

6TH GRADE PHYSICAL EDUCATION

2025 EPR RUBRIC

	<i>1 DOES NOT MEET</i>	<i>2 APPROACHING</i>	<i>3 MEETS</i>	<i>4 EXCEEDS</i>
Movement Competence & Understanding	-Unable to perform motor skills and movement patterns -Unable to control performance of fundamental movement patterns	-Struggles demonstrating competency in motor skills and movement patterns -Displays little control when performing fundamental movement patterns	-Demonstrates competency in motor skills and movement patterns -Demonstrates control when performing fundamental movement patterns	-Demonstrates advanced competency in motor skills and movement patterns -Demonstrates and applies fundamental movement patterns in advanced sequences
Physical & Personal Wellness	Does not sustain moderate to vigorous physical activity for short periods of time. Never displays quality movement. Does not understand physical activities lead to an increased heart rate.	Sustains moderate to vigorous physical activity for short periods of time most of the time displaying quality movement and understands physical activities increase heart rate.	Sustains moderate to vigorous physical activity for short periods of time through consistently displaying quality movement during class and understands physical activities increase heart rate.	Sustains moderate to vigorous physical activity for short periods of time through consistently displaying quality movement during class and understands physical activities increase heart rate. Evaluates situations that contribute to physical & personal well-being.
Emotional & Social Wellness	Demonstrates positive social behaviors during class: -Does not follow directions, activity-specific rules, procedures, and etiquette -Does not congratulate partners, opponents, or team upon conclusion of game or activity -Does not accept feedback and gives	Demonstrates positive social behaviors during class: -Follows directions, activity-specific rules, procedures, and etiquette with daily reminders -Congratulates partners, opponents, or team upon conclusion of	Demonstrates positive social behaviors during class: -Follow directions, activity-specific rules, procedures, and etiquette with few reminders -Congratulate partners, opponents, or team upon conclusion of game or activity	Demonstrates positive social behaviors during class: -Consistently follows directions, activity-specific rules, procedures, and etiquette with few reminders -Consistently congratulates partners, opponents, or team upon conclusion of game or activity

	negative feedback to peers -Does not encourage others, and uses put-down statements	game or activity some of the time -Accepts and gives constructive feedback to peers some of the time -Rarely encourages others, and refrains from put-down statements	-Accepts and gives constructive feedback to peers -Encourage others regularly, and refrain from put-down statements	-Consistently accepts and gives constructive feedback to peers -Consistently encourages others regularly, and refrain from put-down statements
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