

Vaping and Your Health Workshop

TIME 3:15 - 4:15 pm

Offered every 2nd Wednesday.

COST Free!

LOCATION The Upper Room

In this workshop, teen students will learn the risks of vaping, how it affects your health, and how to break the habit and replace it with healthier options.



TO REGISTER Call (603) 437-8477 x117

Must arrive on time for the full workshop.

2025:

Nov. 12

Dec. 10

2026:

Jan. 14

Feb. 11

March 11

April 8

May 13

June 10