



Annual Wellness Event Calendar and Tracker

Purpose: To support intentional planning and tracking of school wellness events throughout the year, ensuring alignment with wellness goals and promoting consistency, reflection, and accountability.

Directions: Use this tracker at the beginning of the year to plan out key wellness events aligned with wellness goals. Update quarterly or monthly with completion status and reflections. Submit to the district wellness team at the end of the school year (or as scheduled).

School Name: _____

School Year: _____

Wellness Coordinator: _____

Date Updated: _____

Month	Planned Event Title	Description / Focus Area	Target Group (Staff/Students/Families)	Lead Organizer(s)	Completed (Y/N)	Notes / Reflections
August						
September						
October						
November						
December						
January						
February						
March						
April						
May						
June						

USDA and these institutions are equal opportunity providers, employers, and lenders.



