

North Hall Group of Alcoholics Anonymous

Group Conscience Draft Minutes – August 5, 2024

Opening	
1. Open	Niki N.
2. Pettiness Prayer	Sabrina C
3. Twelve Traditions	Candice
4. Host - 7th Tradition – (Cash App ID) The 7th Tradition states, “Every AA group ought to be fully self-supporting, declining outside contributions.” Our Host will now put info into the chat about contributing to North Hall by CashApp or by sending a check.	Niki N.
5. Review July Minutes motion to approve	Niki N Motion made to approve, seconded, minutes approved by the group
6. Finalize Agenda motion to approve	Niki N Agenda accepted and approved

Reports	
1. General Secretary Report – Niki N.	<p>After further discussion with the steering committee a decision was made to post clear signage regarding service animals. A larger, more visible sign regarding service animals has been posted outside the building in the case and by the coffee station.</p> <p>we ran out of the blue phone lists for newcomers and a solution was needed asap. so I improvised with index cards rather than the big blue lists. As of Saturday I put a box with index cards and labeled it phone list cards/use for newcomers phone lists. All of the secretaries have been informed of this change. Index cards are easily attainable, we could even upgrade to a larger size if it works out well.</p>

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If you are a secretary and need more training or have questions please reach to myself or Tiffany. We did send out a very detailed welcome email and have followed up multiple times with the current secretaries.

Many people have a lot of ideas and I want to remind you that you can bring a proposal to the group. You are welcome to chat with me or a steering committee member and we will give you the next steps.

Please be kind in your words and interactions during the conversations had here tonight.

2. Treasurer – Tom J. motion to approve

From: 6/26/2024		Wed 8 PM 12X12 Book Study			
Through: 7/28/2024		Sun. 8:30 AM			
DEPOSITS:					
Deposit Date	7th Tradition	H&I	Literature	Other (detail listed below)	Total
07/12/2024	\$ 1,023.45	\$ 15.50	\$ 10.00	\$ 214.00	\$ 1,262.95
07/15/2024	\$ 564.25	\$ 8.74	\$ 14.25	\$ 8.00	\$ 595.24
07/22/2024	\$ 1,289.60	\$ 36.75	\$ -	\$ 25.50	\$ 1,351.85
07/29/2024	\$ 597.56	\$ 49.90	\$ 6.00	\$ 31.00	\$ 684.46
	\$ -	\$ -	\$ -	\$ -	\$ -
	\$ -	\$ -	\$ -	\$ -	\$ -
Cash App Deposits					
07/09/2024	\$ 399.00				\$ 399.00
07/16/2024	\$ 225.00	\$ 5.00			\$ 230.00
07/23/2024	\$ 235.00				\$ 235.00
07/30/2024	\$ 89.00			\$ 10.00	\$ 99.00
Totals	\$ 4,422.86	\$ 115.89	\$ 30.25	\$ 288.50	\$ 4,857.50
DETAIL OF OTHER DEPOSITS:					
Date	Description	Amount			
07/03/2024	Al Anon Rent	\$ 100.00			
07/08/2024	Campout	\$ 114.00			
07/15/2024	Campout	\$ 8.00			
07/22/2024	Campout	\$ 25.50			
07/29/2024	Campout	\$ 31.00			
07/30/2024	Campout	\$ 10.00			
	Grand Total	\$ 288.50			

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Roger asked if the current rate of CashApp being 20% is consistent with other months. Tom answered that this month had more Cashapp contributions than normal due to the campout.
Report accepted.

3. Controller – Michael F. motion to approve

NORTH HALL CONTROLLER'S REPORT									
Reporting Period From 7/1/2024 - 7/31/2024									
								Presented:	08/05/24
INCOME AND TRANSFERS									
Income Deposited by Treasurer:									
	7th Tradition						\$ 4,422.86		
	H&I						\$ 115.89		
	Literature						\$ 30.25		
	Other						\$ 288.50		
	Sub Total Income Deposited by Treasurer							\$ 4,857.50	
Transfers In:									
	Savings	Alcathon Reserve					\$ 265.00		
	Savings	Campout Reserve					\$ 2,839.56		
	Savings	Prudent Reserve					\$ -		
	Savings						\$ 0.16		
	Sub Total Transfers-In							\$ 3,104.72	
TOTAL INCOME AND TRANSFERS									\$ 7,962.22
EXPENSES, DISTRIBUTIONS AND TRANSFERS									
CK #	Expenses								
4791	Aziz Rehmen	July Rent					\$ 3,000.00		
4779	Smud	Electricity					\$ 305.34		
4784	City of Sacramento	Utilities					\$ 120.33		
4792	WM Corporate Services	Waste Management					\$ 297.54		
None	PG&E	(Credit \$-72.94)					\$ -		
4796	NorCal H&I	H&I					\$ 115.89		
4790	Barbara M	Supplies + Advance					\$ 323.75		
auto	Zoom	Monthly Fee					\$ 34.22		
4789	Niki Shisler	Supply Reimbursement					\$ 40.22		
4796	Michael Frazier	Reimbursement					\$ 265.00		
4797	Niki Shisler	Supply & Cake Reimbursement					\$ 100.74		
4799	Kathy K	Campout Reimbursement					\$ 2,600.81		
4800	Kim M	Campout Reimbursement					\$ 34.77		
4801	Jose S	Campout Reimbursement					\$ 102.94		
4802	Nance S	Campout Reimbursement					\$ 59.48		
4803	Dan S	Campout Reimbursement					\$ 41.56		
4785	check	void					\$ -		
4780	check	void					\$ -		
4777	check	void					\$ -		
	Sub Total Expenses							\$ 7,522.59	
CK #	Distributions								
	CCFAA	50%					105.57		
	GSO	30%					63.34		
	CNIA Area 07	10%					21.11		
	District 24	10%					21.11		
	Sub Total Distributions							\$ 211.13	
Transfers-Out									
	Savings	Liability Insurance Reserve					\$ 40.00		
	Savings	Campout Reserve					\$ 188.50		
	Sub Total Transfers-Out							\$ 228.50	
TOTAL EXPENSES, DISTRIBUTIONS AND TRANSFERS									\$ (7,962.22)

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Net Transfer from Checking to Savings (Transfers Out to Savings less Transfer In from Savings)					\$ (2,876.22)
ACCOUNT BALANCES					
CHECKING ACCOUNT					
Ending Balance From Last Month's Report					\$ 1,500.00
Changes in this report					
TRANSFERS IN					
Income (Treasurer's Deposits & Cash App)				\$ 4,857.50	
Transfer In (Campout Reserve)				\$ 2,839.56	
Transfer In (Picnic Reserve)				\$ -	
Transfer In (Liability Insurance Reserve)				\$ -	
Transfer In (Alcathon Reserve)				\$ 265.00	
Transfer In (Prudent Reserve)				\$ -	
Transfer In				\$ 0.16	
		Total		\$ 7,962.22	\$ 9,462.22
TRANSFERS OUT					
Expenses				\$ (7,522.59)	
Transfer Out (Alcathon Reserve)				\$ -	
Transfer Out (Liability Insurance Reserve)				\$ (40.00)	
Transfer Out (Campout)				\$ (188.50)	
Transfer Out (Picnic)				\$ -	
Transfer Out (Prudent Reserve)				\$ -	
Distributions				\$ (211.13)	
		Total		\$ (7,962.22)	\$ 1,500.00
Ending Balance (Prudent Reserve \$1,500)					\$ 1,500.00

SAVINGS ACCOUNT					
Ending Balance From Last Month's Report					\$ 18,165.64
Changes in this report					
INTEREST					
Interest Earned (to Prudent Reserve)				\$ 0.16	
		Total		\$ 0.16	\$ 18,165.80
Reconciles with bank balance as of 1/28/24					
TRANSFERS IN					
Transfer In (Liability Insurance Reserve)				\$ 40.00	
Transfer In (Campout Reserve)				\$ 188.50	
Transfer In (Picnic Reserve)				\$ -	
Transfer In (Alcathon Reserve)				\$ -	
Transfer In (Prudent Reserve)					
		Total		\$ 228.50	\$ 18,394.30
TRANSFERS OUT					
Transfer Out (Liability Insurance Reserve)				\$ -	
Transfer Out (Campout Reserve)				\$ (2,839.56)	
Transfer Out (Alcathon Reserve)				\$ (265.00)	
Transfer Out (Picnic Reserve)				\$ -	
Transfer Out (Prudent Reserve)				\$ -	
Transfer Out				\$ (0.16)	
		Total		\$ (3,104.72)	\$ 15,289.58
Ending Balance					\$ 15,289.58

Savings Account Allocations	Balance of Allocations From Last Month	Allocation Changes This Month	Balance of Allocations This Month
Savings Account Prudent Reserve (\$13,500)	\$ 13,500.00		\$ 13,500.00
Picnic Reserve	\$ 308.54		\$ 308.54
Alcathon Reserve	\$ 668.75	\$ (265.00)	\$ 403.75
Liability Insurance Reserve (due 03/01/24)	\$ 160.00	\$ 40.00	\$ 200.00
Anniversary Potluck Reserve	\$ 185.11	\$ -	\$ 185.11
Campout Reserve	\$ 3,251.70	\$ (2,651.06)	\$ 600.64
Holiday Decorations Reserve	\$ 91.54	\$ -	\$ 91.54
Total Allocations	\$ 18,165.64	\$ (2,876.06)	\$ 15,289.58

Report Approved and accepted

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	<p>Michael also wanted to amend the June report. Interest earned was 15 cents and 2 check numbers were listed incorrectly. The amended report for June was approved</p>
<p>4. GSR – Randy T. written report</p>	<p>The GSRs report on the Group Conscience can be viewed here: https://drive.google.com/drive/folders/1lhmpAwPmDsHau_vk9wGCkSFDPFatXiul</p> <p>The 3 topics the group focused on were: Topic 1: (Question 3) Is our group attracting alcoholics from different backgrounds? Are we seeing a good cross section of our community, including those with accessibility issues? Topic 2: (Question 2) What more can our group do to carry the message? Topic 3: (Question 4) Do new members stick with us, or does the turnover seem excessive? If so, why? What can we as a group do to retain members?</p> <p>Also if proposals supporting these topics are in hand, folks shouldnt need to wait for the Steering Committee review to submit proposals. Randy will submit a copy of the report to Central Office.</p>
<p>5. CCFAA – Roger written report</p>	<p>Roger reported on efforts for CCFAA and their meetings. The CCFAA picnic is coming, Sunday August 18 9 AM to 4 PM at Elk Grove Regional Park. Niki also reported that North Hall has contributed a gift basket for the picnic fund raiser.</p> <p>Written Report: HE JULY 2024 CCFAA DELEGATES MEETING WAS HELD AT ITS USUAL TIME AND PLACE...3:PM ON THE 20TH of July. THE MEETING IS OPEN TO EVERYONE AND NOW IS HYBRID. ALL CCFAA INFORMATION IS EASILY LOCATED ON THE WEBSITE.</p> <p>THERE WERE 4,788 YEARS OF SOBRIETY CELEBRATED IN JULY IN OUR INTERGROUP.</p> <p>SIX NEW GROUPS WERE WELCOMED INTO THE INTERGROUP.</p>

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	<p>THE DELEGATES TELESERVICE MINUTES REPORTED THERE WERE 26 12- STEP CALLS, 276 MEETINGS/INFO CALLS IN MAY.</p> <p>INFORMATION ON H@I, PI/PCP AND THE CCFAA MONTHLY MEETING, AS MENTIONED ARE AVAILABLE ONLINE.</p> <p>THE CCFAA PICNIC IS UPON US!. THIS YEARS SCHEDULED EVENTS ARE SOMETHING YOU DON'T WANT TO MISS. BRING YOUR APPETITE AND FRIENDS AND FAMILY. SUNDAY. AUGUST 18, 2024 9AM TO 4PM ELK GROVE REGIONAL PARK 9950 ELK-GROVE -FLORIN ROAD</p>
<p>6. H & I – Janeen written report</p>	<p>Janeen will attend the H&I meeting in August, no one attended in July.</p> <p>Several groups need support. If someone wants to be of service, Janeen is willing to stand in for now to facilitate communication.</p>
<p>7. Steering Committee – Written Report</p> <p>Adrian P. Chair Kathy K. Building Chair Robin M. Secretary Justin Co-Secretary Lance - Building CoChair Dean - Co Chair</p>	<p>Steering Committee met on July 8.</p> <p>Performed quarterly audits.</p> <p>Discussed reimbursement process which is documented in position descriptions.</p> <p>Also discussed service dog announcement</p> <p>Discussed crosstalk announcement, other options for limiting share lengths and avoiding cross talk.</p> <p>Please feel welcome to come to next weeks Steering Committee on Monday, August 13 at 6 PM at the hall.</p>
<p>7. Building Committee –</p> <p>Kathy K. Leslie T. Nance (at-large) Kim K (at large)</p>	<p>Things are going well, for the most part.</p> <p>Please let the building committee people know if you fix something so they know, or let them know it needs to be fixed.</p> <p>Cant order new covers for the coffee heater urns because they are discontinued. The makers should work fine without that.</p>

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8. Supplies – Barbara M. written report	Not present, no report
9. Literature (R) – Ardin H. written report	Nothing to report for July.
10. Birthday Meeting – Karlin R.	<p>Thanks to Niki and others that filled in for Karlin in July. Birthdays for August are submitted to By The Way at Central Office.</p> <p>Continuing to donate the cake in lieu of 7th tradition. July celebration was something like 150 years.</p> <p>Karlin is looking for a sub for the September Birthday meeting so if you are available to do that please reach out to Karlin.</p>
11. Monthly Speaker Meeting (R) – Jen BC written report	<p>Speaker meeting is going well, perhaps we could make announcements for the meeting so it could use more attendees. Sometimes the meeting is only 15 people with 5 people brought by the speaker.</p>
12. Clean Up – Janeen M Chair, Marie P CoChair	Lots of participation in cleanup in July. New mops are great.
13. Technology Chair – Evan T.	Nothing to report
14. Meeting Coordinator – Tiffany G.	Thanks to everyone for doing a rockstar job. If anyone needs help please email or text!
15. Decorations Chair - Shane S.	Nothing to report
16. Website Committee - Robin	We have a proposal on tonights agenda
17. Campout Committee - Jose S, Kathy K, Tiffany, Vicki W., Stacy,	<p>We had an amazing campout, excellent food, lots of cleanup help. We had fewer people this year, so some discussion was had about how to do even better next year.</p> <p>Kathy has done what she can on recording things on expenses and submitting that report.</p> <p>The resort has been reserved for next year.</p> <p>Karlin says that there were inquiries about perhaps moving the campout every other year so it doesnt coincide with Birthday Night.</p>

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	<p>Kathy says that for the reservations we get precedence for reserving a weekend that we used this year, and we don't have precedence for other dates. Kathy said that they held a birthday event at the campout.</p> <p>Karlin underscored that perhaps we can have birthday night on its usual time in the hall and at the same time celebrate birthdays at the camp out.</p> <p>There was discussion of the procedure guide and what it says, Michael found that the procedure guide says that the campout is not supposed to conflict with other events. It was asked if perhaps we should consider if the campout target should be moved in future years, since 2025 is already reserved.</p> <p>We also had help from Kim, Dom, Nancy and Leslie and others.</p> <p>Michael asks if we need to modify the procedure guide since reserving a site has to happen way before the procedure guide says the decision to have a campout should happen.</p> <p>Open Item: someone needs to make a proposal to modify the procedure guide to reflect the reality of needing to reserve the campout space earlier.</p>
18. Archives Committee - Vicki W	

Old Business	
1. Elections - Niki N.	<p><u>Annual Positions</u></p> <p>Decorations Chair - 1 year sobriety & 1 year commitment- Nov 1st 2024 - Oct 31st 2025</p> <p>No Volunteers</p>

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	<p>Anniversary Potluck Meeting Chairperson - 1 year sobriety & 1 year commitment (Jan 2025 Meeting)</p> <p>No Volunteers</p> <p>Clean-up Chair(6 months Sobriety) and CO-Chair(3 months sobriety) (AUGUST - OCTOBER)</p> <p>Evan volunteers to be the cleanup chair!</p> <p>Deanna volunteered to be the H&I backup.</p>
2. Dean / Karlin	<p>Outreach Committee - Vote</p> <p>Proposal Approved</p> <p>Karlin reports for Dean on the work so far</p> <p>October 26 event for a workshop on sponsorship followed by a tea dance.</p> <p>This event will be self supporting</p> <p>The committee will work on setting up events that do not conflict with other NH events</p>
3. Tif	<p>Postponed to August meeting due to time constraints</p> <p>Proposal for Implementing Numbered Chips for Randomly Calling on Members</p> <p>North Hall Group of Alcoholics Anonymous</p> <p>Purpose: To improve the process of calling on members to share during meetings by replacing the current sign-in list system with a numbered chip system. This change aims to enhance fairness and randomness, ensuring all members have an equal opportunity to share.</p> <p>Current System:</p> <p>Members sign in upon arrival at the meeting. The Chairperson uses the sign-in sheet to call on members to share, which may not be entirely random and could lead to potential biases or perceptions of favoritism.</p> <p>Proposed Change:</p> <p>Implement a system where members draw numbered chips upon arrival.</p> <p>The Chairperson will randomly draw these chips during the meeting to determine who will share.</p> <p>Benefits:</p>

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	<ol style="list-style-type: none">1. Enhanced Fairness: Ensures all members have an equal chance to share, eliminating any unconscious bias from the Chairperson.2. Improved Engagement: Members are more likely to remain attentive and engaged, knowing they could be called upon at any moment.3. Simplified Process: Streamlines the process for the Chairperson, reducing the need to manage a sign-in sheet.4. Increased Participation: Encourages participation from members who might otherwise feel overlooked. <p>Implementation Plan:</p> <ol style="list-style-type: none">1. Procure Materials: Purchase or create a set of numbered chips (1-50 or more, depending on the typical number of attendees).2. Communication: Inform members about the new system through announcements at meetings and notices on bulletin boards.3. Training for Chairpersons: Provide brief training sessions for Chairpersons on how to use the new system effectively.4. Pilot Phase: Implement the system for a trial period of one month, gathering feedback from members and Chairpersons.5. Review and Adjust: Evaluate feedback and make any necessary adjustments to improve the process.6. Full Implementation: Roll out the system permanently if the pilot phase is successful and members are supportive. <p>Feedback and Evaluation:</p> <p>Encourage members to provide feedback on the new system through suggestion boxes or during group business meetings.</p> <p>Regularly review the process and adjust based on member feedback and observed effectiveness.</p> <p>Conclusion:</p> <p>Originally proposed by Travis and voted down because of the “extra work the tickets would cause” – I believe adopting a numbered chip system for calling on members to share during meetings will foster a</p>
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	<p>fairer, more engaging, and more efficient process. By ensuring every member has an equal opportunity to share, we can strengthen the sense of community and support within the North Hall Group of Alcoholics Anonymous.</p> <p>Submitted by: Tiffany G. Meeting Coordinator North Hall Group of Alcoholics Anonymous</p> <p>Motion seconded, so discussion can ensue</p> <p>Evan says its a good idea but suggests to roll it out to a subset of meetings first before rolling it out to everything.</p> <p>Bet says that the meetings she goes to already calls numbers from the sign in sheet so number calling is already used.</p> <p>Tiffany says not all the meetings are using the pick-a-number systems so some meetings are causing some folks to feel like its not as random as it should be.</p> <p>Catherine is concerned that chips would go missing, so we should have a way to handle that. Also this topic may be addressed in the Chair Guidelines that are in the binder.</p> <p>Also is it required, because if I chair at a place, can I call on a couple specific people or is it mandatory?</p> <p>Tiffany thanks Catherine for the point on chips going missing.</p> <p>Catherine also says her experience is having had a resentment about this very topic at an old meeting.</p> <p>Adrian points out that the chips can be pulled by the chair only and it corresponds to the number on the sign in list. So there would only need to be 1 set of chips and still use the sign in sheet. This became a friendly change to the proposal to use the sign in sheet and the chair picks a number and sees to whom it corresponds for the next sharer.</p> <p>Jodi restates what Bet said. Also sometimes the chair in the womens meeting intentionally calls on the people they dont know or who dont share often.</p>
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	<p>Tiffany says the Tuesday night meeting already does a good job of that.</p> <p>Randy reiterates that the proposal on the table is:</p> <p>For purpose of this meeting: The amended proposal on the table is for the chair to draw from a basket of numbered chips and then to call from the numbered list based on the chips they draw.</p> <p>Sabrina asks how is this fundamentally different than the sign in sheet?</p> <p>Tiffany responded by saying that it was raised at the group inventory that there are a number of NH meetings where they are not using the Pick A Number from the sign in sheet.</p> <p>Randy reiterates that this came out of the Group Inventory</p> <p>Linda reiterated that this is working at the womens meeting</p> <p>The motion was rejected</p>
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New Business	
Michael	Financial Guideline Proposal - Postponed due to time constraints
Suzanne & Randy - Recharter Web Committee and Tech Stuff	<p>2 part proposal:</p> <p>Rename and evolve the Website Committee to have oversight of and responsibility for all technology used by North Hall</p> <p>Ensure Procedure Guide is accurate with regard to web and tech items including updating position descriptions</p> <p>- Postponed due to time constraints</p>
Adrian/Steering committee	<p>Chair Guideline sheet and format changes</p> <p>- Postponed due to time constraints</p>

<p>What's on your mind?</p> <p>-open discussion, no motions</p>
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Adjournment

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Reminders (source NH Procedures Guide)

January	February	March
Picnic Chairperson	Renew Liability Insurance	Steering Committee
Campout Committee		Solicit GSR conference agenda items, GSR chairs Service Conference Agenda topics meeting
Clean Up Chairperson		Secretaries, Jr's/Hosts, Greeters
Clean Up Co-Chair		Steering Committee
		Alcathon Chairperson (starts 9/1)
April	May	June
Clean Up Chairperson		Review July GC date
Clean Up Co-Chair		Secretaries, Jr's/Hosts, Greeters
July	August	September
Conduct Group Inventory (Chaired by GSR)	Decorations Chairperson (starts 11/1)	General Services Representative (odd numbered years only)
Clean Up Chairperson		Alternate GSR (odd numbered years only)
Clean Up Co-Chair		Secretaries, Jr's/Hosts, Greeters
October	November	December
Clean Up Chairperson	Technology Chair Election (starts 12/1)	Annual Trusted Servants
Clean Up Co-Chair	Meeting Coordinator (starts 12/1)	Building Committee
		Secretaries, Jr's/Hosts, Greeters

At Will

- Clean-Up Day
- Group Inventory (scheduled by GSR)