



[\[MEDIA KIT LINKED HERE.\]](#)

Media Coverage of Fast:

- END-OF-FAST ESCALATIONS
 - August 7, 2025: Anabaptist World [I won't eat again until . . .](#)
 - July 5, 2025: Mondoweiss - [Why I quit the U.S. Air Force and went on a hunger strike to stop the Gaza genocide](#)
 - July 2, 2025: *The Dissident Voice* - [“Have Some Blood! You Like Shedding It All Over the World So Much? There You Go!”](#)
 - July 3, 2025: PressTV - [US, Israel represent ‘greatest threat to survival of humanity’: Anti-war activist](#)
 - July 1, 2025: *The Blade* - [Ferner arrested in New York for tossing cow's blood at federal building](#)
 - July 1, 2025: *Democracy Now!* - [Veterans End 40-Day Fast with Protest Demanding U.S. Stop Arming Israel](#)
 - July 1, 2025: *Democracy Now!* - <https://youtu.be/0n5JWBwKO4U>
 - July 1, 2025: *Al Jazeera* - [Protesters in New York demand UN action to end genocide in Gaza amid ongoing war](#)
 - June 30, 2025: KSTP-MIN (ABC) - *Minneapolis 5 Eyewitness News*
<https://mms.tveyes.com/PlaybackPortal.aspx?SavedEditID=f17af820-45d8-42f0-b1cf-58d8f0ca71ff>
 - June 30, 2025: *Middle East Eye IG* -
<https://www.instagram.com/reel/DLk4BZ3ADN4/?igsh=MTJ5NmMwY3U3cG56Mq%3D%3D>
 - June 30, 2025: *Status Coup News* - [Veterans Mark 40 Day HUNGER STRIKE for Gaza](#)
 - June 30, 2025: *The News with Paul DeRienzo* - [Gaza Civilians Killed, Vets Fast for Gaza, Civil Disobedience on 2nd Ave, India Walton on Mamdani](#)
 - June 30, 2025: *Anadolu IG/X* -
<https://x.com/anadoluagency/status/1939760856713101822>,
<https://www.instagram.com/reel/DLiRHe9OIkp/>
 - June 30, 2025: *Eye on Palestine* -
https://www.instagram.com/reel/DLiAqGaqH_7/

- June 30, 2025: NY Escalation:
 - [The 40th and last day of Fast for Gaza by Veterans and Allies. Part 1/5 US Mission to UN](#)
 - [The 40th and last day of Fast for Gaza by veterans and allies. Part 2/5 Speech by fasters](#)
 - [The 40th and last day of Fast for Gaza by Veterans and Allies. Part 3/5 March to Israel Consulate](#)
 - [The 40th and last day of Fast for Gaza by Veterans and Allies. Part 4/5 Action](#)
 - [Part 5: Arrest](#)
 - Supplement 1: Phil Tottenham [The 40th and last day of Fast for Gaza by Veterans and Allies. Supplement 1: Phil Tottenham](#)
 - Supplement 2: People from Maine [The 40th and last day of Fast for Gaza by Veterans and Allies. Supplement 2: People from Maine](#)
- July 1, 2025: *Southside Pride* - [Veterans for Peace help colleague protest Gaza hunger](#)
- June 29, 2025: WGME - [From Ellsworth to Portland: Maine demonstrators travel to protest Gaza starvation](#)
- June 27, 2025: *Presbyterian News Service* - [Presbyterian clergy join hundreds in 40-day 'Fast for Gaza'](#)
- June 25, 2025: *WBUR (Boston Public Radio)'s Cognoscenti* - [The moral imperative to show up anyway](#)
- June 25, 2025: *Between the Lines* - [As Veterans' 40-Day Fast for Gaza Nears End, Conditions for Palestinians Worsen](#)
- June 24, 2025: *Concord Monitor* - [Opinion: Iran and Gaza: A U.S. foreign policy of barbarism](#)
- June 24, 2025: *United Church of Christ* - ['I'll eat when they eat': Indiana pastors participate in nationwide fast for Gaza](#)
- June 24, 2025: *FOSNA's Blog* - [A Peacemaker's Dilemma](#)
- June 21, 2025: *Activist Radio* - <https://www.classwars.org/JoyVFPfastforGaza>
- June 20, 2025: *Maine Public* - [Mainers reach fourth week of hunger strike to bring attention to Gaza | Maine Public](#)
- June 18, 2025: *Fox 40* - [Veterans for Peace Hold Protest on War in Iran | News | wicz.com](#)
- June 18, 2025: *CBS47 Eyewitness News* - [Fresno community 'Fast For Gaza' in movement showing support for Palestinians](#)
- June 17, 2025: *Wisconsin Muslim Journal* - [Solidarity Fast for Gaza-MKE calls "people of conscience" to fast](#)
- June 17, 2025: *The Blade* - [Mike Ferner, Toledo activist-politician, awarded Callaway award for civic courage](#)
- June 16, 2025: *Middle East Eye* - [Meet the American military veterans fasting for Gaza](#)
 - June 17, 2025: *Doğruhaber* - [Sisi kapıyı açmazken, Amerikalı askerler üniformayı bırakıp Gazze için oruca başladı - Doğruhaber](#)

- June 17, 2025: *It Boltwise* - [US-Veteranen protestieren mit Fasten gegen den Krieg in Gaza](#)
- June 14, 2025: *Ralph Nader Radio Hour* - [Trump Versus the United States](#) (23 mins in)
- June 13, 2025: *LA Progressive* - [A Quick and Easy Way to Starve to Death](#)
- June 13, 2025: *Dissident Voice* - [A Quick and Easy Way to Starve to Death](#)
- June 12, 2024: *Concord Monitor* - [‘What are we allowing to go on?’ New Hampshire residents participate in Gaza solidarity fast](#)
- June 11, 2025: *ABC 7 Chicago* - [Chicago-area faith leaders among hundreds taking part in 40-day fast in solidarity with Gaza](#)
 - [Faith Leaders Support Veterans' Intn'l Fast for Gaza](#)
 - [We Need an Immediate, Permanent Ceasefire](#)
 - [When I Read the Gospels, I Can't Help But Place Them in Gaza](#)
 - [We Need to ATONE!](#)
 - [This Crisis Should Shake the Soul of the World](#)
 - [Lifting Up the Devastation, the Moral Degradation, the Harm That is Almost Beyond Meaning](#)
- June 11, 2025: *Substack Article* - [Overcoming the New Fascist Genocidal Salute, the US Veto: Use the Precedents of 1956 and Apartheid South Africa](#)
- June 10, 2025: *Sanctuary Radio* - [Kathy Kelly on 40 Day Fast for Gaza](#)
- June 9, 2025: *Pressenza* - [As Israel Detains the Madleen, "Veterans and Allies Fast for Gaza" at U.N. Hits 40-Day Halfway Point](#)
- June 6, 2025: *Church of the Brethren News* - [Church of the Brethren members among those fasting for Gaza](#)
- June 5, 2025: *285 South* - [“Enough of a reason to care”: Atlantans join a 40-day fast for Gaza](#)
- June 5, 2025: *Democracy Now* - [Daily Show for June 05, 2025 | Democracy Now!](#)
- June 4, 2025: *Substack Article* - [U.S. Veto Expected Today on Ceasefire and Aid for Gaza](#)
- June 4, 2025: *Common Dreams* - <https://www.commondreams.org/opinion/prisons-of-gaza-war>
- June 3, 2025: *The Struggle Video News* - [Air Force Veteran Explains Why She Joined the 40-Day Fast for Gaza](#)
- June 3, 2025: *Bar Crawl Radio* - <https://shows.acast.com/bar-crawl-radio/episodes/fasting-for-gazans-kathy-kelly-global-solidarity-for-peace-i>
- June 2, 2025: *Radio WRFG* - <https://www.mixcloud.com/WRFG/public-affairs-labor-forum-with-paul-mclennan-and-jadelynn-zhang-02-june-2025/>
- June 2, 2025: *Counterpunch* - [Media Shortcomings in Covering Terrorist Netanyahu's Daily Gaza Mass Murdering - by Ralph Nader](#)
- June 1, 2025: *Pressenza New York* - [Interview with Veterans and Allies: 10 Days into the “Fast for Gaza” at the United Nations in NYC](#)
- June 1, 2025: *Talk World Radio* - [Talk World Radio: Mike Ferner on Fasting for Gaza](#)

- May 31, 2025: *Bar Crawl Radio* - [Fasting for GAZANS – Kathy Kelly – Day 1](#)
- May 31, 2025: *Popular Resistance* - [Veterans Launch 40-Day Fast To Protest Israel's Starvation Of Gaza](#)
- May 30, 2025: *Common Dreams* - [Finding Hope for the Future in a Gaza Mother and Doctor](#)
- May 30, 2025: *Consortium News* - [US Veterans Fast Against Israel's Starvation of Gaza](#)
- May 30, 2025: *WPKN: Politics, Policy, and Planet Podcast* - <https://share.transistor.fm/s/e933db45>
- May 30, 2025: *The Real News Network* - [Veterans launch 40-day fast to protest Israel's starvation of Gaza](#)
- May 29, 2025: *WBGH (Binghamton, NY)* - [Local clergy members fast in protest of war in Gaza](#)
- May 29, 2025: *Truthout* - [Veterans Launch 40-Day Fast to Protest Israel's Starvation of Gaza](#)
- May 29, 2025: *Countercurrents* - [Why Are Veterans and Allies Fasting for Gaza?](#)
- May 29, 2025: *AntiWar.blog* - [Why Are Veterans and Allies Fasting for Gaza?](#)
- May 29, 2025: *Heroes and Patriots* - [MIKE FERNER, MAY 29, 2025](#)
- May 28, 2025: *Personal Blog* - https://www.facebook.com/ed.phillips.507/posts/pfbid02mePquYiEZx92zzK6JocBTDcs_gCjDuNunWfQdVLxNjuezfUneFbEPc8zWcHHgmqnyl?rdid=ECxuAwKCF8BYByZp#
- May 28, 2025: *Counter Point Radio* - [Veterans and Allies' 40-Day Fast Demands Israel Restore Full Humanitarian Aid to Gaza](#)
- May 28, 2025: *LA Progressive* - <https://www.laprogressive.com/war-and-peace/fasting-for-gaza?ct=t>
- May 28, 2025: *Common Wonders* - <http://commonwonders.com/united-humanity-a-future-beyond-war/>
- May 28, 2025: *IQNA (International)* [Anti-War, Christian Organizations Initiate Fast for Gaza](#)
- May 28, 2025: *Lisa Savage Substack* - <https://went2thebridge.substack.com/p/i-fast-while-gaza-starves?triedRedirect=true>
- May 27, 2025: *Nana June goes viral!!* <https://www.instagram.com/reel/DKLTn-aPuwL/?igsh=OGV1emlwW12M256>
- May 27, 2025: *Wisconsin Muslim Journal* - [Christian activists and veterans start 40-day fast for Gaza](#)
- May 27, 2025: *Indy News Hour on WBAI* - <https://wbai.org/archive/program/episode/?id=58017>
- May 26, 2025: *Counter Point Radio* - [Veterans' Fast Demands for Israel to Restore Full Humanitarian Aid to Gaza - BTL](#)
- May 26, 2025: *Clearing the Fog Radio* - [Veterans, Allies Fast For Gaza: 'We Cannot Normalize Genocide'](#)
- May 26, 2025: *Building Bridges Radio on WBAI* - <https://wbai.org/archive/program/episode/?id=57840>

- May 26, 2025: *Popular Resistance* - [Veterans, Allies Fast For Gaza: 'We Cannot Normalize Genocide'](#)
- May 26, 2025: *Peace and Planet News* - [Veterans Reflect on the Meaning of Memorial Day](#)
- May 25, 2025: *Essential Dissent* - [Radio4All Interview](#)
- May 23, 2025: *Democracy Now* - [U.S. Military Vets and Allies Begin 40-Day Hunger Strike for Gaza](#)
- May 22, 2025: MSN [Christian activists and veterans start 40-day fast for Gaza](#)
- May 22, 2025: *Religious News Service* [Christian activists and veterans start 40-day fast for Gaza](#)
- May 22, 2025: *The Guardian* - [Two dozen Maine residents to begin 40-day hunger strike in solidarity with Gaza](#)
- May 21, 2025, *CounterPunch* - [Veterans and Allies Conduct 40-Day "Fast for Gaza"](#)

Press Conferences and Mass Calls:

- June 18, 2025: NYC VFP Chapter Meeting [Mike Ferner and Joy Metzler report on Veterans and Allies Fast for Gaza](#)
- June 18, 2025: 40 Days and Escalate: Veterans and Allies Fast for Gaza Mass Call #2 [Prayer Service for Gaza: 40 Days and Escalate!](#)
- June 14, 2025: Fasters join No Kings Protest
 - [Veterans for Peace NY at the Anti-Trump "No Kings" Protest. 1/2](#)
 - [Veterans for Peace NY at the Anti-Trump "No Kings" Protest. 2/2](#)
- June 4, 2025: 40 Days and Escalate: Veterans and Allies Fast for Gaza Mass Call #1 <https://www.youtube.com/watch?v=oTs8EROtVAK>
- Ohio: [Press Conference: Humanitarian Crisis in Gaza, Friday, noon May 23, 2025, Playhouse Square](#)
- NY: Video [Fast for Gaza](#) Initial Press Conference
- NY:  [Veterans for Peace Memorial Day 2025 with Veterans and Allies Fast for Gaza](#)

Fast for Gaza links:

- Sign up/web page link: <https://www.fosna.org/2025gazafast>
- May 22, Media Release: [Media Release May 22](#)
- Oxfam report: <https://www.oxfam.org.uk/media/press-releases/people-in-northern-gaza-forced-to-survive-on-245-calories-a-day-less-than-a-can-of-beans-oxfam/>
- Human Rights Watch article: <https://www.hrw.org/news/2024/04/09/gaza-israels-imposed-starvation-deadly-children>
- The Hunger Plan by Jonathan Kuttab: <https://www.fosna.org/the-fosna-blog/the-hunger-plan>

- [‘I had to get out’: the US military officers filing for conscientious objector status over Gaza](#)
- Why does aid entering now not satisfy our demands?
<https://consortiumnews.com/2025/05/21/the-hostile-takeover-of-gaza-relief>
- [It Should Not Be Controversial to Plead for Gaza’s Children](#)
- [Gaza Officials Report Hundreds of Recent Deaths From Starvation and Medicine Shortage | Common Dreams](#)

Fasting Resources

- [Preparing for the End of your Fast: Nutritional Considerations](#)
- [W Scott Langley's fasting tips adapted for Solidarity fast and vigil Aug 6 to Aug 9.docx](#)
- [Hunger Strike Basic Guidelines - Rupa Marya--Deep Medicine](#)
- 250-calories info: <https://www.fosna.org/250-cal-guideline>
- Song: [I'd Rather Be Dancing, Rachel Corrie](#)
- Prayer: [Prayer for the 40 Day Fast for an End to US Backed Israeli Genocide in Gaza](#)