

Additional Lessons 1st & 2nd Grade

September

Introductions Lesson

<u>"Everyone Can be a Learner"</u>	<u>"The Chicken Who Thought She Was A Goat"</u>
<u>"Howard B Wigglebottom Learns to Listen"</u>	<u>"Flight School"</u>
<u>"Sergio Makes a Splash"</u>	<u>"The Most Magnificent Thing"</u>
<u>"I'm Quite Unique"</u>	<u>"Everyone Can Learn to Ride a Bicycle"</u>

October

Making Friends

November

Listening Skills

<u>"When Sophie Gets Really Really Angry"</u>	<u>"Come with Me"</u>
<u>"Hey Little Ant"</u>	<u>"The Very Cranky Bear"</u>
<u>"How to be a Lion"</u>	<u>"Enemy Pie"</u>
<u>"My Mouth is a Volcano"</u>	<u>"Today I Feel Silly"</u>

December

Mindfulness

January

Introducing Emotion Management

"If You Plant a Seed"	"When I Grow Up & Career Day"
"Be Kind"	"Jobs in My Community"
"All Are Welcome"	"Rosie Revere Engineer & Career Day"

February

Managing Embarrassment

March

Handling Making Mistakes

"Sometimes Accidents Can Happen"	"Positive Self Talk"
"Kind Words"	"Thinking Clearly"
"Show that you Care"	"Making Good Decisions"

April

Managing Anger

MAY: Panorama Lessons

Students will get to explore books that teach bullying prevention and practices of good mental health.

Bullying/Mental Health

Students will explore the Counseling Calm Corner for additional coping skills and activities.

Calm Corner

<https://app.nearpod.com/?pin=42dti>

Carly Clown goes to School

What a counselor does...

<https://app.nearpod.com/?pin=7EYW5>

Mindfulness Lesson:

Mindfulness_for_Elementary Students.pptx

Grade 1-2 Second Step Lessons

11 Introducing Emotion Management

12 Managing Embarrassment

13 Handling Making Mistakes

15 Managing Anger

Grade 1-2 Panorama Lessons