



Almond milk is served everyday. Vegan meals are plated & wrapped daily.

TUESDAY: Sept 7th

Breakfast: Southwest Breakfast Scramble / English Muffin / Banana / Milk

Lunch: Veggie Pasta Bake / Chopped Spinach Salad / Pears / Milk

Snack: Carrots and Avocado Ranch

WEDNESDAY: Sept 8th

Breakfast: Croissant / Hard Boiled Egg / Turkey Sausage / Banana / Milk

Lunch: Smoked Turkey Cheese Wrap / Vegetable Medley / Strawberries / Milk

Snack: Chips and Salsa

THURSDAY: Sept 9th

Breakfast: Maple Pancakes / Egg Scramble / Turkey Bacon / Berries / Milk

Lunch: Beef BBQ Tacos / Broccoli / Banana / Milk

Snack: Graham Crackers and Fruit Smoothie

FRIDAY: Sept 10th

Breakfast: Smoked Turkey Spinach Quiche / Banana / Milk

Lunch: Teriyaki Beef / Vegetable Medley / Jasmine Rice / Apples / Milk

Snack: Cheese and Crackers