coach O'Leary!

ABOUT COACH O'LEARY

WORKS:

Physical Therapist, McFarland Clinic, Ames

COACHES:

Sprints & hurdles

FAVORITE EVENT:

400 Hurdles

HIGH SCHOOL:

Ankeny High School Class of 2010

COLLEGE:

University of Northern Iowa (B.S., Biology)

University of Iowa (Doctor of Physical Therapy)

HONORS/AWARDS:

3 school records at Ankeny High School

3x state TF champion

10x state TF medalist

Ankeny Fanatic All-Time Ankeny Cross Country, 3rd Team

All-Missouri Valley Conference

4x state cross country qualifier