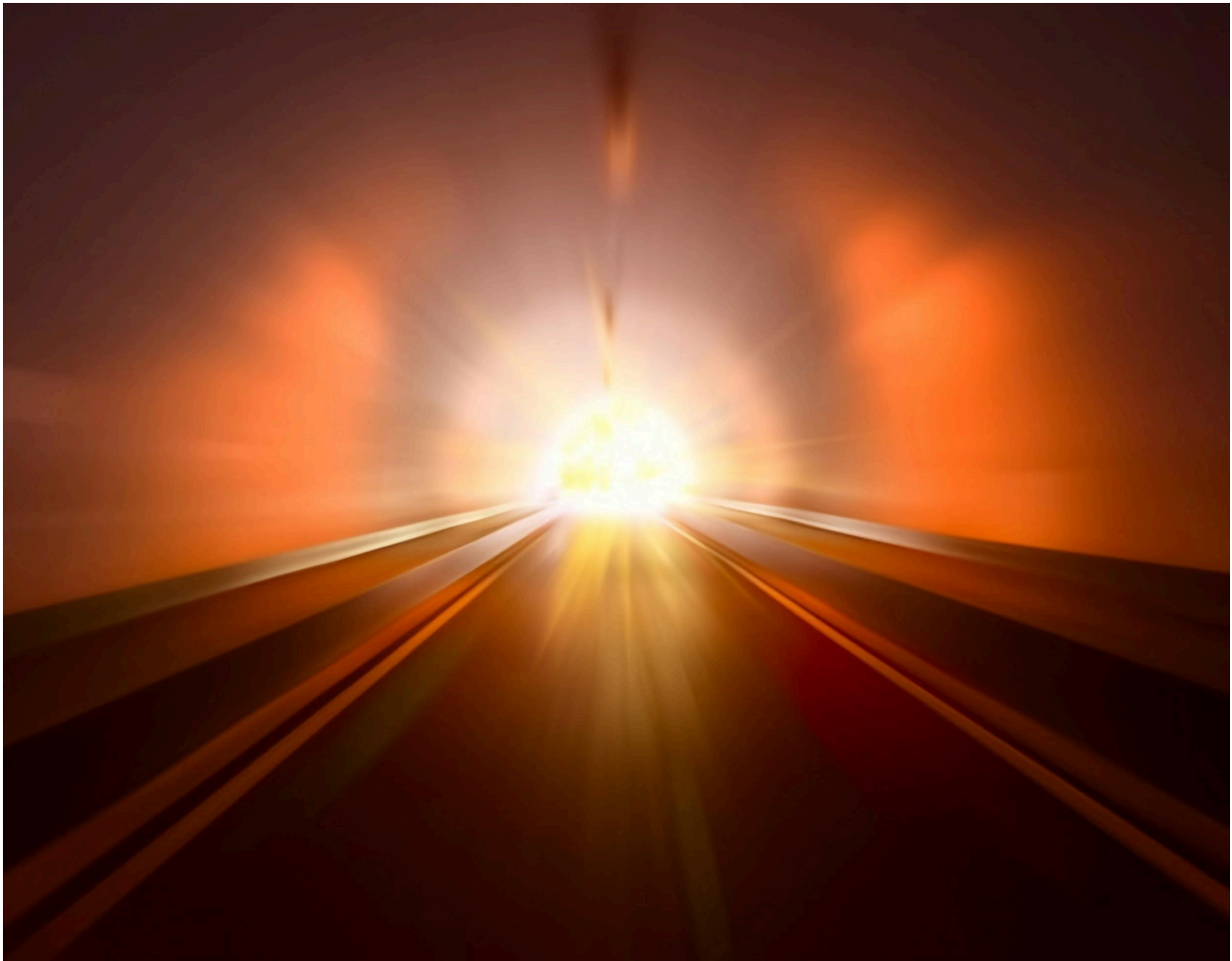


Light It Up-
A Path Through The Mother Wound



This immersive eight week program is a healing journey to help you shed the old and to move forward with a new perspective. The mother wound is complex and it will be explored gently. This is a group environment so know, you are supported in a safe, sacred space. The more curious you get and the more you open yourself to release, you will make space for so much more. We are all coming together with different intentions but a common thread; we are ready to shed what's ready to go. It will strengthen your self worth, help you to transform and transmute. You will evolve and bring in what you are ready to embrace and create for yourself. It is a space that lets us share experiences to help and support each other.

This is for every person ready to set free generations of ancestral mother wounds. For those, ready to bring awareness to herself to reflect, grow and create a new perspective and outlook for their life.



This is the perfect time for you to step into a higher version of yourself. The version that continues to grow on her own path and heals through the layers. This experience lets you connect to your authentic self. Whether you had a great mom or a complicated mom. Maybe a helicopter mom or a never around mom, this program is for you. If you have ever said, "I'm doing things different for my kids than my mom did for me." This is for you. "This is for every wounded child, who was raised by unhealed parents, because your parents, are simply wounded children, raised by unhealed parents"

Let the cycle end with you.

Expect journeys, discussions, journal prompts, cards, meditations and a few surprises.

I'm so excited for you to take this journey. We are absolutely deserving of all that we desire in this lifetime. This is a great step towards your future, if you want peace, more love, and healing for yourself and others.

We start 1/5/25

Reach out via messenger or email for more information.
Owningurvibe@gmail.com

The investment is \$888 for 8 weeks.