

Participant instructions:

1. **Make a copy of this file**
2. **Please read each sentence stub, then complete the sentence in the user response section.** You can write as much as you like. I suggest being in a contemplative frame of mind when you do so, in a peaceful environment where you can focus. Firing off the first thing that comes into your head likely won't reveal your most complex levels of thinking. The words you choose to convey your thoughts are important. Please avoid using emoji, ellipsis, or anything of that nature.
3. **Remove these instructions from the top of the sheet, then save it including your name and the date, and share the resulting file.**

Sentence number	Sentence stub	User response
1	When a child will not join in group activities	
2	If I had more money	
3	Being with other people	
4	When I am criticised	
5	The thing I like about myself is	
6	If my mother	
7	When people are helpless	
8	What gets me into trouble is	
9	Education	
10	I am powerful	
11	A good boss	
12	At my worst	
13	When it comes to organising my time	
14	I feel sorry	
15	When I get angry	
16	Rules are	
17	When they avoided me	

18	Joking	
19	I just can't stand people who	
20	Change is	
21	Crime and delinquency could be halted if	
22	I am	
23	Raising a family	
24	My main problem is	
25	People who step out of line at work	
26	My father	
27	If I can't get what I want	
28	Hurrying	
29	When I am nervous, I	
30	Teams	
31	My conscience bothers me if	
32	I dream about	
33	Men are lucky because	
34	If I were in charge	
35	When I am with a boy/girl/other I like	
36	A good mother	