

## **Rea Hajredini**

Rea is a pre-medical student in her third year at the University of Michigan in Ann Arbor, where she is pursuing a double major in Biology, Health & Society and Spanish. She currently serves as the internal education director of the Global Health Alliance at her school. Rea is deeply involved with the Albanian community in her hometown of Troy, MI, where she has been active at the Albanian school for over 10 years. At this community center, she helps teach Albanian language classes, choreographs traditional Albanian dances, plans cultural events, fundraises for causes such as refugee crises and earthquakes in Albania, and engages with the Albanian community. This involvement is a significant part of her identity and values. Additionally, Rea has volunteered at the University of Michigan Hospital for 2 years and has participated in research on maternal mental health with Zero to Thrive at the University of Michigan. She is passionate about mental and physical health, with the goal of becoming a physician to serve the community and make a difference in others' lives. Rea's personal strengths include being organized, hard-working, and determined, which have helped her thrive even in challenging situations. Her hobbies include biking, hiking, exercising, practicing yoga, reading, cooking, traveling, watching soccer, playing ping-pong, and spending time with her family. She is a first-generation college student, enjoys playing soccer with her family, loves trying traditional foods, likes playing card games, and is a two-time recipient of the Gjergj Kastrioti Scholarship.