

Joel Barlow High School



2025-2026 Student Activities Program

The Student Activities Program affords clubs and activities the opportunity to meet during the school day. Students are expected to be a member of at least one club or activity during the school year. Below are descriptions for some of the many activities being offered during this year. Clubs are added and removed throughout the year and the most current list with meeting locations is sent to students prior to each Activity Period.

Advocates for Athletes - Advocates for Athletes is a club that provides space for athletes to learn more about the recruiting process and to serve as a resource for athletes who struggle with mental health, school work, etc.

Advisor: Ms. Greene / Ms. Terenzi

Anime Club - Come to the Anime Club to celebrate the wonderful world of Anime! Activities will include drawing, watching, and talking about Anime!

Advisor: Mr. Brown

Baking Club

Advisor: Ms. Russo

Barlow Diversity - New for 2025-2026! An inclusive supportive group for minorities. Club activities include cultural foods and snacks, presentations, fundraising and food drives for underprivileged minorities and groups.

Advisor: Mr. E. Smith

Barlow FC - Barlow FC is a vibrant activity club dedicated to the beautiful game of soccer. Whether you're a seasoned player, a passionate fan, or just someone looking to learn more about the sport, Barlow FC welcomes all. We come together not only to play soccer, honing our skills on the field, but also to engage in spirited discussions about the latest matches and players. Our members share a common love for the sport, and you can often find us cheering on our favorite teams or watching thrilling matches together. Barlow FC isn't just a club; it's a community where soccer unites us all, fostering friendships and a deep appreciation for the game.

Advisors: Mr. Paola & Mr. Rhode

Best Buddies - Joel Barlow's Best Buddies Chapter is part of an international organization. The goal of high school chapters is to foster one-to-one friendships between high school students with and without IDD. In this time of heightened social and emotional development that can be difficult even for teenagers without IDD, the Best Buddies High Schools program helps break through social barriers at an important time in a young person's life. All are welcome!

Advisors: Mrs. Atkinson, Mrs. Hoyt, and Mrs. Ramirez

Bio Olympiad Club - The purpose of the Bio Olympiad Club is to train and prepare students for the United States Biology Olympiad, a prestigious national event. It also sharpens student's biology knowledge and can also be used as a way to practice biology and as a found of biology resources. It is an opportunity for prospective students to participate in the USABO. The Bio Olympiad Club also meets Friday's after school.

Advisor: Dr. Nuzzo

Brady Smiles - Come join Brady Smiles and make a child smile!! During Activity Period, come make handmade blankets that will be given to children in hospitals

Business Outside - New for 2025-2026! Join Business Outside! Learn business concepts, strategies, and ideas while walking outside. We hope to have successful business leaders who excel in their fields come in and lead talks while walking outside connecting with nature!

Advisor: Ms. Furrer

Card (Playing) Club: This club offers a variety of card games-so feel free to...relax and play solitaire, enjoy a game of UNO with friends or bring on the competition

with other popular games of cards (Set back, War, Go-fish etc.)

Advisor: Mrs. Sugden & Ms. Fitzgerald

Chess Club - Chess Club is an Activity Period opportunity for students to enjoy and improve their chess games. Students play each other to sharpen their games and enjoy the competition. C204 during Activity Period.

Interested in Chess? Join the Chess Team. See Ms. Lindsay Glynn for more information. Chess Team meets Tuesdays 2:15-3:30 in B107

Class Councils - Attend council meetings to let your voice be heard and to learn of opportunities to get involved!

Class of 2026 - Ms. Bernardo & Mr. Luzietti

Class of 2027 - Ms. Bailey & Mr. Pohlen

Class of 2028 - Mr. Gang & Mr. McElwee

Class of 2029 - Ms. Gilmore & Mr. Franco

Connecting Through Music - The purpose of Connecting Through Music (CTM) is to connect Barlow students with a passion for music by offering performances at local venues within the greater Barlow Community. CTM is dedicated to bringing joy through music to the elderly. See Mr. Breault, Alisen McTague, or Carolyn Hopstaken to learn more.

Advisor: Mr. Breault

Crafts & Crochet Club - The Crafts & Crochet Club works with local hospitals. The students crochet little hats, scarves, and blankets, and then they make uplifting cards to go along with these presents. When several items are completed, they are taken to a local hospital and donated to the children's department for distribution to any child in need. All supplies are either donated by members and their families or donated by staff and residents.

Advisors: Mrs. Kaufman & Mrs. Wittmann

The Cyclist Club - Are you interested in mountain biking? Do you want to improve your bike skills and go riding with a group of students? If you are interested, this club might be for you. The mountain bike club is dedicated to furthering the interests of students and staff in the great sport of mountain biking.

Advisor: Mr. Torv

Eco Club - For students concerned about how JBHS can reduce, reuse, and recycle. Raising awareness is the first line of action, next is finding sustainable solutions to help move the Barlow community towards being a greener school. Areas of interest include the use of plastic drinking bottles, plastic straws, and composting. Community projects include Earth Day and Zero Waste Lunches.

Advisor: Dr. Nuzzo

Entrepreneurial Action - Students involved with Entrepreneurial Action can expect to gain experience in the hands-on side of entrepreneuring and develop many skills from financial planning to crafting and baking to marketing and design in a way that impacts charities and the communities.

Advisor: Ms. Khan

eSport- The purpose of eSports is to bring people together to share their love of video games.

Advisor: Ms. Campo

Film Club

Advisor: Mr. Angell

Fitness Club

Advisor: Mr. Intemann

Flight Club - Flight Club allows students with a passion for flight and the aerospace industry the necessary resources and information needed to push themselves to set goals. Students will be introduced to flight basics, navigation, and career planning.

Advisor: Ms. Dischinger

Gender-Sexuality Alliance (GSA) - The goal of the Gender-Sexuality Alliance club is to promote understanding of and equality for all members of the Barlow community. The members present information to students and faculty to enhance understanding of LBGT issues and to promote a safe environment for all students.

Advisor: Mr. Testa

Honors Algebra Two Math Mentoring - The purpose of the club is to help honors algebra two students achieve success in their class by mentoring them throughout the year.

Advisor: Mr. Rivers

Intramural Sports*

Advisors: Ms. Fallo, and Mr. Antal

*maximum 50 students

Jam Circle

Advisors: Mr. R. Smith

Literary Magazine - The Wayfarer is Barlow's student publication of art, photography, writing, and poetry. While you don't need to be a member to contribute, come join the group and help with layout, design, editing, advertising, etc.

Advisor: Mrs. Huminski

Math Team

Advisor: Ms. Gale

Newspaper Club - Just starting up, the purpose of the JBHS Newspaper Club is to keep the student body up to date, and to allow members to write journalistically for fun.

Advisors: Ms. Hrebin and Ms. Keeney

Open Art - This club is open to students wanting extra 2D studio time or to free draw. Limited supplies for non-art enrolled students. Class size is limited to 24 students.

Advisor: Mr. Angelis

Open Ceramics Club - Ceramics club is for students who are currently taking ceramics or who have taken ceramics and want more studio time to explore working on the pottery wheel or hand-building. Class size is limited to 20 students.

Advisor: Ms. Veteri-Muntz

Operation Smile - Operation Smile is an international medical charity providing free surgeries for children and young adults in developing countries who are born with a cleft lip, cleft palate or other facial deformities. Joel Barlow's Operation Smile club was formed to raise awareness of the struggles of those born with cleft lip and cleft palate deformities.

Advisor: Mr. Huminski

Theater Playground Act - Theater Playground Act's purpose is to provide a creative, student-led theater space that emphasizes student expression and choice. To learn more, contact Kenji Perretz.

Advisor: Mr Pinsky

Poetry Club - The main goal of the Poetry Club is to create a space to read and write poetry freely. The club is a forum for reading and presenting poetry as well as experimenting with new forms and styles. The Poetry Club works alongside Poetry Out Loud and the Literary Magazine to submit what is produced.

Advisor: Ms. Wood

Science Bowl Club* - Jeopardy type format on Biology, Chemistry, Energy, Astronomy, Math and Physics. Teams of 4 compete against other schools at the UCONN Science Bowl Competition.

Advisor: Dr. Nuzzo

Science Research - Complete an authentic research project with a mentor and compete at various local and state fairs. The program is open to students of all grades, runs all year and meets after school. See Dr. Nuzzo for additional information.

Advisor: Dr. Nuzzo

Serving Our Under Privileged – SOUP - S.O.U.P. is an active club that makes and sends sandwiches to the Dorothy Day Hospitality House in Danbury, a shelter for the homeless. To get involved, email Mr. Poulos (cpoulos@er9.org).

Advisor: Mr. Poulos / Ms. D'Amato

Snacks & Paperbacks - The purpose of Snacks & Paperbacks is to bring the JBHS community together through a common love of literature and to create a positive, nurturing environment. It's a great way to make new friends, promote reading, and improve writing skills.

Advisor: Mrs. Pinsky & Mrs. Brown

Student Council - The purpose of the Student Council is to promote the interests of the students of Joel Barlow High School. This shall be accomplished through interaction with the administration and staff; the subsidization of the worthy activities of other student organizations; and the sponsorship of a number of events through the year.

Advisors: Mr. Swift & Mr. Sopko

Threads of Purple - New for 2025-2026! The concept behind Threads of Purple is to raise epilepsy awareness,

by building an understanding and supportive community for learning and dedication to make a safe community for those who want to learn. Plans to accomplish this include fundraisers, purple spirit days and more! Come and join us.

Ultimate Frisbee

Meet in the Upper Gym to play Ultimate Frisbee.

Advisors: Mr. Roberts & Mrs. Kennedy

Youth Mental Health First Aid - Youth Mental Health First Aid (YMHFA) meets to increase education and awareness of mental health disorders and works to decrease the stigma of mental health disorders. The students plan activities and programs for JBHS and the Easton and Redding communities. The programs and activities they plan, focus on educating others about the common mental health challenges that adolescents may face, how to assist a young person who may be struggling and knowing when to connect them with an adult or professional assistance.

Advisor: Mrs. Pieratti