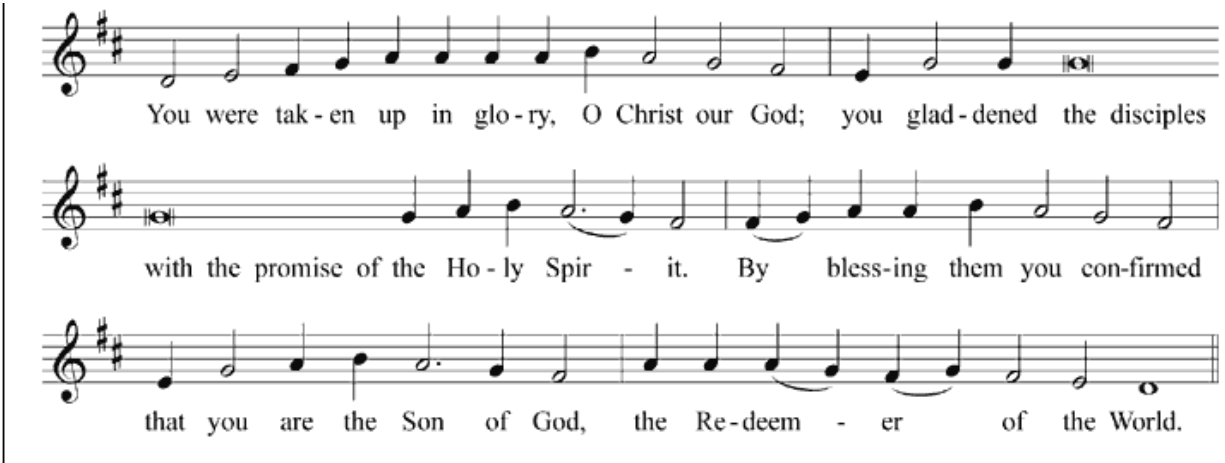


Things to do for the Feast of the Ascension

Learn the Troparion and sing along at Divine Liturgy!



You were tak - en up in glo - ry, O Christ our God; you glad - dened the disciples
with the promise of the Ho - ly Spir - it. By bless - ing them you con - firmed
that you are the Son of God, the Re - deem - er of the World.

Wear White

It is traditional to wear white on Ascension Thursday to remind us that Jesus rose up into the clouds on that day. When you attend Divine Liturgy on that day you will notice that the vestments and altar linens are also white. You may decorate your icon corner to reflect the color of the feast too!

*Use a white handkerchief or napkin as a covering for your icon corner.

*Place some white flowers in front of the festal icon, or make some white paper flowers!

*Decorate the candle, or candle holder, with a white ribbon.

Look at the Clouds

Imagine what it must have been like to have seen Jesus rise up into the clouds that day. Take some time today and go outside and as you look up as far as you can see, think about the fact that the angels told the friends of Christ that someday we would see him come down from the clouds just as they saw him go up! I wonder what THAT will be like!

Go for a Swim

In Greece, it is believed that Ascension Thursday is the best time to take the first swim of the season! If you successfully swim across 40 waves, you'll have a calm and peaceful summer!