## **Landmark Student Supports In and Out of School**

We are here to support you with **any** needs you have in or out of school. **You can always go to your advisor, any counselor, or any administrator when you need help of any kind.** This table has our main point person at Landmark and a few good out-of-school resources.

Topic	Landmark Point Person	Out-of-School Resources
Suicidal thoughts	Lauren Camiolo (429B)	National Suicide Prevention Lifeline at 1-800-273-8255 / Text HOME to 741741
Grief / Eating Disorders / Mental Health	Lauren Camiolo (429B)	Free Confidential Mental Health Support: • Call 1-888-NYC-WELL /1-888-692-9355 • Text "Well" to 65173 • Chat online at nyc.gov/nycwell
Bullying / Sexual Harassment / Conflicts	Respect for All: Lauren Camiolo (439B) Keeshanah Blackman (437), Tanell Pendleton (436)	
Reproductive and Medical Health	Lauren Camiolo (429B) Sanitary products: Cassandra (436) or Lourdes (416 main office)	Mount Sinai Clinic Room 610; Appts: 212-488-3350 / brecsbhc@mountsinai.org
Housing	Lauren Camiolo (429B); Raymond Quiñones (main office)	Covenant House (immediate assistance for youth) 550 10th Avenue @ 41st st / 212-613-0300
Alcohol / Substance Abuse	Aviase (418A - library)	Center for Living (212) 712-8800 (M-F 8am-8:30 pm)
LGBTQ / Transitioning	Keeshanah Blackman (437) GSA Club Julie Masarof (406)	LLGBT Center https://gaycenter.org/
PSAL Sports	Tanell Pendleton (436) / Lenny Lomangino	Athletic Director Ortiz: aortiz@hudsonhs.org
Working papers	Alex Boucher	When school is closed, contact info@landmarkhs.org / 914-721-0564
Metrocards / Enrollment letters / Attendance	Lourdes (416 main office)	
Transcripts / Report Cards / Programs	Print-outs- Raymond Quinones (416) 9/10 Cassandra D'amour (436) 11/12 Karina Simancas (439)	
ID Cards	Tanell Pendleton (436)	
Emails	Raymond Quinones (416)	
Jupiter	Raymond Quinones (416)	
Technology	Ralph Ferrer (435) Tanell Pendleton (436)	

**WHERE TO FIND US:** Keeshanah Blackman Peace Room 436; Main Office 416; counselor Lauren Camiolo 439; 9/10 counselor Cassandra D'amour 436; 11/12 + college counselor Karina Simancas 439; AP Tanell Pendleton 436; Principal Susanna Tenny 426