## **ODYSSEY OF ONSLAUGHT**

<b>V</b> / <b>X</b>	√ Today's Missions & Strategic Steps To Success √  (Tackle each mission, step by step, and track your progress.)
	፟ Wake up and sleep →
1. <b>X</b>	
	⊗ Strategic Steps:
2. 🗙	⊚ MISSION: Sleep 11:30 PM
	⊗ Strategic Steps:
	💪 Health and training 🥊
3. 🔽	⊚ MISSION: Eat daily 3280 cals
	Strategic Steps: Do 2 big meals, one lunch and one dinner
4. 🗸	MISSION: Drink 3L of water
	⊗ Strategic Steps:
5. 🔽	
	⊗ Strategic Steps:
6. 🔽	⊚ MISSION: Do 300 push ups
	Strategic Steps: Do 2 sets of 25 reps and 5 sets of 50 reps
7. 🗸	

<b>V</b> / <b>X</b>	√ Today's Missions & Strategic Steps To Success √  (Tackle each mission, step by step, and track your progress.)
	Strategic Steps: Do them in the least amount of time
8. 🗙	
	Strategic Steps: Do them in the least amount of time
	💰 The path to financial conquest 💢
9. 🔽	MISSION: Write first draft for IG post
	⊗ Strategic Steps:
10. 🗙	
	Strategic Steps: Do at least 3 warm outreaches and follow up with warm lead
11. 🔽	MISSION: Search prospects
12. 🔽	
	⊗ Strategic Steps:
13. 🔽	⊚ MISSION: Watch PUC
	⊗ Strategic Steps:
14. 🔽	⊚ MISSION: Review successful copy for 15 minutes

<b>☑/</b> ×	√ Today's Missions & Strategic Steps To Success √  √  √  (Tackle each mission, step by step, and track your progress.)  √  √  √  √  √  √  √  √  √  √  √  √  √
15. 🔽	
	⊗ Strategic Steps:
16. 🗙	<b>MISSION:</b> Review and take new notes on level 3 and the empathy course Share the notes and at the end of the work sessions and of the day review them.
	⊗ Strategic Steps:
17. 🔽	
	⊗ Strategic Steps:
18. 🔽	
	⊗ Strategic Steps:
19. 🗙	
	⊗ Strategic Steps:
20. 🔽/🗙	⊚ MISSION:
	⊗ Strategic Steps:
21. 🔽	⊚ MISSION: Implement the lessons learned in "The question" PUC
	⊗ Strategic Steps:
22. 🚺/💢	⊚ MISSION:

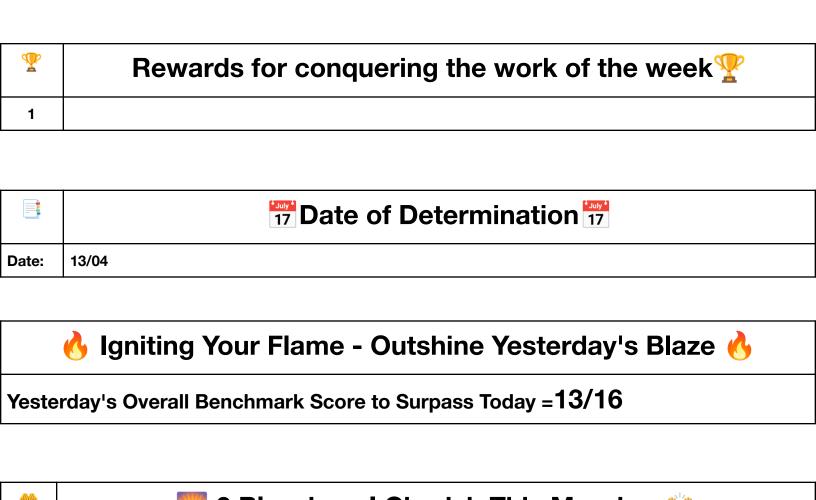
<b>V</b> / <b>X</b>	√ Today's Missions & Strategic Steps To Success √  (Tackle each mission, step by step, and track your progress.)
	⊗ Strategic Steps:
23. 🔽/💢	⊚ MISSION:
	⊗ Strategic Steps:
24. 🗙	MISSION: Send outreach for review in one of the ask an expert chats
	⊗ Strategic Steps:
	X Review of the day's conquest and new battle plans 🗷
25. 🔽	
	⊗ Strategic Steps:
26. 🔽	@ MISSION: Review the work did in a day and come up with new ideas to improve and get more work done faster in a day
27. 🔽	MISSION: Carefully measure how you you spend your time
	1-Measure how you spend every second of your life. 2-Measure how much time you spend on garbage and remove it.
	3-At the end of the day review the time you spent and how you spent it 4-Hold yourself accountable and maximize the time you spend on tasks that move you forward with your goals.
28. 🔽/🗙	⊚ MISSION:
	⊗ Strategic Steps:
29. 🔽	@ MISSION: Read yesterday's improvements in yesterday's daily planner and act on them.

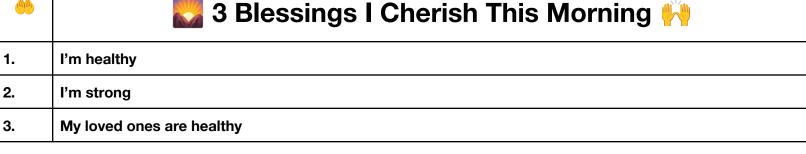
<b>V/X</b>	√ Today's Missions & Strategic Steps To Success √  (Tackle each mission, step by step, and track your progress.)
	⊗ Strategic Steps:
	Knowledge 🧠
30. 🗙	MISSION: Practice German for 15 minutes
	⊗ Strategic Steps:

<b>V</b> / <b>X</b>	Extra tasks - rewards for conquering the day X (do only after a G work sessions or if you have spare time)
1. <b>X</b>	Watch and take notes on Sabri Suby's how to unlock hyper focus video
2. 🗙	Reading 10 pages of a marketing/conquest/personal development book
3. <b>V</b> / <b>X</b>	
4. <b>V</b> / <b>X</b>	
5. <b>V</b> / <b>X</b>	
6. <b>V/</b> X	

7. ☑/×

X	Weekly goals- conquests for the week		
1. 🚺/💢	State of completion: 18/50	Write 50 outreaches	
	Deadline: 14/04/2024		
2. 🚺/💢	State of completion: 1/7	Sleep at least 7 hours everyday except for Wednesday where the goal is 6 hours	
	<u>Deadline</u> : 14/04/2024		
3. 🚺/💢	State of completion: 1/5	Write 5 pieces of copy	
	Deadline: 14/04/2024		
4. <b>V</b> / <b>X</b>	State of completion: 2/10	Review 10 level 3 lessons from the bootcamp and/or the empathy course	
	Deadline: 14/04/2024		
5. <b>V</b> / <b>X</b>	State of completion: 6/7	Complete the daily checklist everyday	
	Deadline: 14/04/2024		





	Magic Trio: 3 Priority Missions (These are non-negotiable tasks and must be conquered today!)
1.	Outreach
2.	Research for prospect
3.	Training



(Design each hour with intention and reflect upon its journey)

Mission 🕌	Mission: What will I do?
Strategy <	Strategy: How will I do it, step-by-step action?
Reflection /	Reflection: Was the mission accomplished? If not, what stopped me?
Score 🏆	Hourly Score: How did this hour measure up to my standards? Good
4 AM: Mission 辈	
Strategy 🔍	
Reflection /	
Score 🏆	
5 AM: Mission 辈	
Strategy 🔍	
Reflection /	
Score 🏆	

6 AM: Mission 💃	Wake up, shower, and study
Strategy Q	After showering review the day's plan and visualize your future self
Reflection /	no, I slept in
Score 🏆	0/10

7 AM: Mission 💃	Finish studying and go to school
Strategy Q	While going to school review a student's copy
Reflection /	no, I woke up, showered, and went to school while reviewing the day's plan and doing a homework
Score 🏆	6/10

8 AM: Mission 💃	School
Strategy Q	
Reflection /	accomplished
Score 🏆	9/10

9 AM: Mission 💃	School
Strategy Q	
Reflection /	accomplished
Score 🏆	9/10

10 AM: Mission	School
Strategy <	
Reflection /	accomplished
Score 🏆	9/10

11 AM: Mission	School
Strategy Q	
Reflection /	accomplished
Score 🏆	9/10

12 PM: Mission 💃	Finish school, and boxing
Strategy Q	
Reflection /	accomplished
Score 🏆	9/10

1 PM: Mission 💃	Boxing
Strategy Q	
Reflection /	accomplished
Score 🏆	9/10

2 PM: Mission 💃	Get home, shower, and cook
Strategy Q	While cooking practice German
Reflection /	no, I didn't cook because I could have moved faster at executing the other tasks
Score 🏆	7/10

3 PM: Mission 🖔	Eat
Strategy 🔍	While eating listen and take notes on a X lesson and level 3 lessons
Reflection /	no, I cooked while doing push-ups, and started eating while reviewing a student's copy
Score 🏆	9/10

4 PM: Mission 🧏	Write first draft
Strategy Q	
Reflection /	no, I finished eating while reviewing personal copy and continuing to write first draft
Score 🏆	9/10

5 PM: Mission 💃	Write first draft and start new winner writing process
Strategy 🔍	Finish first draft by 5:30 PM, take a 10 minute mental reset, and at 5:40 PM start new winners writing process
Reflection /	no, I continued writing the first draft
Score 🏆	9/10

6 PM: Mission 💃	Winners writing process
Strategy 🔍	
Reflection /	no, I continued writing the first draft
Score 🏆	9/10

7 PM: Mission 🧏	Write outreach
Strategy Q	
Reflection /	accomplished
Score 🏆	9/10

8 PM: Mission 🐰	Do 150 burpees, shower, and cook
Strategy Q	While cooking listen and take notes on the PUC
Reflection /	no, I continued writing outreach
Score 🏆	9/10

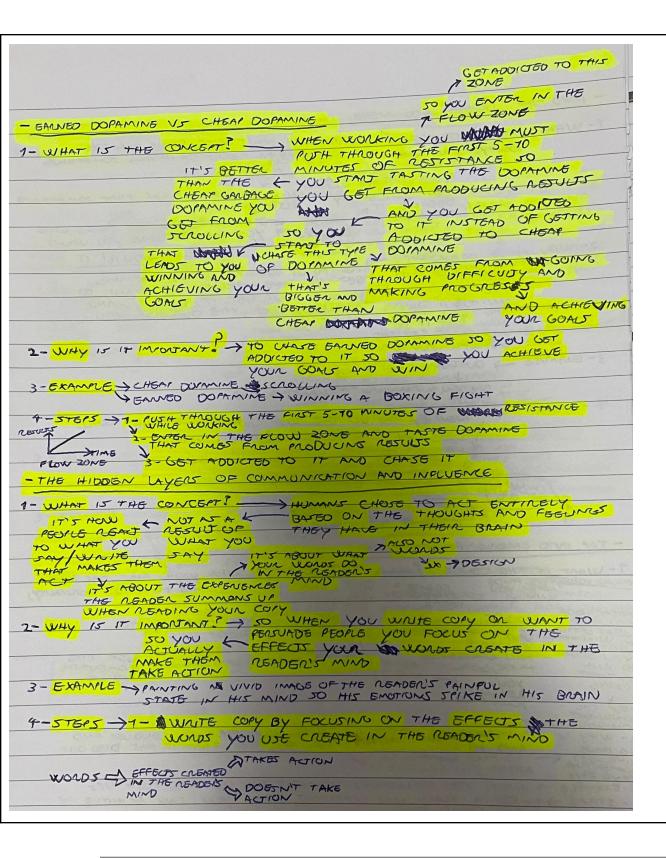
9 PM: Mission 辈	Eat
Strategy Q	While eating listen and take notes on the PUC and eventually on more level 3 lesson or write outreach
Reflection /	no, I checked TRW chats and did the burpees
Score 🏆	7/10

10 PM: Mission 🖔	Finish last tasks, review the work did in a day, read the bible, pray, get ready to go to sleep and go to sleep
Strategy Q	
Reflection /	no, I did more burpees and cooked while listening and taking notes on the PUC
Score **	8/10

11 PM: Mission 🖔	
Strategy 🔍	
Reflection /	
Score 🏆	



■ Today's Learnings: Wisdom or lessons learned from the day



* Victories Celebrated: Accomplishments and successes of the day
Sent 3 outreaches and wrote 1 piece of copy
Stumbles Along the Way: Points of difficulty or mistakes made.
Tomorrow's Illuminations: Plan how to improve and progress the next day.
Consistencies to Keep: Recognize what worked well and should be repeated.
Copy work and training
▼ Communications: Identifying individuals to connect with.

## Pending Missions: Tasks that remain uncompleted

Waking up and going to sleep on time, stretching, sending 7 outreaches, reviewing lessons, sharing and reviewing them, watching social media lessons, sending outreach for review, practicing German for 15 minutes, reading and playing chess games



3 Day's Overall Score: A final assessment of the day's productivity

12/16